

CHATELAIN

The Canadian Home Journal

NOVEMBER 1958

15 CENTS



Is Princess Anne's education 50 years behind the times?

Latest news about having a baby

The scandal of women's prisons in Canada

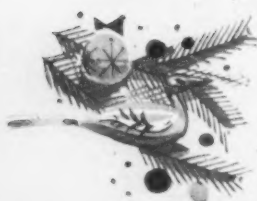
Grey Cup fashions and food



AVON GIFTS



Gifts by Avon... lovely to give... lovely to receive.
So original, so beautiful, so useful... and so
pleasant to select the Avon way.



AVON cosmetics
MONTREAL

AVAILABLE ONLY THROUGH YOUR AVON REPRESENTATIVE WHO CALLS AT YOUR HOME

CHATELAINE

THE CANADIAN HOME JOURNAL NOVEMBER 1958, Vol. 31, No. 11

DORIS McCUBBIN ANDERSON, Editor
 KEITH KNOWLTON, Managing Editor, JOAN CHALMERS, Art Director
 JEAN YACK, Associate Editor, KEN JOBE, Assistant Art Director
 ELAINE COLLETT, Director Chatelaine Institute
 OLLIE SUBOCH, Institute Assistant, JEAN BYERS, Seal of Approval
 VIVIAN WILCOX, Fashion and Beauty Editor
 BARBARA REYNOLDS, DORIS THISTLEWOOD, Home Planning Editors
 JEANNINE LOCKE, CHRISTINA McCALL, Assistant Editors
 JOAN HOWARD, Copy Editor, EVELEEN DOLLERY, Beauty Clinic
 JOAN BATES, SANDI CLYNE, PRUE HEMELRYK, JEAN MacCUNN,
 DONNA LU WIGMORE, Editorial Assistants
 ELIZABETH CHANT ROBERTSON, MD, Child Health

C. J. LAURIN, Manager
 LLOYD HODGKINSON, Advertising Manager
 B. ANTHONY LAWLESS, Circulation Manager
 B. WES SPICER, Advertising Production Manager
 DOUGLAS M. GOWDY, Director, Maclean-Hunter Magazine Division

what's new



AT CHATELAINE

Two new Chatelaine staffers whom we'd like you to meet this month are Joan Chalmers, our new art director, and Christina McCall, assistant editor. The Garbo-ish pose of Joan with photographer Paul Rockett (above) was taken on a sunless day (art directors are inclined to be individualists) when the November cover was being shot. Joan, although just out of her twenties, has racked up an impressive backlog of experience in her field. Ten years ago she graduated from the Ontario College of Art and became girl-of-all-work on Canadian Homes and Gardens. From general jobs she graduated to the art department where she

FEATURES

HOW PARVATHI BASRUR KEEPS HOUSE Jean Yack 12
 LATEST NEWS ABOUT HAVING YOUR BABY Joan Morris 21
 VICTORIAN UPBRINGING FOR PRINCESS ANNE? Mollie McGee 22
 THE SCANDAL OF WOMEN'S PRISONS Gladys Shennar 26
 THE WIFE WHO EXPECTED TOO MUCH Violet Munns as told to
 June Callwood 28
 CURLING IS JUST THE GAME FOR YOU Trent Frayne 36
 ARE MOTHERS OBSOLETE? Eileen Morris 37

FICTION

BACHELOR IN EDEN Willard Temple 24

A CHATELAINE BONUS

THE LAW AND YOU Robert Fulford 81

HOMEMAKING/DECORATING

REMEMBER WHEN WE LIVED GRACEFULLY? Barbara Reynolds and
 Elaine Collett 29
 TREAT THEM TO A GREY CUP SPECIAL Elaine Collett 34
 MEALS OF THE MONTH 40
 HOMEMAKER'S DIARY 42
 SHOPPING WITH CHATELAINE 50

FASHION/BEAUTY

TOUCHDOWN FASHIONS FOR THE GREY CUP Vivian Wilcox 32
 DISCOVER THE LEISURELY DELIGHT OF A BEAUTY BATH 38
 IT'S FUN TO LOOK ALIKE IN PLAID (pattern) 100
 FOR A FESTIVE FIRESIDE AT-HOME (pattern) 102

NEWS/VIEWS

WHAT'S NEW IN THE ARTS Robert Fulford 3
 HERE'S HEALTH Lawrence Galton 6
 TEEN TEMPO Susan Cooper 14
 EDITORIAL 16
 IT'S YOUR WORLD C. Knowlton Nash 18
 THE LAST WORD IS YOURS 116

NEEDLECRAFT

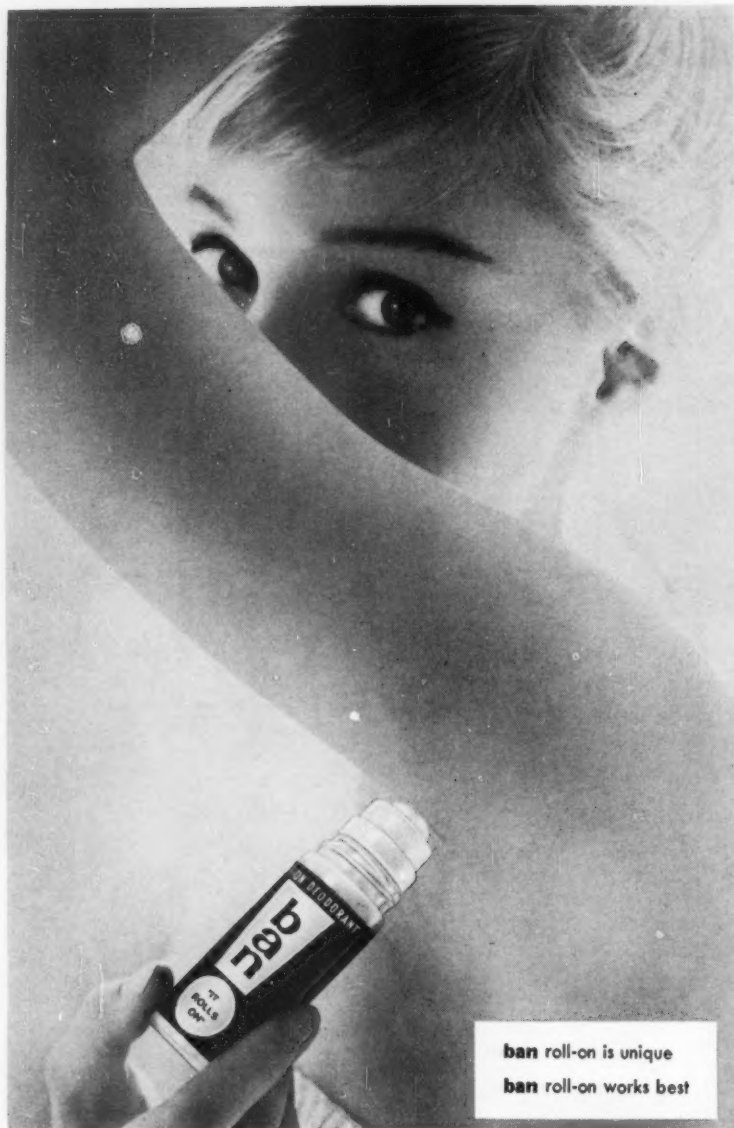
CHRISTMAS STOCKING 68
 CROSS-STITCH FOR RUNNER 104

YOUNG PARENTS

QUIZ: HAS YOUR CHILD MET THESE... CATS, RATS, MICE? 90
 COLIC Elizabeth Chant Robertson, MD 113

obtained a solid foundation on the visual side of magazines. In 1952 she spent a year in London, England, working on an exclusive export magazine. Then back she came to Canada to become art director of Mayfair magazine. After a short detour into department-store promotion work, she got back to her first love — magazine art direction—with Canadian Homes and Gardens and from there she came to Chatelaine. Joan's most conspicuous hobbies are trout fishing and golfing — but just in case you might tag her as an outdoor girl, she also collects records, likes experimenting with color in her apartment and when she has the time and money she loves to travel, travel, TRAVEL.

Christina McCall says, "I'd like my biography to read in the manner of most U. S. magazine writers: 'I was born in Siam and now live in a converted silo in Connecticut with three cats and four charming children.' But I can't. It isn't true." Here are the plain, and not too uninteresting facts about Chris (shown on next page helping actress Toby Robins select her Christmas card for next month's Chatelaine roundup of cards celebrated Canadians will be sending this year): She is 23, and a Torontonion, who lived, as she puts it, "rather aimlessly" until the summer she was seventeen when she became a receptionist on Maclean's Magazine. Among her jobs were answering phones, opening manuscripts, and rushing out for milk to soothe the stomachs of ulcer-ridden editors. At the end of that summer



Stops odour—checks perspiration round the clock!

ban

rolls on protection that stays on!

More effective than messy creams!

Easier to apply than drippy sprays! Not a crumbly stick!



NOW . . . 50% more for your money!

In the new 1½ oz. size

still only

\$1²⁵

ANOTHER FINE PRODUCT OF BRISTOL-MYERS

If your man steals your Ban . . . Buy him TRIG

what's new CONTINUED

she knew there was only one job in the world for her—a magazine writer. After graduating in Honor English from the University of Toronto in 1956 Chris was hired by Maclean's and gradually

Chris talks
Christmas cards
with actress
Toby Robins (left).



worked her way off the reception desk by writing articles in her spare time. She was working as a researcher before she arrived at Chatelaine. She says she is still fascinated with publishing but describes her other interests as "narrow" — and then completely contradicts herself in the next breath by listing all the authors she likes, her addiction to whiling away noon hours in bookstores, her taste for jazz, traditional furniture, going to plays, fashion and a dozen other enthusiasms.

Our football fashions (page 32) scored a touchdown with men as well as women. The coat worn by the man on our cover was hardly back on the rack when Dizzy Gillespie, the trumpet player, bought it.

IN THE HOME

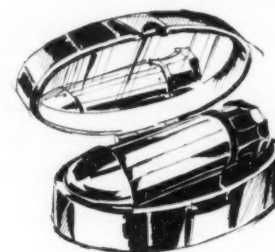
Beauty accents for the kitchen are Lustro-Ware's new Elegante design canister sets in off-white styrene with gold-metallic-leaf trim. Prices, for a set of four, are \$4.75 for the square profile, \$4.49 for the round.

If you're interested in interior decoration that combines economy and flair, don't overlook the new Canadian-made wallpaper murals. Three designs of Boxer Studio are available at just about half the price of the imported murals we've been seeing up to now. The complete mural package includes one prepasted mural and a double roll of the background paper, all prepasted, to complete the wall you're doing, for less than twenty dollars. Additional rolls of the background paper are available for finishing off the other walls.

A new stain-repeller called Scotchgard, which claims to resist both oil and water-borne substances, is now available to Canadian upholstery-fabric manufacturers. With the new finish, even ketchup and salad dressing stains can be removed by blotting with a tissue.

IN BEAUTY

Looking ahead to Christmas gifting, Max Factor's new Hi-Society lipstick case will be available both in gold and gold-and-mother-of-pearl finishes at the end of this month. The case, if you haven't seen it yet, is a compact style with a mirror in the lid. The capless lipstick nestles in the case, pops up when you open the lid. Prices for the new gold and pearl cases will start at approximately \$3.95.



what's new in the arts

By ROBERT FULFORD



ORIGINAL BALLET FOR NATIONAL

The sureness and competence of Canada's magnificent National Ballet have been proven in the traditional dance repertoire; by now the company's confident professionalism is one of the happiest established facts of Canadian culture. This fall and winter Celia Franca and her troupe will take an important step toward developing original ballets by introducing *Ballad*, an ambitious dance drama set in a small Canadian town at the turn of the century. The choreographer for *Ballad* is Grant Strate; the composer is Harry Somers. *Ballad* will be presented on the National's Canadian tour, which is scheduled to begin on October 27 at Peterborough and extend (for the first time in five years) into the Maritimes, on a ten-thousand-dollar grant from the Canada Council. Montreal will also see the company this month. London, Ont., will see it in January and Toronto in February. The National will go twice this winter to the United States and, as this is written, there is a possibility that the company will visit Europe or South America or perhaps both next spring and summer.



Harry Somers

Peter Ustinov

Grant Strate

NEXT YEAR'S STRATFORD STARS?

The Stratford Shakespearean Festival's plans for next season are still far from formed, but rumors are plentiful. The enchanting idea of co-starring Bruno Gerussi and Julie Harris in *Romeo and Juliet* is still very much alive, and another guest-star prospect is being talked about: Peter Ustinov as King Lear. There is also a very good possibility that Jason Robards Jr. (whose *Hotspur* in *Henry IV, Part One*, was the festival's finest moment last summer) will be back in 1959.

WOMEN BOOST CANADIAN ART

An idea that was born twelve years ago in a private home in Toronto will be working to the benefit of Canadian painters in half a dozen different cities this season. In 1947 the Women's Committee of the



Why is ARTHRITIS called "the Sphinx of diseases?"

ARTHRITIS... the oldest disease of which we have evidence... has been likened to the ancient Sphinx. For arthritis, no less than the Sphinx, is still strange and mysterious in many ways.

For example, the *exact* cause of some types of arthritis is unknown. Nor do doctors fully understand why it flares up in certain patients and smoulders or develops gradually in others... why treatment beneficial for one victim may not help another... why rheumatoid arthritis strikes women three times as often as men.

Despite such mysteries, the outlook for those who have arthritis has never been so good as it is today. When proper treatment for arthritis is started early... or before the affected body joints have been severely damaged... there is great likelihood of lasting relief and marked improvement.

Proper treatment for arthritis and other rheumatic diseases... affecting about a million Canadians 14 years of age and older... must be based on the needs of the *individual* patient.

This is because arthritis has many forms, each requiring special management. Yet, many people brush aside treatment prescribed by their doctors for a "cure" promising quick and complete recovery. *There is no such thing.*

At least 50 different forms of arthritis are known to medical science. But only

two of the forms make up more than seventy percent of all rheumatic complaints. These are *osteoarthritis* and *rheumatoid arthritis*.

Osteoarthritis, or degenerative joint disease, begins as a rule in the thirties or forties as part of the process of aging. It usually attacks joints that undergo greatest wear and tear.

Osteoarthritis is usually mild... more of a nuisance than a real disability. Under proper medical care, a great deal can be done to lessen discomfort and reduce further damage to joints.

Rheumatoid arthritis may be more serious. Though it involves the joints, it also affects the entire body. Moreover, it strikes in the prime of life, generally between the ages of 20 and 50.

If neglected, rheumatoid arthritis can cause severe crippling. But if diagnosed early and treatment faithfully followed, many patients can be spared disability and helped considerably.

Even if the disease does not yield to treatment, rehabilitation can often help a badly handicapped individual continue a comfortable and useful life.

If your joints become sore, stiff, painful or swollen, consult your doctor... and always avoid self-treatment. The sooner you seek his help, the better your chances to head off trouble.

COPYRIGHT CANADA, 1958 — METROPOLITAN LIFE INSURANCE COMPANY

Metropolitan Life Insurance Company
(A MUTUAL COMPANY)
Home Office: New York
Canadian Head Office: Ottawa

Metropolitan Life Insurance Co.
Canadian Head Office (Dept. H.W.)
Ottawa 4, Canada.

Please send me the free booklet, "Arthritis," 118-L.

Name

Street

City Prov.



Doll by Madame Alexander

Makes you feel so fresh and feminine

Choose from the royal family of perfumed soaps by Yardley of London. These rich, gentle, luxury soaps will have you in a lovely lather . . . wrapping you round with the delightful, lingering fragrance of English Lavender, Crushed Carnation, Lotus or Red Roses.

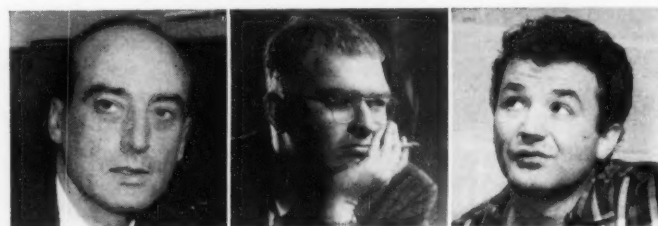
Toilet Soaps, box of three \$1.50

YARDLEY



what's new CONTINUED

Art Gallery of Toronto, appalled by the lack of places for Canadian artists to show their work, held a modest little sale of pictures in a member's home. The following year the sale moved to one room of the Gallery itself. The next year it filled three rooms and in recent years it has occupied four. Now, with the twelfth annual show coming up on November 12, the Women's Committee can look back on sales of seven hundred and twenty-two pictures and sixty-two pieces of sculpture, or \$67,884.50 worth of art, sold at prices from \$25 to \$200. Moreover, the idea has been copied and modified by women's committees of art galleries elsewhere — in Vancouver, Montreal, Winnipeg, Hamilton and Edmonton — to the point where it has become a national movement.



Joseph Schull

Nathan Cohen

Bruno Gerussi

HIGH SPOTS FOR FALL RADIO

From this vantage point, November looks like a fine month for unusual radio items on the CBC . . . CBC Wednesday Night offers a survey of West Indian writing, music, drama and poetry on November 5; a new play by Joseph Schull, *The Strike*, on November 12; a survey of Canadian theatre, on November 19; and a performance of *Venus Observed*, by Christopher Fry, on November 26 . . . The Architects of Modern Thought series offers a six-week series of spoken essays on major creative artists, beginning November 5. The subjects are Dostoevski, Rimbaud, Stravinsky, Picasso, Frank Lloyd Wright and Chaplin, in that order . . . Anthology, the half-hour literary program, begins its new season Tuesday, November 4, with an essay on Sinclair Ross (author of the new novel, *The Well*) and contributions by several Vancouver poets. Later items this month will include short stories by Joyce Marshall and Henry Kreisel . . . Also probably starting this month is a two-month series of interviews taped in England last summer by Nathan Cohen. Among the interviewees are Dame Edith Evans, Wolf Mankowitz, and several of the young English writers, including John Braine, Doris Lessing and Kenneth Tynan.

BEST BOOK BUYS

Robertson Davies' new novel, *A Mixture of Frailties* (Macmillan, \$3.95) is a light bright novel about the training of a young opera singer from Davies' mythical Ontario university town, Salterton. Like most of Davies' work, it is good-humored, enjoyable and most obviously the product of a highly civilized mind . . . *A World of Strangers*, by Nadine Gordimer (Mussion, \$3.95) is this talented South African writer's second novel. It's an engrossing study of a young Englishman's attempt to remain neutral amid the inter-racial warfare of Johannesburg . . . Quite possibly the major literary event of the season will be the publication this month of John O'Hara's new novel, *From the Terrace*. At one thousand pages, it should be easily the chewiest read of the decade. ♦



*The Editors and Publishers
of the Encyclopedia Ameri★Cana Salute*

CANADA

The 1958 Encyclopedia

AMERI★CANA

features "CANADA TODAY—the first century of Confederation"

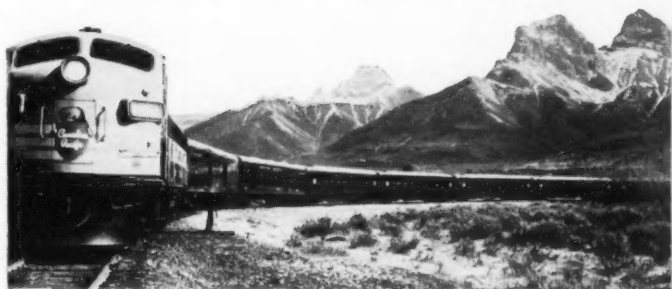
SECOND LARGEST country in the world geographically, Canada's growth is one of the phenomena of the modern world. Her amazing industrial expansion, almost unlimited new sources of energy, her emergence as a world leader in food production, and the flowering of her culture—all take place in a country of unsurpassable beauty! The excitement and grandeur of Canada are recaptured in the 1958 Encyclopedia Ameri-Cana.

This newest, most modern edition of the 30-volume Encyclopedia Ameri-Cana brings you authoritative

information on almost every conceivable subject—science, literature, art, history—the entire realm of knowledge. More than 59,000 articles by leading scholars throughout the free world and over 12,500 illustrations, many in full color.

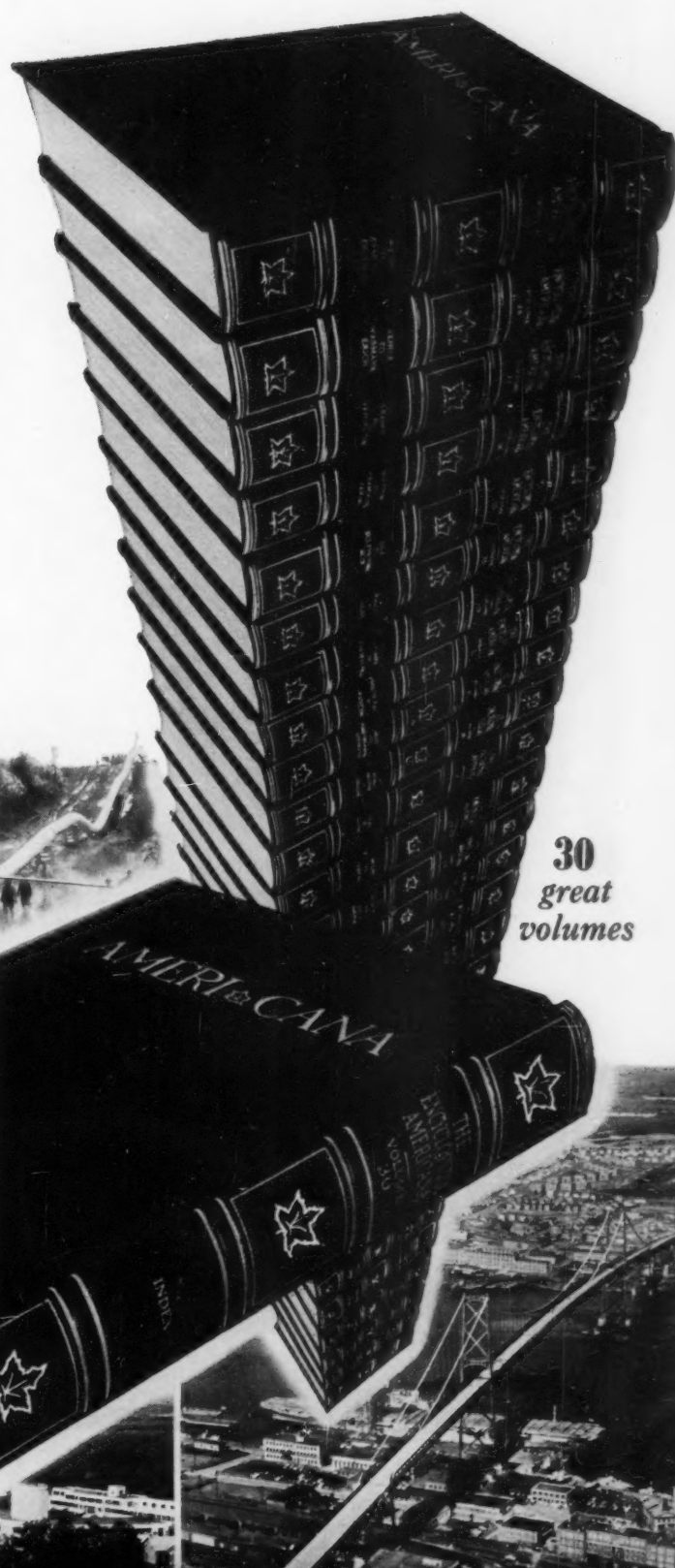
Because Ameri-Cana meets the exacting requirements of today, it continues to be a preferred reference source among Canadian leaders—in government, industry, science, the arts and professions. Write today for FREE illustrated 34 page Preview booklet to 182 Bloor Street West, Toronto, Ontario.

THE AMERICANA CORPORATION OF CANADA, LTD



Priced from
\$299.50 to \$600.00

Prices of other
bindings and combinations
upon request.



NEW
CLEAR TRANSLUCENT...



Now an absolutely pure sparkling clear paste wax — with the soft creamy texture of fine cold cream. It looks and feels like the perfect wax it is.

Will buff back easily, again . . . and again! to bring out the rich mellow lustre of your floors!

SATURDAY NIGHT ENJOY THE PERRY COMO SHOW
— CO-SPONSORED by SUCCESS WAX.



BRAND X WAX
is dark, muddy, leaves its own ugly coloring to mar the natural beauty of your floors.

CREAMY CLEAR "HEAVY DUTY"
Doesn't hide the original beauty — but compliments and highlights your floors.

SUCCESS
Non-Yellowing **PASTE WAX**



here's health

by Lawrence Galton

WHAT CAUSES MISCARRIAGE

NEW AID FOR SEVERE EPILEPSY

VITAMIN TREATMENT FOR ULCERS

Miscarriage

That some long-held theories about what causes miscarriage have no scientific foundation while emotional stress may, in reality, be an important cause, is shown by a study carried out by a Canadian team made up of an obstetrician, endocrinologist, psychiatrist, biochemist, pathologist and psychologist.

The study covered a hundred women with miscarriage problems, many of them habitual aborters. Blighted ova were found in less than six percent of cases; abnormal fetuses in less than twelve percent. Thus, in most cases, miscarriage is *not* nature's way of preventing birth of a defective child.

Vitamin C and E deficiencies have been blamed for miscarriage. Yet a check showed that vitamin levels in the blood did not differ significantly between the women with miscarriage problems and another group of women who had no trouble. Nor could any significant amount of organic changes in the genital tract of the miscarriage group be found.

Two types of women — the frail, clinging-vine and the independent career type — tend to have trouble in pregnancy, the study showed. They accounted for eighty-eight of the hundred women in the miscarriage group.

As a result of the investigation, psychotherapy was tried on seventeen women who habitually had lost babies early in previous pregnancies. Fifteen were able to carry through to the birth of their children and the psychotherapeutic treatment is now being used routinely in cases of threatened loss.

Obesity and liver trouble

Obesity, long known to be associated with higher death rates from heart and kidney disease, is also associated with liver impairment. In obese men, the mortality rate from cirrhosis of the liver has been found to be 249 percent higher than usual; in obese women, 147 percent higher. In a recent special study, 18 obese men and women, 28 to 68 years of age with weights ranging from 25 to 110 percent above ideal, were given liver-function tests, which showed abnormalities in all but one. Later, after weight reduction, further tests showed significant improvement in liver function.

"Most potent hormone"

Ever since Cortisone was found to be of value in arthritis, asthma, allergy and other problems, there have been efforts to make more powerful Cortisonelike compounds with fewer undesirable effects. Now the newest such compound, hexadecadrol, is reported to be six to eight times more powerful than any previous one and, in two U. S. studies, has been notably free of undesirable effects such as high blood pressure and accumulation of fluids in the body. It has been used to suppress symptoms in arthritic patients previously treated unsuccessfully with other drugs. Still under-

Canada's Top Model a LANOLIN PLUS Lovely

MISS ELAINE BEDARD, favourite of Montreal fashion photographers, and well known to Canadian women who watch fashion trends, started on her modelling career in her teens. An experienced professional model for quite a few years, Miss Bedard is still only in her early twenties.

Miss Bedard says:

"the all-seeing camera must find me at my best . . . always . . . toujours avec la peau fraîche, les cheveux étincelants . . . That's why I depend on LANOLIN PLUS for finest skin care and hair care. LANOLIN PLUS protects, refreshes the skin . . . replaces natural oils that are drained away by hot lights and hours of posing".

You can see the difference overnight with wonderful LANOLIN PLUS LIQUID. This finest of dry skin moisturizers is rich in pure Lanolin and rare emollients . . . the closest match to your skin's natural oils. As it cleanses, it smooths away dryness, wrinkles. Yes, you can have the soft, silken look, the young look, with regular care by LANOLIN PLUS LIQUID. It's an excellent make-up base, too.

Best of all, LANOLIN PLUS has a complete line of fine cosmetics . . . flattering Complexion Control Liquid Make-up in today's new shades; LANOLIN PLUS Hand Lotion; LANOLIN PLUS Shampoo; LANOLIN PLUS for the Hair, a sparkling hair reconditioner.

Add a new youthful glow to your skin, new lustre to your hair . . . ask today for LANOLIN PLUS cosmetics.



DU PONT OF CANADA Nylon Chiffon Gown designed by Raoul-Jean Fouré



"COMPLEXION CONTROL" by LANOLIN PLUS—new liquid make-up in six flattering shades keeps skin soft, young



LANOLIN PLUS For the Hair—luxurious hair dressing and conditioner grooms hair easily



LANOLIN PLUS LIQUID—patented formula has more lanolin to enrich, soften every skin

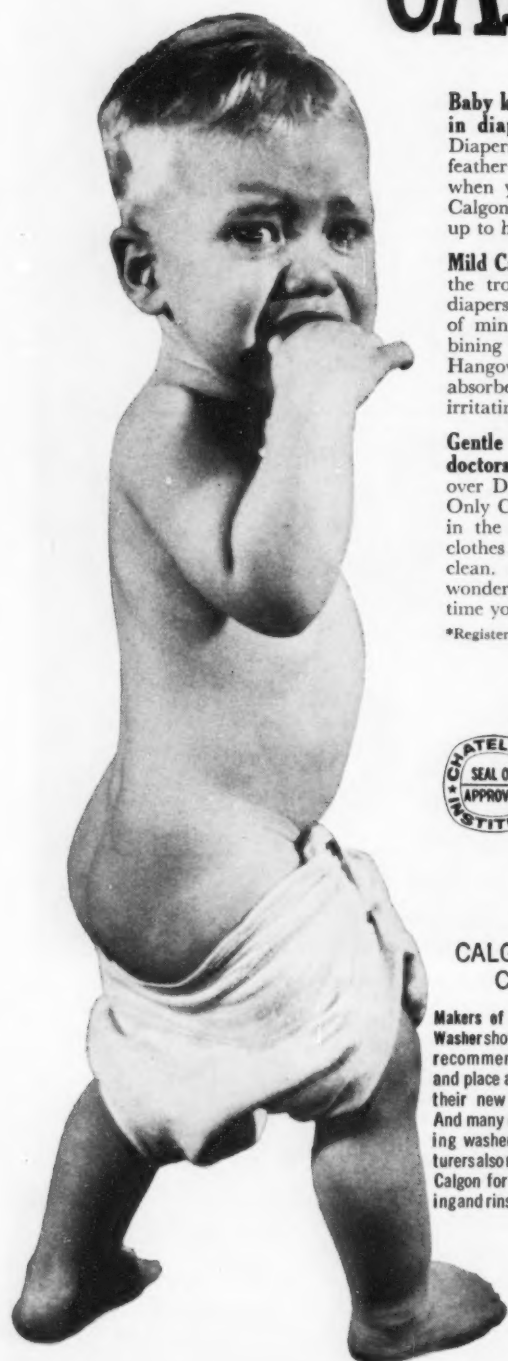


LANOLIN PLUS Hard Water SHAMPOO—replaces natural oils, conditions and beauty-treats as it shampoos



LANOLIN PLUS For the HANDS—softens, smooths and protects with gentle yet penetrating effectiveness

"If you wore 'em you'd wash and rinse 'em right--with CALGON"

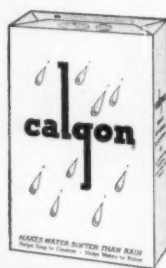


Baby knows the wonderful difference in diapers washed with Calgon! Diapers come out fresh, absorbent and feather-soft because they're cleaner when you condition the water with Calgon. Alkaline deposits can't build up to harm baby's skin.

Mild Calgon prevents Hangover Dirt, the troublesome film that clings to diapers, wash after wash, as a result of minerals in water and soil combining with soaps and detergents. Hangover Dirt makes diapers non-absorbent, stiff and scratchy . . . so irritating to baby's tender skin.

Gentle Calgon is recommended by doctors. Only Calgon prevents Hangover Dirt from forming in the wash. Only Calgon removes Hangover Dirt in the rinse, so baby's diapers and clothes are naturally softer, thoroughly clean. And Calgon is so mild, it's wonderful for baby's bath, too. Next time you shop—get Calgon.

*Registered Trademark



**CALGON ENDS PROBLEMS
CAUSED BY WATER**

Makers of the Connor Washers shown at right, recommend Calgon and place a sample in their new machines. And many other leading washer manufacturers also recommend Calgon for top washing and rinsing results.



here's health CONTINUED

going further clinical trials, it is expected, as this is written, to become available for general use by physicians in the near future.

Memory in the aged

At Montreal's Allen Memorial Institute of Psychiatry, all of twenty-three elderly people with memory impairment showed marked improvement after receiving injections of the nucleic acids, DNA and RNA. In especially severe cases, the injections eliminated confusion as they restored the ability to remember. Improvement usually became obvious after four or five injections.

Tone control for deaf children

Because they have never heard the human voice, congenitally deaf children speak in a monotone, unable to understand the inflections that make normal speech intelligible and pleasing. Now an electronic teaching aid promises to make it possible for such children to learn to vary their voices. The apparatus — a throat microphone connected to a cathode-ray screen — shows a child his own voice undulations as movements of a light beam. Developed in England, the equipment in first trials enabled six completely deaf children, ten to eleven, to alter voice pitch at will.

Chronic deteriorated epilepsy

Although anticonvulsive medications have been increasingly helpful in controlling seizures in most epileptic patients, they often are not adequate in chronic, deteriorated epileptics. At least in some of the latter cases, meprobamate now promises to be helpful. The tranquilizing drug was studied in thirty-three institutionalized epileptics over a fifteen-month period. All suffered both *grand mal* and *petit mal* seizures. *Grand mal* had been fairly well controlled on anticonvulsants, but *petit mal* had not responded to any treatment. In some patients, *petit mal* attacks totalled several hundred yearly; in one case, there had been as many as 772 attacks a year. The response to meprobamate in eleven cases is reported to have been "most encouraging," with both *petit mal* and *grand mal* seizures significantly reduced.

Vitamin treatment for ulcers

Vitamin B₁ is often effective in treatment of ulcers, Russian physicians claim. Given by subcutaneous injection two or three times daily in 25-milligram doses, the vitamin produced healing in 92 percent of 158 patients with gastric ulcer and 86 percent of 184 patients with duodenal ulcer, in comparison with a healing rate of only 40.4 percent in other patients treated by diet alone. Pain disappeared, as a rule, during the first three to five days of treatment. Healing, on the basis of X-ray and other evidence, required 32 to 35 days on the average. Deficiency of vitamin B₁ appears to be common in ulcer patients, according to Russian studies, which are said to have revealed such deficiency in 73.3 percent of gastric-ulcer and 69.3 percent of duodenal-ulcer cases.

Eye inflammation

For chronic uveitis, a serious eye inflammation that often produced blindness in the past, hormone treatment is proving to be consistently effective. A recent medical report covers the experience of eighty patients who have been treated now for as long as eight years. Fifteen had already lost sight in one eye. In every case the disease has been kept under good control, no further sight loss has occurred. ♦



It takes more than love to be a good wife



2 FLAVOURS: Plain Unsweetened and Chocolate Flavoured

After a hard day of being cook, family chauffeur, accountant, nurse, and peace-maker, among other things—a wife must also be a gay companion. Take the young couple above, for instance. Do you fit into this picture? Or do you both feel too worn out at night to share the day's happenings? If this is the case, chances are you just aren't getting the right type of sleep. It's a wise

wife who discovers the beneficial sleep-inducing qualities of Ovaltine! Not only does Ovaltine help relieve nervous tension—it also supplies important food elements to help rebuild body cells, while you sleep. And this delicious beverage contains many of the more important vitamins and minerals. Start tonight—and get the Ovaltine habit!

No. 4 in a series on tobacco research

Facts

*women should know
about cigarette smoking
as it pertains
to the health
of the family*

The International Cancer Congress and Cigarette Smoking

EARLIER THIS YEAR, in London, England, 2000 scientists from 63 countries attended the 7th International Cancer Congress, an event held every four years. At this Congress, the world's foremost cancer experts presented the latest data on Cancer and smoking. Rothmans research scientists were also in attendance and, having examined the paper submitted along with their own findings, present this report to the women of Canada who, as mothers and wives, are the guardians of the nation's health.

1. Rothmans Research Division accepts the *statistical* evidence linking lung cancer with heavy smoking. This is done as a precautionary measure in the interest of smokers.

2. The exact *biological* relationship between smoking and cancer in mankind is still not known and a direct link has not been proved.

3. In research laboratory work, inhalation studies on animals have been largely negative. However, the appli-

cation of tobacco tar on the skin of certain animals has produced cancer and therefore indicates that tobacco smoke condensate contains carcinogenic substances which are at least active to those animals.

4. The suspected chemicals in tobacco smoke that have produced cancer in animals have been identified. In fractionation studies, the majority of the active carcinogenic agents were located in the fraction which is eluted with carbon tetrachloride from the neutral tar. This fraction represents only 1.7% of total tobacco tar and, when applied in the heavy concentration of 10%, produced 100% cancer on animal skin.

5. Further studies were then conducted to determine whether there was a threshold level at which total tobacco tar would *not* produce cancer on animal skin. It was discovered that there was a dose level at which the development of animal cancer was so small, and the latent period before the formation of tumours so long, that for all material purposes it represented a *threshold* level. This minimum level is about one-third the optimum level.

6. Transposing this data to cigarette smoking, an increasing section of scientific opinion believes that if the tar intake from a single cigarette were reduced to the range of 18 to 20 milligrams (mgs.), there would be a significant reduction in the possible risk of lung cancer. Most of the world's cigarettes today yield in the vicinity of 30 mgs. and there are many which exceed 40 mgs.

N.B. The control at 18-20 mgs. of the tar intake from a single Rothmans King Size cigarette is achieved as follows:—

- (i) the use of tobaccos of lower tar content,*
- (ii) the fitting of an effective filter which reduces further, and in correct proportion, the amount of tar entering the mouth and lungs, and*
- (iii) the stubbing out of the butt of a cigarette equivalent to about one-third of its total length (for which purpose the extra length of Rothmans King Size is provided).*

The balance between satisfaction, filtration and ease of draw is constantly checked by scientific instruments.

7. There are no scientific grounds to justify the reduction of tar in a single cigarette to less than 18-20 mgs., except in the case of very heavy smokers of more than 2 packs (40 cigarettes) a day.

N.B. To such smokers Rothmans advocates moderation. Reducing the tars in cigarettes to the level of 18-20 mgs. does not affect the pleasure of smoking. Indeed, once people have smoked such cigarettes, they find satisfaction and enjoyment in the cleaner smoke. Below 18-20 mgs., tobacco begins markedly to lose its taste and aroma, and there would be less and less satisfaction as the readings drop.

8. Unburned tobacco contains no cancer forming agents. They are formed only during combustion. Any plant material sets free cancer forming agents when burned at a high temperature. (If lettuce were smoked, the result would be the same.)

From about the middle of a cigarette length to the butt, the temperature reaches $880^{\circ}\text{C.} \pm 30^{\circ}\text{C.}$ When this temperature is reduced below 700°C. , the biological activity on the skin of animals is reduced to almost nil.

As a further precautionary measure, research projects on this problem include the search for a chemical to make tobacco burn at a lower temperature.

N.B. The present straight virginia manufacturing process as used by Rothmans employs no chemicals whatsoever.

Nor would any chemicals be used unless a direct biological link (as distinct from a statistical link) makes it necessary to treat tobacco with such a catalyst.

9. Some statistical studies indicate a higher mortality rate from lung cancer among cigarette smokers than among smokers of cigars and pipes. However, in laboratory experiments, the carcinogenic activity from cigar and pipe smoke was found to be greater than in cigarette smoke, because, burning at a high temperature for a longer time, combustion is more complete in cigars and in pipes.

10. The tobacco-cancer problem is difficult and nebulous. It has brought forth many conflicting theories and evidences. But great knowledge and a better understanding have been gained through research. The controversy is a matter of public interest. The tar contents of the world's leading brands of cigarettes are today under the scrutiny of medical and independent research.

A list of cigarettes, some of which have achieved significant tar reductions of up to 40% in the past year, was tabled at the International Cancer Congress by an eminent cancer expert.

N.B. The performance of Canadian made Rothmans King Size cigarettes (as previously certified by independent research) showed that:—

Rothmans King Size Filter yields from 14.4% to 38.7% less tars than the four other best selling Filter brands in Canada.

Rothmans King Size Untipped yields from 26.5% to 34.0% less tars than the three best known plain end brands in Canada.

ROTHMANS Research Division welcomes this opportunity to reiterate its pledge:—

- (1) to continue its policy of all-out research,
- (2) to impart vital information as soon as available, and
- (3) to give smokers of Rothmans cigarettes improvements as soon as they are developed.

In conclusion, as with all the good things of modern living, Rothmans believes that with moderation smoking can remain one of life's simple and safe pleasures.

This announcement has been issued by
**ROTHMANS INTERNATIONAL
RESEARCH DIVISION**



New Way to Wash Face

**BRINGS CLEARER, SOFTER, LOVELIER SKIN
IN JUST A FEW DAYS**

Normal, dry or oily skin gains new softness, freshness and radiance when you lather-massage a full minute morning and night with Cuticura Soap. Uniquely superemollient . . . mild and soothing . . . Cuticura Soap controls excess oiliness yet never dries the skin as many ordinary soaps and detergents tend to do. It supplements the natural oils, counteracts dryness, helps maintain natural moisture, leaves an invisible film that protects against irritation and makes your skin look and feel delightfully clean and soft.

No other soap contains Cuticura's remarkable skin-softening, skin-smoothing ingredients. And Cuticura Soap is pleasantly fragrant, triple milled, firm, rich-lathering, long lasting, economical for daily complexion care and for the bath too.

Get the full treatment

For problem skin—hateful blackheads, pimples, flaky dryness, get the full treatment. You need all three Cuticura preparations.

1. Cuticura Soap is vitally important to properly cleanse your skin and condition it for medication.
2. Smooth on fragrant Cuticura Ointment nightly. Notice how it softens, gently stimulates, *improves* your skin as it helps speed out blackheads, relieve pimples and dryness.
3. Apply greaseless, fast-acting, "invisible" Cuticura Medicated Liquid on trouble spots during the day to cleanse antiseptically—soothe discomfort—remove excess oiliness—check blemish-spreading bacteria—speed healing—cool and refresh your skin.

Get all three and see! Buy at leading drug and toiletry counters.



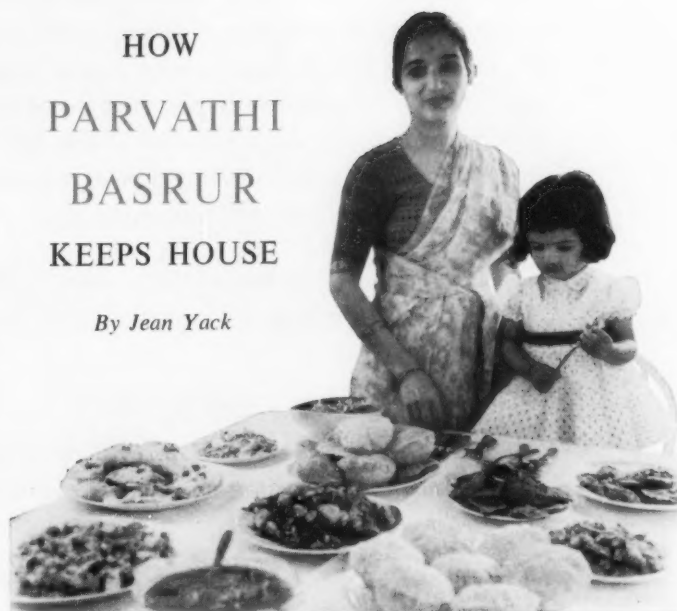
Cuticura

*Cuticura has said for years—
Wishing won't help your skin, Cuticura will!*



HOW PARVATHI BASRUR KEEPS HOUSE

By Jean Yack



A PhD student, whose own life spans the new and old India, tells of homemaking in a tiny Malabar village

Earnest, yet delightfully vivacious, Parvathi Basrur is one of the new women of India—modern in outlook, highly educated and planning to combine a career and marriage when she and her husband Vasanth return home from Canada in about three years.

Parvathi was born and grew up in the old India—in the tiny village of Chervathur in Malabar State. Parvathi's father, a schoolteacher-farmer, had been determined to educate at least one of his eight children, and at sixteen Parvathi was sent to university in the city of Bangalore.

Her marriage to Vasanth Basrur was not "arranged." "We met at Central College in Bangalore," she says. "Luckily both our families approved our choices."

Parvathi and Vasanth came to Canada three years ago to study at the University of Toronto. Now, besides working for her PhD in cytology (the study of cells), Parvathi looks after the Basrurs' three-room flat in mid-Toronto and Sheila, their beguiling twenty-month-old daughter. When Vasanth finishes his medical degree the Basrurs hope to return to India to do cancer research.

She hates the sack—and blue jeans

This year Parvathi added another facet to her busy life. She was one of the international hostesses at the Canadian National Exhibition, preparing typical Indian dishes and answering queries about life in India.

Two aspects of life in Canada surprised her most. "I was amazed at the hard-working, energetic women of the middle class. When you have that financial status in India, you do absolutely nothing but direct your servants. Of course, poorer Indian wives work harder than Canadian women could dream of."

Parvathi confessed she was "shocked" to find Canadian women far less informed about world affairs than she'd expected. "In Indian women I excused this lack of interest because of poverty and poor communications. A radio is still a luxury. But I had expected more leadership from Canadian women."

Parvathi loves Canadian clothes—on Canadian women. "For us the sari is more graceful, because we are generally much shorter." She dislikes the sack, and even more, blue jeans. "I believe women should try to accent all that is feminine about them. Canadian women pay an undeserved compliment to their men when they copy them by wearing slacks and short hair cuts."

In Chervathur, Parvathi's home was an old-fashioned two-story brick house. Typically, it had no basement. There were seven rooms for her parents, brothers and sisters, one servant, and her father's parents. One

room was reserved for confinements, one for worship. "We prayed each morning and evening, removing our shoes when we entered."

The other rooms were the kitchen, bedrooms, and a main living room for eating, entertaining and studying. Separate from the house was the bathroom. "To take a bath we stood on a raised stone and poured water from a bucket over us. In India it's not considered clean to sit in the used wash water." Farther away from the house was the outdoor toilet.

Parvathi's family, like most village families, got their water from a well, had no plumbing or electricity, ("We lit kerosene lamps.") In the kitchen a raised wood-burning hearth served as a stove.

Parvathi's mother rose each day at 4.30 a.m. Her first task was to sweep the entire house. Then she bathed, and next started the two- or three-hour chore of preparing breakfast, which was served around 9.30 or 10. (Schools and offices opened from 10 or 10.30 to 6.) She lit the fire, then ground up the rice and black-eyed peas to be made into breakfast pancakes, called *dosa*.

At mealtimes the family sat or squatted around a low table which held the main serving dishes. Little children ate first, then the men, lastly the women. An Indian wife always eats last because it is her duty to serve her husband. Each member had his own bronze dish, the size of a dinner plate. They ate with their fingers. "Only a few Indians, such as the Parsees and Anglo-Indians use forks and spoons."

To keep her bronze plates gleaming is a point of pride with the Indian wife. After each meal, Parvathi's mother scrubbed them out with wood ash, rinsed them in water and laid them face down to drain. She didn't use dish towels—"They're not as clean as pure water."

For lunch at 12.30 the whole family assembled for their most elaborate meal of the day. They had boiled rice and at least four side dishes ("if you could afford them") of vegetables, and sometimes meat and fish, all highly spiced. Typically, the rice was heaped in the centre of a bronze platter, with the side dishes arranged around it. A dish of curds or rice mixed with buttermilk and spices completed the meal.

At six tea was served, with candylike sweets and hot crisp cereal nibbles rather like Western popcorn or cocktail nibbles. Other tea foods were homemade potato chips or green banana chips. At nine came supper, much like lunch, but with only two side dishes.

Relatives came for the ear piercing

With meal-making almost a day-long chore (practically every food is processed from the ground up by the housewife) there were fortunately few other consuming household tasks. Parvathi's mother mended the family clothing but sent most of the laundry to a laundress, who returned a sari washed and ironed for one cent, a man's shirt for eight cents.

There was little furniture to dust—"just a few chairs and tables." In the bedrooms there were sleeping mats and benches.

Between chores Parvathi's mother, like the other women of Chervathur, sandwiched in a fairly active social life. As with our *Kaffeeklatsch*, the women visited back and forth, chewing betel nut (a pungent nut of the East) instead of sipping coffee. Relatives were nearly always arriving to celebrate a marriage, a birth, the ceremony of piercing a girl's ears.

In addition Parvathi's mother, as the best-educated woman in the village, was the unofficial judge of disputes among the women. "She is a good judge, too," Parvathi adds. "She has the gift of being interested in and understanding others' problems."

"She even understands the fact that I want to live quite a different life from hers. But I know in her heart she finds it sad that I won't have the typical family life that has made her happy."

SAGO KHICHADI—A typical Indian side dish

Wash 1 cup of sago. Drain off all water for half an hour, then mix in $\frac{3}{4}$ cup crushed peanuts and salt to taste. Add a sprinkling of chili powder and $\frac{1}{2}$ teaspoon tumin powder or crushed tumin.

Next melt in a saucepan 1 tablespoon shortening and add to it $\frac{1}{2}$ teaspoon mustard seed and $\frac{1}{4}$ teaspoon turmeric and cover until the mustard cracks. Add 1 medium-sized onion, chopped fine; then add your cut-up vegetables—peas, cauliflower, potatoes or whatever you prefer. Cover and cook over low heat . . . using no water.

When tender, add the sago prepared above and fry the mixture briefly. Serve hot with paprika, or sprinkle with lemon juice, or sugar.

International Sterling

proudly announces

new

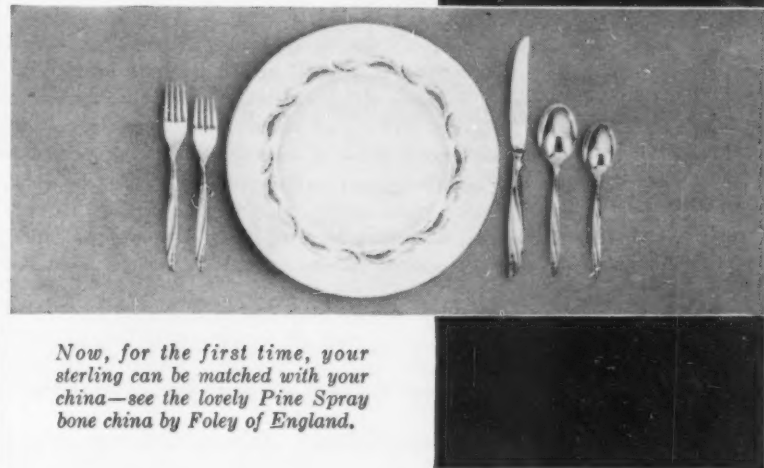
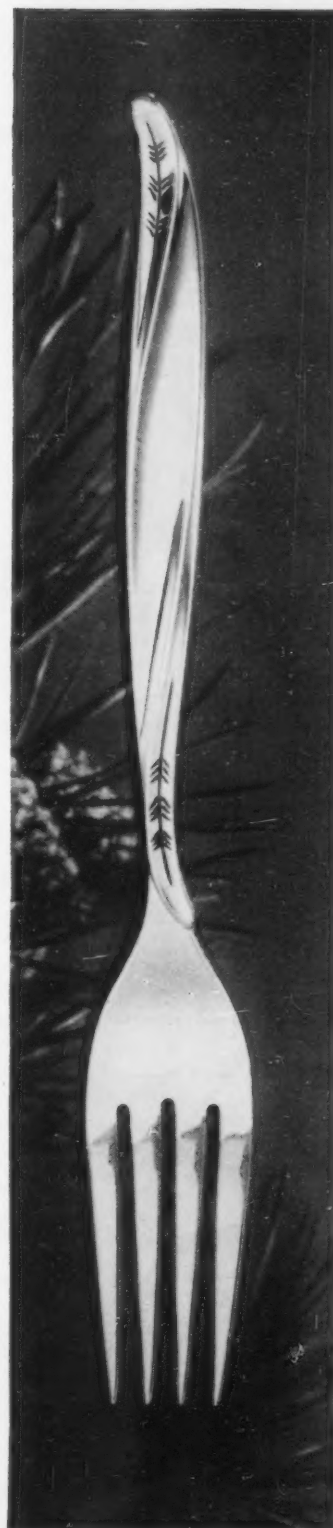
Pine Spray

Modern in design, clean as a breath of piny air . . . rich in the changeless beauty of sterling silver. International's new Pine Spray pattern is a unique achievement in silvercraft, the living symbol of a gracious tradition.

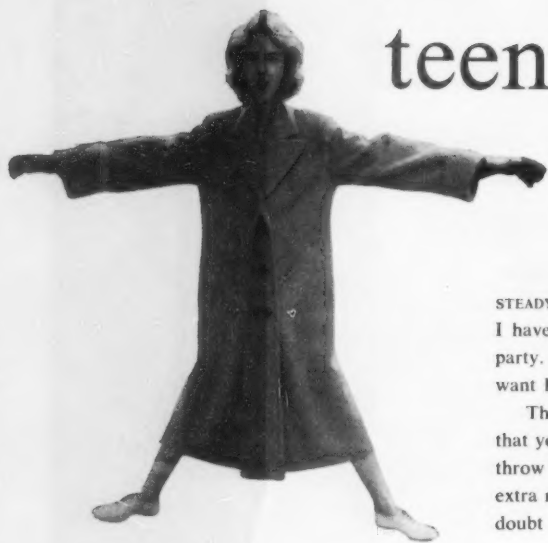
Young, slim and delicate, each Pine Spray piece sweeps towards the plate, making every place setting a symphony in perfect balance. And Pine Spray's visual beauty is the outward expression of complete perfection—when you pick up a Pine Spray piece, you can feel its harmony: the handle seems to mould itself to your touch.

The matchless modernity of Pine Spray can be yours quite simply. Right now, your jeweller is making a Pine Spray introductory offer, with prices reduced as much as twenty per cent. You can have a Pine Spray coffee spoon—a delightful little gem of a spoon—for only 99 cents.

You'll love Pine Spray on your table—see it now.



Now, for the first time, your sterling can be matched with your china—see the lovely Pine Spray bone china by Foley of England.



teen tempo BY SUSAN COOPER

Every girl dreams of being the best teen hostess. Use some of these ideas to make your party go with a bang

STEADY LEFT OUT? "I've just been invited to a party by an old friend of mine whom I haven't seen for a while. I have just started to go steady and she doesn't know it and I know she hasn't asked my steady to her party. Should I ask her if it would be all right if I brought him or should I just refuse the invitation? I don't want her to think I am rude but I don't want to go if I can't go with him."

The best thing especially with an old friend, is to be perfectly candid. Tell her that you are going steady, that you aren't going out without him, and you wondered if it would throw her planning out if you brought him along. Generally, extra men are appreciated by any hostess planning a party, so no doubt she'd be more than delighted.



Wanted: sure-fire icebreakers to get a party swinging

A SPARK of spontaneous gaiety . . . impromptu fun that's subtly organized . . . can be set off by the hostess.

A sure-fire icebreaker is a bunch of balloons, into each of which you've put, before they were blown up, paper inscribed with a forfeit—such as "do six push-ups," "sing Yankee-Doodle Dandy soprano," "stand

in the corner with your hands over your head till you count 500 out loud" — well you get the idea.

Then as people arrive, lure everyone into the counting game. Get everyone in a circle and start at one, counting fast around the circle. As soon as someone gets to seven or any multiple of seven, he has to yell "maddog." If he misses he must take a forfeit balloon, break it without using his hands and pay the forfeit!

Another idea borrowed from children's parties which makes a smash at grown-up parties is spider. String as many strings as there are people all over the dancing room. As soon as people arrive, they follow a string and each has a forfeit at the end.

Set up a miniature game galley with children's games to keep people busy till everyone arrives: the bowling one with plastic milk bottles; shooting ducks with a plastic

gun; pinning the sideburns on Elvis. These lead to great hilarity.

As far as mixing dances go, there are millions. There's the pillow dance (or lemon or hat) where a boy and girl start off dancing with two pillows and cut in on other couples passing on their pillows. These couples then have to pass on the pillows.

A good supper game, when everyone's sitting around, to make conversation general is Catch Line.

Divide everyone into two groups, and give them all the same story line, something really dramatic to weave a story around such as "The pilotless plane circled waveringly round the jammed park . . ."

Then you give one group one sentence, something really silly, which they must somehow weave into the story logically so the other group won't recognize it as their catch line, and you give the second group another sentence, just as silly, they must work in the same way. Things like, "I always wash my hair in carrot juice," and "Please check my black bowler" take a little ingenuity to work in without being spotted by the other team.

Give everyone one minute. The first team starts, has one minute to begin the story, then it switches to the other team for a minute, and so on, down the line, each trying to get the story to the point where their catch line will work in without being caught. Mad—and fun!

FOOD THAT'S FUN SHOULD BE THE AIM

Party food should be fun, easy and imaginative.

Boys would far rather heap hamburg buns full of chili out of a steaming pot or create huge Dagwood sandwiches than eat little tidbits. Butter the bread beforehand and get lots of sandwich fillings—and put on a buffet, assembly-line style, and let everyone make their own creations—maybe with a prize for the best. Pickles, celery, carrot sticks, paper plates are all the extras you need.

Dessert could be a huge chocolate cake topped with toothpick people—with a prize for the best toothpick figures. Supply toothpicks, marshmallows, gumdrops and jelly beans for raw materials.

Or try a hobo meal, with each complete supper inside a cotton kerchief, tied complete with stick.



Chatelaine will pay \$5 on publication for fads or fashion in your town, new games and dances, personality sketches of teens you know who make news. Send to Susan Cooper, Chatelaine, 481 University Avenue, Toronto 2.



“It’s from Birks”

Young people today are discovering new pride in fine table settings. This increased interest in everyday gracious living means a greater demand than ever, for the distinguished table settings that Birks has provided for four generations of young Canadian Brides. “It’s from Birks”

means the peak of good taste—graceful sterling patterns from Birks own silver craftshops, modern and traditional china patterns from England, the finest of imported crystal. Even on a modest budget, you can enjoy the beauty of exquisite settings and the thrill of gracious living.

HENRY BIRKS AND SONS LIMITED—STORES IN PRINCIPAL CANADIAN CITIES




Time to be the woman you've always been at heart. The woman who *does* things. The gracious hostess. The go-along gal. The hub of the family circle.

All you need, really, is *time*. And here you have it in tangible form: a new KitchenAid dishwasher, by Hobart. Nothing frees your hands quite so beautifully as this, the finest dishwasher made. None other offers you such performance features as new Timed Spray Cycle that "warms up" tableware and dishwasher interior, clears plumbing lines of cold water before the wash action starts... the no-guess loading racks... the Hobart revolving power wash system that gets your tableware *hospital-clean*... exclusive dual strainer system... the separate blower that dries everything to perfection.

Best of all, your new KitchenAid asks only 24" of space, the standard cabinet width. You'll find just the model to go with your kitchen, as surely as it goes with your way of life.

See your KitchenAid Dealer or write for literature. Dept. KC, The Hobart Manufacturing Co. Ltd., 175 George St., Toronto 2, Canada.

time for a KitchenAid®

The Finest Made...by 

The World's Largest Manufacturer of Food, Kitchen and Dishwashing Machines



LET'S MAKE EDUCATION REALLY FREE

Few of us would care to trade places with a Russian housewife. Often her whole family is crammed into a single dismal room under conditions that would send most of us scurrying off to the nearest welfare service.

But in one respect a Russian woman's lot is decidedly better than ours. Whatever her financial state, she knows her children will be sent to a university if they can meet the academic requirements. Students in Russia are regarded as a prime resource, especially of future scientists and engineers.

It took Sputnik to snap us out of our complacent assumption that North America has a comfortable superiority in scientific achievement. But more astounding than Sputnik itself was the sudden realization that Russia is pulling in front of us in another, more important field—education—and building up a formidable reservoir of brain power. In Russia ten percent of the national income is spent on education. In Canada a little more than four percent of the national income goes to education. In Russia students are actually paid while they attend university. In Canada there are a number of excellent scholarships available but not nearly enough to take care of any but the very top students.

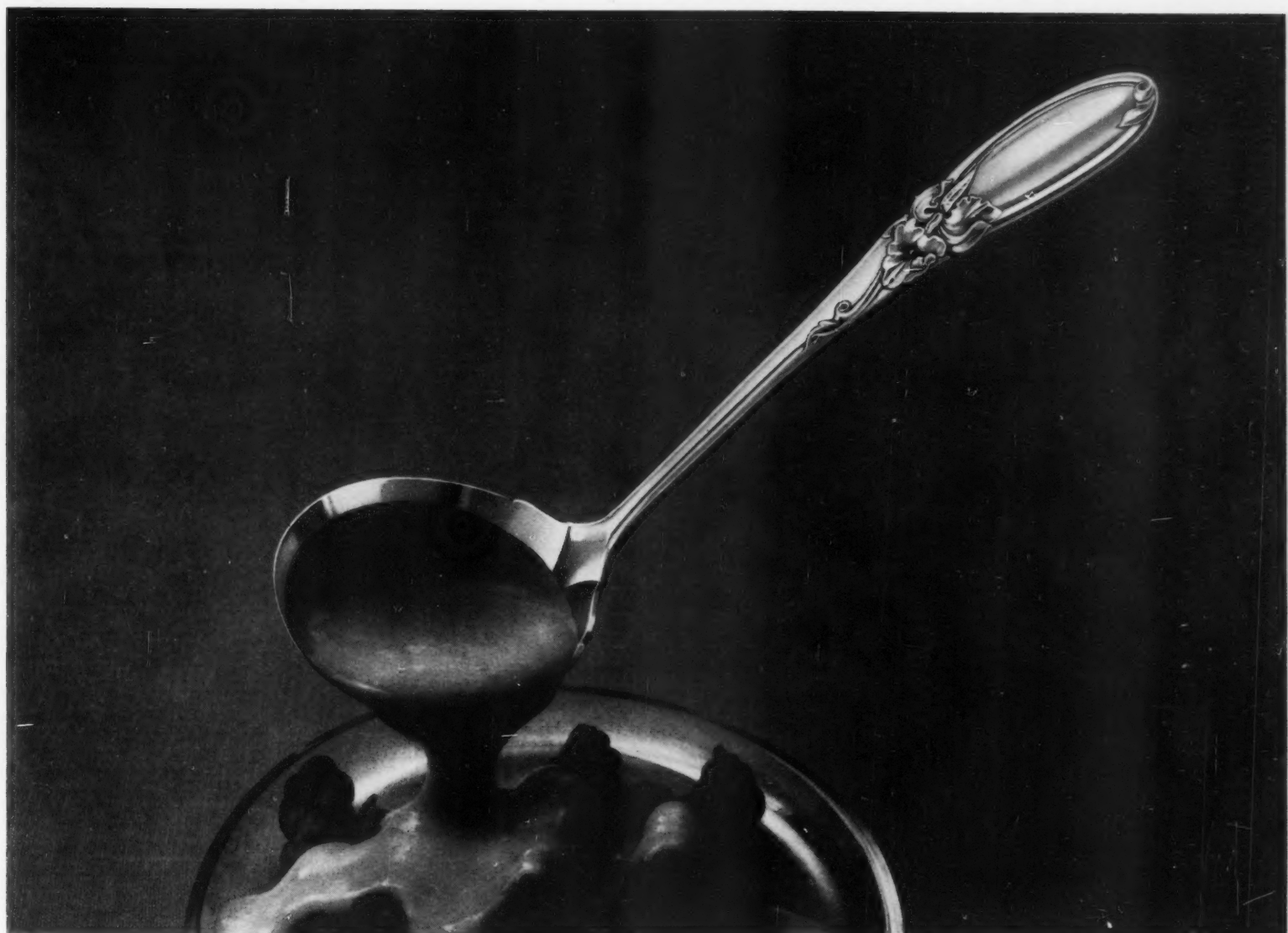
To illustrate just how difficult it can be for an outstanding student in Canada, take the case of Joyce Hemlow. Joyce Hemlow, a Nova Scotian, recently wrote a widely acclaimed biography of Fanny Burney. A brilliant scholar, she nevertheless had to work her way through university by teaching school. After thirteen years of this kind of admirable but slow toil, she finally got started on her career, was accepted as a lecturer at McGill and wrote her fine biography.

The Joyce Hemlows in Canada are rare. Most of our high-school students, faced with thirteen years of this kind of struggle, would accept the easy way out, take a convenient job and forget about university. According to a recent survey four out of five students in the upper third of ability in our high schools do just that—and never even bother to finish their secondary education.

We are aware of the way we have wasted our soil and squandered our forest resources. The evidence is plain in miles of arid field and blighted slopes. But we are a long time waking up to the fact that we are throwing away our greatest national resource of all—our national brain power.

We need a system of state scholarships, not sometime in the future, but now—today. A country rich in natural resources, and sparsely populated, we can afford to make education more truly "free"—and we can't afford to continue as we have in the past.

Doris Anderson



Love at first sight . . . when you see the FIVE lovely COMMUNITY patterns

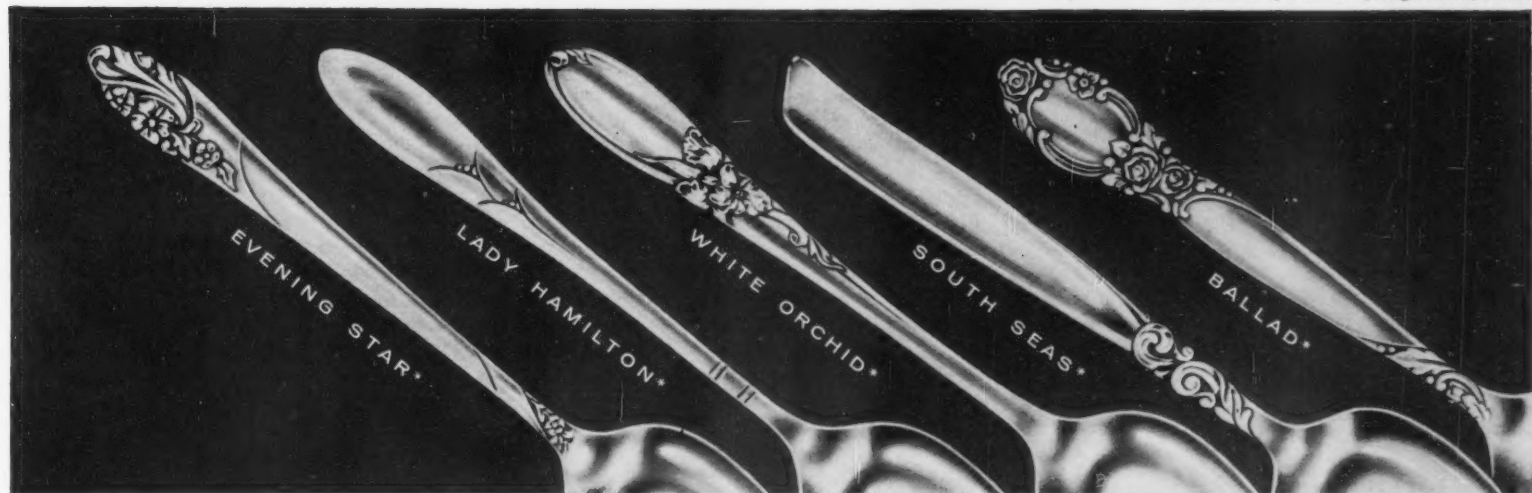
The thrill you feel the first time you see the five lovely Community patterns, stays with you always when you own the pattern of your choice. Every time you set your table you'll experience anew the pleasure of owning Community—one of the finer things of life. There's no more exciting gift than Community . . . for indulging yourself or showering a new bride. White Orchid, South Seas, Ballad, Lady Hamilton or Evening

Star . . . whichever pattern it is that steals your heart, you can be sure you're buying perfection in precious silverware. And Community is perfection that slips smoothly into any budget. Services actually start as low as \$48.75. Fine Anti-Tarnish chests are available in a wide range of prices.

Community is created in the Design Studios of Oneida Silversmiths. See Community at fine Jewellery and Department stores everywhere.

Community^{*}
THE FINEST SILVERPLATE

*Trademarks of Oneida Ltd., Niagara Falls, Canada.



IT'S YOUR WORLD

A monthly background to the news headlines



United States voters go to the polls this month. This is what's at stake and what the outcome may mean to Canada



William Knowland



Clair Engle



Goodwin Knight



John Kennedy

WASHINGTON
THE HAND-WAVING, lectern-thumping speaker was addressing a two-thirds-filled fire hall in the small Maryland town of Coral Hills.

"And I'm tellin' you, we're goin' to send your friend and mine, sitting right here beside me, to the Yewnited States Congress.

"And now I give you the man who will win for all of us, right down the whole slate—Richard Lankford!"

A desultory cheer went up from the spectators, who looked hungrily at the soft drinks and hot dogs to be eaten when the speaker finished.

"Mah friends," said Lankford, "it's good to be here . . ."

This scene has been repeated in a thousand fire halls across the United States, in schools, on street corners and from the back end of trucks as several thousand American politicians have been hitting the campaign trail over the last six weeks. For the first Tuesday in November—November 4—is the day of the U. S. congressional election. All of the present 435 members of the House of Representatives and one third of the 96 members of the Senate are up for election. And while casting ballots for Congress, American voters are also putting into office a variety of lesser politicians, ranging from dogcatcher to district attorney.

The presidential elections are held every four years, but these congressional elections come every two years. Just to make it a little complicated, while the representatives have to run for office every two years, the senators serve six-year terms. One third of the senators come up for election every two years.

The November election, therefore, is not as important as the presidential election which will be held in 1960. But November's election will have a vital bearing on what happens two years from now.

Republicans are gloomy

The Republicans are minimizing the recession, saying it was the only one in history where the main problem for Americans seemed to be how to diet and where to park the car. Voters also have been wooed by Republican candidates who wrap themselves in the somewhat faded father image of President Dwight Eisenhower.

The Democrats sound alarm about the administration's defense policy, diplomatic defeats in the cold war and the recession. They also are getting in digs about scandals involving ex-Presidential Assistant Sherman Adams and his acceptance of gifts from Boston businessman Bernard Goldfine.

Considering both the little and great issues, the Democrats feel the tide is with them this time and they figure to win a landslide. Even the Republicans, in private, admit 1958 is not their year.

The Democrats went into the election campaign holding 231 seats in the House of Representatives and 50 seats in the

Senate; the Republicans had 200 in the House, 46 in the Senate. There were four vacancies in the House. As the campaign went into its final days the Democrats were looking to a gain of about thirty House seats and eight to ten in the Senate.

So far as Canadians are concerned, it's hard to tell whether it would be better for us if the Democrats or the Republicans won. Our farmers, plagued by results of the U. S. dumping its huge farm surpluses on world markets, probably would be better off if the Republicans won, since they generally favor lower price supports and consequently smaller surpluses. However, the Democrats probably would do a better job—insofar as Canada is concerned—of consulting with other nations before getting rid of these surpluses.

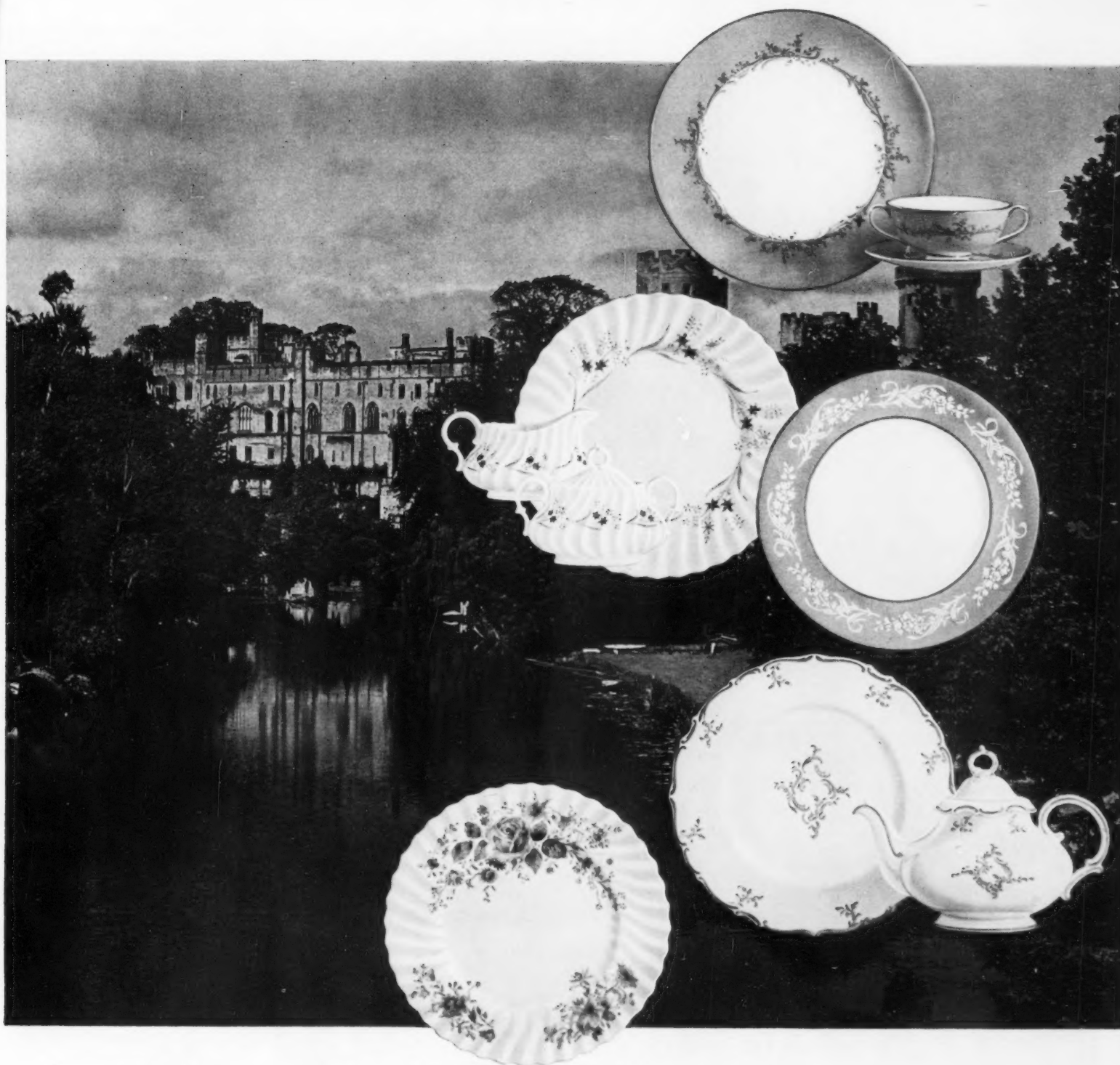
In regard to U. S. foreign-policy making, Canada probably would be better off with Democrats in control of Congress, for they are inclined to closer consultations with allies and their policies are much closer to Ottawa's thinking.

Clash of multimillionaires

As for trade problems, in the past Canada has been better off with Democrats running things: Republicans, despite Eisenhower's liberal-trade ideas, still hanker for high tariffs. But in the last couple of years many Democrats have been shifting their ground and becoming high-tariff supporters, while some Republicans are going from protectionism to freer trade.

The election's most colorful clashes are taking place in New York and California. In New York multimillionaire is pitted against multimillionaire in the fight for the governorship as Republican Nelson Rockefeller tries to unseat the Democratic incumbent Averell Harriman. Across the country Senator William Knowland, who announced his retirement from the Senate to run for the California governorship, is in deep trouble. He has expected easy pickings in this move to grab the governorship, and then head the California delegation to the 1960 presidential convention of the Republicans and try to get himself nominated as Republican presidential candidate instead of fellow-Californian Richard Nixon, the vice-president. But his Democratic opponent, Pat Brown, has shown far more popularity than Knowland, and straw polls give this race to Brown. In the California Senate race, the Democrats are given the edge as popular Clair Engle, the Democratic Representative, takes on Governor Goodwin Knight. This race, however, will be extremely close.

Also of special interest to Canadians are the contests in Alaska and Massachusetts. Alaska, until this year a territory and now a state, will send members to both the Senate and the House of Representatives for the first time in its history. In Massachusetts a 1960 Democratic presidential hopeful, boyishly handsome Senator John Kennedy, is seeking his second term. Pre-election betting in the Bay state rates him an odds-on favorite to win.—C. Knowlton Nash.



To choose and to cherish for all the years to come

MELROSE: An opaline green border, white centre, joined by a fanciful garland of gold leaves and flowers. The edge is also gold. 5-piece place setting, about \$18.95.

MILLEFLEUR: Delicate blues and grey-blues blend in stylized flowers and leaves on a fluted white ground. 5-piece place setting, about \$12.30.

ALEXANDRIA: A graceful pattern reminiscent of the 18th Century. Pure white with a turquoise border framing lacy lily of the valley. A platinum edge. 5-piece place setting about \$17.70.

MONTEIGNE: Traditional French design in pure white, embellished by delicate gold scrolls and leaves. 5-piece place setting, about \$21.25.

ARCADIA: The traditional bouquet, scattered informally against a fluted white background. 5-piece place setting, about \$10.95.

All patterns shown are in open stock.

As the years pass the woman who owns Royal Doulton fine bone china takes continuing pride in its elegance and superb quality. Shown above are some of the newest patterns in this world-famous English china. There are many more — in both contemporary and traditional designs. See them soon in the leading china and department stores.



NEW! "CHOOSING YOUR TABLEWARE"—A 64-page handbook for every hostess — with 44 beautiful colour photographs of Royal Doulton bone china and dinnerware designs. For your copy, send 25c to address below. Name and address of nearest dealer sent on request.

Royal Doulton

A pleasure to give—a treasure to receive



DOULTON & CO. (CANADA) LIMITED, DEPT. A, 51 WELLINGTON STREET WEST, TORONTO, ONTARIO

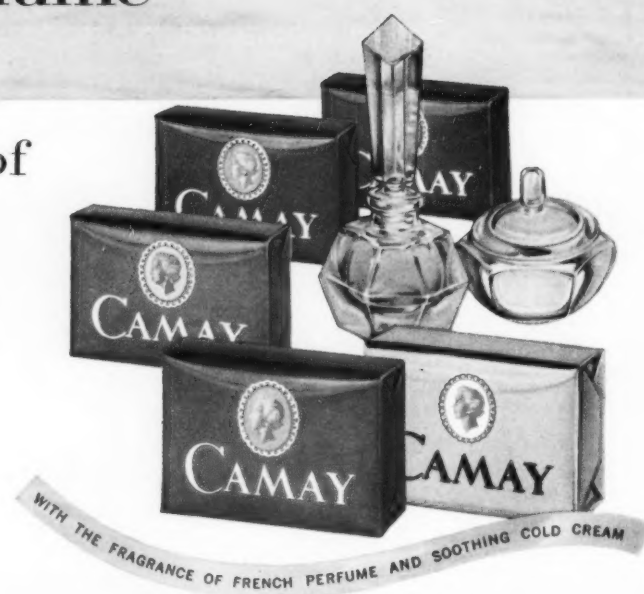


the fragrance of **French** perfume
enfolds you...

...as you linger in the luxury of
your **CAMAY** bath

The enchanting fragrance of Camay's expensive perfume surrounds you. You relax, cradled in the creamy-soft caress of Camay's luxurious lather. Only cold-cream Camay—in five lovely shades—can create such a world of *luxury* for you!

THE SOAP OF BEAUTIFUL WOMEN





Special CHATELAINE Report
on the latest news about

having your baby

The up-to-the-minute findings of the
world's leading specialists, and what
they mean to you and your child

BY JOAN MORRIS

PHOTOGRAPH BY EVE ARNOLD

WOMAN'S MOST BASIC EXPERIENCE, birth, remains for medical science one of its most challenging problems. In every country scientists seek to make childbirth easier for the mother, safer for the baby, and to find cures for the illnesses that jeopardize the lives of both.

To find out what progress doctors are making in this ceaseless quest, Chatelaine sent this writer to the Second International Congress of Obstetrics and Gynecology held in Montreal last summer and attended by many of the world's leading specialists.

Here are the answers to questions of vital importance to every Canadian woman. *Continued on page 72*

A VICTORIAN UPBRINGING FOR A JET-AGE CHILD?



Princess

*She has two playmates from outside
the palace walls. She's never
ridden in a subway or been
inside a classroom and a constant
guard keeps the public at a distance.
Is this cloistered upbringing
good enough for a space-age princess?*

by Mollie McGee

The Princess today: Army brass accompanies Anne as she attends royal function. Only children she sees regularly are two little girls from upper-crust families.

2
r
l



1951: Nannies have surrounded Anne since birth. Mabel Anderson (left) is in charge of her clothes and health.

1954: Detective is never more than a few feet away, even when she plays in the park. One usually travels in royal car.



1955: Governess Katherine
Peebles is her most constant companion,
teaches Anne penmanship,
French, deportment, poetry.



1958: Lady-in-waiting Rose Baring takes her to horse show. Ordinary spectators are rarely allowed close to the Princess.



1958: Friend Caroline Hamilton is one of Anne's two schoolmates.



Bachelor in Eden

The Eden that was Green Acres consisted of curving streets, a forest of television antennas, and thirty-seven houses, thirty-six of which were occupied by young married couples who had common bonds in their ages, children, dreams for the future, and monthly payments on mortgages, furniture, appliances, cars and orthodontists' bills.

The thirty-seventh house was occupied by the serpent.

Helen Jackson was at home when he moved in. She had seen the For Sale sign being carted away by the builder a week before and now unashamedly she neglected her housework to spy on the new owner. All week she had been speculating.

The car was a convertible. Behind it

was the moving van. It rumbled into the driveway. A young man emerged from the car and directed operations.

He met with Helen's approval. He was young, nicely dressed, handsome. His wife was not with him and Helen considered this a sign that he cherished her. She had one small pang of disloyalty remembering how Chuck had treated her on moving day. "Pick up the end of that bookcase," he had said. "Get hold of that packing case."

She had held back acid comments about whether she was a wife or a beast of burden, and was staggering into the kitchen to prepare dinner while Chuck had disappeared to take his ease somewhere outside. She was banging pots and pans around trying to find everything

when he reappeared at the back door.

"Gosh, you look terrible," he had said.

It was moments like this, Helen thought, when she was aware that had she said, "No," instead of, "Yes," she might now be sitting in an air-conditioned cocktail lounge, an unattached secretary relaxing with a male, instead of being married, living in a house they could barely afford, raising two children they couldn't afford, married to a man who considered her a stevedore.

"Look," said Chuck. "Put some powder on your nose. I ran into a fifteen-year-old girl down the block with glasses and the highest IQ in the tenth grade. She's going to sit with the monsters and I'll take you to that swanky restaurant on the highway." *Continued on page 52*

He was handsome, a bit
of a wolf,
the secret envy of
every married man in the neighborhood,
including Chuck—
and the gay disturber of every wife, including



Helen

*Tom Berkeley's tastes ran to sports cars and blondes—
a provocative combination Green Acres' women discussed with relish.*

BY WILLARD TEMPLE

Illustrated by Huntley Brown

The scandal of women's prisons in Canada

In grim ancient buildings, equipped to punish but not reform, youthful first offenders are thrown together with prostitutes, drug addicts and the mentally ill. Public apathy created this shocking situation. Here's how you can help correct it

● On a chill rainy September day, Martha, a brittle thirty-one-year-old Toronto woman with brassy-looking shoulder-length curls, stepped hesitantly from a sprawling brick building with barred windows in Toronto's west end. Martha was leaving the Andrew Mercer Reformatory for Women after serving her second prison term.

She shivered, boarded a streetcar, and nervously fingered twenty dollars in crackling new bills in the pocket of the same shabby suit in which she was sentenced—pay for a year's work in the jail laundry. When the streetcar reached Jarvis Street, the heart of Toronto's red-light district, Martha got off. She was back "home," in the slum area she had left the year before when she was sentenced for forgery. She was back to her life of casual affairs and petty crime. She was back because she didn't know where else to go.

Martha isn't trained to get a job. The stigma of jail hangs over her. She can't fit into normal everyday living any better than before she was sentenced. She has the same lawbreaking

habits, the same antisocial behavior and the same problems as when she entered prison. Locked away with hardened criminals, she learned more about crime than before. Her year in prison cost the taxpayer between fifteen hundred and twenty-five hundred dollars, and the chances are good that she'll be back inside a year. Three out of four inmates, male and female, in Canadian prisons are repeaters.

The number of women in Canada's provincial jails and reformatories and in the Women's Prison, Kingston Penitentiary, hovers between seven hundred and fifty and eight hundred and fifty at any one time. Many are mothers; many have been in mental hospitals; many are suffering serious emotional upsets. Some are near-senile; some of subnormal mentality. One survey of the inmates in the Andrew Mercer Reformatory found women with IQs below fifty.

One in twenty of the people in prison in Canada is a woman. They range from children of fourteen to women of seventy. With few exceptions, female

Continued on page 61

By Gladys Shenner

PHOTO BY HORST EHRLICH





By VIOLET MUNNS
as told to JUNE CALLWOOD

THE WIFE WHO EXPECTED TOO MUCH

*Wally was a war hero and Sheila took his continued success for granted—
until the numbing discovery the goals she'd blindly set
had shattered their home and pushed her husband to humbling defeat*

● Almost every marriage has a certain amount of wrangling about money — but in the entire history of the Neighborhood Workers' Association no one has had such an abrupt and desperate financial problem as a woman we'll call Sheila Cooper.

Sheila was about twenty-six when this happened to her. Four years before she had been the envy of her crowd when she married a handsome ex-soldier, a war hero who had been decorated by the King. Their first child had been a girl, named Sandy; their second was expected in a few weeks.

It was one Thursday morning in the fall and Sheila was giving the apartment a brisk cleaning so it wouldn't need too much attention until after her baby was born. There was a knock at the door. Sheila answered it, smiling gaily. It was the last time she was to feel gay for nearly two years.

The caller, a dour middle-aged man, informed her that Wally Cooper had paid two months' rent on the apartment with a bad cheque. He presented her with a notice of eviction.

"This is impossible," she said *Continued on page 44*

Remember when we lived gracefully?

We've had a lot of living to catch up with in the years since the war. And we did catch up, making time for all the things we wanted by doing what had to be done as quickly and easily as possible. It was the heyday of the Casual Way of Life. We created it, lived it and loved it.

Taking a second look, perhaps we embraced it all just a shade too enthusiastically. Our lovely casual dream, when overdone, became chaotic disorder. Trying to make the most of time, we threw away one of its most precious offerings — the opportunity to be gracious.

Remember when dinner was a pleasant hour of conversation around the dining table — and not a series of sittings in the kitchen? Remember when little girls learned to set a proper table because they saw and helped their mothers every night? Remember when there was at least some chance of teaching a son to eat in mannerly fashion? Remember when we didn't entertain Saturday nights in jeans and loafers? Remember the serenity of a tea?

These were gracious habits, bringing a solidity and form to life, a reassuring pattern we could adopt and hand on to our children. We certainly don't believe that in 1958 in Canada they fit into everyone's life every day, but we do think we should take more time for them than we have been doing.

On the next pages then, as a beginning, are three recipes for bringing back the gentle life into a helter-skelter week. They could become a family habit. They could, we think you'll agree, be fun, too.

By *Barbara Reynolds* *Home Planning Editor* and *Elaine Collett* *Director, Chatelaine Institute*

Teen-age Tea Party

Dainty Sandwiches
(Ham and Pickle Ribbons, Open Face,
Chicken Salad Rolls, Relish Cheese Pinwheels)
Three Fruit Bread Triangles ★
Small Cakes
(Petits Fours, Spice Puffs ★
Chinese Chews, Nut Drop Cookies)
Tea with Lemon or Milk

SATURDAY, 4 to 6 p.m. Here's an easy-to-give party for a girl growing into her teens.

This "first tea" will give her experience as a gracious hostess; the foods are simple enough for her to prepare herself; and if she is collecting china and silver, her party is an excellent occasion for using her very own pieces. For this pretty and feminine setting, we complemented the colorings in the china with a tablecloth made from bright pink felt and an overcloth of Orlon marquisette curtaining, napkins of raspberry linene, and centrepiece mingling fern leaves and tea roses. Shown: Foley's Princess tea service; International Rhapsody sterling.

Saturday Brunch

Chilled Figs and Orange Sections
Broiled Back Bacon
Buffet Scramble ★ Fried Mushrooms
Sour Cream Buckwheat Waffles ★ Maple Syrup
Hot Crusty Rolls
Red Currant Jelly Sharp Cheddar Cheese
Coffee

SATURDAY, 10.30 a.m. A refreshingly different party for the couple next door is this semiformal breakfast buffet. Copper and brown tones of the table accessories blend handsomely with the fall colorings of the china and give the setting a distinct appeal for the men-of-the-house. The tablecloth is brick-colored cotton, napkins are extra-large in brown linen. Flowers are the finishing touch—two stalks of bronze gladioli cut down and mixed with Shasta daisies. Shown here: Royal Worcester's Dorchester china, Birks' Pathfinder stainless.

Sunday Afternoon Tea

Spiced Beef Pasties ★
Peanut Butter Jelly Wheels
Apple Wedges Carrot Sticks
Date Bran Cookies ★
Mocha Peach Torte ★
Tea with Lemon or Milk
Cinnamon Cocoa ★ for the children

SUNDAY, 4 p.m. Some of our happiest times centre around family get-togethers and the complement of good food. Here, teatime revives a graceful tradition of sparkling silver and china, embroidered linens, favorite homemade sandwiches and cookies and, of course, the very special cake—in this case our Mocha Peach Torte. For flowers to complete the setting we chose several stalks of larkspur, a few tea roses, and arranged them around caladium leaves. The china is Minton's Gold Rose, plus an assortment of fine tea cups and saucers; the tea service and Laurentian sterling flatware are by Birks.



PHOTOGRAPHS BY PETER CROYDON



★ For recipes turn to page 110

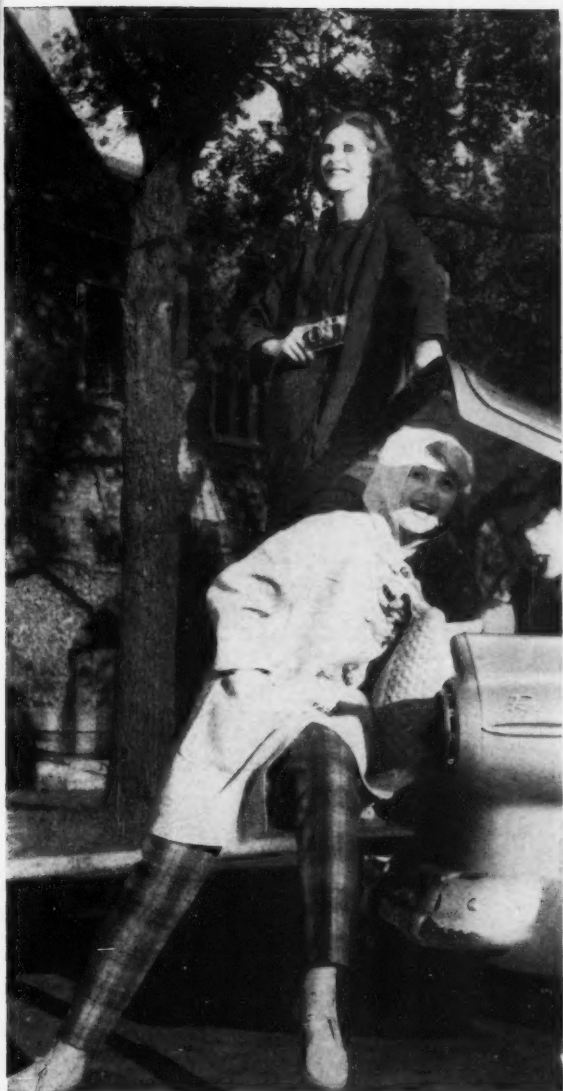


Touchdown Fashions for the Grey Cup

Left: a football fan shows off her new stadium coat to one of the Argonauts. It is black-and-white hound's-tooth checked corduroy with knitted wool collar, a red-black-and-white striped wool lining. About \$29.95. Her black corduroy slacks, about \$7.95. Both by Fairway in sizes 10-20. Her jumbo-knit black wool turtle-neck sweater—by Lansea. Sizes 36 to 40. About \$16.95.



Above left: beige poplin coat with quilted lining, sizes 10-20. About \$19.95. Matching slims, about \$8.95. Above right: gold poplin coat with Borg deep-pile black Orlon lining. Sizes 8-18, about \$35. Slims, about \$12.95. All by Irving Postluns.



On top the station wagon: Loden green corduroy coat (left) — full length, lined in green alpaca. Sizes 8 to 20, about \$39.95. Right: bright red poplin jacket lined in red alpaca. Sizes 8 to 18, about \$35. Both by Sport Togs. Jantzen Viyella tartan slims, in sizes 10-18, about \$17.95; matching top, about \$12.95.

In the foreground, left: Sturka duffel coat, sizes 10-18, about \$25. With it, Sacony plaid slims sizes 8-18, about \$12.95. Above it, Pedigree's hooded reversible. On one side—grey loden cloth trimmed with rickrack; on the other—navy corduroy. Sizes s, m, l. About \$35.

Whether you're headed for Saturday's big game
or weekend shopping these young Canadian casuals
are perfect teammates for a busy round-the-clock life

BY VIVIAN WILCOX Fashion and Beauty Editor

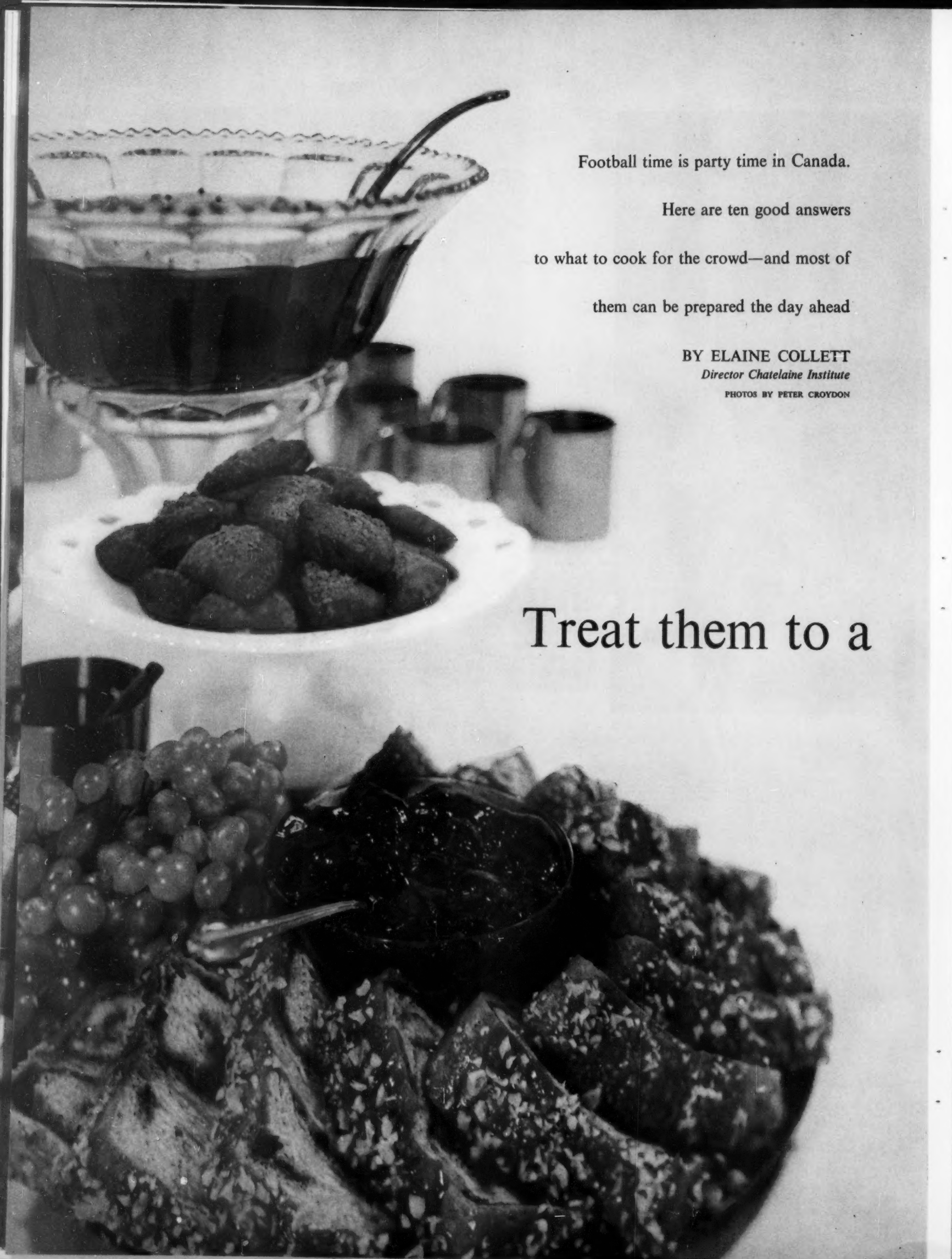
PHOTOGRAPHS BY PAUL ROCKETT

Right: a go-everywhere jacket of deep-pile fabric — Fabriceal by Fabrifur's. Sizes 8-16. About \$69.95. Skirt, sizes 10-18, about \$14.95 at Simpson's.



The couple in the MG (above) wear companion sport coats made by Ideal Fur in Borg deep-pile beige Orlon with patch pockets, leather buttons. Hers comes in sizes 8-18, about \$59.95.

Touchdown fashions are available at stores on page 91



Football time is party time in Canada.

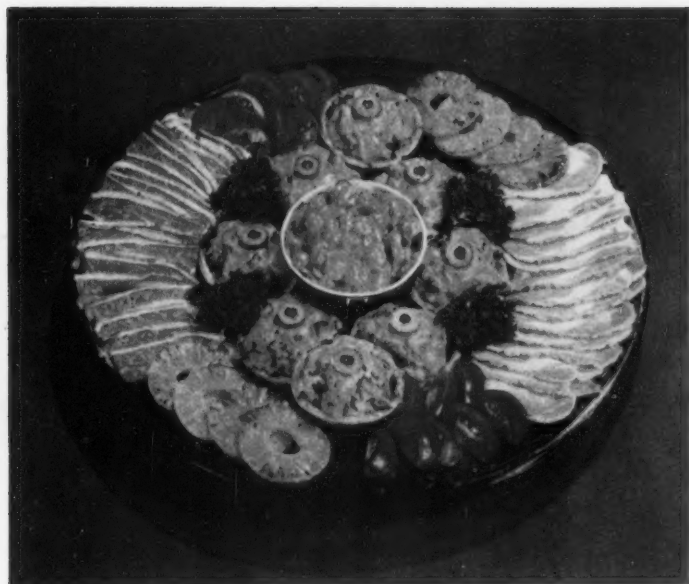
Here are ten good answers
to what to cook for the crowd—and most of
them can be prepared the day ahead

BY ELAINE COLLETT

Director Chatelaine Institute

PHOTOS BY PETER CROYDON

Treat them to a



ARGONAUT SWEET POTATO SALAD

LEFT: GREY CUP PUNCH, ALOUETTE TURNOVERS, ROUGHRIDER SWIRL

Grey Cup Special



TI-CAT APPETIZERS

- 1 crusty French loaf
- 1/4 cup melted butter
- 1 (6-ounce) can crab meat
- 1 egg, beaten
- 1 teaspoon onion juice
- 6 drops Tabasco
- 2 teaspoons lemon juice
- 2/3 cup cracker crumbs
- 1 package frozen fish sticks or fish bites
- 1 package frozen breaded scallops

Carefully cut the top from the loaf and remove the soft bread from both sections. Brush inside with the melted butter. Drain and shred the crab meat. Add the next five ingredients. Season with salt and pepper. Form into 1-inch balls and dip in dry cracker crumbs. Refrigerate.

At party time cut fish sticks in three. Dip scallops in melted fat or French dressing. Brush crab-meat balls with

melted butter and bake all sea foods together on a large greased cookie sheet at 400 degrees F., for 20 minutes. Turn once during cooking. Pile sea-food appetizers in the loaf. Add the cover and keep hot in a 300-degree-F. oven. Pass with toothpicks and a tangy cocktail sauce for dipping. Serve appetizers before a buffet lunch of cold meats, hearty macaroni and cheese and crisp relishes.

BLUE BOMBER GINGER SPARERIBS



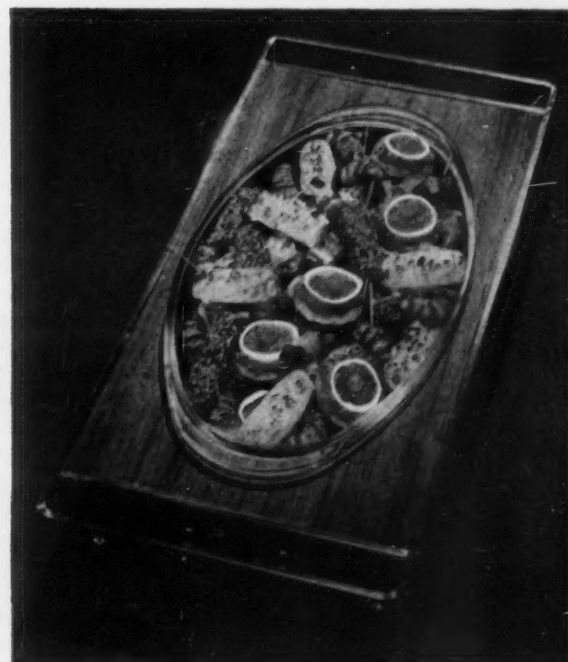
STAMPEDER BUTTONS AND BOWS

- | | |
|---|----------------------------------|
| 1 pound hot Italian sausage | 2 (8-ounce) cans tomato sauce |
| 1 (8-ounce) package bow-style macaroni (farfalle) | 1/2 (6-ounce) can tomato paste |
| 1 medium onion, chopped | 1 cup water |
| 1/2 cup celery | 1 bay leaf |
| 1 clove garlic, minced | 1/2 teaspoon |
| 2 tablespoons drippings | crushed chili peppers (optional) |
| 1 (10-ounce) can sliced mushrooms | 1 tablespoon chopped parsley |
| | 1 teaspoon salt |

Slice sausage crosswise in 3/4-inch pieces and flatten slightly. Brown on both sides. Cook "bows" in boiling salted water 8-10 minutes. Rinse and drain. Sauté onion, celery and garlic in drippings until transparent. Add remaining ingredients and simmer for 30 minutes. Combine sausage "buttons," bows and sauce in a 1 1/2-quart casserole. Sprinkle top with 1/2 cup grated old Cheddar cheese and bake at 375 degrees F., for 15 minutes. Makes 6 servings.

NOTE: If made the day before, cover and refrigerate casserole. Next day heat at 375 degrees F., for 30 minutes.

Recipes continued on page 104



LIONS MOCK EGG ROLLS, ROUGHRIDER ROLLUPS, ESKIMO HAM ROUNDS

Curling

IS JUST THE GAME FOR YOU

BY TRENT FRAYNE



Here are the few simple things you need to know to join in a booming, fun-filled sport

FROM TIME to time there have been whispers of lament that there seems to be no game a woman can enjoy with her husband on equal terms. The trouble with most games, women are aware, is that might is right.

But curling is the happy exception.

From a woman's point of view, curling's great advantage over, say, golf is that physical strength is really not pertinent to the game, nor does curling require the constant application golf demands if one is to play it passably well.

Therefore, there need not be such a thing as a curling widow as there is a golf widow, a woman who sits home all weekend while her husband plays thirty-six holes of golf. Curling's devotees insist, in fact, that it's even better suited to husband-and-wife participation than arguing.

It may seem to some people that there are less strenuous ways of keeping the arm limber than trundling a forty-two-pound chunk of granite down a hundred and twenty-six feet of ice, but the game's proponents say these figures are misleading.

"The 'touch' or the 'feel' of the stone is far more important than sheer strength," says Phil Farley, long one of Canada's greatest amateur golfers who turned to curling ten years ago and is now an enthusiastic and excellent curler. "It's a pleasure to curl with women because they can curl every bit as well as men. Curling is a lot like putting, in golf. You can see that the physical differences on a putting green would be negligible."

Curling flourished for years on the western prairies, where low temperatures gave long life to natural-ice rinks, and it

has been burgeoning in the more temperate east for the last ten years with the advent of artificial-ice rinks as adjuncts to golf clubs. Indeed, some of the most spectacular architecture brightening up the modern skylines belongs to recently erected curling clubs, and are a kind of reflection on the game's booming recent progress.

Rinks, as curling teams are called, are four a side, and each player delivers two stones, or rocks. These are aimed at the house—a series of three colored rings circling a button painted into the ice at each end of the sheet of ice on which the game is played. The outer ring is twelve feet in diameter and, not surprisingly, is called the twelve-foot ring. The middle ring is the eight-foot ring and the inside ring is the four-foot ring.

Continued on page 92



Mother can drive him, but she gets the brush when they arrive.

Teaching him to dance is useless. To him, Mother's a square.

Who's to blame for teen troubles? Working mothers, many clergymen storm.

Visit your husband in his workshop—at your peril.



Home movies leave them cold.

Are Mothers Obsolete?

Critics say mother doesn't spend enough time with her family. But with dad in his workroom and the kids off at the corner malt shop, it's got so talking's something she does with herself. By EILEEN MORRIS

This year has been open season on working mothers. Preachers like the Rev. Dr. J. R. Mutchmor, of Toronto, thunder, "Working mothers are sowing the seeds of teen-age drinking, carousal, gambling and sexual promiscuity." Every news report links the latest figures on divorce, delinquency and dahlia mange with dark mutterings about the growing numbers of working mothers.

First of all, it seems highly childish to think that if mother is in the kitchen with both thumbs in a mixing bowl, then all's right with the world. Mother may be a grade-A neurotic whose unbalanced attitudes are driving her entire family into the waiting room of the nearest mental health clinic.

The argument that mother must stay home has as much truth in it as a mail-order horoscope. It is no longer necessary to have one human being stand twenty-four-hour watch on the home front.

For the main reason why we're flocking back to the time clocks is one the preachers and other wiseapples disregard: mother is being worked out of a job at home.

I've gone back to a desk because I'm stone deaf to the grand slam of a bridge game, I'm not the clubwoman type—and I want to do something with my life besides dishes, beds and laundry.

Experts on Family Life love to dwell on that classic home scene—mother seated by the fire, cocoa cups arranged *Continued on page 69*



The fastest way to small fry's heart is not through his stomach.

So you buy a summer cottage—and the kids beg to go to camp.

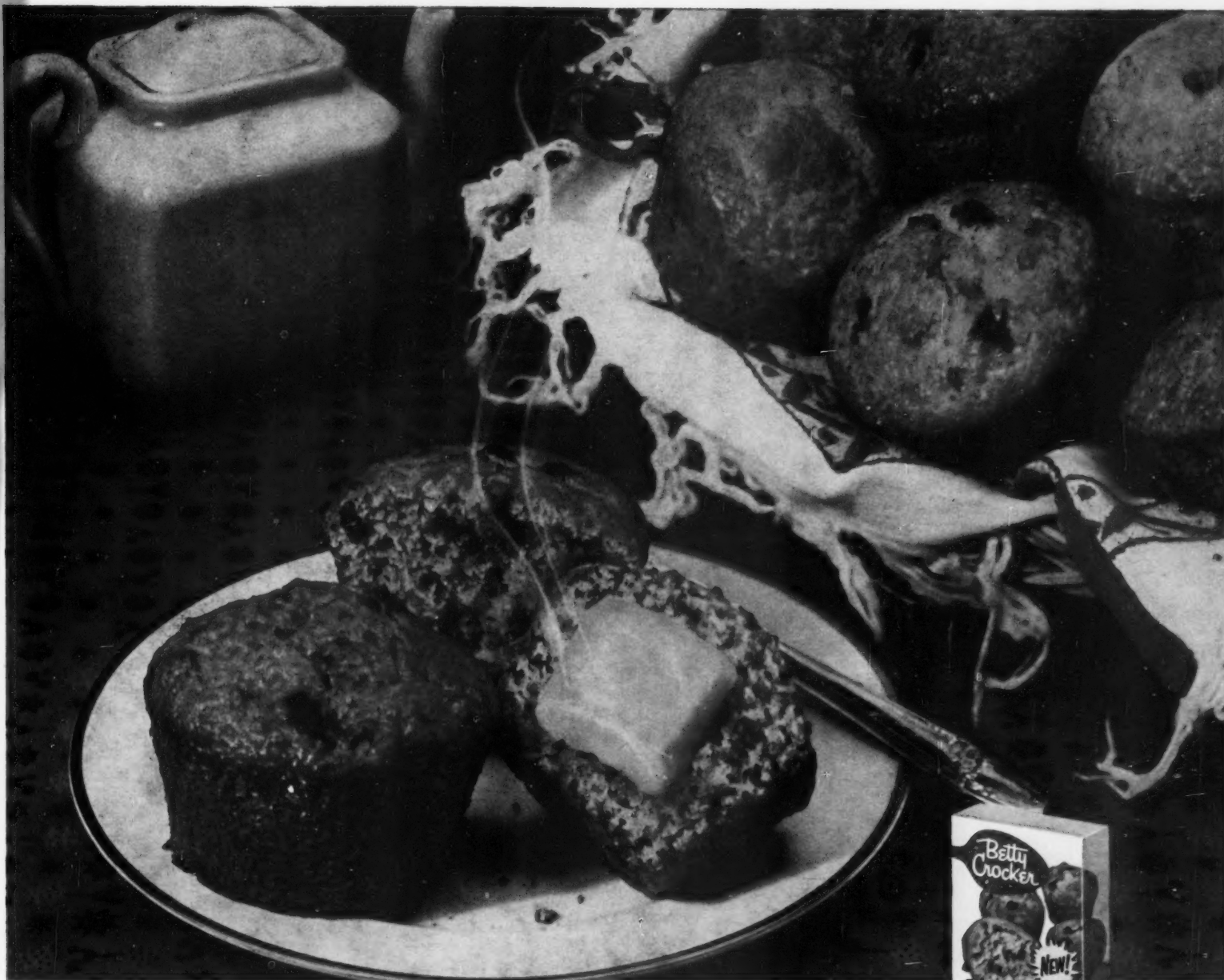
DISCOVER
THE LEISURELY DELIGHT
OF A
beauty bath

By Vivian Wilcox

High on our list of the simple everyday pleasures, the little luxuries of life, is the bath . . . the leisurely, fragrant bath . . . the bath that not only cleanses but relaxes and beautifies. The tub should be filled with warm water — warm water is most relaxing. While it is running, add bubbles, crystals or oil. And before you step in, be sure your other bath accessories are handy on a tub tray or table — not just washcloth and soap but long-handled back brush, a pumice stone to smooth heels and calluses, an after-bath freshener such as cologne or toilet water, dusting powder. (It's nice to have all your bath fragrances in the same scent.) If steam is likely to straighten your curls, pin them up. Otherwise tie a ribbon round your head to keep them out of the way — and out of the water. Smooth a cleansing cream on your face — or perhaps cleansing grains, if your skin is oily. Now, step into the tub and soak — feel all your muscles relax. You might have a little foam pillow on which to rest your head. You might sip a glass of orange juice or read a chapter from a book while the warm water does its relaxing job. Then comes the sudsing, back-brushing and pumicing — don't rush them and don't forget to push back the cuticles while they are soft and pliable — when you finish your bath, your manicure will be half-done. Pat yourself dry with a big fluffy towel, smooth on cologne and/or body powder. Then your favorite deodorant. You'll feel and look like a million.



SEBERT



Look what **Betty Crocker** has ...

The heart-warming muffins of long ago

CLIP THIS COUPON

SAVE 15¢

SPECIAL MUFFIN JAMBOREE OFFER!

This coupon
WORTH 15¢
when you buy
1 package Betty Crocker Muffin Mix
and
1 jar any brand of jam or jelly

SAVE 15¢

Mr. Grocer: This coupon if accepted at your store for merchandise noted above and in accordance with the terms of our offer, will be redeemed at face value plus 2¢ for handling by General Mills Inc. Send your coupons to: Coupon Redemption, P.O. Box 2176, Toronto, Ontario.

You make them so easily with my 5 new mixes ... Serve them piping hot with your favourite jam or jelly.

They're feather-light, tender-textured and ready for the oven twinkling-quick. And it's easier still to try these heart-warming muffins when you clip this coupon and save 15¢ on your combined purchase of a package of new Betty Crocker Muffin Mix and a jar of jam or jelly to go with them.

Betty Crocker guarantees you homemade perfect muffins. So try them soon, won't you? Five wonderful kinds.

NEW BLUEBERRY
Tender, home-oven muffins filled with plump, juicy, wild blueberries for that melt-in-your-mouth taste.

HONEY BRAN
Family favourite, moist bran muffins with the delicate extra flavour of sweet clover honey.

CORN
Fine-textured, moist, golden muffins with the old-fashioned taste of Grandma's recipe.

ORANGE
Exciting flavour from the sunny bits of fresh-picked oranges that are in every muffin.

DATE
You'll find luscious little date pieces sprinkled through each feather-light muffin.



NOVEMBER — MOUNT ROYAL SWEETBREADS

2 large sweetbreads
1 egg
2 tablespoons milk
¼ teaspoon salt
½ cup fine bread crumbs
¼ cup butter
6 slices boneless ham

¼ crushed clove garlic
1 tablespoon chopped onion
¼ pound fresh mushrooms
2 tablespoons flour
1½ cups chicken stock
2 tablespoons medium dry sherry

Slice sweetbreads into three lengthwise pieces. Dip in mixture of egg, milk and salt. Roll in crumbs. Heat butter in a frying pan. Add sweetbreads and sauté until brown. Roll each in a ham slice. Secure with picks and top with mushroom caps. Set in a baking dish. To the fry pan, add garlic, onion and sliced mushrooms. Sauté 5 minutes. Stir in flour and slowly add stock. When thickened, add sherry. Season and pour over ham rolls. Bake at 350 deg. F. 30 minutes. Baste twice with sauce. Add heated pineapple slices and parsley potatoes.

Meals of the Month

Minute tips for flavor and fun . . .

Next time, stew prunes in medium-strength tea instead of water. Sweeten as desired.

To perk up your favorite dumpling recipe for stewed chicken, add ¼ cup each chopped sweet pickled onions and crumbled bacon.

For a hearty soup, heat 1 can diluted mushroom soup and 1 can clam chowder or oyster soup together. Sprinkle with Chinese fried noodles.

Cook an equal amount of diced turnip and old potatoes together in simmering salted water. When soft drain well and mash. Add sour cream to moisten and a dash of sugar and nutmeg. Serve hot.

Freeze leftover pumpkin-pie filling in ice-cube trays, then turn out into a plastic bag and store. Set a frozen cube in each pastry-lined tart pan and bake as for butter tarts.

Dinners of the month . . .

					SATURDAY	SUNDAY
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	1	2
3 Hot Beef Sandwich Rich Brown Gravy Potatoes Beets Steamed Pudding Lemon Sauce	4 Stuffed Veal Heart Creamed Onions Squash Relishes Ambrosia Jelly Roll	5 Fish and Chips Minted Peas Tossed Salad Marble Layer Cake Mocha Frosting	6 Fried Chicken Cranberry Sauce Sweet Potatoes Cauliflower Baked Apples	7 Shrimp Casserole Glazed Carrots Cucumber Salad Grape Sherbet Ice Wafers	8 Flank Steak Baked Potatoes Baked Squash Pickles Deep-dish Peach Pie	9 Roast Rib of Beef Horse-radish Browned Potatoes Succotash Pumpkin Pie
10 Sweet-Sour Pork Noodles Spinach Cabbage-Orange Salad Assorted Tarts Cheese Tray	11 Minute Steaks Fried Potatoes Whipped Turnips Relishes Cherry Cobbler	12 Spiced Tongue Hot Potato Salad Harvard Beets Celery Jellied Fruit Cookies	13 Sausage Patties Apple Jelly Creamed Cauliflower Corn Tossed Salad Lemon Marguerites	14 Baked Trout Braised Celery Fried Rice Lettuce Wedges Cherries Macaroons	15 Barbecued Wieners Sauerkraut Whipped Potatoes Carrot Sticks Orange Tapioca Pudding	16 Roast Turkey Raisin Stuffing Roast Potatoes Wax Beans Mincemeat Pie
17 Homemade Soup Cold Sliced Turkey Lima Bean Salad Tossed Greens Apple Dumplings	18 Beef Shortcake Baked Potato Turnips Relishes Grape Sponge Custard Sauce	19 Liver and Bacon Whipped Potatoes Escalloped Tomatoes Celery and Olives Blueberry Cobbler	20 Veal Cutlets Mushroom Sauce Corn Fritters Spinach Orange Spongecake	21 Tomato Soup Cheese Soufflé Green Beans Beet Salad Peach Trifle	22 Swiss Steak Peas and Carrots Parsley Potatoes Relishes Ice Cream Pie	23 Cottage Roll Raisin Sauce Scalloped Potatoes Baked Squash Chocolate Fudge Cake
24 Salmon Loaf Egg Sauce Noodles Asparagus Tossed Salad Lemon Pie	25 Steak and Kidney Pie Turnip Potatoes Relishes Apple Crisp	26 Stuffed Pork Chops Spanish Sauce Hashed Brown Potatoes Corn Maple Charlotte	27 Chili Con Carne Fluffy Rice Waldorf Salad Fruit Whip Danish Pastry	28 Baked Whitefish Mashed Carrots Salad Whipped Potatoes Sliced Oranges Date Bread	29 After The Game Celebrations Grey Cup Party Time (See page 34)	30 Roast Chicken Potatoes Spinach Corn-bread Sticks Strawberry Shortcake Tea Coffee

Breakfasts and lunches for any day you need them . . .

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Breakfast	Sliced Bananas Oatmeal with Dates Bacon Curls Toast Jam Coffee Tea	Orange Juice Ready-to-eat Cereal French Toast Honey Coffee Hot Chocolate	Stewed Tomatoes Puffed Corn Grilled Ham Toast Jelly Coffee Milk	Grapefruit Half Hot Wheat Cereal Maple Sugar Toasted Raisin Bread Coffee Milk	Applesauce Poached Egg on Toast Chili Sauce Bran Muffins Jam Coffee Chocolate Drink	Pineapple Juice Fried Corn-meal Mush Apple Butter Sausages Coffee Hot Chocolate	Citrus Fruit Cup Mushroom Omelet Ketchup Cinnamon Coffecake Tea Milk
Lunch	Creamed Salmon Toast Cups Peas Celery Sticks Peaches Chinese Chews	Celery Soup Salami Sandwich on Rye Bread Cabbage-Raisin Salad Baked Maple Custard	Macaroni Cheese Tomato Aspic Lettuce Apple Squares Chocolate Milk Shakes	Corn Chowder Peanut Butter and Jelly Sandwiches Carrot Sticks Bananas Brownies	Welsh Rarebit over Wheat Popovers Buttered Spinach Fruit Cup Cookies	Spanish Rice in Grilled Bologna Cups Green Salad Fresh Pears Cookies	Onion Soup Grilled Cheese Sandwiches Vanilla Ice Cream Pineapple Topping

Recipes and snacks for the creative cook . . .

Rub 2 pounds of spareribs with dry mustard. Bake at 400 deg. F. for 30 minutes, drain off fat. Sprinkle with salt. Add 1 sectioned orange and ¾ cup ginger wine to the pan. Reduce heat to 350 deg. F. and bake and baste for 40 minutes longer.

Sprinkle the top of a custard pie with ½ cup of grated semisweet chocolate and ¼ cup flake-type coconut 5 minutes before baking is completed. Cool and mark top into wedges before chocolate sets. Serve chilled.

Colder tomorrow?



© 1958, THE CREAM OF WHEAT CORP.

That's "Cream of Wheat" weather.
Guard your family with hot "Cream of Wheat"



NEW HOOVER

Constellation

actually improves on perfection!



**The fabulous cleaner
that walks on air**
is even more wonderful now than before!

The elegant lustre of Antique Gold and the clean-lined beauty of design will tell you at a glance that Hoover has brought new perfection to the superb Constellation. And to the fabulous cleaner that walks on air, Hoover has added *more* features that bring you new convenience and efficiency . . . new attached tool rack . . . new one-piece bevelled base . . . new convenient cord storage . . . new fixed handle. See, try the magnificent new Constellation 861 soon — at Hoover Dealers everywhere.

No lifting or tugging . . . the "861" floats on a column of air. Extra large throw-away bag changes in seconds. 3-wheel nozzle glides over carpets and bare floors.



**"Just as you'd expect —
Hoover again leads
the way in easy cleaning"**



85-842

Buy Canadian to help keep Canadians employed.

Homemaker's Diary



Wax out candelabra

Here is a job that can be done well before the holiday season begins. Remove wax that has hardened on heavily engraved candelabra or in the sockets by pouring on boiling water, then wiping off the wax with a soft cloth. Use a matchstick to remove wax from crevices. Never scrape it off with a knife.

Smoke-stained candles

Sponge candles with absorbent cotton dipped in rubbing alcohol to remove smoke stains. If candles are too small for sockets, wrap a rubber band around the end to make them fit, or use the new rubber adapter rings available at hardware stores.

Quick clean-up for silver

Dip-type commercial cleaners are safe to use but silver must be thoroughly washed and rinsed after treatment.

Another quick cleaning method is to use an aluminum or magnesium pan, or a pan lined with foil. Place flatware so that each piece is in contact with metal. Sprinkle with 1 teaspoon baking soda for each dozen pieces. Combine 1 tablespoon liquid detergent with 3 cups boiling water and cover silver. Let stand ten to twenty minutes, depending on accumulation of tarnish. Rinse and dry. NOTE: Do not use either of these quick-cleaning methods if silver has a French-grey finish. They will remove the background engraving. Neither method will polish. If lustre is important, finish with a polishing cloth.

Party-bright kid gloves

To freshen white kid gloves, slip them on and rub fresh breadcrumbs between your fingers. To remove oil spots, rub with artgum eraser.

Do not wash gloves unless stamped

washable. Use lukewarm water, mild pure soap and water softener. Slip gloves on hands and squeeze through soapsuds. Rinse in softened lukewarm water. Add one or two drops glycerine to the final rinse. Lay gloves flat to dry. Two or three times during the drying period, gently rub them to soften. If unwashable, send to a reputable dry cleaner.

To renew black kid gloves, brush worn spots with an equal mixture of black india ink and olive oil. Dry in sun, or at room temperature.

Protect your fur coat

Here are nine ways to give your furs longer life:

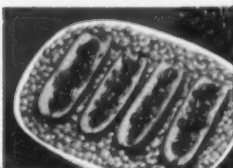
1. Heat and moths are furs two worst enemies. If moth eggs are discovered, brush or vacuum fur. Do not hang in sunshine as eggs will hatch.
2. Wet fur should be brushed lightly with the flow of the fur. Allow to dry slowly where there is good circulation of cool air—near an open window. Shake gently. If water has soaked the leather, send the coat to a reliable furrier for proper treatment.
3. Shake fur gently before wearing.
4. Hang on wide coat hangers for good support.
5. Avoid carrying parcels or letting heavy jewelry rub against fur. Constant rubbing ruins the pelt.
6. Protect collars against skin oils or cosmetics with a light scarf.
7. Fur coats and trims should be fur-cleaned annually. Dry cleaning is not recommended.
8. Have small rips repaired quickly. If neglected, they may work into a jagged tear, which may require a new skin.
9. Follow manufacturer's directions closely in sending synthetic furs to the recommended cleaner. Most synthetic furs must be fur-cleaned, not dry-cleaned. ♦

Libby's new fix-easy Fall recipes for appetizing, satisfying cold-weather meals

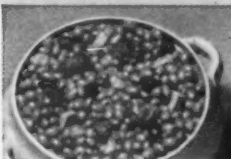


From Mary Hale Martin, Libby's home economist, come these new recipes, designed to help you work menu magic in minutes. Use Libby's quality foods every time and you can be sure of delicious, flavor-perfect dishes. Libby's will give you DOUBLE your money back if you're not absolutely satisfied.

BEANS-FRANKS FEAST Stand frankfurters in boiling water 8 minutes. Slit—not quite through—lengthwise. Fill with Pickle Relish, Libby's Catchup. Alternate in layers in casserole with Libby's Deep-Browned Beans. Bake at 400°, 40 minutes.



SCRUMPTIOUS SUPPER DISH Saute bits of left-over cooked meat with a little minced onion, celery and green pepper until tender and golden. Add Libby's Deep-Browned Beans and Libby's Catchup and heat thoroughly.



MARITIME SPAGHETTI Combine 1 or 2 cans tuna chunks with chopped parsley, juice of ½ lemon, ½ c. cracker crumbs, 2 tins Libby's Spaghetti. Heat thoroughly. 4 king-size servings. Appetizing, nourishing.



PINEAPPLE HAM LOAF Mix: 2 beaten eggs, ½ c. milk, 1 c. crushed corn flakes, ¼ tsp. ground cloves, ¼ tsp. allspice, ½ tsp. dry mustard, 1½ c. Libby's Crushed Pineapple (drained), 3 c. chopped cooked ham. Bake in loaf pan 45 min., 350°. Serves 6.

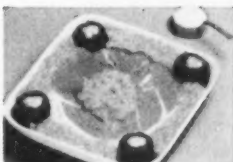
CREOLE CORNED BEEF Fry ¼ c. chopped onion in butter. Add 1 tbsp. sugar, 1 tsp. salt, 2 tsp. chili powder, 3½ c. Libby's Creole Corn, 1 12-oz. can Libby's Corned Beef. Break up beef. Cook over low heat 12 min. Serve over rice. 6-8 servings.



SHRIMP 'N CORN CASSEROLE Combine in casserole: 3½ c. Libby's Corn Creole, 2-4½-oz. cans deveined, drained shrimp, 2 tbsp. chopped onion, ¼ tsp. Worcestershire sauce, ¼ tsp. thyme, 1 tsp. salt. Top with Libby's chopped ripe olives, crushed cheese crackers. 30 min. at 350°. For 6.



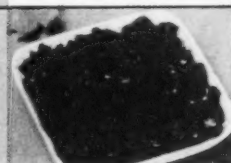
TROPICAL HAM SLICE Pour pineapple syrup over 1" thick ham slice in baking dish. Bake 1 hr. at 350°. Spread ham with mixture of 2½ cups Libby's Crushed Pineapple, ½ c. brown sugar. Bake 15 min. 400°. Garnish with Libby's Whole Beets, filled with Horseradish Sauce.



GARDEN VEGETABLES AU GRATIN Combine and heat slowly: 1 c. seasoned white sauce, ¼ tsp. dry mustard, ¼ tsp. Worcestershire sauce, ½ c. grated cheese. Add 2 c. Libby's Mixed Vegetables, drained. Top with buttered crumbs. Bake 20 min. 350°. For 6.

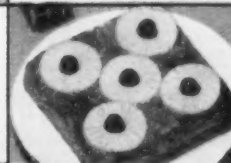


CREAM OF PEA SOUP Boil 2 c. Libby's peas, pea liquid. Strain. Cook ½ c. chopped onion, blend with 2 tbsp. flour, 3 c. milk until thick. Add peas and 1½ tsp. salt, ½ tsp. pepper, ¼ tsp. paprika. Heat. Serves 6.



BEETS IN ORANGE SAUCE Boil: 1 c. Libby's Orange Juice, ½ c. raisins. Blend ¼ tsp. salt, ¼ c. sugar, 2 tbsp. corn starch, 2 tbsp. beet liquid. Add to juice, cook until thick. Add 1 tbsp. lemon juice, 1 tbsp. butter, 2 c. drained beets. Heat. 4-5 servings.

FRUIT CRISP In baking dish, place 1 can drained fruit (Libby's pineapple chunks OR fruit cocktail). Sprinkle 1 tbsp. lemon juice. Combine ½ c. flour, ½ c. brown sugar, ½ tsp. cinnamon, ¼ tsp. salt. Cut in 3 tbsp. butter. Sprinkle crumbly mixture over fruit. 375°, 30 min. For 6.



PINEAPPLE UPSIDE DOWN CAKE In pan: ¼ c. melted butter, ½ c. brown sugar, Libby's sliced pineapple, drained. Cream ¼ c. shortening, ¾ c. sugar, 1 egg. Add sifted 1¼ c. flour, 1½ tsp. baking powder, ¼ tsp. salt, alternately with ½ c. milk, 1 tsp. vanilla. Pour over fruit. 350°, at 50 min.

reach for

Libby's

quality foods



N° 22 BOIS DES ILES CUIR DE RUSSIE GARDENIA



CHANEL

**For Christmas...
PEEK FREAN'S
FINE ENGLISH BISCUITS**

in
**Gay Presentation Tins
for Gifts or Your Table**

Tins in so many delightful designs... so many sizes... and every tin packed full of P.F. famous English Quality Biscuits. Imported direct from England for your Christmas pleasure... a delight to give, or serve for holiday entertaining.

You can buy P.F. Biscuits in handy packets, too!



Mr. Peek and Mr. Frean



PEEK FREAN'S
Makers of Famous BISCUITS



BY APPOINTMENT TO
HER MAJESTY THE QUEEN
BISCUIT MANUFACTURERS,
PEEK, FREAN & CO., LTD.
LONDON, ENGLAND

**THE WIFE WHO
EXPECTED TOO MUCH**

Continued from page 28

calmly. "I'll call the bank. I know we have money in our account."

She called the bank. The account was overdrawn. Puzzled, she called the office where her husband sold real estate.

"Cooper?" a voice said coldly. "He doesn't work here any more. Haven't seen him for weeks."

"But he's been bringing home commissions every week!" protested Sheila.

The voice snorted. "Not from here, lady. He was the poorest salesman we've ever had."

The next few hours were a numbness. Sheila called Wally's brother, who would only tell her that Wally had left the city.

"He was here for breakfast, why didn't he tell me?" she wailed. The brother made lame, consoling remarks. Sheila hung up on him. Sheila's mother arrived to take two-year-old Sandy home with her. "I always told you that Walter was no good," she said firmly. "You'd better come home with me."

Sheila refused, insisting that she would wait for Wally's return to make sense out of the chaos. The next day the telephone company complained about an overdue bill and disconnected the phone. The day after that a finance company presented her with a paper she was too ill to read and moved out her furniture. Everything went — the Swedish modern living-room furniture, the spool bed, the clock radio that had been a wedding present, the dining-room table she had just finished polishing. After that, she moved back into her old bedroom in her parents' house.

A few days later Walter Cooper drove back to the city. He hadn't been meeting the payments on his car and it was taken from him almost as soon as he arrived. He tried to talk to Sheila but she refused. She had just discovered that during the summer Wally had borrowed the life savings of her married sister Jean, a plain worn woman whose husband Tom worked hard with his hands. Their savings of six hundred dollars had been intended to buy a car. They gave it to Wally instead when he told them, falsely, that Sheila's doctor bills were staggering.

As the time of the birth approached, Sheila's friends became alarmed at her condition. She wasn't eating, her depression was so acute she was beyond tears and she walked up and down her small bedroom for hours every night. Finally her friends persuaded her to visit a Neighborhood Workers' counselor.

"Didn't you suspect that your finances were in poor shape?" asked the counselor. "Surely you must have guessed something was wrong."

Sheila's grey face was leaden. "No," she answered heavily. "He was bringing home money regularly, kept telling me about the interesting people he was selling houses to. All lies. The money was borrowed, after the bank account was drained. He's borrowed all over the city."

"Didn't the way he was behaving make you wonder if everything was all right?"

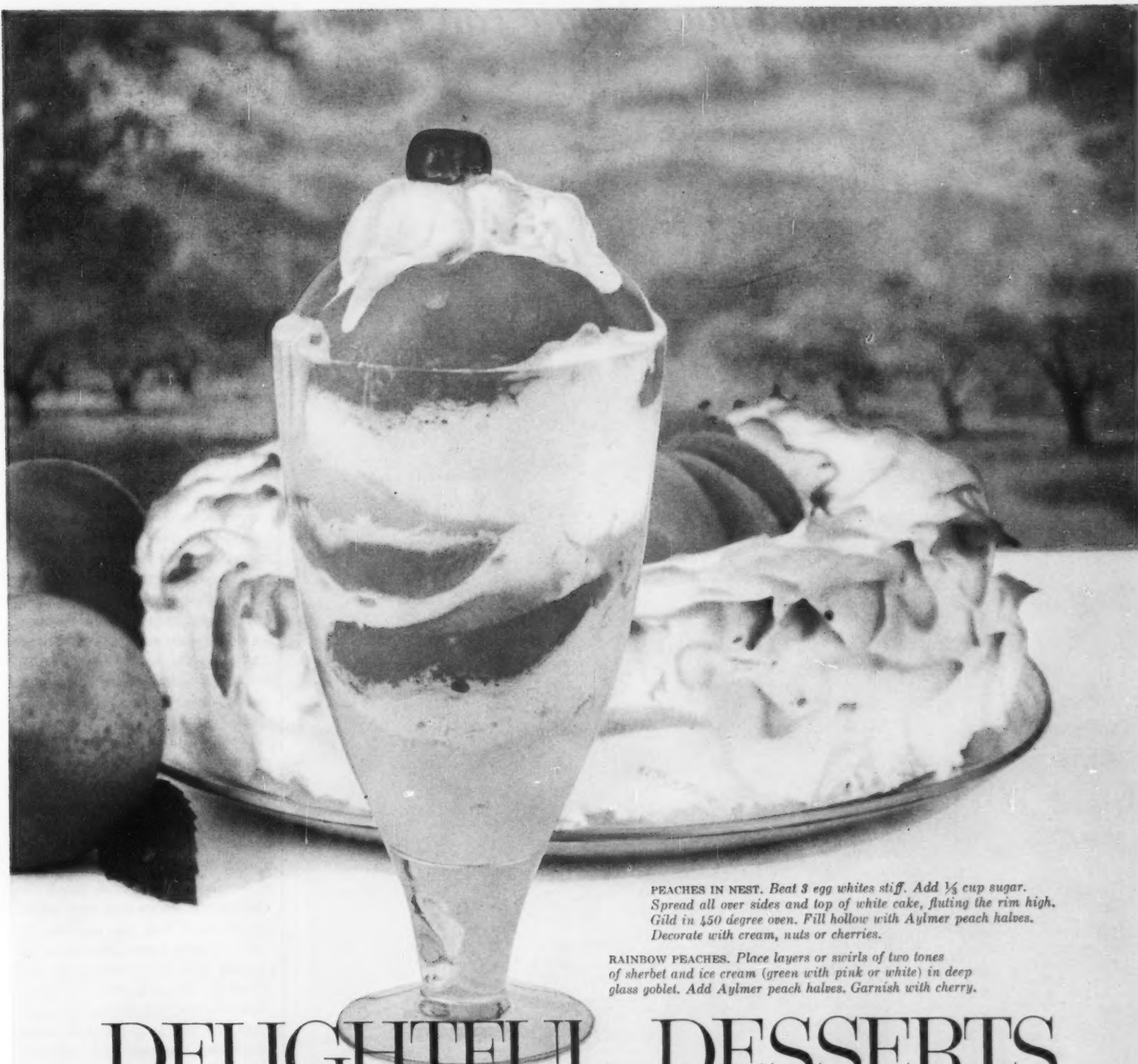
Sheila considered and then grimaced. "He was getting drunk two and three times a week, if that's what you mean. He didn't used to drink."

Walter Cooper, as the counselor was to learn, was as truly a war casualty as if he had been bombed. An honor student in the commercial art course he was taking at the outbreak of war, Wally enlisted the day after his graduation. He had just turned eighteen. Within a short time he was made an officer, was posted overseas and emerged a hero in the bitter fighting near Caen.

From heroics to high living

Young Cooper was honored everywhere for the brave man he was, interviewed by reporters and respected by older officers. Whatever money he had in his pockets, he cheerfully spent. When he returned home to the small Ontario city of his birth, the mayor greeted him at the city hall and a band played. He married the pretty brunet, Sheila Royce, who had always lived a few houses up the street, and brought her to Toronto.

He went to work for the first time in his life, with a sound careful firm at fifty dollars a week. Sheila was a superb stenographer, freshly trained at a business college, so she worked too and soon earned more money than her husband. They lived in the most striking apartment house in the area and gave parties that were the despair of their neighbors. Whenever they felt restless, they drove to

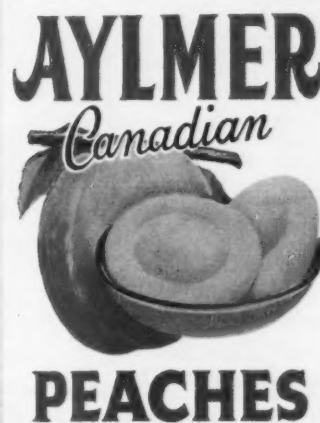


PEACHES IN NEST. Beat 3 egg whites stiff. Add $\frac{1}{2}$ cup sugar. Spread all over sides and top of white cake, fluting the rim high. Gild in 450 degree oven. Fill hollow with Aylmer peach halves. Decorate with cream, nuts or cherries.

RAINBOW PEACHES. Place layers or swirls of two tones of sherbet and ice cream (green with pink or white) in deep glass goblet. Add Aylmer peach halves. Garnish with cherry.

DELIGHTFUL DESSERTS

...thanks to
that
fresh-as-sunshine
Aylmer Flavour



Easy-to-fix or extra-fussy—almost any dessert tastes brighter with fresh-as-sunshine Aylmer Peaches. For Aylmer preserves only the finest from the sun-drenched orchards of the Niagara Peninsula—captures their lush, juicy, sunshine-freshness—to bring you that inimitable Aylmer Flavour.

*Sunshine fresh..
that Aylmer Flavour*

Look what you and your Magic can create!

Chatelaine — November 1958



Even a grand celebration cake is easy to make, and a sure success, when you use Magic Baking Powder. This is a light textured, deliciously flavoured cake with an exotic icing to give it the finishing touch.

Celebration Cake

¾ cup granulated sugar
¾ cup boiling water
1½ cups once-sifted all-purpose flour
or 2 c. once-sifted pastry flour
3 teaspoons Magic Baking Powder
¾ teaspoon salt
1½ cups granulated sugar
½ cup cooking (salad) oil
5 egg yolks
¼ cup water
1 teaspoon vanilla
½ teaspoon cream of tartar
1 cup egg whites, at room temperature

Melt ¾ c. sugar over low heat, stirring until golden brown; remove from heat and gradually stir in boiling water. Simmer until sugar dissolves. Cool. Sift flour, Magic Baking Powder, salt and 1½ c. sugar into mixing bowl. Make a well in flour mixture; add oil, egg yolks, ½ c. of the cold caramel syrup, ¼ c. water and vanilla; mix liquids a little with mixing spoon; combine with flour mixture and beat until smooth. Sprinkle cream of tartar over egg whites; beat until very, very stiff (much stiffer than for meringue). Fold batter into egg whites, about ¼ at a time. Turn into *ungreased* deep square or round tube pan (9 or 10", top inside measure). Bake in slow oven, 325°, about 1¼ hrs. Immediately cake is baked, invert pan; let cake hang until cold. (To "hang" cake, rest tube of inverted pan on funnel or rest rim of pan on 3 inverted small cups.) Frost cold cake with Caramel Icing; decorate with toasted blanched almonds.

Caramel Icing—Cream ½ c. butter or margarine; blend in 2 egg yolks and ½ tsp. vanilla. Blend in 4 c. sifted icing sugar alternately with ¼ c. caramel syrup and sufficient milk, about 2 tbsp., to make icing of spreading consistency.

Another fine product of
STANDARD BRANDS LIMITED



You can depend on Magic

Montreal or Buffalo or Muskoka for the weekend. Their clothes were splendid and varied. Wally had grown accustomed to custom-made uniforms in the army; he hated to buy suits off the rack.

He also hated his job. After five years of being one of the most prized men in the world, an alert, valiant soldier, he had become overnight one of the least important juniors in a dull plodding organization. His desk was an anonymous one on a floor filled with desks. Most of his bosses didn't know his name. His attitude grew more cocky and arrogant; he began to be disliked.

He couldn't face pregnancy

When Sheila was pregnant for the first time, and quit her job, they discovered that a single income wasn't enough for their needs. Month after month they had to eat into the money they had been saving for a house. When Sandy was only three months old, Sheila started to leave the baby with her sister Jean and went back to work. They could breathe easily; each was making seventy dollars a week. Then Sheila became pregnant again.

Wally suddenly quit his job. "I want to make big money," he told Sheila. "We can't get along on this miserable amount. There's plenty of money in real estate now. I'd like to be a salesman, get out and meet people."

Sheila was a little disturbed but not enough to protest very much. Wally took over the handling of their finances, since she would be staying home with Sandy. He was therefore the only one who knew that he was a failure as a salesman. The airy assurance he had been displaying was fake and deserted him as soon as he tried to deal with strangers. At the end of the first week without a sale, he drew enough money out of the bank to cover their expenses and told Sheila it was income.

"I couldn't admit to her that I was making such a mess of things," he later explained. "I kept thinking things would improve soon."

They didn't. After the bank account was exhausted, Wally borrowed on their furniture from a finance company. A few weeks later, he borrowed from another finance company. Then he got a small amount of money from his father. He began to drink.

Sheila was serene. "I bought the most beautiful bassinet today for the new baby," she exclaimed one evening. "It's a bit expensive but I just couldn't resist it."

"Fine," said Wally desperately. "How did you pay for it?"

"Just charged it," returned Sheila blithely. "Oh, by the way, I need more housekeeping money."

Wally then borrowed from Sheila's sister Jean. He raised another finance-company loan. He found a job as a commercial artist with a small company, but he was so distracted with worry and his confidence was in such a shabby state that he was promptly fired. Finally he wrote the bad cheque for the rent and left town.

"I couldn't talk to Sheila about it," Wally told the counselor some weeks later. "She didn't seem to think there was any other me than the one she had married, a famous hero. I don't blame her too much, it was almost impossible for me to believe that I really was only an ordinary person. I felt if I didn't keep up a jaunty front, she wouldn't respect me. That's why I began to drink so heavily. Made me forget what a flop I am."

The marriage counselor met Wally Cooper for the first time on one of the lowest days of his life. He was being hard pressed by a finance company; he didn't know where to turn; he had about given up hope. A friend suggested he seek advice at a Neighborhood Workers' office. There he poured out his troubles to a counselor.

"I want my wife back," Cooper explained wretchedly. "She won't even speak to me."

"Win your wife back"

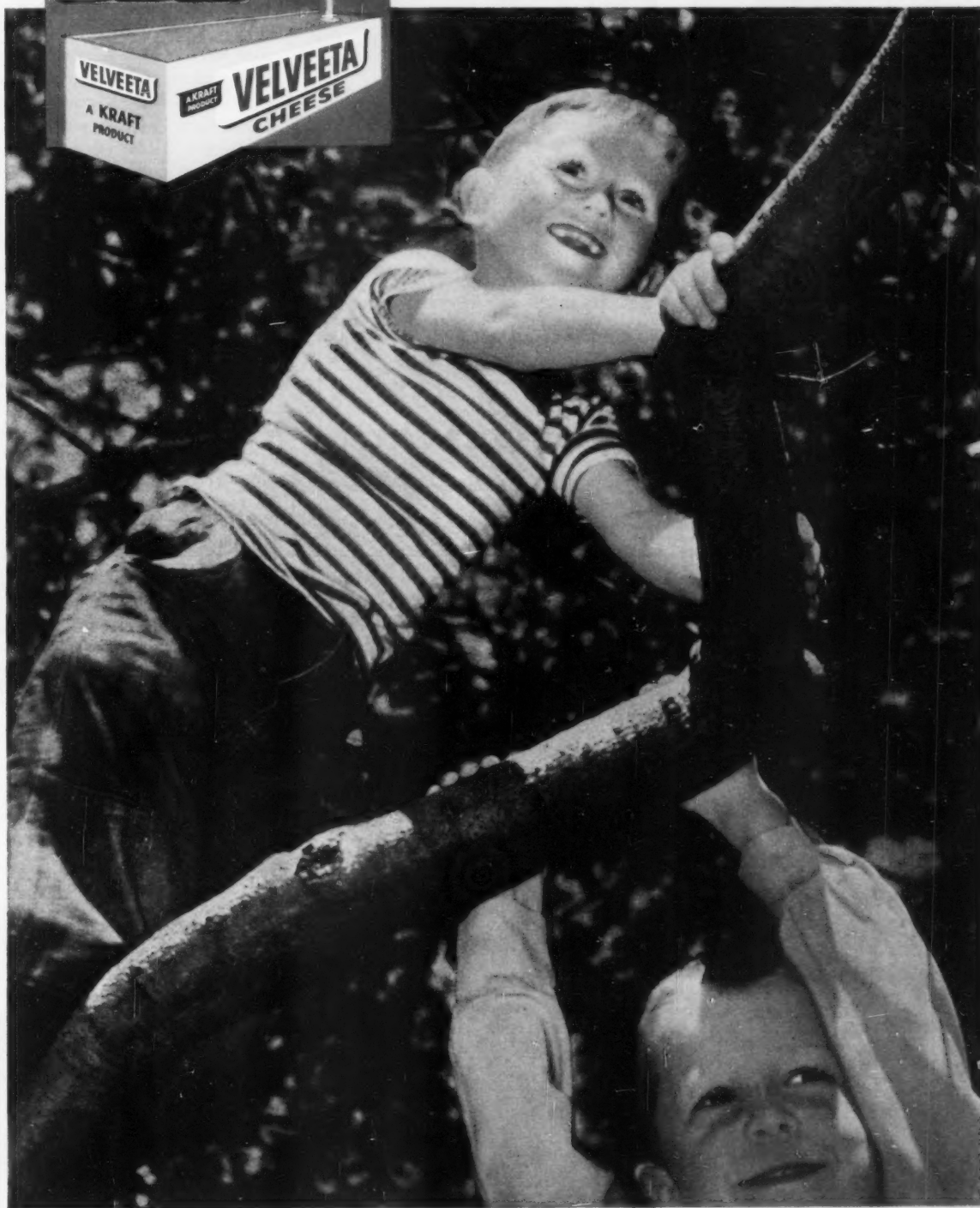
The counselor regarded him sadly. "You're going to prove you are a responsible, truthful person if you ever expect to get her back."

Wally had discovered, in the bleak few days while he was running away, that the final failure he could not tolerate was the destruction of his marriage. He believed he could learn to live with the knowledge that he was a foolish man, an incompetent salesman, a coward to responsibility. He could bear all these humiliating discoveries, he decided, only so long as he wasn't required to accept the ultimate defeat, a divorce.

"I'll do anything, anything." The counselor believed him. Together they made a list of his formidable



**VELVEETA CHEESE
GIVES THEM
A GALLON OF MILK
IN EVERY POUND!**



"Where do they get all that energy?" One very good source is Velveeta, the mild Kraft cheese youngsters like so much! Wholesome Velveeta is made with milk—and to give it concentrated nourishment, we add *extra* milk minerals and sugars. There's a full gallon of milk in every pound of Velveeta!

These extra quantities of vital proteins are just what active, growing bodies need. In snacks, sandwiches, main dishes—give them delicious Velveeta, for good milk nourishment.

VELVEETA made by **KRAFT**

Enjoy gracious living?



You'll find pleasure and pride in creating lovely tables with exciting new **MELMAC** dinnerware. At tea time, for instance, your tea table, colourful and inviting, is one of the most welcome and gracious forms of leisurely hospitality. If you use your possumpion and ivory **MELMAC**, a brilliant colour scheme is assured. A fine linen cloth with yellow napkins blends with the red possumpion plates. Be sure to use roses in orange-red tones rather than blue-red. White and yellow snapdragons add form interest and repeat the ivory tones of your **MELMAC** dinnerware. Use your large **MELMAC** salad bowl for the flower arrangement at the end of the table. Cluster your small bowls for scrap meringues, nuts, mints and candy.

MELMAC is a high-quality dinnerware, moulded to specifications from a melamine moulding compound developed by C. Yarnall of Canada Limited. Both beautiful and durable, **MELMAC** is guaranteed by its moulders for at least one year against breaking, cracking or chipping. This modern dinnerware comes in numerous smart solid shades and a variety of delightful patterns that inspire fresh, unusual table themes. **MELMAC** is on display at the dinnerware counter of your favourite store right now. It bears the **Chateaufort Institute Seal of Approval** for your assurance of quality.



Melmac is a product of C. Yarnall of Canada Limited

MELMAC

quality "Melamine" dinnerware

Chateaufort — November 1954

gone, which startled even Wally, they totaled sixteen hundred dollars. His assets were the clothes on his back.

He moved into a rooming house, borrowing money from the Neighborhood Workers to do so. He found another job as a commercial artist and worked slavishly, ignoring the petty humiliations of his shabby state and low position. His first pay was owed so urgently that he had to borrow money from the Neighborhood Workers again to exist, a blow to his pride that almost crumpled him.

The Cooper baby was born safely, despite Sheila's constant state of near-panic. She was far too weak, however, to care for her children. After a conference, the long-suffering sister Jean agreed to care for them. To Sheila's surprise, Wally insisted — through the marriage counselor — on paying toward their support.

"I didn't think he had that much method in him," Sheila commented contemptuously.

"I suppose he was sometimes just as surprised at you," said the counselor. "It takes a rather self-centred person to live with a man who is drowning and never even notice that his face looks strained."

"He never even hinted that he was in trouble!" retorted Sheila.

"You were expecting only success from him. You married a man at the height of his glory and you would not permit that glow of splendor to diminish. You forgot that what you married was only a man, capable of faults. You made it impossible for him to tell you he had made a mistake."

Sheila's parents were delighted to have her home again. Pointing out Wally's obvious faults, they urged her to get a divorce. She hesitated because the reports from the marriage counselor about Wally's determination were so favorable. He wasn't drinking and he was steadily paying his creditors.

A husband on trial

After a few months Sheila felt well enough to work and she decided to help Wally. They met over a cup of coffee in a restaurant near her parents' home and discussed it awkwardly.

"You don't have to help, you know," Wally said miserably.

"I'll help," she answered, not look-



Bazaar Best Sellers

...made better with butter

Whatever you bake or make for your Bazaar or Church Fair... Cakes, Cookies, Tarts, Candy... you'll make it better with butter.

No substitute can capture the delicate flavor and smooth golden richness of fresh creamery butter. That is why your baked goods and treats will look better, taste better and sell better—because **THEY'RE BETTER WITH BUTTER.**

Why not write us today for Marie Fraser's Bazaar Recipe Booklet? It's free and contains recipes for all these good things and many more. If you would like quantities of these booklets free for your bazaar or fair, let us know how many you require.

Dairy Foods  Service Bureau

DAIRY FARMERS OF CANADA

409 Huron Street, Toronto, Ontario

ing at him, "but I don't think I want to go back to living with you until I'm sure I can trust you."

"Fair enough," Wally said quietly.

It wasn't until Sheila visited the comfortless room where Wally lived, spending his evenings alone under the pitiless glare of a bare electric light bulb, that she was filled with enough compassion to become his wife again. She left her home, despite her parents' protests, and moved into an aged furnished apartment.

No more red ink

They both worked hard and paid every cent they could spare from necessities on their debts. They picked up Sandy and the baby, Tommy, on Friday nights after work and kept them until Sunday evenings. Sometimes they visited them on weekday evenings and played with them until bedtime. They rarely spent any money on entertainment. They celebrated by eating out the night he got a raise and a promotion.

Even so, it took almost two years to pay it all back. Wally and Sheila have their children with them now and their savings are almost enough for the down payment on a house. They live meagrely because Sheila has stopped working and Wally's income is still small, but now they owe no one.

Best of all, Wally has no more use for pretensions, nor need for them. Sheila sees him as he is, a wage earner. He was once a war hero—but that was a long time ago. ♦

Editor's Note: Names and places in this story have been altered to protect the identity of the family.

CHANGING YOUR ADDRESS?

Be sure to notify us at least six weeks in advance — otherwise you will likely miss copies. Give us both old and new addresses — attach one of your present address labels if convenient. At the same time, notify your local postmaster by filling out a post office change-of-address card.

WRITE TO:

Manager, Subscription Dept.,
CHATELAINE
481 University Ave., Toronto 2,
Canada



How to revive a tired shopper

as illustrated by Norman Rockwell

First . . . kick off shoes.

Second . . . sit in comfortable chair with a freshly-made cup of Red Rose Tea.

That's all. Red Rose does the rest. Every refreshing sip is loaded with "good tea" flavor. Superb and unmistakably...different.

Some time soon, try Red Rose . . . available in both gauze and regular tea bags.



Pick the package
with the lovely
RED ROSE

Distributed by Brooke Bond Tea



Over 150 million cups enjoyed every day throughout the world.



NIVEA

NOURISHES YOUR SKIN
as no other cream or lotion can!

The first time you use Nivea you'll see and feel the wonderful difference. You'll see it in your mirror . . . the youthful smoothness and softness Nivea Creme gives you. For Nivea helps your skin retain its natural moisture, without which it becomes dry, rough and prematurely older. You'll feel the difference, too, as Nivea's wonderful Eucerite (the closest thing to natural skin oils) penetrates your skin . . . nourishing it back to youthful softness and radiance. Use it daily—discover how Nivea can help you to look younger longer!

SKIN NEEDS **NIVEA**

CREME Tubes 39¢ & 69¢ Jar 1.25 OIL 65¢ & 1.15



Shopping with Chatelaine

MODERN CHINA—A HAPPY BLEND OF TRADITION

AND UP-TO-DATE SCIENTIFIC KNOW-HOW

Once upon a time, when the world was young, a cave man sat idly shaping mud by the river bank. The next day he found that the sun had dried his "shapes"—and being a modern cave man, he tried them out as plates to hold his other new discovery, fire-cooked food. Today we eat from graceful earthenware and fine china not remotely like the cave man's cup—but the direct result of an industry as old as history.

One china firm with head offices in Stoke-on-Trent, England, was visited recently by Jean Byers, our Seal of Approval manager. She saw one of the most modern production lines in the world.



Every means of improving methods and equipment is used without losing the tradition of basic quality. Stringent testing is done on the dish "bodies," glazes, and ceramic pigments to make sure they meet the company standards for resistance to hot and cold, acids, chipping, breaking. Even an abrasion test equivalent to thirty years' use is given.

New patterns are evolved by leading artists who find by market research what women want in design and color.

A very new bone china called "Monteigne" was inspired by the eighteenth-century elegance of an American plantation in the deep south originally founded by a French Canadian. Now produced by an English china firm, it's an example of international good taste. This company with its up-to-date approach as well as respect for its traditional background, holds the Chatelaine Institute Seal of Approval on its quality products—Royal Doulton Bone China and Earthenware.

HOLDERS OF CHATELAINE INSTITUTE SEAL OF APPROVAL — NOVEMBER 1958.

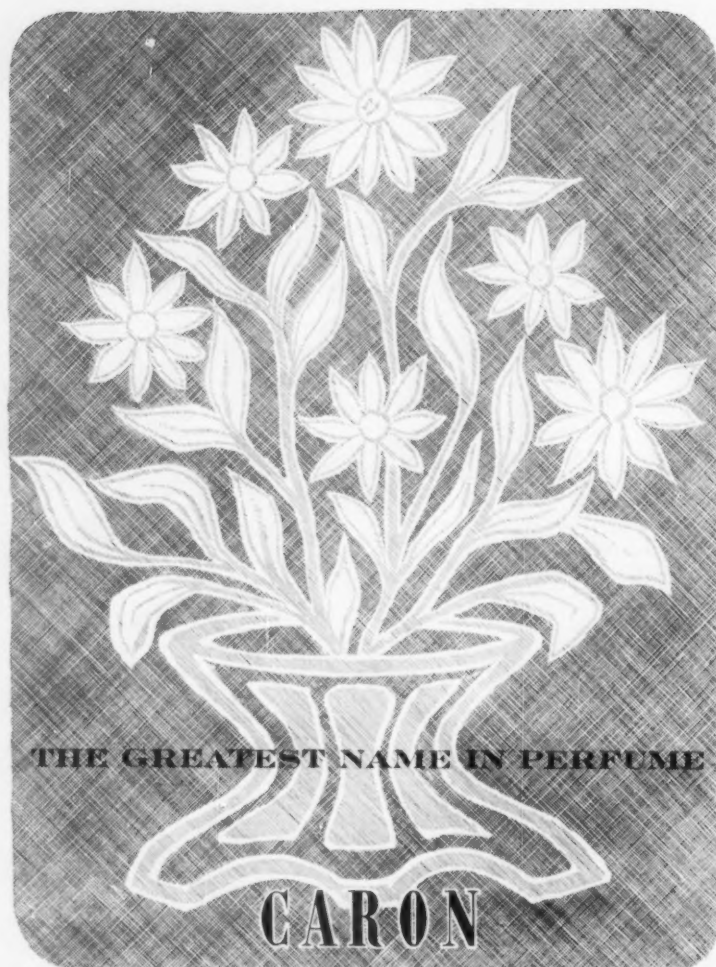
- | | | |
|--------------------------|--------------------------|---------------------------|
| Arborite #6 | Kirsch of Canada, | Sanitized Process |
| Arborite #10 | Drapery Hardware, | Silkknit Lingerie—nylon, |
| Arborite Twin-Trim | Venetian and Vertical | Terylene and Blendene |
| Beacon Polythene | Blinds | Singer Guaranteed Bunk |
| Housewares | Kool-Aid | Beds and Singer Bridge |
| B. F. Goodrich Sponges | KnitKing Home Knitting | Set #540 |
| Carpet Cushion | Machine | Softie Diaper Rinse |
| Blue Ribbon Spices, | Lloyd Baby Carriages | Spam |
| Extracts and Baking | and Strollers | Success Heavy Duty |
| Powder | London Lassie Shirts | Paste Wax |
| Bonus Ravioli Dinner | Melmac Trademark | Success Paste Floor Wax |
| Calgon | Modernfold Doors— | Success Self-Polishing |
| Canadian Armature | Space-master and | Liquid Floor Wax |
| Electro Maid Heaters, | Custom-Line | Sunworthy Pre-Pasted |
| #1333BT, #1306AT and | Nobility Plate | Wallpaper |
| #1337DL Deluxe | Nu-Milk Instant Skim | Tex-made Combed |
| Chan Sponge Mop #10 | Milk Powder | Percale, Colonial and |
| Culligan Automatic | O'Cedar Instant Cream | Homestead Sheets and |
| Water Softener | Furniture Polish | Pillow Slips |
| Dominion Domolite | O'Cedar Mops — | Toastmaster IB14 Auto- |
| Dominion Inlaid | Nylon 4-way | matic 2-slice Toaster |
| Linoleums | #7 Nylon Mop | Toastmaster IB16 Power- |
| Dominion Marbolem | #73 Buff Mop | matic 2-slice Toaster |
| Dominion Vinyl Tile | Peerless Rugs—Peercrest, | Toronto Carpet — |
| Duralay—Rug Underlay | Peertweeds and | Baratut and Freiztex |
| Elna Supermatic Sewing | Peertwist | Trysion Dinette Furniture |
| Machine | Prestige Furniture Wax | Viceroy Household Gloves |
| Flash Zippers | Princess China | Viceroy Housewares |
| Formfit Foundation | Pure Barbados Fancy | Viceroy Rubber Fruit- |
| Garments | Bulk Molasses | Jar Rings |
| Gerber Baby Foods | Red Rose Teas, Coffees, | Vilas Branded Furniture |
| Glenfoam Sweater | and Instant Coffee | with Vila-Seal Finish |
| Shampoo | Revere Ware | Vi-Tone Hasty Fudge |
| Harding Carpets | Royal Doulton Bone | and Icing Mix |
| Hi-Flo Chocolate Syrup | China and Earthenware | Wabasso Hostess Percal, |
| Instant Chocolate Mil-ko | Samsonite Luggage — | Anniversary, Family |
| Instant Mil-ko | Streamlite, Silhouette | and Muslin Sheets and |
| Instant Vi-Tone | and Ultralite | Pillow Slips |
| | | Zero Cold Water Soap |



so good in glass

... because clean, clear glass keeps the original flavor and freshness of peanut butter, jams and jellies locked in for keeps. Because it's easy to store and re-use foods that come in glass jars. And wouldn't it be wonderful to have more pantry staples safely sealed in convenient glass containers!

CANADIAN MEMBERS OF GLASS CONTAINER MANUFACTURERS INSTITUTE



BELLOGIA • FLEURS DE ROCAILLE • NUIT DE NOEL • MUGUET DU BONHEUR • POIVRE

Vilas traditional

...every piece a masterpiece

The skills of two ages — past and present — combine to bring you handsome Vilas Traditional Solid Rock Maple Furniture. Authentic Early American and Colonial designs, hand-rubbed and scientifically finished in exclusive Vila-Seal[®], assure furniture beauty that is yours for life.

Choose either the regular Red Maple or Honey-Toned Antique finish, in over 65 open-stock pieces of bedroom, dining room and living room furniture at your Vilas Dealer now.

*T.M. Reg. Can.

Chatelaine Seal of Approval has been granted to Vilas Furniture and its exclusive finishing process—Vila-Seal[®].



Send for a colourful brochure illustrating Vilas Traditional or Vilas Modern Furniture. Kindly enclose 10¢ to cover handling and mailing costs.

VILAS FURNITURE CO. LTD.,
Cowansville, Que.



BACHELOR IN EDEN

Continued from page 25

It was moments like this, Helen thought, that made her realize she was the luckiest girl in the world.

HOW SHE peered through the curtains at their new neighbor. The furniture being carried inside was in excellent taste, she noted with approval, but certain objects aroused her curiosity. There was an odd-shaped table which had a bright green top, and Helen, having been through the house next door, knew that the dining alcove was pink. The table, she decided, was some kind of heirloom, probably Oriental. The other objects that intrigued her were three slabs of slate, so heavy that two men had a struggle getting each one through the door.

Helen reported on the phone to her neighbor on the other side.

"He looks real nice," she said. "His wife's not with him. Thoughtful, don't you think? He just drove off and when he brings her back everything will be in place. I suppose she didn't come with him because of the children. We came all at once but you know Chuck insists on doing everything the hard way. Their furniture is modern, very nice. They have three tremendous slates—the movers almost had hernias on the spot. What in the world could they be?"

"Blackboards," her neighbor said. "Probably they have three children."

"It would be lovely if they have a three-year-old and a one-and-a-half," Helen said, "but I mustn't expect miracles. Are you having the neighborhood coffee next week? I'll bring her. Bye now."

Helen went out to the kitchen and made two apple pies. When they were done and cool enough to handle, she carried one across the intervening strip of lawn to the rear door of her new neighbor's house. The moving van had long since gone, but there was another truck in the driveway.

Helen knocked at the door and the young man appeared.

"I'm Helen Jackson," Helen said, "and I don't want to disturb you—I know how it is, we only moved in four months ago—but I thought you and your wife might like an apple pie. Save your wife making dessert."

"Aren't you wonderful," the young man said, accepting the offering. "My name is Tom Berkeley. Come in."

"Oh no," Helen said, "I don't believe in calling on people until their

curtains are up. Your wife wouldn't appreciate . . ."

"The point is, I have no curtains," the young man said. He grinned at Helen. "I also have no wife. Come in and see how you like the place."

Staggered by this information, Helen went in through the kitchen. The strange-looking green table was in the dining alcove. At close range she saw that it was octagon-shaped with a green felt top and various slots around the edge. She stared at it uncertainly.

"It's a poker table," Tom Berkeley said. "Come on."

In the living room was activity. The slates Helen had seen were now arranged on a framework. It was huge, taking up a large part of the room and two men were busy working with plaster of Paris on holes in the slates.

"I bet you don't know what it is," Tom Berkeley chuckled. "Of course, you'll recognize it when they've finished putting it together. It's a pool table."

"It's very nice," Helen said weakly. "I have to get back . . ."

Tom Berkeley accompanied her to the door. "I had an apartment," he said, "and I had a chance to buy this pool table secondhand. There wasn't any room in my apartment for it. I decided it would be no more expensive to buy a small house and besides, I love to barbecue and you can't do that in an apartment. Thanks very much for the apple pie."

HUMBLY, Helen went back across the grass and was too befuddled even to call her neighbor on the other side. She was feeding the children when Chuck drove in at six.

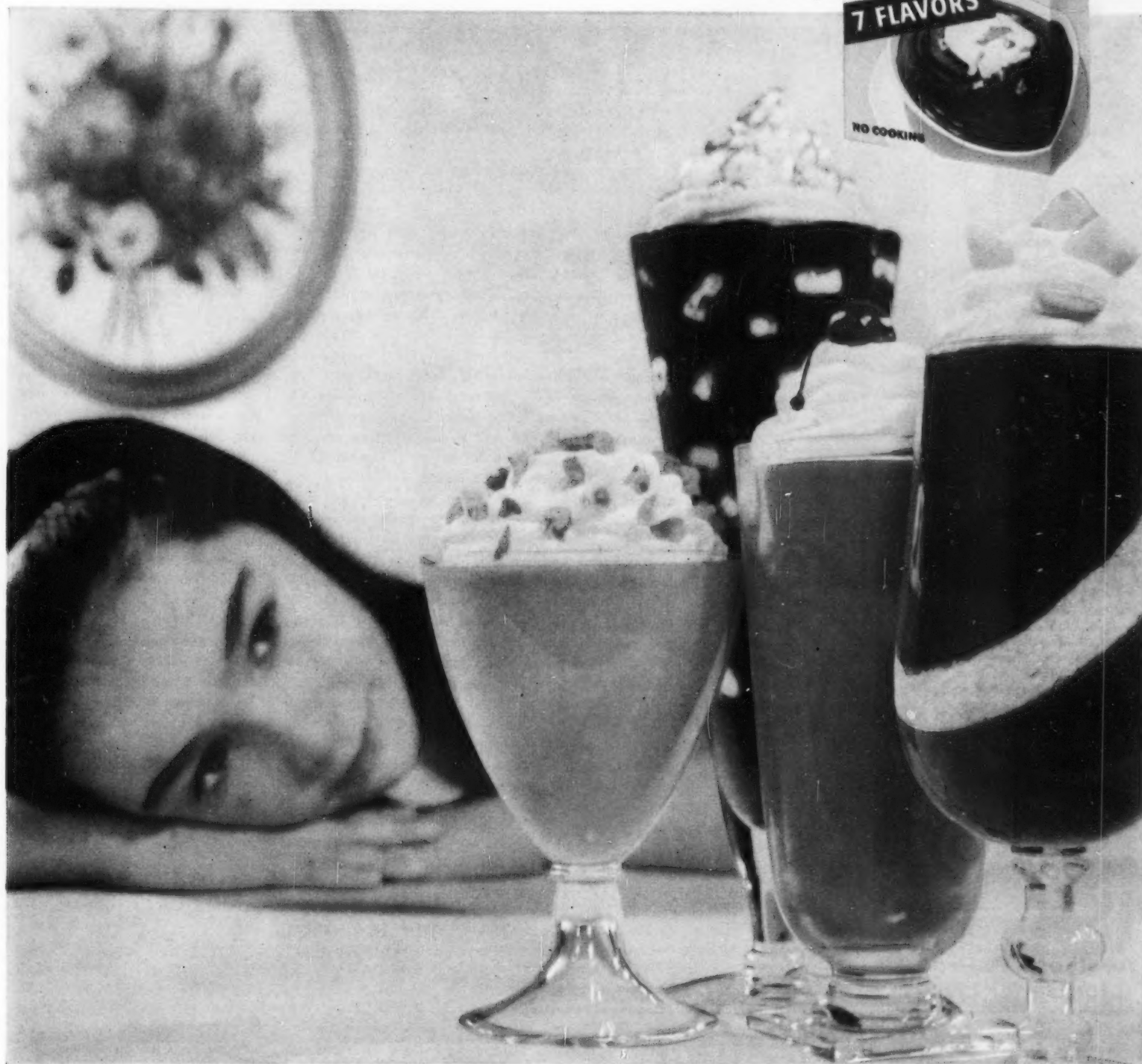
He came in the kitchen, opened the oven door to peer at the meat loaf, embraced Susan, three, and Johnny, one and a half, kissed Helen and said, "I see the new people are in. What's she like? Real cute blonde, I hope. There's a shortage in this tract."

"It's 'neighbor,'" Helen said. "Singular. He's not married and he has a poker table in the dining alcove and a pool table in the living room and he doesn't believe in curtains."

"Feminine furbelows," Chuck said. "A window has a function. What function has a curtain? What's a bachelor doing, buying in a tract? I suppose it's not a bad investment at that. He can always sell, maybe make a few bucks. There he is. Look!"

Chuck stared out the kitchen window and from the expression on his face Helen wondered if, after all,

I like mummy and daddy and Royal Instant Pudding



For the chocolate mint parfait above we added a few drops of green food color and oil of peppermint.



Royal Instant Pudding certainly has a way with 'women'. This young lady has lost her heart to Royal's creamy-smooth texture, its beguiling, just-right flavor. Of course, Royal Instant Pudding has the blessings of Mummy, too. Because it's made with fresh, wholesome milk. And because there's no fuss or bother in making it. Isn't there a young lady in your family that Royal can woo, too?

The happiest meals have a Royal ending

ROYAL INSTANT PUDDINGS





Everybody needs a full length Peacock Mirror

IN THE BEDROOM...
HALLWAY...BATHROOM

Don't just hope that your seams are straight . . . check every detail of your grooming in a Peacock full-length Plate Glass Mirror.

Made of the finest Polished Plate Glass, Peacock Mirrors are extra bright, completely free from distortion, and fully guaranteed. Peacock full-length mirrors are made in five standard widths, all 68 inches high, or you can order one in any size you wish. Ask for Peacock Mirrors at your favourite furniture store or telephone your nearest Canadian Pittsburgh Industries Branch listed in your telephone book.

"MADE WITH STERLING SILVER"



Another CPI Product for Better Living

Send this coupon for FREE BOOKLET and literature on Peacock Plate Glass Mirrors to Canadian Pittsburgh Industries Limited, 48 St. Clair Ave. W., Toronto 5.

NAME.....
STREET.....
CITY..... PROV.....



CANADIAN
PITTSBURGH
INDUSTRIES
LIMITED

CHT PM-28

there was a blonde next door. She joined her husband at the window. On the back patio, a portable barbecue was set up and Tom Berkeley appeared with a large steak.

"I haven't seen anything like that since we got married," Chuck said. "I didn't know they made 'em any more."

Chuck remained at the window. Later Helen got a whiff of her neighbor's cooking. "He likes it rare," Chuck said wistfully, turning to sit down at the table and go to work on the meat loaf.

Later in the evening they sat in the living room, Helen curled up in an easy chair, the volume low on the TV set, while Chuck sat at the knee-hole desk, filling out sales reports for the home office. Once he lifted his head.

"I used to be a fair pool player in college," he said.

"You had a misspent youth until you married me," Helen said, got up and rested a hand on his shoulder for a moment before going in to check on the children.

By the next day thirty-six female residents of Green Acres knew that there was no point in calling on the new owner to discuss car pools, school-bus schedules, baby-sitter rates, or remedies for diaper rash. The burning question of the moment was whether or not to include him in parties. An odd man, bridge was out—or could he bring a girl? How did he feel about girls anyway?

The question was shortly answered when a blonde was observed one evening stretched decoratively on a patio lounge while Tom Berkeley went through the nightly barbecue ritual.

"Shish kebab," Helen said. "We had it on our honeymoon in Vancouver, remember?"

"What do you suppose is the tensile strength of her sweater?" Chuck said. "Pretty terrific, I'd guess."

"When he marries her," Helen said, "there will be some changes in that house."

"Riding in to work this morning," Chuck said, "the fellows were talking about how you girls are determined to get that guy married. You women seem to feel it's illegal for a man to live in a house without a wife. Personally, I don't think that girl's a candidate. She doesn't look to me like the tract-house type."

"Meaning I am?"

"I didn't say that," Chuck turned. "What I meant . . ."

"I heard you the first time," Helen said. "Sit down. We're having that

Old World delicacy, left-over leg-of-lamb stew."

Dinner was a quiet meal.

ON SATURDAY morning Chuck went across the strip of grass to meet his neighbor. He was back in five minutes, a sparkle in his eye.

"Good man," Chuck said. "He belongs to Riviera. Invited me to play golf with him. All right?"

Helen hesitated for just a moment. Saturday was special—a day when, with Chuck at home, there was a different tempo around the house. It was a day when she could shop alone or have Chuck help shepherd two small children through the supermarket lines, when she could wash or iron and not rush outside every five minutes to check on the children.

"Have fun," she said. "Your golf clubs are in the closet in the baby's room. He's asleep so be quiet."

She heard a crash from the rear of the house. Chuck emerged sheepishly. "Six million things in front of them," he said. "The baby never moved a muscle—he's all right."

He kissed her good-by, not hearing the faint wail from the bedroom and it did not become a scream until he and Tom Berkeley drove off.

Chuck was back at six, genial but weary. "Ninety-seven," he said. "Of course, I haven't played since my vacation last summer, and I always get that bad hook when I lay off. Sure was good to play again."

He sat down at the table. "A little expensive," he said. "Tom wanted to pay my green fee but not belonging to a club I can't reciprocate, so naturally I couldn't let him do it. It was six bucks. And he wanted to take a caddy and I couldn't lug my own bag without looking like a chump. And there was lunch and a drink or two . . . Cost me around twelve dollars."

And next door, Helen thought, was a man with no family to support, and no financial worries but Chuck was a salesman, he couldn't let anyone else grab a check. She refused to let herself think of the cotton piqué dress she had lingered over for twenty minutes at the sale at Howard's on Friday, and rejected because fourteen dollars and ninety-eight cents was a major budget item.

That was the first incident. The second occurred not long thereafter and the following morning, Helen went next door.

"Did Eddie go to poker at Tom Berkeley's last night?" Helen said.

"He was home at midnight, four dollars ahead," the girl said. "I'd given him strict orders."

Eddie's domestic status was well known in the tract, and Helen did not believe in giving strict orders to a husband. She refrained from telling her neighbor that part or all of the four dollars was probably their four dollars, because Chuck had crawled into bed at 2 a.m. and she hadn't said a word, not one word, but at breakfast he had groaned that he had lost eleven dollars.

"I came in second all night," he said.

"Well, that's honorable mention," Helen said, and thought of the four-dollar standing rib roast she had gone by the day before.

"The thing is," Helen said to her neighbor, "I guess most wives wonder once in a while if they're going to have a straying husband. You think about it now and then. If I have a hard day with the kids and a cake falls, and the vacuum cleaner breaks down, when Chuck comes home at night I don't much resemble the girl he first kissed."

"This works both ways," her neighbor protested. "When the weather's bad and he sits in some outer office for forty minutes to finally get in and lose a sale, when he comes in, maybe he doesn't look to you like the boy you hooked."

"I don't worry about that," Helen said. "I don't worry much about girls even though at parties Chuck always pays a lot of attention to the other wives . . ."

"Honey," her neighbor said. "I kissed Chuck at that New Year's Eve party. It didn't mean anything. But he ran like a rabbit."

"Maybe I could cope with another girl," Helen said. "But whoever heard of this triangle? I can't cope with Tom Berkeley. He just makes Chuck wish he were single again. Tom's turning in his convertible. He told Chuck the day before yesterday. He's getting a sports car. Chuck listens to him and then comes in and tells me we're going to get a ring job and keep the car another year. We have leftovers and watch Tom Berkeley broil steak. Chuck plays golf on a public course during his two-week vacation and watches Tom Berkeley go to Riviera every week end. Chuck could do all those things if he didn't have me and Susan and Johnny—and now that's what he's thinking about."

Continued on page 56



It's smart to cook
the easier way...

with
margene!



Apple Caramel—Luscious to look at, even *more* delicious to eat! And it's just one of many 'Quick Tricks' Margene helps you perform. Core 3 to 4 apples; cut in half, arrange on pie plate and sprinkle lightly with cinnamon. Cream together: $\frac{1}{2}$ cup Margene Margarine; $\frac{3}{4}$ cup brown sugar, lightly packed; $\frac{1}{3}$ cup flour and $\frac{1}{2}$ cup chopped nuts. Spread mixture on apple halves and bake at 375° for about 20 minutes, or until apples are tender. Serve garnished with whipped cream and strawberries.

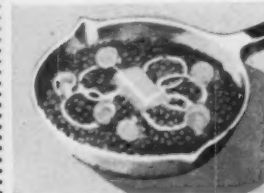
Quick tricks



Nippy Mustard Spread—does wonders for Ham sandwiches! Simply add 1 tablespoon prepared mustard to $\frac{1}{4}$ cup Margene Margarine, mix well and spread on bread slices.



No-bake Crumb Crust—quick and easy! Melt $\frac{1}{4}$ cup Margene Margarine; stir into a mixture of 1 cup cookie crumbs and $\frac{1}{4}$ cup sugar; press in pie plate and chill before filling.



Peas Parisienne—drain canned peas; place in skillet with 1 to 5 tbsp. Margene, drained, canned mushrooms, seasoning and onion rings; heat then serve.

MARGENE

Finest Table Quality

MARGARINE



CANADA  PACKERS
PEACE OF FINEST QUALITY



Making Manners Work

**Being
"nice to know"
is important
to your success**

Business or social success is not entirely a matter of being pleasant. But creating an unpleasant impression can spoil your chances! Tangy, pleasant-tasting Lavoris makes regular attention to oral hygiene a pleasure. In seconds, odour-causing impurities are rinsed away to leave your mouth delightfully clean and refreshed, your breath pure beyond question! Use Lavoris as often as you use your toothbrush. Then you need never worry about breath freshness.



**TASTES GOOD
-DOES GOOD**

2C-39

Continued from page 54

It was time for the baby to wake up and Helen went home. At six that night when Chuck came in, she was shaping hamburger patties. The baby was in the high chair, Susan on the floor.

"When the history of Green Acres is chronicled," Chuck said, "it will be written that the staple food of the natives was ground meat. The egg-heads will probably deduce that in the tract of Green Acres the inhabitants were without teeth. What's new at Bachelor Haven?"

Chuck peered out the window. Slap went the hamburger patties in Helen's hands. He didn't kiss me, she thought. Or the children.

"Steak," said Chuck. "The happy bachelor is in a rut."

Helen took it out on the hamburger. "Why don't you run over there?" she said. "Play pool with him for a couple of hours and work up an appetite."

"Not this married man," Chuck said. "I'm through with the carefree bachelor. Friendly but aloof. No more poker, no more pool, no more golf. No more drooling out the window. Whoever said we live in a classless society lied in his teeth. We have the bachelor caste and the young married caste. Some people play golf on Saturday and other people push baby carriages around the block. What are you trying to do, beat that hamburger to death?"

Don't throw it at him, Helen told herself. He's been jumpy and irritable and if you throw hamburger bullets at your husband, what matrimonial problem does that solve?

There were sales reports to be filled out that night and Helen sat and looked at Chuck's broad back. At ten they heard the car start up next door.

"He got a notion to leave and he left," said Chuck. "Amazing. We'd have to make plans in duplicate a month in advance, then clear them with the baby sitter and the pediatrician."

THIS IS HOW it begins, said Helen to herself, going in to bed. With money, with burdens. He can't do the things he wants to do. He gets restless and frustrated, and some night at a party when a girl kisses him he runs like a rabbit—but not for me. For the girl who kissed him. It happens all the time. You read about it in the papers, you see it happen to your friends. Even in Green Acres.

**Why
Tug...**

**when a
TOUCH WILL DO!**



GOOD DRAPES DESERVE

**Kirsch
DRAPERY
HARDWARE**

Draperies are expensive — yet all too often their usefulness and beauty is marred by faulty drapery hardware. That's why more and more people who think twice are choosing Kirsch. Then, with Kirsch Drapery Hardware installed, it takes little more than a touch of the draw cord to open or close your drapes. But that's not all!

With Kirsch Hardware you enjoy not only quality and fine performance at reasonable cost but you are offered the benefit of decorating aids. Because, with the wide variety of Kirsch Drapery Hardware you can create fresh charm throughout your home — by starting at the windows. Picture windows . . . corner and bay windows . . . even "problem" windows . . . can come to life when aided with versatile Kirsch hardware.

So to get the most from curtains and draperies — think twice — and then choose Kirsch Hardware. Available in adjustable and cut-to-measure styles through all leading home furnishing departments. It's your guarantee of trouble-free operation, long life and good looks.

Ask for them by name.



It hadn't happened yet but there were signs. Eventually they would not be all one happy little tract. Some would separate and there would be tears, recriminations and, after that, cliques, and new people looking at houses up for resale.

The next morning, Helen was at Howard's. The sale was over but the dress was there. Price: nineteen dollars.

"I didn't have the money then," Helen said. "I have it now—fourteen ninety-eight. It's terribly important, my marriage might depend on it."

"For fourteen ninety-eight, that's a bargain," the owner said, capitulating.

Next stop the supermarket and a steak. Feeling guilty about the dress, Helen felt guiltier about the steak. But the golf, the poker party, had already cancelled out this month's government bond. First things first, said Helen. The bonds were for the children's college education but there were things more important than college. A father and mother came first.

Home she went and to work and by mid-afternoon the house was almost as shiny as the day they'd first seen it, before small hands began their destructive work.

At three o'clock she was making apple pie. Might as well make two, she thought, and put one in the freezer. She tore the kitchen cupboards apart, looking for the second pie tin, then remembered Tom Berkeley had never returned it.

Hands on her hips, she glared out of the window, then saw him standing beside a gleaming red sports car. Tom went in the house and Helen marched across the grass and knocked on the door.

When Berkeley appeared she said, "If you don't mind, Tom, I'd like my pie tin back."

"I forgot all about it," he said. "I'm sorry. Come in and help find it. Did you see the car?"

"I did," she said shortly, thinking how Chuck would react when he saw it.

She had found and retrieved the pie tin when she heard ice tinkling and Tom Berkeley put two glasses on the drainboard.

"We'll have a drink," he said, "and a tour of Green Acres in my new car. It just came in and I left the office early. Nobody's ridden in it but me."

"I haven't time. The children . . ."

"Asleep, aren't they? Relax. First, the drink."

He put it in her hand and she put down the pie tin and followed him into the living room. He sat beside her on the davenport and presently she felt his arm resting against her shoulder.

"Nobody'd ever guess you have two kids," Berkeley said. He looked down at her bobby sox and saddles which she wore around the house. "You look like a high-school sophomore."

"I was a child bride," Helen said, moving slightly away from him. "Never had shoes on until Chuck took me out of the hills."

"That's another thing about you," Tom Berkeley said. "You have a sense of humor. Most of the girls in Green Acres want to talk about formulas."

She reached for her drink on the coffee table, leaning forward, and Berkeley was suddenly in the way, his hands tight on her shoulders and his lips against hers.

She didn't quite know how it happened but suddenly she was on the other side of the pool table.

"No reason to get mad," Tom said, grinning. "Let's take that ride. You'll really dress up that sports car."

He moved toward her and she shifted around the table and then felt a pool ball under her hand. One part of her mind told her it was ludicrous but the pool ball felt solid and comforting. Tom saw it in her fist and shrugged and said, "All right. I'll be good."

She walked with what dignity she could muster through the house and after the screen door closed he said, "Helen," and she turned and looked back at him.

"I'm sorry," he said. "It won't happen again. I suppose you'll tell Chuck."

"He is pretty big, isn't he?" Helen said. She turned and went across the grass and it was only after she was in the house that she remembered she'd forgotten the dratted pie tin.

SHE WAS upset by the incident and it had thrown her off schedule; she had to hurry. Finally the pie was made, the table set, and she got out the pink candles she'd been saving if they ever entertained Chuck's boss.

At ten of six she had on the new dress, carefully protected by an apron. She identified the tired sound of their car motor, and saw it in the drive. But Chuck did not come in. Through the kitchen window she saw him walking around the sports car. He



Unretouched photo of Mrs. Michyl Veach's hands. Only right hand was given Jergens care.

(Made in Canada)

PROOF: JERGENS LOTION STOPS "DETERGENT HANDS"

You can SEE the difference!

This unretouched photo was taken — so you can see for yourself how well Jergens Lotion cares for hands.

447 women took this test*

They soaked both hands in a detergent three times a day. They applied Jergens to their *right* hands only. In a few days, their untreated left hands were rough and red. Their right hands, treated with Jergens, were soft and white. No other lotion similarly tested proved so effective.

Penetrates deep down!

Jergens doesn't just "glove" hands with a greasy film, but penetrates deep down where the hurt begins. That's why it's so much more effective than lotions that merely coat the skin. Stops chapping, weather damage, too!

Creamy—never sticky

Jergens Lotion feels luxurious on the skin...is instantly absorbed. No wonder more people use it than any other hand care in the world! And it's still only 15¢ to \$1.15.

*Conducted by leading United States research laboratory.



Notice to doctors and dermatologists—for a summary of above report, write to the Andrew Jergens Co. Limited, Perth, Ontario.



Vitamins are food constituents — dietary factors — the origin of which is usually the vegetable kingdom. A daily supply is necessary, as all vitamins are not stored in the body.

These are some of the better known vitamins and their specific uses in the body.

VITAMIN A is essential for maintenance of a healthy condition of the skin and skin surfaces.

VITAMIN B₁ (Thiamin) prevents beriberi and protects and aids in the treatment of neuritis due to thiamine deficiency. The body's needs of B₁ are increased in instances of pregnancy, fever and infectious diseases.

VITAMIN B₂ (Riboflavin) deficiency in the body may result in lesions (cracked skin, etc.) around the mouth, lips and eyes.

NIACIN is of value in the treatment and prevention of pellagra.

VITAMIN C (Ascorbic Acid) is specific in the prevention and treatment of scurvy. It is a factor in normal development and maintenance of bones, cartilages, teeth and gums.

VITAMIN D is essential in the prevention of rickets and in normal tooth and bone development. Its need is greater in infancy, childhood, during pregnancy and lactation period.

ONE A DAY

REGISTERED TRADE MARK

MULTIPLE VITAMINS

in new attractive
Apothecary bottle

100 TABLETS *only* \$3.95*



Each tiny **ONE-A-DAY (BRAND)**
MULTIPLE VITAMIN tablet
contains seven different vitamins

- VITAMIN A
- VITAMIN D
- VITAMIN B₁ (Thiamine)
- VITAMIN C (Ascorbic Acid)
- VITAMIN B₂ (Riboflavin)
- NIACINAMIDE
- VITAMIN B₁₂

Put this handsome Apothecary bottle of
ONE-A-DAY (BRAND)
MULTIPLE VITAMINS

on your table at meal-time. It will remind each member of your family to take one tiny **ONE-A-DAY (BRAND)** VITAMIN tablet to supplement the daily diet.

MILES LABORATORIES, LTD.

Toronto, Ontario

"Products for Better Health"



Available also in 250-tablet size for \$7.95

(Suggested retail price)

studied it from all angles, then went up the steps and disappeared inside Tom Berkeley's house.

Helen put the steak in the broiler. She went back to feeding the baby and then she heard the crash and the scream from the bedroom. She raced in and took the situation in at a glance.

Susan had tried to get something on top of the bureau by pulling out the drawers and using them as a step-ladder. The bureau had toppled over. Susan lay beside it on the floor. Her hand was cut.

Helen got the child quieted down — she was more frightened than hurt, and the wound on her hand was a scratch. Helen was doctoring it when the baby yelled. She hurried back to the kitchen, lifted Johnny out of the high chair, then ran back to the bedroom.

She comforted both children. Lovingly they clutched at her. Blood was smeared on the new dress, Helen realized dimly, but it didn't matter because the baby's sticky fingers had already ruined it. She sat there dully while they beamed at her, and it was a long, long time before she thought suddenly about the steak.

It was too late to run, she knew. She put Susan down and carried the baby out to the kitchen, put him in the high chair and opened the broiler door to look at what she had cremated.

She was staring at it when the back door opened and Chuck came in.

"What are we having for dinner?" he said, peering over her shoulder. "Rubber boots?"

He looked her up and down, his eyes critical. "I haven't seen that dress before, have I? Have you been making mud pies? I might like it after it comes back from the cleaner's. You look awful."

"I . . .," said Helen and stopped. She should never have dodged around that pool table, she thought. She should have gone out in the sports car and never come back.

"Go change," Chuck said. "I'll call that quiz kid down the block and you and I will go get a steak at that swanky highway joint."

"We can't afford a steak," Helen said. She pointed at the oven. "That was once a steak."

"May it rest in peace," Chuck said. "I made a sale today. Guy who gave me a real bad time last week. I didn't tell you about it. I know you have troubles of your own with the monsters. Anyway, I was so sore I went

V-7-58

back to see him today. Maybe he'd had a bad time that day. Anyway, today I landed him. The boss was impressed. He didn't give me a raise or offer me a vice-presidency but he was impressed. He shook my hand."

Chuck extended his large hand. "Would you like to shake the hand that shook the hand of the boss? I'm starved. Go get dressed."

She did so and when she emerged the sitter was playing with the children.

Helen and Chuck got in their car. He backed into the driveway, hesitated briefly in front of Tom Berkeley's house, then drove slowly on.

"I was thinking maybe we should ask Tom to join us," he said.

"If you want him with us," Helen began slowly, "go back . . ."

"I don't want him," said Chuck. "I just feel sorry for the poor goof. I stopped in to see him tonight."

"I saw you admiring his car," Helen said. "I wish we could have one . . ."

"Where would we put the kids?" Chuck said. "We can rig this back seat up as a bed. What would we want with a sports car? Don't be silly."

He shook his head. "The only reason I thought of asking Tom along is that when I walked in there tonight he was sitting at the phone, trying to find some girl. He has the new car and nobody to go out with him. That blonde he had out threw him over. I left him sitting there, trying to find somebody to go out with him. Made me realize how it used to be. I don't have to call up any girl, ever. I have mine. I come home and there she is."

"Looking awful," Helen said.

"You're the queen of the tract houses," Chuck said. "That's the trouble. I like Tom Berkeley but I suspect he's a wolf. I wouldn't put it past him to make a play for you. Ask you out in that fancy sports car some afternoon when he comes home early. I'm sure you could cope with him, but maybe you'd like to go out with him. That's what's been bothering me."

He paused at the highway, waiting for a break in the traffic, turning to look sombrely at her. Swiftly she leaned across the seat and kissed him.

The car slid into the traffic stream and Helen looked at the developer's sign with the arrow pointing back toward the tract.

"Green Acres," Helen said. "He should have called it Eden." ♦



The Scots Guards at historic Windsor Castle

You can enjoy ten wonderful days in Britain next Spring for as little as \$500* fare included

Just imagine; Ten unforgettable days exploring England, Scotland, Wales and Northern Ireland for as little as \$500, including round trip fare! There's no doubt about it, there never was a better time than this to make that trip to Britain. For now exchange rates are in your favour . . . now prices are agreeably low by Canadian standards. You can stay at most country inns for as little as \$3.50 a night . . . hire a self-drive automobile for 11c. a mile gas and all . . . get a good seat in one of London's forty theatres for less than \$2. Start planning your trip, now. Your travel agent has all the details and will give you all the help you need in budgeting and planning your vacation. Get in touch with him today.

*From Toronto, by surface \$500 : by air \$550

From Vancouver, by surface \$625 : by air \$750

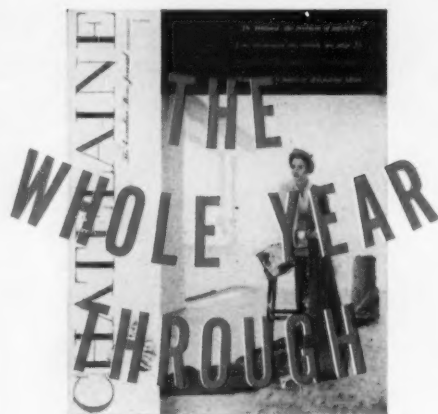
FOR ALL INFORMATION ABOUT BRITAIN AND FOR FASCINATING FULL COLOUR BOOKLET, WRITE TO THE BRITISH TRAVEL ASSOCIATION (DEPT. CL-32), 90 ADELAIDE STREET WEST, TORONTO, ONTARIO



See that your Springtime trip to Britain includes a visit to the green hills of Northern Ireland. Pictured above are two vacationers from Winnipeg making friends at Annalong near the Mountains of Mourne

COME TO BRITAIN

say "Merry Christmas"



GIVE
CHATELAINE
3 GIFTS ONLY \$3
 Additional gifts only 75c each

2 Gifts only \$2.25 1 Gift only \$1.50

Rates good in Canada only. For each gift going outside Canada add \$1.00 to Canadian rate.

FREE GIFT CARDS

We'll send greeting cards to your friends to announce your gift. Or we'll send them to you for personal mailing.

ORDER NOW — PAY LATER

There's no need to pay now if you wish. We'll be happy to bill you in January.

INCLUDE YOUR OWN SUBSCRIPTION

Give one or more gifts and your own subscription costs only 75c.

PLEASE COMPLETE THIS SECTION

CTNX58

YOUR NAME AND ADDRESS

Name
 Address
 City Prov.

☐ New
☐ Renewal
 Name
 Address
 City Prov.
 Sign gift card from

☐ Mail gift cards for me ☐ Send gift cards to me ☐ Include my own ☐ new or ☐ renewal
☐ I enclose \$..... in payment ☐ Please bill me during January

☐ New
☐ Renewal
 Name
 Address
 City Prov.
 Sign gift card from

☐ New
☐ Renewal
 Name
 Address
 City Prov.
 Sign gift card from

☐ New
☐ Renewal
 Name
 Address
 City Prov.
 Sign gift card from

☐ New
☐ Renewal
 Name
 Address
 City Prov.
 Sign gift card from

Send to: CHATELAINE, 481 University Ave., Toronto 2, Canada

THE SCANDAL OF WOMEN'S PRISONS

continued from page 27

crime follows a dull pattern of drunkenness, prostitution, drug addiction, vagrancy and disorderly conduct. The clever beauty who manipulates brilliant crimes belongs to the movies.

Many women prisoners have known a life bounded by an unhappy home, a menial job and a poor education. They are usually immature emotionally, often breaking the law when they feel a lack of affection. One store found that four out of five of its shoplifters had just gone through some emotional upset.

Martha's upsets began when she was still only a child. Her parents separated and neither wanted the young girl. Farmed out to relatives who didn't want her either and who never bothered with her, Martha didn't learn a trade or good work habits. She could never hold any job for long.

Looking for the affection she never got at home, she drifted into common-law relationships — and into petty crime to support them. When she was twenty-four she was sentenced to six months for stealing a fur coat. Her second offense—passing a bad cheque—brought her a year in jail.

In Mercer, Martha was up every morning at seven and put in a six-and-a-half-hour day in the laundry. She had to eat all her meals in silence. In the evenings she gossiped with the other prisoners in the corridor. At nine o'clock she was locked in her cell. On Friday nights she could attend a movie in the prison—or choose to remain in her cell. She didn't work Saturday afternoons or Sundays.

Our human "storage houses"

In bad weather she was not permitted to go out into the prison yard for exercise and fresh air. During the summer there was no planned outdoor recreation. She could have sent out one letter each week, but she had no one to write to.

As a Canadian prisoner's life goes, Martha's wasn't necessarily the worst, or best. Women's prisons in Canada vary from the Prison des Femmes, Fullum Street, Montreal, where mentally ill mingle with other inmates (though the very disturbed are isolated), to the progressive Women's

Gaol, Oakalla Prison Farm in British Columbia, where special treatment is given to drug addicts, and where there is segregation of the various types of offenders. But, for the most part, our women's prisons are simply storage houses, lacking the trained personnel and constructive programming necessary to refit women like Martha for community living.

The Manitoba Gaol for Women at Portage la Prairie, is merely a place to sit out sentence, and a seventeen-year-old first offender may find herself in the same group as a senile woman who has spent a lifetime as a prostitute. In the Fullum Street prison, young and old, sick and well, first offenders and veteran criminals share common quarters, occupying their work hours scrubbing and mending.

Not enough training

The Alberta Provincial Gaol is simply a custodial building for about forty women, most of whom are métis and Indians sentenced again and again for drinking bouts. More than half of the inmates of Saskatchewan's Prince Albert Gaol for Women are Indians, the majority under sentence for intoxication or possession of alcohol.

In 1953 the federal government appointed a body of prison experts — known as the Fauteux Committee—to investigate Canada's prison setup. The committee found that not one jail or reformatory or the Women's Prison, Kingston Penitentiary, Ont. had a full well-rounded rehabilitation program.

The sobering fact is, the superintendents and matrons of many of Canada's prisons for women haven't been trained to conduct fully satisfactory rehabilitation programs. The superintendent of the Protestant wing of the Fullum Street prison was a mental-hospital attendant and her assistant was a hairdresser. The six matrons on staff have had no more training. The Penitentiary Staff College, at Kingston, trains guards and prison officers from all over Canada to rehabilitate male offenders, but no matron has yet taken the training course—although the college is only five hundred yards from the women's federal penitentiary.

While prison experts talk of the importance of bright cheerful buildings, women's prisons in this country are generally cheerless and forbidding Victorian lockups, built in



NOTHING does so much for a woman...

Beautiful eyes are your most important feature, so bring out all their hidden loveliness with Maybelline, the safe, natural-looking eye make-up preferred by women of good taste the world over. Maybelline makes every woman's eyes beautiful. How very beautiful, you'll never know until you try

Maybelline Mascara, Solid or Cream Form
Maybelline Automatic Eyebrow Pencil, Twin Refills
Maybelline Iridescent Eye Shadow Stick
For complete eye beauty, use Maybelline Professional Eyelash Curler and Precision Tweezers

Maybelline

Nothing Does So Much To Make Eyes Beautiful



For calorie-counters...

A GRAND-TASTING DESSERT

Now you can have dessert — D-Zerta — without upsetting your diet. Sparkling D-Zerta is a tasty, sugar-free* jelly dessert, made by the makers of JELL-O. It contains just 12 calories a serving! You get delicious variety because there are six tangy fruit-fresh flavors to please you. D-Zerta is wonderful for slimming salads too. If you are on a low sugar diet, ask your doctor about D-Zerta. For booklet of appetizing D-Zerta Recipes, write Department CH-2, General Foods, Limited, 44 Eglinton Ave. W., Toronto, Ontario.

*Sweetened with saccharine and cyclamate sodium

6 satisfying flavors!
STRAWBERRY ORANGE
RASPBERRY LEMON
CHERRY LIME



A Product of General Foods, Limited

Get D-ZERTA today in the slim, trim package

Continental but Canadian!

RAVIOLI! Pride of Italian recipes, choice of Canadian menus. Artfully blended for ease of preparation by **BONUS**. Delicately spiced, surrounded with a special tomato sauce. A tasty family dish for any occasion. Serve it tonight! Remember — the Bonus is in the flavor!



Approved by Chatelaine Institute

the eighteen hundreds and now surrounded by railyards and slums. Mercer, where Martha served her two terms, is a drab eighty-five-year-old brick building with barred windows and locked corridors.

The Saskatchewan women's jail at Prince Albert is merely a section of an old building which houses both men and women offenders. Little has been done to modernize the Fullum Street prison, a stone convent that dates back to 1870.

To remedy the deplorable state of women's prisons in this country, such leading Canadian students of penology as Dr. Stuart K. Jaffary, of the University of Toronto's School of Social Work, have urged that prison programs be based on social training — that is, specialized treatment for offenders according to type.

Reform vs. regimentation

This means that drug addicts, for example, would be segregated from the general stream of the prison population and treated for their illness. To implement such a program, the experts advocate a more open type of prison, such as in the cottage system.

Under this system, first offenders never come into contact with hardened criminals and all inmates are segregated according to type in small homelike buildings, under the supervision of trained matrons, and are encouraged to develop and mature as they would in an understanding family. In these smaller groups the women are counseled and encouraged under a rehabilitation program suited to their individual needs.

A good example of the cottage system in practice can be seen at the federal reformatory for women in Alderson, West Virginia. If Martha had been sentenced to Alderson, she would have lived with twenty-nine others in the warm friendly atmosphere of a two-story red-brick building. She would have had a bedroom to herself. She would have had a choice of courses along vocational or academic lines.

Training in Alderson is so thorough that several of the courses have been adopted by U.S. technical schools. Prison graduates receive certificates that do not reveal the fact they were earned while the graduate was serving time.

At Alderson, Martha would have been segregated according to her IQ,

so that she would have been with women who were congenial and helpful to each other. She would have found that conditions at Alderson approximate those of a free community, and that the regimentation and restraints of the traditional prison have been discarded.

The cottage system is now operating successfully in Australia, Norway, Sweden and Switzerland, as well as in some parts of the United States and Britain. These countries have found that this system improves the chances of reforming prisoners. The repeater prison population in Britain is forty percent — almost half that in Canada.

The failure of Canadian prisons to reform women offenders is rooted in the community, according to the Fauteux Committee report. The community is apathetic toward prison reform, doesn't understand the prisoner and her problems, and believes in simply punishing a woman for her offense, without realizing that it is to its own benefit to reform her.

It's only in the last few years, and largely because of the activity of women's groups, that any real attention has been paid to the problem of women like Martha and that any real attempt has been made to understand and help them.

Women to the rescue

The Canadian Federation of Business and Professional Women's Clubs has made a country-wide survey of women's prisons and has tried to interest women's clubs in the various areas in prison conditions. The Canadian Federation of University Women's Clubs has also investigated jail conditions and has submitted its findings to the government. In 1954 it sent a report on Quebec jails to the Duplessis government, and the Montreal club is currently studying the province's jail conditions for women.

Councils of women in cities across Canada have also taken an interest in penal reform at one time or another. Among the most active is the Manitoba Council of Women, which organized a chapter of Elizabeth Fry, an aftercare agency, to help released women. These Manitoba women are determined to educate the public on prison conditions and to press for an improved jail setup.

The Montreal Council of Women,
Continued on page 64



In Regular or Giant Sizes



Here's the newest, freshest idea in household cleansers

ONLY PINE FRESH DUTCH CLEANSER WITH FAMOUS BEADS-O'-BLEACH BRINGS OUTDOOR FRESHNESS INTO YOUR KITCHEN

You'll marvel at the brisk chlorine action of the Beads-o'-Bleach in Dutch Cleanser. Stains disappear from tile and porcelain, grease and grime float away. Only Pine Fresh Dutch gives you these results.

It rinses away freely, and everything is *clean*—brilliantly, hygienically clean, and with a piney, outdoor fragrance that tells you you've done it right, done it with Dutch.

No holes to punch—just lift the tape.

**NO OTHER CLEANSER
REMOVES STAINS LIKE
DUTCH CLEANSER**

PUREX CORPORATION, LTD.

♥ No other soap is so delightfully different
... and curved to fit your hand—
SweetHeart Soap is another
fine product of the
Purex Corporation, Ltd.



costs no more
than ordinary soap.



WATCH!

Something Wonderful
Is About To Happen...

Mom Used
**PURE BARBADOS
FANCY MOLASSES**

SATISFACTION such as this dare not be entrusted to just any molasses! That would be tragic... but with Pure Barbados it's magic! Baked beans, cakes, cookies and candies all take on a delightful flavor! All the children go wild for molasses as a spread on bread or pancakes. Barbados Molasses is a grand body-builder because it's rich in vitamins, chock-full of energy! So, for your family's favor, and for the best flavor... better be sure — choose PURE BARBADOS FANCY MOLASSES.

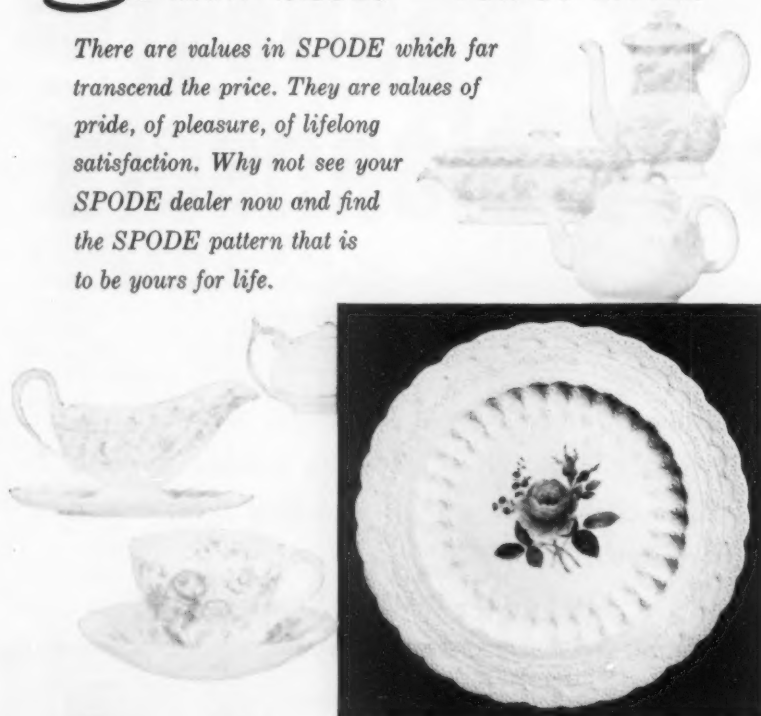
BARBADOS FANCY MOLASSES COMPANY LIMITED

Bridgetown, Barbados, B.W.I.



SO MANY VALUES — FOR SO LITTLE

There are values in SPODE which far transcend the price. They are values of pride, of pleasure, of lifelong satisfaction. Why not see your SPODE dealer now and find the SPODE pattern that is to be yours for life.



Billingsley Rose

Spode DINNERWARE

COPELAND & DUNCAN LIMITED
222 Bay Street, Toronto Canadian Distributors

Continued from page 62

by making direct pleas to the Quebec government since 1948 has won an increase in staff, warm clothing for winter and more space for outdoor recreation for the inmates of the Fullum Street prison.

The Penal Reform for Women Joint Committee, which represents one quarter of a million Ontario women, is another group working vigorously for prison reform. Formed in 1953 by nine women's organizations, the committee is a pressure group that works relentlessly for reform. In 1954 it urged Ontario women to write to the provincial government supporting the committee's recommendations.

Probation costs less

This letter-writing campaign gathered such momentum that the Department of Reform Institutions had to hire special staff to handle the thousands of letters that flooded in. At the following session the Ontario Legislature granted money for a new institution — the Ontario Women's Training Centre, at Brampton, which is scheduled to open before the end of this year.

It was because of the opposition of this reform group, together with that of the university women's clubs, the Elizabeth Fry Society and Senator Muriel Fergusson, that the federal government decided to defer construction of a new women's penitentiary at Collin's Bay, Ont. It was to have been built along the lines of the present antiquated one at Kingston.

"Only by continuous pressure by women's groups throughout Canada will we ever get anything done," says Mrs. R. B. Dale-Harris, one of the penal reform committee's first co-chairmen. "And one of the things we need desperately is a good probation system to do away with the destructive influences of prison life in the first place."

Martha might not now be a hardened repeater if she had been put on probation for her first offense. She would have been supervised by a probation officer, who would have helped her to find a job and a place to live. She would have been helped to adjust to the community and to stay out of trouble. Probation for an offender costs the taxpayer about fifty dollars a year, as against fifteen hundred to twenty-five hundred dollars to keep one prisoner in jail for a year.

In England women offenders are put on probation three or four times before they're sent to jail, and four out of five never get into trouble again. In Canada probation is used sparingly, although seven out of every ten persons sent to prison break the law again.

Six provinces employ probation officers — British Columbia, Alberta, Manitoba (in Winnipeg only), Ontario, Nova Scotia and New Brunswick. But except for Ontario, with 126 probation officers (eleven of them women), probationary services are limited.

Another lack in the reform services for women are adequate aftercare facilities. Parole is severely limited. If Martha has been released under the supervision of a parole officer at the time she was most ready for it, instead of serving her full sentence, she might not have drifted back to old ways and old unsavory friends.

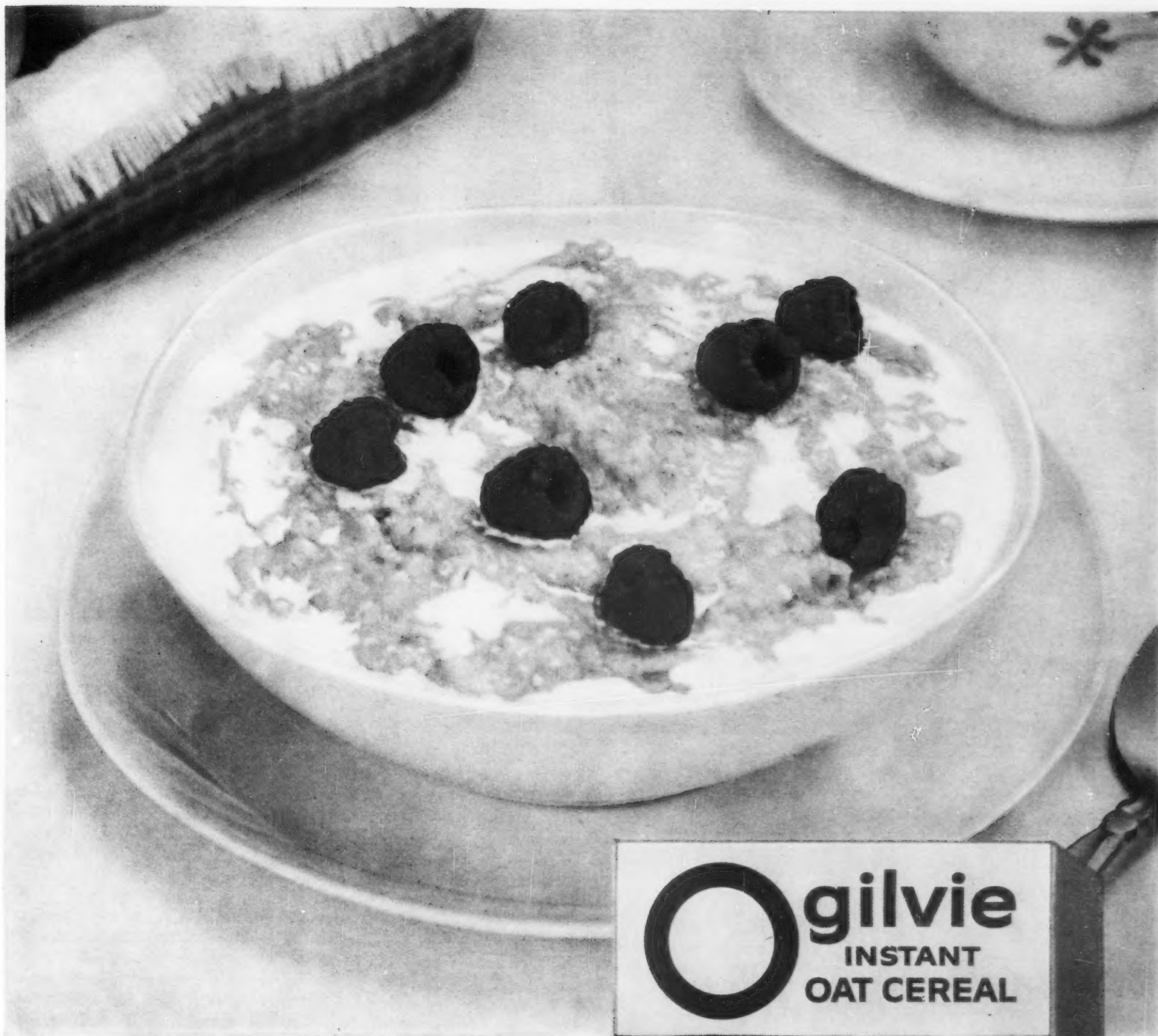
Guided by a parole officer for the remainder of her term, she would have been helped through the crucial period following release. Parole has the same financial advantages for the taxpayer as probation: about fifty dollars a year compared with fifteen hundred to twenty-five hundred dollars for the yearly jail term.

Sentenced to destruction

If Martha had been jailed in Britain she would have been immediately cared for on her release by some official assistance program. Here, the Elizabeth Fry Society, a private organization which does noteworthy work with little money and only five meagrely staffed branches across Canada, contacts women while they are in prison. If they get in touch with the society on their release, it will give them money and clothing to tide them over until they get jobs and their first pay. The society often finds them jobs, as well as places to live. Professional and volunteer workers counsel the women to help them to work out their problems within the bounds of society.

"But aftercare is only part of the whole picture," says Phyllis Haslam, a social worker with the Toronto branch of Elizabeth Fry. "If a person is being destroyed along the way, the possibility of doing a good job when she gets out is a poor one."

For close-up report on five women's prisons turn page



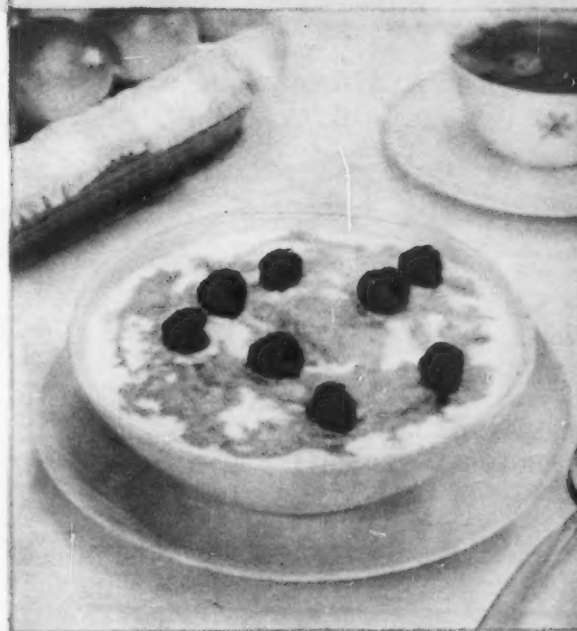
Ogilvie INSTANT OAT CEREAL

Oatmeal made with Ogilvie Oat Cereal, either Instant or Quick Cooking, is the most nourishing cereal you can serve your family. Supplies much needed nourishment and energy the whole morning through! Costs only a penny a serving.

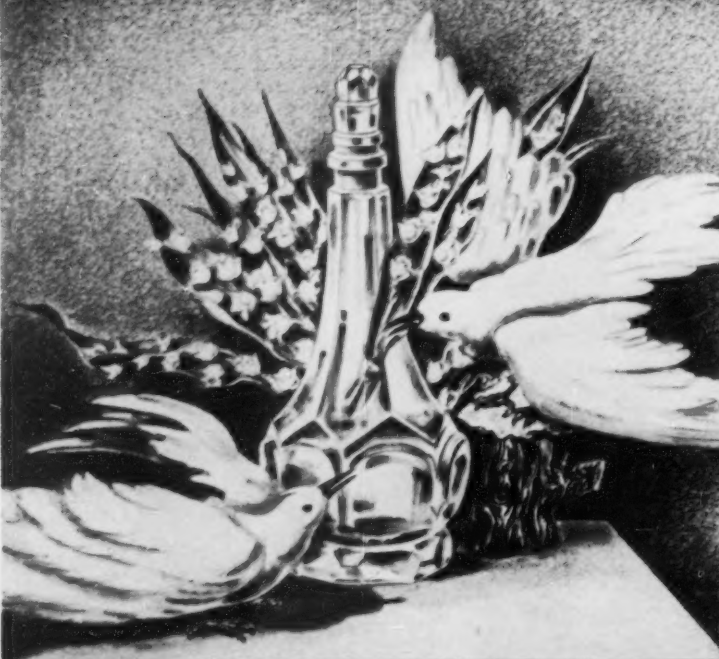
A cinch to prepare, you just add Ogilvie Instant Oat Cereal to boiling water and let stand for 5 minutes, then serve. No pots to scour.

If nourishment is important for *your* family, serve Ogilvie Oat Cereal... often! Try it with your favourite fruit.

Available in both types—Instant and Quick Cooking.



LE MUGUET DU BONHEUR CARON



THE GREATEST NAME IN PERFUME

Continued from page 65



MODEL PRISON ROOM

OUR JAILS OFFER THIS

A striking contrast in prisoner care is provided in these photos taken at the women's reformatory at Alderson, West Virginia (above), and at the Women's Prison, Kingston Penitentiary. At Alderson each prisoner has a cheery room of her own; at Kingston inmates are locked in banks of bleak cells.

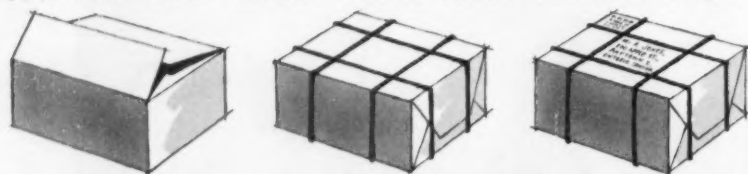


A close-up report on conditions in five of our largest prisons for women



Make sure the stockings are filled!

SHOP EARLY, AND MAKE SURE YOU HAVE WRAPPING AND PACKING MATERIALS



PACK IT RIGHT use corrugated cardboard or a stout carton. **WRAP IT RIGHT** use strong wrapping paper and tie securely with strong cord. **ADDRESS IT RIGHT** print name and address clearly, completely, correctly and in ink on front of parcel. Put your own name and postal address in upper left hand corner, and also inside parcel.

WEIGH PARCELS AT POST OFFICE FOR CORRECT POSTAGE

MAIL EARLY FOR CHRISTMAS
CHECK YOUR POST OFFICE FOR OVERSEAS MAILING DATES
CANADA POST OFFICE

FULLUM STREET PRISON — Montreal's women's prison, located in an eighty-seven-year-old convent, is actually two jails — a Protestant wing run directly by the provincial government and a Roman Catholic wing managed on contract by nuns—Sœurs du Bon-Pasteur. The Protestant section, which has room for fifty women, houses some mental patients because of the shortage of mental hospitals. The nuns have refused mental cases since 1948. Fullum offers no treatment for alcoholics and drug addicts.

Both jails are clean and the atmosphere in both is basically kind. But neither has any type of correctional program to fit the women to lead better lives when they're released. About eighty percent of Fullum's inmates are repeaters.

In the Catholic wing prisoners do light factory work, such as putting pins on cards. In the Protestant wing inmates scrub, wash and iron in the mornings, and mend socks from the men's jail at Bordeaux in the afternoons.

The mental cases are given no treatment, other than a monthly look-in from a psychiatrist. Two years ago the Montreal Council of Women col-

lected more than ten thousand signatures and sent a petition to the Quebec government, protesting the presence of mental patients in Fullum. It was not even acknowledged.

THE WOMEN'S PRISON, KINGSTON PENITENTIARY — This quarter-century-old stone building houses women from every part of Canada—except Newfoundland, which imprisons all its own offenders — sentenced to two years or more.

With space for a hundred women, Kingston held eighty-nine last year, about sixty percent of them drug addicts and a large percentage alcoholics. But there is no program to treat these illnesses and the women usually return to drugs and alcohol when they are released.

Kingston doesn't segregate criminals according to type. It has no training program to fit women to get a good job on release. Inmates work in the laundry, the kitchen or the sewing room. Up at 7 a.m. and locked back into their cells at 8 p.m., they work a leisurely five hours and forty-five minutes and don't become conditioned to an average working

Continued on page 67

day. They can take correspondence courses from Queen's University, but school is casual and few complete the courses. Inmates leave Kingston with a small sum of "gate money," earned during imprisonment, and a one-way ticket to the place of arrest.

Since the women's prison is only a small part of Kingston Penitentiary, it is overshadowed by the men's prison, and the problems of the women are sidetracked. There's no women's warden to see that they receive the attention they should.

ANDREW MERCER REFORMATORY—Toronto's eighty-five-year-old Andrew Mercer Reformatory claims to be one of the more advanced of Canada's prisons for women. It boasts segregation, but it is practised only between first offenders and repeaters. Alcoholics, prostitutes, drug addicts, thieves and vagrants are all dumped together without being segregated for treatment to cure the behavior that brought them there.

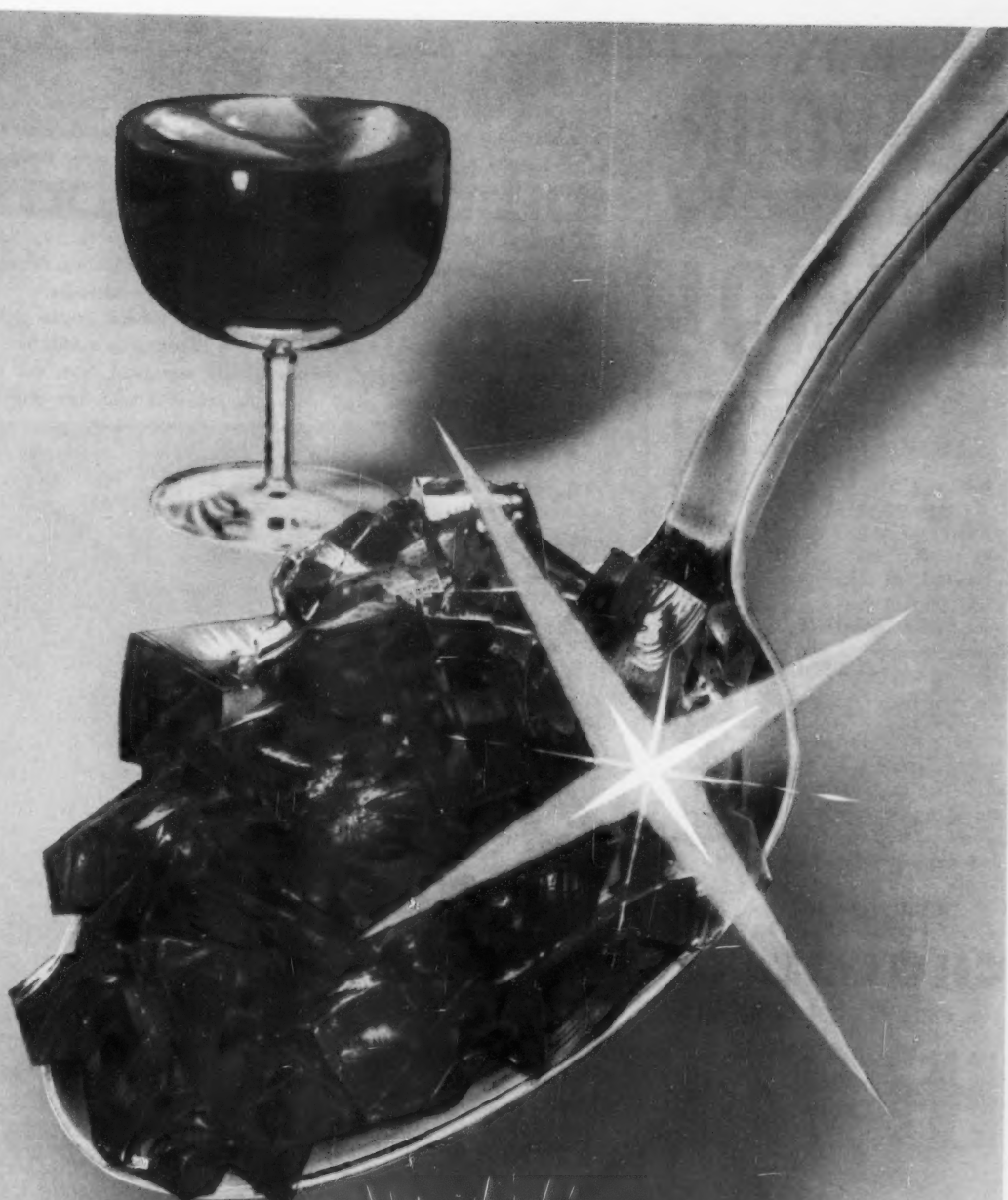
Mercer has a good eight-week home-economics course. But this trains only sixteen girls every six weeks, and only first offenders. The sewing room has adequate machinery, but no planned program of teaching, and only first offenders are allowed to work the machines. Mercer offers academic courses, but the small classroom holds only a dozen pupils, who attend only half days, hardly time enough to make a full grade in a year. The prison also has a commercial course, but the matron who teaches typing can't type herself. Repeaters work in the laundry, but there is no planned program.

The program is "voluntary," despite the fact that the women are in Mercer in the first place because they couldn't discipline themselves to live within the rules of society. Those who don't want to take advantage of the program scrub and polish the building, so Mercer is well kept.

The services of a psychiatrist are available at Mercer one afternoon and evening per week. No treatment for alcoholism (except through Alcoholics Anonymous) is provided.

With the opening of The Ontario Women's Training Centre at Brampton (by the end of 1958), some twenty-five to thirty women prisoners will be transferred from Mercer to the new "minimal custody" institution. Those women will be the ones judged most readily reformable.

Continued on page 68



Jell-O is the Sparkling dessert!

Such gay, sparkling desserts you can have with Jell-O! Eleven fruit-fresh flavors . . . eleven pretty rainbow colors to brighten up your table.

There's a Jell-O dessert to suit every meal . . . and every occasion. Serve a Jell-O dessert . . . this week!

Jell-O recipe-of-the-week: PEACH PERFECTION

Created in General Foods Kitchens for your enjoyment

Dissolve 1 package of Strawberry Jell-O in 1 cup *hot* water. Add ½ teaspoon grated lemon rind and 1½ tablespoons lemon juice. Drain juice from canned peaches; measure; add water to make 1 cup liquid. Add to Jell-O. Chill

until slightly thickened. Then fold in 1 cup drained canned sliced peaches and turn into a 4-cup mould. Chill until firm. Unmould. Garnish with whipped cream and additional peach slices. Makes 4 to 5 servings.



Don't let the week go by without **JELL-O**

Jell-O is a registered trade mark owned in Canada by General Foods, Limited

If it's FLAVOUR you want, it's got to be MILKO!

There isn't another instant powdered skim milk product anywhere... at any price... that can equal Mil-ko for fresh, wholesome drinking flavour! So now you can save money 3 ways with Mil-ko, in cooking, in baking and in drinking!

Prove it by serving Mil-ko to your family. Simply mix a quart of Mil-ko according to directions and refrigerate it overnight. Then serve it for breakfast on cereals and in ice cold delicious drinks. Your family will love it.

And, if it's CHOCOLATE you want, it's got to be NEW Hi-flo



In the
Handy,
Pressurized
Tin!

Shake well, turn the tin upside down, release the valve and presto!... out flows the most delicious chocolate syrup you've ever tasted! No more sticky, mussy jars. Serve new Hi-flo as a chocolate milk drink, a topping for ice cream and desserts, or as an easy-to-use chocolate flavouring in cake batters and icings. Look for Hi-flo... it's the only chocolate syrup in the new pressurized tin and it doesn't need refrigeration!



MI-1356

MIL-KO PRODUCTS LIMITED
Hamilton, Ontario

Continued from page 67
MANITOBA GAOL FOR WOMEN — Like most women's prisons, the Manitoba Gaol for Women at Portage la Prairie has no constructive program to reformat inmates for community living. It offers no vocational training. Inmates can learn only domestic skills, by working in the sewing room, the laundry and the kitchen, or the odd craft, such as hand weaving. There is no counseling program.

The gaol is an old two-story structure that is badly suited to its purpose. There is a rough degree of segregation, with first offenders on one floor and repeaters on the other. Although the two groups take their recreation and meals separately, offenders are not segregated according to type for treatment.

Isolation and restraint are at a minimum. The food is good, and color and homespun bedspreads in the dormitories (which are used instead of barred cells) help dispel the prison atmosphere. The women don't wear uniforms, but slacks or skirts and sweaters.

Manitoba is just beginning to look critically and constructively at its correctional services. Last year an adult probationary service, for both men and women, was set up in Winnipeg.

Private organizations have protested the condition of Manitoba's female offenders, and the subject has been debated in the provincial legislature. As yet, no member of the attorney-general's staff has been specifically charged with penal reform.

OAKALLA PRISON FARM — Though far below the standards of the ideal correctional institute, the women's section of Oakalla Prison Farm (ten miles east of Vancouver) is regarded by penologists as the one bright link in Canada's dismal chain of failure in women's prisons. It is the only prison in Canada to adopt to any extent the progressive practices of the cottage system, which duplicates home and social living as nearly as possible.

Oakalla houses ninety to a hundred and twenty women in a two-story building and six huts. Three of the huts are cottages, large cheerful rooms with kitchen and bathroom facilities and with five double-decker bunks for inmates selected as most likely to reform. Segregated from the rest of the prison population, they go to school or to their jobs during working hours, but otherwise cook their meals and spend their time to-

gether with their cottage "mothers," or counselors, in a family setting.

A fourth hut houses small power sewing machines for dressmaking and mending, and equipment for such crafts as leatherwork, rug hooking, weaving, copper tooling, flower making and clay modeling.

An experimental drug rehabilitation clinic is housed in a fifth hut. Completely segregated from the rest of the prison, it holds the drug addicts who are most likely to be salvaged by treatment. A drug addict entering Oakalla (drug addicts make up about sixty percent of the prison's population), is considered critically ill, and in the rehabilitation hut the care and treatment of her illness is directed by the psychiatrist and his team of instructors and social workers.

The sixth hut serves as a school-room. Twenty-six women attended last year and registered for correspondence courses, which included subjects as diversified as typing, Bible study, English and art.

The main building segregates the different types of offenders in single and triple cells, which resemble fairly cosy bedrooms. The prisoners are further subdivided into work teams, with a matron in charge of each. Oakalla's forty-eight matrons who are continuously involved in staff training courses, counsel and encourage the team members. ♦

Chatelaine Needlecraft



CHRISTMAS STOCKING

Sock, twelve inches high, to make for Christmas gift. Kit No. C389 contains stamped red felt, white felt for appliqué patterns and instructions. Trim with oddments from workbasket or jewel box.

Price, 75 cents for kit.

Please order from Mrs. Ivy Clark,
Chatelaine Needlecraft Department,
481 University Avenue, Toronto



"Taste Treats famous
for Quality"

CHEESE TWISTS
CARAMEL CORN
CHEDDAR-ETTS
SALTED NUTS
POPCORN

For new and different ways
to serve, write —

JACKY
P.O. BOX 82,
KITCHENER, ONTARIO

RAYMOND'S NUT SHOPS LIMITED, KITCHENER, ONTARIO

MAKES A GOOD MEAL
MUCH BETTER

Belongs
on your
table and
in your
cooking



LEA & PERRINS
THE ORIGINAL
WORCESTERSHIRE
SAUCE

ARE MOTHERS OBSOLETE?

Continued from page 37

before her, waiting for that rush of after-school togetherness with her young. Joan was just voted most popular girl in Peabody Avenue Public School, and I believe it, because we haven't seen her around here for three weeks. I know she still lives here, though. Her toothbrush is wet every morning.

Other mothers report the same disillusionment. In the early years they dreamed of children sipping Mum's cocoa as they bared their innermost thoughts and begged for her guidance.

Mother's by the fireside in real life, all right, but she's reading the Help Wanted Female ads. The kids are out taking ice-skating lessons or practicing for the track meet, or they are all over at Tommy Jameston's, building satellites in his basement.

If Joan has a problem on her mind, she's perched on a stool at the corner drugstore, pouring it out to another freckleface Grade Eighter with bands on her teeth.

I know now why mothers go to Home-and-School meetings. It's for the chance to shuffle up to teacher and ask how the kids are these days.

Mum keep out

All the big wheels in family case-work are urging us back to the hearth. They want us to devote all our weekdays to cleaning and sweeping, so our families can enjoy a detergent-bright oasis from the outside world every weekend.

My husband Bill informed me early in our marriage that I was to keep my size-7 bucks out of his basement workshop at all times. I dare not run the vacuum to the doorsill without being accused of having misplaced six wide-blade hack saws. Sure, it's chaos in there—but there would be a tense domestic scene if I tidied so much as a sawdust frill. I get the same husbandly hands-off signal about his shirt drawer and the hi-fi (whisk a duster near that diamond stylus and my children will be half way to being orphaned overnight).

The kids are worse than Bill. When they were small and easily intimidated I could curb the worst excesses in the recreation room, but no longer. Not since Ian had his train set up permanently. There's a large KEEP

Today's Canadian Woman Wants to Know



She relies on famous symbols in her shopping to assure her that the product has a **reputable maker behind it.**

Advertisers want to know, too. When they "shop" for the best publications to advertise in, the A.B.C. symbol points the way to a publication with a **reputable publisher behind it.**

For over forty years, A.B.C. has been the one dependable yardstick as to the **number** of people who buy a publication.

Advertisers **know** how many women pay to read Chatelaine, because Chatelaine's circulation is verified by the Audit Bureau of Circulations, a non-profit, co-operative association of publishers, advertisers and advertising agencies.



A good magazine, wherever it's sold, is an "A.B.C." magazine.

CHATELAINE

The Canadian Home Journal

The Maclean-Hunter Magazine for the Canadian Woman

she's a household V.P.



she stays glamorous
all day long with

LOVABLE

**"Lastic
Love"**

at ONLY \$2.50

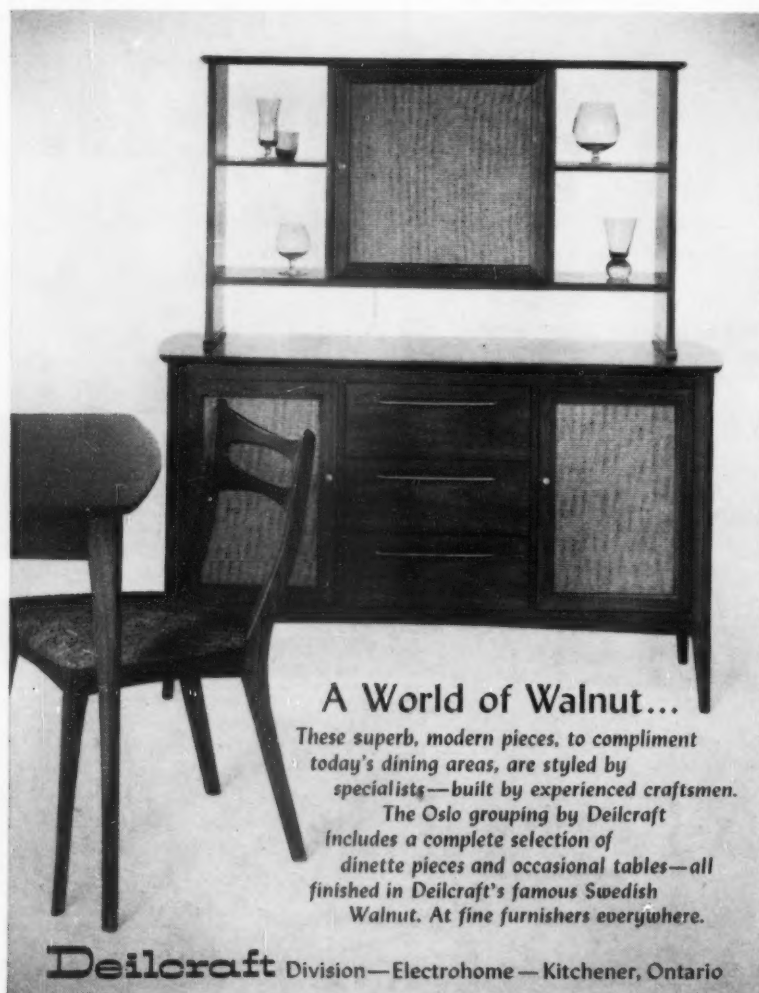
New Lovable style . . .

with cups set individually
to build you up in a
naturally lovely way. Fine
batiste Lastex sides and
back, and centre insert,
for complete comfort and
freedom. White cotton.

A 32-36; B 32-38; C 34-40 **\$2.50**

Lovable

At Better Stores Across Canada.



A World of Walnut...

These superb, modern pieces, to complement
today's dining areas, are styled by
specialists—built by experienced craftsmen.

The Oslo grouping by Deilcraft
includes a complete selection of
dinette pieces and occasional tables—all
finished in Deilcraft's famous Swedish
Walnut. At fine furnishers everywhere.

Deilcraft Division—Electrohome—Kitchener, Ontario

Chatelaine — November 1958

OUT—THIS MEANS YOU, LADY on that door, and a NO ADMITTANCE on the door to his bedroom. I'm one who can take a hammerlike hint—especially when it's accompanied by a skull-and-cross-bones sign.

We used to argue over the bedroom, but not since Ian started keeping white rats in there. Friday mornings I am allowed to push my way inside to change the bed sheets—and nothing more. When I happened to pick up a book from the floor and close it one day, losing his place, I was accused of driving him away from the whole stream of English literature.

Joan's room is barricaded against any possible intruders possibly because she's afraid I might find the tube of Wonder Skin Clay Pack she has hidden under the bed, or the new jar of Royal Queen Bee Jelly buried behind her pink-elephant collection. And to think I'm still trying to introduce her to soap and water.

Brigitte Bardot would fail

I've learned why the care and feeding of the African Violet has become an obsession with our sex. The potted plant is the one thing we can work on without upsetting the delicate temper of the household.

We don't even have Kate Aitken any more.

And Kate reminds me: I think I could prepare those mouth-watering recipes the radio dietitians and magazine cooks beam at me—if my family would eat them. When I bake a succulent maple fudge cake I eat the darn thing. My husband states that cake is fattening. Ian reminds me cake rots the teeth and "none of that sweet guck" for him, man. Joan disappears.

As for foreign dishes—if Brigitte Bardot brought crepes suzette over in her very own frypan, they wouldn't buy.

When my first-born, Ian, reached the ravaged age of two-and-a-quarter he discovered another, brighter world beyond our front porch. From then on he raced through his oatmeal and juice, chanting, "Get me dressed—I'm going out." He didn't return until hunger drove him home, and even then ate lunch with his hat and coat on.

Ian's daily routine has remained unchanged, barring two enforced stays indoors for mumps and pink eye. I sometimes feel I have spent my life's best years leaning over the porch

rail yelling to the horizon, "Come home, come home." Buzzsaw throat, the doctor calls it.

But with a dreamy disregard for these facts of modern life, clergymen and child guidance consultants are still pushovers for that companionship bit. They prattle on about family-centred activities—home hobbies, picnics, cookie baking—all designed to strengthen the mother-child relationship.

I'm no cynic, but I've yet to see the family picnic that didn't end in near child-murder. As for creative hobbies, those in our family are truly do-it-yourself—I finish them when I get tired of falling over them.

Family-centred! "Look, for Pete's sake, Maw, nobody else will be dragging their parents along! Showing up with my mother yet!" All I get asked to are report-card sessions with the principal, and Mother's Day church service.

"Well let me drive you over," I offer. "You can tell me about winning that public-speaking contest . . ."

"Okay, but don't get out of the car," Ian implores. I'm permitted to tag along if I bring the Pontiac with me. Mother has become a license number, just for a chance to see her young.

Years ago when Bill and I still had our dreams, we took out a hefty mortgage on a summer cottage, convinced such a retreat would do worlds of good for the kiddies. What companionship we'd enjoy! Those would be good summers, family summers . . . wienie roasts and talk late into the mosquito-filled nights.

Life at old Living Death

Well, the place was a hit, so long as they both bobbed around in the shallow end on inflated elephants. However, once he reached the sophisticated heights of Grade 2, Ian heard of Scout camps, day camps, camps for young canoeists. A year or so later and Joan was coming home with wide-eyed descriptions of Guide camps, weekend camps, camps for little girl bird banders . . . and our cottage became a dump, a living death.

In the years of disenchantment, while I struggled to get the pump working, carried in the wood and battled a stove that burned the roast while leaving potatoes cold and introspective, the kids wandered around with glazed eyes. "Next summer," from Joan, "can I go to camp? With

Now...for the first time

A special laxative for women!



- Regulates effectively
- Works so pleasantly
- Ideal for a woman's delicate system

Correctol is an entirely new type of laxative...developed especially for you and your delicate system!

Correctol works differently from most other laxatives. Even during menstruation, in pregnancy, after childbirth, it gives the gentle and pleasant relief a woman wants and needs. And women past middle age get the same sure, gentle relief.

The secret of Correctol is a new *non-laxative regulator* — with a wonderful action that simply softens waste. Along with this, Correctol contains a small amount of *mild laxative* — just enough to give regularity a start.

The next time constipation troubles you, try new Correctol. Get the fast relief you want and need — in a gentle, pleasant way. Now at all drug stores. 30 tiny pink tablets, only \$1.25.

Correctol.

the first laxative
especially for
feminine use



Chatelaine — November 1958

my friends? Instead of dying in this hole every vacation of my *entire* life?"

They went. Now from July till Labor Day the one chance I have to see my own flesh is on rigidly prescribed Visiting Days. We mothers are herded under a tree, where we stand like a clump of weary daffodils, watching our children show off their expensive wood lore.

My advice on clothes, language, hair styles and careers is scorned. Ian and Joan travel in convoys of their kind, and take their philosophy from more intelligent, sensitive, up-to-date types, namely anybody who happens to be in their class at school.

When they were dimpled darlings in bassinet and stroller, Bill and I bought a camera, lights and tripod. In time we added movies, for after all, the ads kept pointing out, kids are only young once, and how they'll appreciate that record of their growing years. Joan and Ian refuse to sit through an evening of the one thousand color slides and only run the home movies backward for the part where Joan dives up out of the lake and onto the springboard.

Mother isn't hip

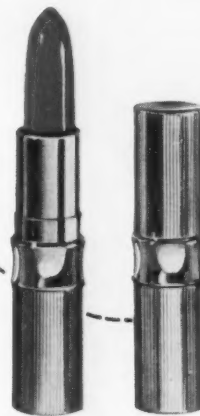
When Joan frets over fractions, I only cause her confusion by attempting aid. Apparently since my day—1928 to 1940 — the basic laws of arithmetic have been tossed to the winds. When a curt note arrived from her teacher, asking me to stop undermining my daughter's education, my grey matter grew perceptibly greyer.

I had failed my daughter. But every authority is fond of repeating how a boy needs his mother. So over his strong objections, I taught Ian to dance. His pals laughed at his fox trot; they were doing the Charleston. By the time I limbered up my Charleston they were on to rock'n' roll.

It's a hard fact, but we women face it unafraid. The modern home needs us like it needs a bottle of stove blacking. And our kids? They can tolerate us—in small doses.

No wonder 585,000 married women—half with children—have joined the march of evolution right out the front door. The crepe hangers miss the point. We aren't working to fill the gin mills, or to buy a long line of plug-in appliances, or even to ditch our young. We're working because experience has taught us the modern home has no place for a full-blown mother. ♦

NEW!



DU BARRY Royal Lipstick

with Royal Jelly of the Queen Bee

Never in all your born days have your lips been so pampered, so utterly captivating! That's because Royal Lipsitck is an entirely new *kind* of lipstick—with the rich rare beauty benefits of Royal Jelly blended right into this fabulous never-before formula! Your lips feel moistened, softened, nourished, every minute it's on. And the stay-on power will astound you! How pretty can a queen be? Try DuBarry Royal Lipstick and see! In a queen's ransom of a case, \$2.00; Click-in refills, in 6 queenly colours to choose from—\$1.25 each.

Fit for a
Queen

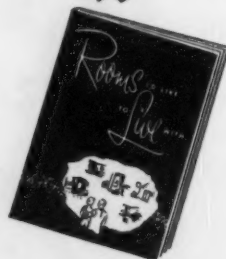
THE
Du Barry
Royal Family

BY RICHARD HUDNUT

LIVE MODERN HERE?



Let this book be
your Idea Starter



You can live modern right where you are—by transforming the house you have into the home you have dreamed of. This booklet, "Rooms I'd Like to Live With", shows you old rooms that have been made modern... makes it easy to develop new ideas about your present home.

Ask for this booklet now. It will kindle your imagination. You'll develop ideas to make your bathroom sparkle with style and beauty... your kitchen a joy to work in... a basement with an attractive heating plant which makes an extra room possible... a living room where radiators will blend with your decoration scheme.

You'll be amazed how you can add style, convenience and greater comfort to an older home... and usually at far less cost than you thought possible.



Your plumbing and heating contractor will gladly help you. Easy payments may be arranged, if you wish, through your bank with a Government-sponsored Home Improvement Loan.

Fill out the coupon today.

AN INDUSTRY SERVING THE NATION'S HEALTH

Canadian Institute of Plumbing & Heating,
Department CH-5,
550 Sherbrooke St. W.,
Montreal, P.Q.

Without obligation, please rush my copy of the colorfully illustrated "Rooms I'd Like to Live With"—FREE

Name.....
Street.....
City..... Prov.....

LATEST NEWS ABOUT HAVING YOUR BABY

Continued from page 21

How much weight is it safe for the pregnant woman to gain? She is expected to have an average increase of two pounds during the first three months, eleven pounds during the second three months, and eleven pounds again during the last three months. Twenty pounds are usually lost during delivery or shortly afterward.

All pregnant women have, to a certain degree, an increase in appetite. But in some women this increase is made even greater by emotional factors and by the now-debunked notion that she must "eat for two." The woman who overeats and gains too much is prone to have various complications of pregnancy.

Are pills meant to help control her appetite and weight increase safe for the pregnant woman and her baby? Some women find it difficult to adhere to any diet that seems to them to be too strict. Such women would benefit from a drug that would suppress appetite. Unfortunately, most such drugs have a stimulating effect on the nervous and circulatory systems that might be dangerous in pregnancy.

Dr. Charles H. Birnberg, of Brooklyn, advocates the use of a drug—phenmetrazine hydrochloride—which has been investigated extensively in Europe for the last three years and in the United States more recently. The patients he treated with this drug gained considerably less weight, without being on a special diet, than did a control group. And his patients suffered from no bad side effects.

Is there any danger to the baby if the pregnancy goes past term? It has recently been suggested that when a pregnancy is unduly prolonged past term the death rate of the infants goes up. It is therefore essential that the obstetrician know the exact termination date of pregnancy. However, the usual methods of calculation of this date are not precise enough. Recently vaginal smears at the time of labor have been studied in an attempt to secure criteria characteristic for the end of pregnancy.

Dr. Nathan Freedman, of the Department of Obstetrics and Gynecol-

ogy, Jewish General Hospital, Montreal, studied the vaginal smears of 246 pregnant women in labor and was able to distinguish differences in the smears of women whose pregnancy had gone over the expected date. He suggests that after more work with this test it might be possible for a doctor to know when a pregnancy is truly at an end and when labor can safely be induced.

Most doctors warn their patients of the dangers of toxemia. What is this complication? Suffered by about four percent of pregnant women, toxemias of pregnancy are disturbances characterized by hypertension, edema (excess fluid in the tissues) and proteinuria (albumen in the urine). Toxemia is anticipated by the doctor when a patient gains weight rapidly. In certain severe cases, the patient may have fits or convulsions. The most serious form of toxemia, called eclampsia, is now fortunately rare (less than 1.4 percent of those with toxemia will develop it) due to better prenatal care.

The signs of toxemia do not usually appear until the thirty-second week of pregnancy. In most patients the disease runs a mild course but in about ten percent of the cases the fetus dies and in another five percent the fetus will die shortly after birth. Prematurity is also more frequent in toxic mothers. Some doctors suggest that a pregnant woman is more apt to become toxic if there is a history of hypertension (or high blood pressure) in her family.

The best defense against toxemia is the patient's regular appearance for prenatal check-ups and her careful adherence to the doctor's advice about diet, general hygiene and rest. If she has had a previous history of toxemia (and about thirty percent of those who had it once will have it again with a later pregnancy), the doctor will see her more frequently and probably put her on a diet, cutting out salt, spices and fatty foods. The curtailment of weight gain to twenty pounds during the whole of pregnancy reduces the likelihood of toxemia.

If a pregnant woman has toxemia is she likely to suffer from any effects after the birth? Dr. Y. Nakatsu and Dr. T. Suzuki, of Tokyo, recently published a report on the later effects of toxemia on 887 pregnant women. Twenty-six percent of these women still suffered symptoms after their babies were born (41.6 percent

of them still had high blood pressure). These doctors suggest that if the symptoms don't disappear soon after delivery they remain for a long time.

In the Tokyo studies damages followed toxemia more frequently in women over twenty-five, in those who had four or more children or who had previously suffered from nephritis (inflammation of the kidneys).

Some women have difficulty becoming pregnant; once pregnant, will these women continue to have more trouble than the average woman? The group of women (called subfertile) who have found it hard to conceive, will also have greater difficulty carrying a baby to term. Dr. Gilbert Dalley, of London, England, speaking of 74 pregnancies in subfertile women, reported that only 30 percent of these pregnancies were uncomplicated ones. Twenty-three percent of the women became toxic (compared with four percent in the general population) and Caesarean sections were performed in 20 percent (compared with 4.9 percent in the general population). He concludes that of the women who had difficulty in conceiving only one third delivered live babies without complications.

Can the pelvic floor muscle exercises be used to help any other ailments found in women after childbirth? Dr. Lowell Bushnell, of Los Angeles, claims that these exercises can prevent or at least help control many ailments, such as retroversion of the uterus, hemorrhoids, dyspareunia (painful intercourse) and lack of coital pleasure. The latter complaint, due frequently to muscles stretched after childbirth, can be avoided if exercises are quickly resumed after delivery (Bushnell suggests within six to twelve hours). He feels that the exercising of these muscles will also speed up the healing process of the birth canal.

What is the current status of natural childbirth? Dr. Giuseppe Moggian, of the Obstetric and Gynecology Clinic, Bologna, Italy, has recently been visiting leading medical centres of the world to study the methods of psychological and physical preparation of women for childbirth. He finds that the two most-favored methods are the natural-childbirth method of Grantly Dick Read and the psychoprophylactic approach advocated

soft enchantment... alive with color

DU PONT Nylon

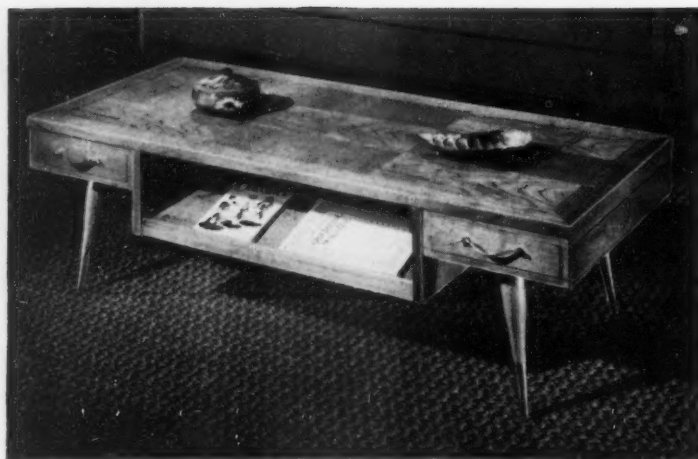
really has it!

HARVEY WOODS shapes carefree, luxurious nylon tricot into lingerie you'll love to wear!

Elegant gowns and slips lavishly trimmed with lace... colors so exciting you'll want them all!

Wear "Hint of a Tint" hosiery for fashion's smartest look!

DU PONT
CANADA
Better Things for Better Living
through Chemistry
DU PONT COMPANY OF CANADA (1956) LIMITED • MONTREAL
Nylon TV
look for this tag!



created
for
contemporary
living

Fashioned to satisfy the discriminating tastes of those who love perfection in styling and craftsmanship. Genuine Walnut, Cherry or Mahogany woods, depending upon the finish selected, are attractively inlaid to form attractive parquet tops. Deep lustre, satin smooth finishes in a choice of Swedish or modern Walnut, Cordovan Mahogany, Spicetone and Fruitwood, hand rubbed then polished to emphasize the distinctive natural beauty of the fine cabinet woods used throughout.

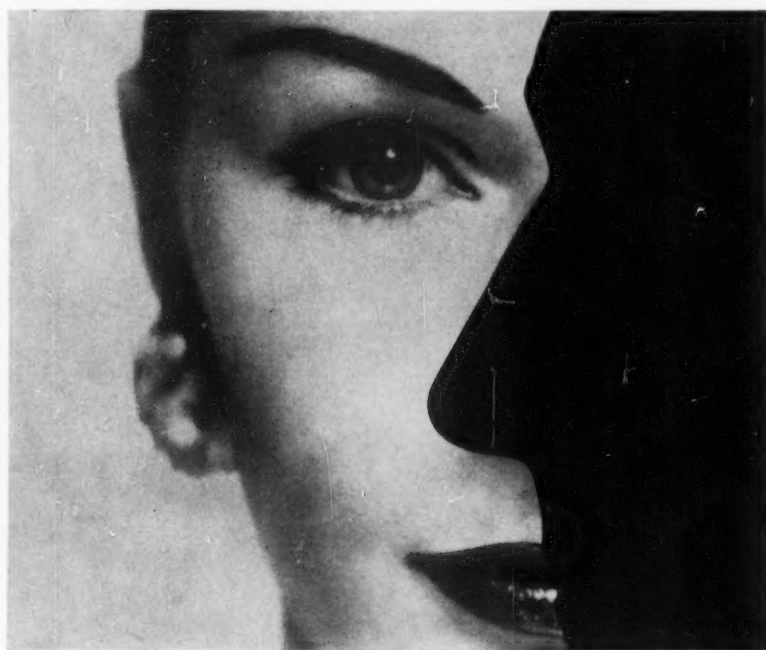
Chemically hardened finish protects against liquid stains, marring and scratching. See the four tables of the Sorrento group at your local furniture store . . . they are moderately priced.

For a 32 page catalogue illustrating the complete line of beautiful HEIRLOOM occasion furniture send .25¢ for handling and mailing to The Chesley Chair Co. Ltd., Chesley, Ontario.

SORRENTO by

HEIRLOOM

Quality you can Trust



The invisible cosmetic

that brings out the beauty in you

Perfume by Dana



Paris-born . . .
Ambush

A fragrance by Dana is the invisible cosmetic that comes in a bottle, but is applied to the soul, creating beauty from inside out. Don't leave home without it. Truly well-dressed women never do.

by *Dana*
PARIS — NEW YORK — TORONTO

Dana Perfumes, for every facet of beauty Dana—creator of the world-famous TABU the "forbidden" fragrance.

by two Russian doctors, Nikolaev and Velvoskij. The Read method is employed primarily in Western countries, the other mainly in Asia. In the Read method the main emphasis is on psychological preparation through education; the Russian method emphasizes physical education and exercises.

In China psychological and physical education is widely employed. In Japan, too, both the Read method and the Russian method are used extensively and successfully.

In the U. S. the Read method was adopted for the first time in 1947 by Dr. R. Thoms at the Yale University School of Medicine. Sixty percent of the doctors favor preparation of some sort (education, exercises, etc.) but only a few are really enthusiastic about the Read method. Most of the doctors suggest combining some psychological preparation with the use of some analgesia.

Moggian concludes that in the U. S. the Read method has failed. He feels this may be due to an inaccurate interpretation of the method and the lack of sufficient, specialized staff.

Dr. Carl Tupper, of the Victoria General Hospital in Halifax, reported to Moggian on natural childbirth in Canada. Specifically he spoke of their experience in Halifax with twelve hundred women delivered by a somewhat modified Read method. Although at first the doctors themselves felt that natural childbirth implied painless childbirth, they found that except in a small percentage of cases the women still felt pain. But in spite of this their patients were enthusiastic about the method.

The doctors observed that the major effect of their natural-childbirth training was on the interval between contractions, rather than directly on the uterine contractions themselves. If a woman relaxed physically and mentally following a contraction, she was free from anxiety and tension and did not appear to mind the next contraction.

Using their method they found that seventy percent of the women having their first babies and seventy-five percent of the women who had already had a child were spontaneous deliveries with no general anesthetic.

The greatest tribute to the method as practised by the Halifax group is perhaps in the satisfaction and enthusiasm of the women themselves. Approximately ninety percent stated that

when they had another baby they would definitely want to have it by natural childbirth.

Do tranquillizers have any role to play in childbirth? Dr. F. Sidney Hobbs and Dr. J. Carrol, of Vancouver, have had experience in five thousand cases using a tranquillizer (promethazine) to ease the discomfort of childbirth. The patients were calm and relaxed. The use of the drug neither lengthened nor shortened labor, nor was there any increase in maternal or fetal mortality. On the contrary the babies seemed to be in good condition when they were born and had fewer breathing difficulties than did the babies of mothers who had not had the tranquillizer. The women themselves reported that they had less pain and discomfort.

Which anesthetics are most accepted by the doctors? The obligation of reducing fetal morbidity and mortality to a minimum forces the obstetrician to consider constantly the problem of anesthesia. All anesthetics carry some risk—inhalation anesthesia may cause vomiting in the mother and breathing difficulties in the baby; spinal anesthesia may result in sudden death or paralysis for the mother.

However, many doctors feel that spinal anesthetics are best when a Caesarean section is to be performed. In some obstetrical centres spinals are suggested for use in normal labors, too. Of the inhalation anesthetics ether is rated as having the greatest margin of safety and gives the deep anesthesia that may be needed in the last part of the delivery. New anesthetics are constantly appearing and each doctor has his own preference with view to the safety and comfort of patients.

How can prolonged labor be speeded up, and how can it be prevented? Some women have their babies very quickly; an almost equal number of women (8.1 percent to ten percent) have slow or prolonged labor. Of these two, prolonged labor carries with it a greater danger to the mother and the child. It is caused by insufficient force and frequency of contractions (what doctors call "uterine inertia").

Formerly operative measures were used to end prolonged labor; now conservative measures are used first in an effort to reduce the necessity for surgical procedures. Dr. Belashapko, of the Leningrad Institute of Ob-

stetrics, feels that labor can be effectively speeded up by the use of mechanical and hormonal means. Stimulation of the mammary nipples has been found to be an effective means. In some cases, drugs—for example, pituitary derivatives—are given.

But Belashapko suggests that if the woman is properly prepared during pregnancy, the delivery will be normalized and prolonged labor avoided. He found that the pregnant women who suffer from insomnia and stress are the ones who have trouble during delivery. At the Leningrad Institute nervous tension is treated early in pregnancy and the woman is given exercises to do.

Does a woman over thirty-five having her first child run greater risks to herself and her baby than does the woman in her twenties having her first child? Certain complications of pregnancy occur with greater frequency in the over-thirty-five group. As a consequence the outlook for the baby is somewhat less favorable.

If a doctor knows before the date of delivery that a woman is going to have twins, what can be done to make the delivery safer for the mother and her children? The cause of mortality is mainly prematurity and conditions arising from it. Dr. Josephine Barnes, of London, England, suggests a program of care for the woman carrying twins. The mother is admitted to hospital at or near the thirty-second week of pregnancy and is kept under strict supervision with rest in bed until she has passed the thirty-sixth week. Her blood pressure, weight gain and so on are carefully checked, and she is given a high-protein diet with added vitamins and minerals. Under this strict regime Dr. Barnes has found that prematurity in the infants is reduced, and therefore that the babies when they arrive are heavier and have a greater chance of survival.

Approximately one out of ten pregnancies ends in spontaneous abortion or immature labor. Are there ways to reduce this loss? Doctors find it difficult to agree on the causes. Some have suggested that deficiencies in diet, lack of hormonal support, injury or travel, play a part.

Among the doctors who suggest that recurring abortions or immature labor are due to previous injury to the neck of the womb are two from widely separated parts of the world



Silknit
PRESENTS

Brush Stroke

**Exciting new
lingerie styles
in colors inspired
by one vivid stroke
of the Artist's brush**

Yes we're excited about our new Fall lingerie ensembles! And you'll be, too, when you see the beautiful styling . . . the vibrant colors. Perfectly matched for daytime and dreaming.

"Flair" Peignor in easy-care Arnel tricot worn over matching gown. In Persian Melon; Canton Teal; Paris Rose; Mint; White. S-M-L \$7.95*
Matching Gown. 32-38 \$6.95*

"Flair" Baby Doll Scamper. (Same colors as peignor). S-M-L \$5.95*

"Bow Beauty" Slip in finest of Terylene tricot. Canton Teal; Paris Rose; Persian Melon; Dresden Blue; Pink Fire; Mint; White. 32-42—\$4.95*
Matching Half Slip. S-M-L \$3.95*




*Suggested retail price

Silknit Lingerie is available at these and other leading stores . . . Coast-to-Coast

Barrie, Ont. Style Shop
Brantford, Ont. Wm. Brown & Son
Calgary, Alta. Binnings Ladies Wear
Cardston, Alta. Hudson's Bay Co.
Charlottetown, P.E.I. Model Millinery
Courtenay, B.C. Progress Bros. Ltd.
Dartmouth, N.S. Laver's Dept. Store
Edmonton, Alta. Solomon Bros.
Edmonton, Alta. McArthur's Ladies Wear
Essex, Ont. Tracy's Fashions
Guelph, Ont. Woodward Stores Ltd.
Hamilton, Ont. Vera's Ladies Wear
Kamloops, B.C. Budd Stores
Kamloops, B.C. Belgium Hosiery
Kamloops, B.C. Jessie Whitcombe
Kamloops, B.C. Beaton's Ladies Wear

Kimberley, B.C. Marcella's Ladies Wear
Kitchener, Ont. Goudie's Dept. Store
La Combe, Alta. Jack Kannekesser
Lethbridge, Alta. McArthur's Ladies Wear
London, Ont. Feltine Corsets
New Glasgow, N.S. Biggs's Ladies Wear
Orangeville, Ont. Deb Shop
Peace River, Alta. Trend Ladies Wear
Peterborough, Ont. Black's of Peterboro
Quebec City, Que. La Compagnie Paquet Lee
Sault Ste. Marie, Ont. Taylor's Wool Shop
St. Catharines, Ont. Clara's Shop
St. Jerome, Que. Bazar St. Jerome Lee
Toronto, Ont. Casual Girl, New Toronto
Toronto, Ont. Charlotte's Fashion Shop, Bloor St. W.
Toronto, Ont. Clayton's Stores Ltd., Yonge St.

Toronto, Ont. Dorothy Ladies Wear, Dundas St. W.
Toronto, Ont. Kris Ladies Wear, Eglinton Ave. W.
Toronto, Ont. San Suzy Sportswear, Danforth Ave.
Trail, B.C. Mary's Fashion Centre
Trois Rivières, Que. Juliette Lingerie
Valleyfield, Que. Mamselle Lingerie
Vancouver, B.C. Hudson's Bay Co.
Vancouver, B.C. Lauries Ltd.
Vancouver, B.C. McKee's Ltd.
Vancouver, B.C. Orpheum Lingerie Shops Ltd.
Vancouver, B.C. Vanity Hosiery & Lingerie
Vancouver, B.C. Woodward Stores Ltd.
Vernon, B.C. Block's Apparel Centre
Welland, Ont. Smart Wear Specialty Shop
Weston, Ont. Robert Smart
Winnipeg, Man. Dobie's Style Shop

—Dr. Abe Lash, of Chicago, and Dr. V. N. Shirodpar, of India. They feel that such injury, caused perhaps by instrumental interference or difficult delivery in previous pregnancies, can be corrected surgically. Lash suggests just sewing up the injury to reconstruct a normal cervix. Shirodpar ad-

vocates a more difficult plastic operation in which he takes tissue from other parts of the body, and uses it to form a clamp on the cervix. This is removed when the pregnancy is near an end to permit a normal delivery.

Recently hormones—in particular,

progesterone—have been advocated by some for use in threatened abortion. Some doctors claim good results with this drug; others say that in their experience it does not alter the course of a threatened abortion.

For the last five years a research group in Halifax has been investigat-

ing the causes of threatened abortion, and has now published its findings. This group feels that former studies of the aborting woman looked at too narrow a segment of her—her body only—and ignored the importance of the environment surrounding her.

After examining the women who were admitted to the Victoria General Hospital with the symptoms of spontaneous abortion this group was able to state that it could find no evidence that the causes to which abortions are usually attributed played any real part. It agreed with the findings suggested by some previous researchers that if a woman is going to abort she will do so whether or not she has extra hormones, high doses of vitamins, or is put to bed to rest.

On the positive side this group reached the conclusion that personality factors and the woman's past and present environment "may ultimately prove the real cause of spontaneous and habitual abortion."

Why is breast-feeding recommended?

Breast-fed babies have fewer illnesses in the first year of life than bottle-fed babies and usually are immune from measles for at least two years. But although breast-feeding is considered so much better than bottle-feeding, only fifty percent of the babies are still breast-fed at the end of two months.

It is suggested that more mothers would continue to breast-feed their babies if they were given more encouragement, had greater attention paid to the condition of their nipples and if their babies were on demand feedings. One study showed that babies on demand feedings gained weight more rapidly than did those on a rigid four-hour feeding schedule, and their mothers suffered fewer complications such as overdistention of the breasts and sore nipples.

Many nursing mothers have been told by their doctors to drink large quantities of milk and other fluids. But it has been found that this does not increase milk production and that the mothers do better when they are left merely to satisfy their normal thirst.

Why do pregnant women need more iron? Pregnancy increases the demands for iron. However, doctors can't agree on how much a pregnant woman needs, nor can they decide on just what is iron deficiency in pregnancy. They do agree, though, that anemia caused by the lack of a suffi-

for the look of style
and the feeling of assurance

Phantom

Phantom
... such a
wise choice for
any occasion."

You . . . and your hosiery . . .
are more on view than ever.
The shorter skirt of modern styling
reveals more of the leg.
Phantoms assure you that every
head-to-toe look lingers
appreciatively. Phantoms enhance
your sleek femininity.
Phantom Nylons . . . available in
delightful Hint of a Tint tones,
and in Standard colours,
to suit every costume.

Sanitized
for day long
daintiness

MORE WOMEN PREFER PHANTOM NYLONS THAN ANY OTHER BRAND



cient amount of iron in the diet is all too frequent, and that it is more frequent in women who rarely eat meat and vegetables.

Unless the anemia is severe there are not likely to be any symptoms of the condition. Because of the high incidence of deficient iron stores at the beginning of pregnancy and the large number of pregnant women who don't get enough iron in their diets, most doctors administer iron routinely in pregnancy. Their patients are advised to start taking iron pills three times daily after meals by at least the third month of pregnancy.

What would be the ideal modern hospital obstetrical care? Obstetricians must dream of ideal maternity hospitals as women dream of ideal kitchens. Dr. Howard P. Taylor has seen many of his dreams come true in the obstetrical unit of the Cleveland Clinic Foundation in Cleveland, Ohio.

This unit has been built for the family-centred childbirth that Taylor and his colleagues feel strengthens the mental health of the community. Taylor maintains that it is the obstetrician's responsibility to make the labor and delivery a pleasant psychological experience for the mother, as well as a safe one for both the mother and child. The hospital, he believes, should provide cheerful surroundings, allow the husband to be with his wife and give the mother a chance to become acquainted with her baby.

In Dr. Taylor's hospital the woman on admission is first put in a pleasant prelabor room where she can relax with her husband, watch television or have a snack. When her contractions become stronger she goes to an individual active-labor room, where there is also a comfortable chair for her husband. In the delivery room itself the woman can watch her baby being born, by means of a mirror.

After the birth the mother is taken to the constant-care room, a multibed unit with nurses in constant attendance, until the doctor is certain that there are no complications. Then she goes to her own room. Her baby is in a nursery, which the mother is allowed to visit at any time. Or if the mother wishes she can have a semiprivate room with a nursery for four babies between her room and the next semiprivate room. Here she will care for her own baby, and the father can help too when he comes to visit.

Close to her room is a lounge

where she may visit other patients, read or watch television. There is also a small kitchen in which the mother can prepare breakfast.

Prior to the birth of the baby both the mother and father attend six lectures and in addition have hospital procedures explained to them. A

physiotherapist instructs the mother in the exercises that will be helpful to her during the delivery.

Taylor feels that with this prenatal education in addition to the hospital especially constructed to the needs of the pregnant woman they have satisfied the growing concept that the hos-

pital obstetric department should be considered a temporary extension of the parents' home where the husband and wife can share the arrival of the baby in safety and comfort.

For childbirth methods in other countries, see next page.



One thing the camera couldn't show...

...You feel the presence of it from the moment you step aboard one of the giant airliners of BOAC's "jet age" fleet—yet it can't be captured by all the sorcery of the lensmen.

It is the warm, the subtle glow of graciousness revealed in the manner in which

you are served, that heaps your measure of enjoyment.

Cradled in foam-soft seats, relaxed in spaciouly designed cabins, you're borne aloft smoothly and swiftly into the realm of jet age travel.

"The change, the glamour, is as refreshingly

different as the accents and atmosphere. The going is good," say veteran travellers. Board your plane at Montreal or New York. If more convenient—Detroit, Chicago or San Francisco. To fifty-one countries, including Nassau and Jamaica, fly BOAC and enjoy the world's finest service aloft!

Reservations through your Travel Agent, Railway Ticket Office or:
BRITISH OVERSEAS AIRWAYS CORPORATION
MONTREAL • TORONTO • WINNIPEG • VANCOUVER

fly **BOAC**
World leader in jet travel

EASY, SURE PROTECTION

for your most intimate marriage problem

Tested by doctors... proved in hospital clinics



1. ANTISEPTIC (Protection from germs) Norforms are safe and sure! A highly perfected hospital-proven formula combats germs right in the vaginal tract. The exclusive greaseless base melts at body temperature, forming a powerful, protective film that permits long-lasting action. Will not harm delicate tissues.

2. DEODORANT (Protection from odor) Norforms were tested in a hospital clinic and found to be more effective than anything it had ever used. Norforms are powerfully deodorant—they eliminate (rather than cover up) embarrassing odors, yet have no "medicine" or "disinfectant" odor themselves.

3. CONVENIENT (So easy to use) Norforms are small vaginal suppositories, so easy and convenient to use. Just insert—no apparatus, no mixing or measuring. Your druggist has them in boxes of 12 for \$1.50 and 24 for \$2.50.



Tested by Doctors • Trusted by women

FREE informative Norforms booklet

Mail the coupon TODAY

Dept. CH-811, Norwich Pharmacal Co.,
36 Caledonia Road, Toronto, Ontario

Please send me the explanatory Norforms booklet, in a plain envelope.

Name.....
(Please Print)

Street.....

City..... Province.....

HAVING YOUR BABY Continued from page 77

WHAT OTHER COUNTRIES DO ABOUT CHILDBIRTH PROBLEMS

Here is a summary of some of the highlights of comments on childbirth practices throughout the world, made by outstanding women doctors attending the Second International Congress on Obstetrics and Gynecology in Montreal.

DR. MARGUERITA BULSKA, OF WARSAW, POLAND: Women are playing an increasingly large role in medicine in Poland. More than half the medical students are women; the pediatricians (with the exception of a few older men) are all women; half the doctors working in internal medicine are also women; and the number of women in the field of obstetrics is climbing—to an extent that worries some of the country's male doctors. These critics insist that irregular hours are hard on women, that women doctors are reluctant to go to country hospitals where they are needed because their husbands have jobs in the city which they do not want to leave.

Poland has the highest birth rate in Europe at the moment, and midwives, each with a specified district, deliver most of the babies born at home. These midwives are trained in special schools, and work with the full co-operation of the doctors.

As a rule in childbirth very little anesthetic is used, and spinal anesthetics in particular are avoided. Breast-feeding is encouraged, although this is somewhat difficult because so many mothers return to work after the birth and because there is still a food shortage, which affects the mothers' production of milk.

Women who work are given three months' holiday when they have a baby—usually two weeks before the delivery, and the remainder afterward.

Few sterilization operations proper are done in Poland. If in the course of other operations (for example, a hysterectomy) a woman is sterilized, this is legal. But the operation is not performed for heart disease, mental illness and other reasons that certain other countries consider valid.

DR. LORNA LLOYD-GREEN, OF MELBOURNE, AUSTRALIA: Dr. Grantly Dick Read traveled widely in Australia to spread the concept of natural childbirth and most of the women are now trained for childbirth: a physio-

therapist teaches them exercises—breathing and pelvic.

In the cities all confinements are at the hospitals. Midwives (trained in special schools in Melbourne) are in attendance, but a doctor is usually present at the delivery too. Mothers are encouraged to breast-feed their children.

In normal deliveries the mother is lying on her left side—an obstetrical procedure almost unique to Australia. It is felt that this is the position in which she is accustomed to relax, and that at this time the position of greatest comfort should be encouraged.

DR. JULIET DE SA SOUSA, OF BOMBAY, INDIA: The infant and maternal mor-

and sterilization operations an effort is being made to reduce it. Throughout the country there are birth-control centres where the woman can get any knowledge she desires. After a woman has had at least four children—of whom two are boys and one at least eight years of age—she can ask to have a sterilization operation.

In spite of India's high birth rate, sterility is a problem in twenty to thirty percent of all marriages, and this rate (for reasons not yet clearly understood) is becoming higher.

DR. MIRJAN FURUHJELM, OF STOCKHOLM, SWEDEN: Lectures on relaxation—ten in all—are given to the expectant mother at the hospital. She is also familiarized with the hospital and delivery room, and taught pelvic-muscle exercises. Courses, too, are given to the expectant father, in which he learns about his wife's physical condition and the ways he can help her psychologically throughout her pregnancy. Both the future mother and father are taught how to change and bathe a young baby.

Anesthetics are also used during deliveries; in all hospitals nitrous oxide and triline are used for every contraction but the last, when chloroform is given.

Midwives deliver the babies but a doctor is also in attendance. The midwives are graduate nurses who have taken an extra year's training.

Dr. Furuhjelm estimates that ninety-eight percent of the women breast-feed their babies. Sterilization operations are done for medical reasons and also on application from the mother who has had several children.

Sterility is less of a problem in Sweden than in some other countries. It is estimated that only ten percent of the marriages are sterile, compared with an estimated fifteen to seventeen percent in Canada and the U. S. Dr. Furuhjelm credits their low rate to good medical management and counseling. In addition she suggests that their excellent sex education in the schools helps. Around the age of twelve boys and girls are given sex education together in class. As a result, boys and girls are more at ease with one another. And contrary to the expectations of some critics, there has been no increase in the rate of illegitimate births. ♦

Four experts discuss
exercises, breast-
feeding and midwives

ality rate is still comparatively high in India, but recently, in the cities, the percentage of deliveries in hospitals has gone up to eighty percent, a fact which makes childbirth safer for both mother and child. However, in the villages there are few medical units.

Normal methods of delivery are encouraged; labor is seldom induced by artificial means, and general anesthetics are used only for operative procedures. In normal labor the patient is given tablets and sedatives to ease her discomfort. Triline gas is sometimes used in private hospitals.

Breast feeding is not difficult to encourage in India; in fact, it is hard to get mothers to wean their children. The babies are kept next to the mothers in the wards so natural feeding comes easily.

Most girls are around eighteen when they have their first baby. They get some prenatal care but there is no attempt made to teach exercises or instruct them in the birth process.

India is concerned about her high birth rate and through birth-control

Bad lighting builds tension...



Frown-lines come to stay when you strain at habitual tasks like this one! The pink boudoir lamps above are an actual handicap in applying make-up. They're too low to light the face, and the colour in the shades disguises natural skin tones.



You're prettier when you pretty-up this way! Taller lamps, at face-height, with translucent shades, in white, ivory or champagne, light the face evenly without deceptive shadows or colour distortion. Use G-E 100-watt White Bulbs.

General Electric shows you how to light right and live relaxed



Quiet evenings at home are far from restful in this room! The two reading lamps show both extremes: One is too high, so that the woman must shade her eyes; the other is too low, so that the man's book is in shadow.



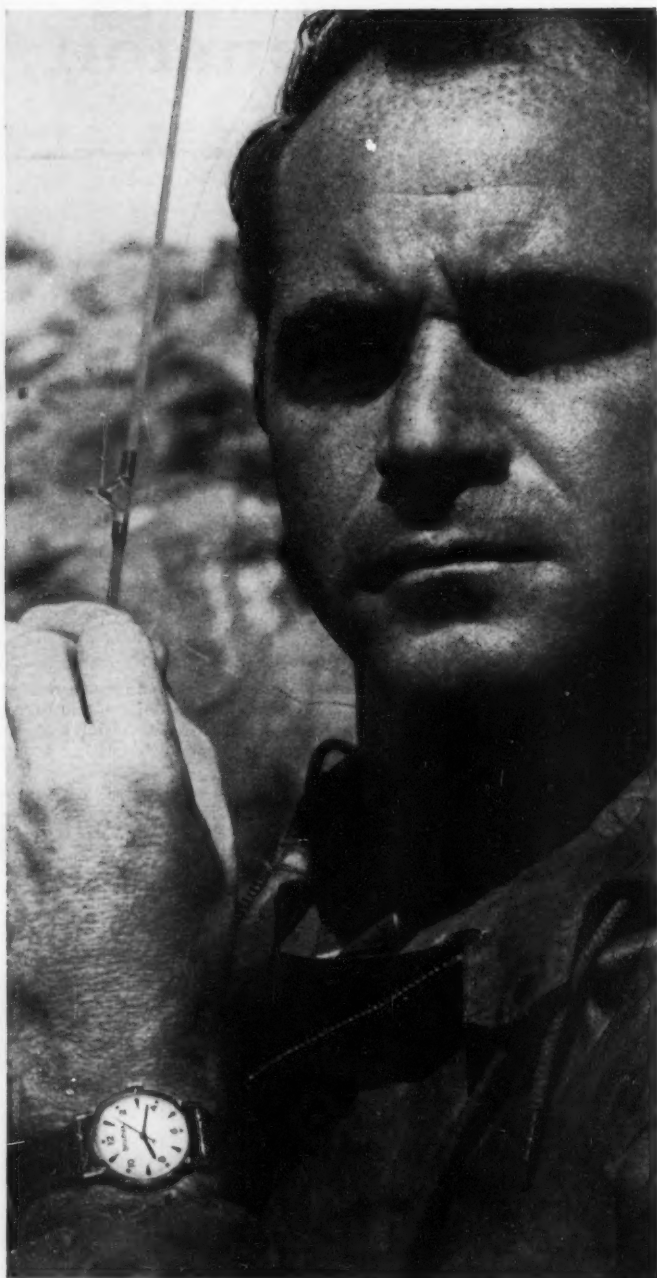
You relax in comfort when correct lighting eliminates eyestrain. Here reading is made easy with lamps arranged so that lower edges of shades are at **eye-level**. There's direct light on the page, but none in the eyes.

"See your home in a new light" . . . is the title of a 40-page booklet that tells you how to light up your life for comfort in every room of your home! You'll find the types of fixtures to use, correct ways of placing them, right bulb wattages—everything you need to know about home lighting—presented in easy-to-follow recipe style. Send for your free copy of "See Your Home in a New Light" today! Write to: Lamp Department, C.G.E., 165 Dufferin St., Toronto.



LAD-103058

CANADIAN GENERAL ELECTRIC COMPANY LIMITED



Give him
the watch
that faces
anything...

He's wearing the Canadian Clipper, \$49.50

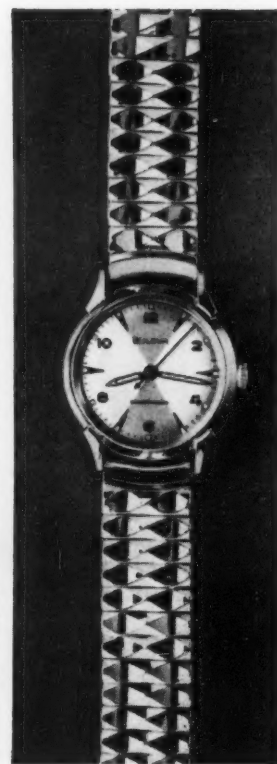
the waterproof self-winding watch that's
advanced in styling but not in price

BULOVA

CLIPPER

from \$49⁵⁰

Here is a man's watch — ready to girdle the globe or sail the seven seas. Here is a sports watch that resists dust, shock, storms, water — and even is self-winding. Here, too, is a dress watch — handsome enough for any occasion, with built-in accuracy guaranteed by the 17-jewel Bulova watch movement. Your authorized Bulova jeweler will be proud to show you the Bulova Clipper. Other Bulova watches are priced from \$29.75 to \$2500. Look for, ask about, that Bulova difference. Use the easy Bulova Credit Plan.



Above: Royal Clipper—yellow
with stainless steel back.
\$69.50

Left: Jet Clipper—
stainless steel. \$59.50

LOOK FOR
THAT **BULOVA** DIFFERENCE

THE LAW



A CHATELAINE BONUS

AND YOU

Is a will really necessary?
Can you "change your mind" after signing a contract?
How do you choose a lawyer?
When can you sue — or be sued?
Is there a "safe" way to adopt a child?

Here's an invaluable, easily understood guide
that tells you what the law says about
everyday problems, what to do to avoid trouble,
and what your rights are if you can't

BY ROBERT FULFORD

Illustrated by John Thorne

How a lawyer can help— and how to choose one

FOR DECADES doctors have been urging acceptance of a concept of preventive medicine: watch your health, consult your doctor even when nothing is wrong, and you may save yourself the agonies and the expenses of serious medical care. Today some lawyers are asking that the public accept a parallel notion of preventive law, the practice of most corporations. This argument runs: use a lawyer out of court, and you may never need to use one in court.

The idea leads naturally to the no-

tion of a family lawyer, performing a function parallel to that of a family doctor. Lawyers' services are far cheaper than most people think (unless you go into court, and then they are just as expensive as you would expect). But they are cheaper still if the lawyer you call on for advice is one whom you have used several times before. A lawyer can be extremely helpful to any private citizen in dozens of small matters that can be settled by telephone—things as different as the signing of a contract for diaper service or the settling of a minor dispute with local government over cutting down a tree.

A family lawyer can be especially helpful when you buy a house. Real-estate agents frequently suggest a lawyer who will handle the necessary deed-searching and other problems at lower-than-average fees. The worst thing you can do is follow the agent's

advice. The lawyer will be a few dollars cheaper, but he will also be receiving regular business from the agent. In any dispute you can hardly expect him to take your side with much vigor. It's much wiser to use your own man, who will have no relationship with the agent.

But how do you choose a lawyer? Legal societies are no help: they assume that all lawyers are honest and competent or they would be disbarred. So they recommend equally half a dozen lawyers whose offices are near you, and choosing a lawyer at random from this list can lead to difficulties. Actually, the risk of getting a dishonest lawyer is slight: you are much more likely to get an incompetent one or a lawyer who is already overworked but cannot bear to turn down a new client.

The best possible recommendation is from another lawyer—perhaps one

in a different field, whom you know—but if this is impossible there are several other ways to find a good lawyer. Your bank manager inevitably will know the lawyers in your district and be able to recommend one of them. Your clergyman will know at least one dependable lawyer—the one who acts for the church—and he will be able to get a recommendation for you. If not, your employer, or your husband's employer, will find you a suitable lawyer.

In most parts of Canada, free legal aid is negligible. In Ontario, for instance, you must have an income of less than twelve hundred dollars a year to qualify for it. A deserted wife seeking a judgment from Family Court would be one of the few persons to qualify under these terms—but, then, you don't need a lawyer in Family Court.

Continued on next page

How much will it cost you to hire a lawyer?

MOST LAWYERS feel that legal fees are usually reasonable; many clients feel that legal fees are often unreasonable. It's never an easy question to resolve. Unlike a corporation, an individual usually has little chance to sample different legal fees. Nor can an individual, in many cases, base his opinion of a lawyer's bill on his own experience with other lawyers. For an individual, the main defense is to determine, as early as possible in a legal proceeding, what the lawyer is likely to charge you.

You should not be afraid to approach a lawyer for an interview: at the most, a half-hour interview should never be (and almost never is) billed at more than ten dollars. At the end of this first interview ask the lawyer how much he is likely to charge. This is just good business practice.

In some cases, such as purchase of property, the lawyer will be able to say almost exactly what his final bill will be, barring unforeseen complications. In others, especially those which involve acting in court for you, the lawyer may be able to make only a very rough guess.

In some parts of the United States it is possible to make an agreement with a lawyer to pay him on a contingency basis. That is, you agree that you will pay him if the court rules in your favor. Or, if you are the plaintiff in a liability suit, you agree that the lawyer will receive a percentage of the proceeds. But in Canada this is entirely unlawful. It is called "champerty," and it is grounds for disbarment of the lawyer.

Canadian lawyers strongly disapprove of pricing their fees in public, because no two cases are entirely similar. However, these are some of the minimum fees set down in Toronto, where prices generally are highest, by the County of York Legal Association.

The association suggests that a lawyer acting for the purchaser in a transfer of property should charge one and a quarter percent of the cost of the property for the first \$20,000 and three quarters of one percent for the remainder; for a \$25,000 house,

this would amount to \$287.50. For making out a chattel mortgage, the lawyer should charge \$10; for making out an ordinary lease, \$10; for a short letter when no other services are rendered, \$2; for preparation of an income-tax form, \$10; for appearing once in Magistrate's Court, \$25; for an opinion in writing, \$10; for a telephone call giving advice, \$2. (But few lawyers would actually charge a regular client for this last.)

These fees can give both the client and the lawyer only a rough idea, and actual bills may go much higher. But a client who feels she has been overcharged is not without defense. In most provinces she can appeal the lawyer's bill to an officer of the Supreme Court, who is usually called the "taxing master." In the legal term, you "tax his bill," and the lawyer must justify it. Not infrequently, the taxing master agrees with the client and reduces the bill.

What are your rights if the home breaks up?

When a wife leaves home

ONE OF THE MOST widespread mistaken beliefs among women is that they cannot collect maintenance for themselves or their children if they leave their husbands' homes by their own choice. Actually, a husband can be ordered by the court to pay maintenance for his children no matter what reason his wife has given for leaving. And a wife, contrary to popular belief, can also be supported by her husband if she leaves for one of two reasons.

If a wife leaves because her husband committed adultery, she can force him to support her. She can also leave on grounds of cruelty and still be maintained separately. A few years ago a husband's behavior had to be pretty violent to justify a charge of "cruelty." Now, however, the law sees the term more broadly and even includes "mental cruelty." The degree of cruelty which justifies a wife's leaving is usually defined as the degree that would endanger her life or health, including mental health.

"I'm amazed at the number of women who believe that they can't collect from their husbands if they



With grounds, wife who leaves home may get a third of husband's take-home pay.

leave their homes," a leading Canadian lawyer said recently. Women today do not have to suffer what they once suffered; the courts offer economic protection. But most lawyers think that a woman should still speak to a lawyer before she leaves her home: she may have misjudged "cruelty" and may deprive herself of her chance of maintenance by leaving hastily.

If the court does require her husband to support her separately, it will probably order him (this is the rule of thumb) to pay her one third of his net income (or take-home pay) and five dollars a week for each child under sixteen. If the wife works, the court probably will lump her income and her husband's together and make the one-third calculation from the total. Where the husband's income is large, the court usually gives the wife not one third but just enough to allow her to live comfortably. The figure set by the court is never final: it may move up or down as the husband's income changes.

A wife can continue to receive maintenance payments from her husband only so long as she remains faithful to him: if she enters into a common-law arrangement with another man, her payments may be stopped. But this arrangement will not endanger her children's payments.

When a husband leaves home

The law considers that a wife is deserted when her husband leaves her without sufficient cause or when he turns her out of the house and refuses to take her back. Desertion is not a

permanent offense, like adultery, which the wife can hold against her husband forever: it can be terminated, when the husband returns. Or, if he has shut his wife out, he can offer to take her back and thereby end the offense.

The fact of her husband's departure is not all the law requires to force him to pay for her maintenance. She must, first of all, show need: if she has a private income and can support herself, the law will not easily order her husband to pay her a regular sum. In addition, the husband is allowed to offer a defense. He may try to prove adultery on her part, or even cruelty. If he can show that he left because her conduct was such that no reasonable man would endure, he probably will not be forced to pay maintenance; although, of course, he will still be ordered to pay for the children.

A wife's adultery never relieves her husband of the responsibility for supporting their children — nor, for that matter, does it give him any certain claim to custody of the children. There was a time when most courts felt that a proven charge of adultery made against a mother was good reason for depriving her of her children, on the ground that adultery made her an unfit parent. Now the courts take a far broader view. They generally insist that the children's welfare be taken as the only consideration in custody cases. (Children's own preferences are rarely considered unless they are twelve or older.)

In the administration of husband-wife laws, there is a vast difference

between the word "ordered" and the word "forced." It is fairly simple for the law to order payments of money; it is often difficult to force them. Most provinces today will allow the wife (with the court's approval) to garnish her husband's wages. But if her husband refuses to work there is really little that the court can do about it: after all, you cannot award one third of nothing.

There is also the strong possibility that the husband will move to another province or even another country. In recent years a series of agreements, similar to extradition treaties, has been set up among many provinces and countries, which guarantee to compel husbands to comply with court orders in their home provinces or countries. These are sound on paper. In practice they are far from perfect. If a husband leaves for another province or country and wanders into a new job, deliberately making himself obscure, his wife will almost certainly have great difficulty collecting from him. In most places, treaties or no treaties, the police feel they have more important things to do with their time.

Agreeing to disagree

The procedure of voluntary separation agreements differs radically from province to province in Canada. In Ontario, for instance, there is no such thing as a "legal separation;" it is only a private agreement, drawn up with a lawyer, which specifies rights and duties. But separation laws, in most provinces, have several things in common:

1. If a separation agreement has been signed or ordered by the court, it may be rendered void by the couple reuniting as man and wife, even for one night.

2. When a man and wife separate by mutual agreement, the wife is not entitled to ask the court to have her husband provide maintenance, unless that is specified in the separation agreement.

3. A wife who signs away her marital rights in a separation agreement may, sometime later, be able to get them back. The high court may rule (as one did recently) that she had no right to sign them away. This problem arises when a proud wife wants "nothing for myself" at the beginning and later finds that she is unable to maintain herself. But wives should hesitate a long time before signing away such rights; the high

court may not always be so agreeable.

A wife's separate income

In the nine English-speaking provinces women do not enter into "community of property" with their husbands when they marry, as they do in Quebec. But many wives in English Canada find (particularly at succession-duty time) that money they thought was theirs actually belonged to their husbands. For instance: if you save anything from your housekeeping allowance, it is legally your husband's, even if you deposit it in your own bank account. If you earn money by keeping roomers or boarders, or by cultivating a garden, this legally is still your husband's money, because you earned it on his property. If he agrees that you may keep it, it is legally regarded as a gift from your husband.

The common-law wife

The euphemism "common-law wife" has led many people to believe that there is actually some status under the law for women who live with men without being married to them. Actually, a common-law wife is not a wife at all under the law, and she has no rights of any kind. She relies for support on a man who has no obligation to keep her; if he deserts her, she can claim no money for herself.

If the husband in a common-law arrangement dies, his wife can find no law to help her. Unless their property was jointly owned, it may well be taken from her, unless it has been left to her in his will. If there is no will, his relatives may claim all his money and property. Or a legal wife who has not seen him for thirty years may suddenly appear, prove her identity, and claim most of the estate. Only the most careful will can provide real security for a common-law wife.

Divorce

Neither husband nor wife is favored by the divorce laws of Canada: they are equally humiliating for both parties. In all but Nova Scotia, Quebec and Newfoundland divorce can be granted only on the grounds of adultery. In Nova Scotia it can be granted also on the grounds of cruelty. In Quebec and Newfoundland it cannot be granted at all: it must be taken (on grounds of adultery) to the federal government, and an act of parliament must be sought.

What a wife can and can't do under Quebec law

CIVIL LAW in English-speaking Canada is based on the English common law. Civil law in Quebec is based on the law of France, including the Napoleonic Code. Under this form of law the state recognizes two different kinds of legal marriages: the "community of property" marriage (which is created automatically when two people marry) and the "separation as to property" marriage (which can be created by the couple before marriage). Under either one the rights of a woman who is married in Quebec are radically different from the rights of a woman in the other nine provinces. But these laws do not apply to married couples who move to Quebec after their marriage. They apply only when the husband is living in Quebec at the time of the wedding.

"Community of Property"

Unless they execute a marriage contract before marrying, Quebec couples are covered by the concept of "Community of Property." In effect, each marriage is a legal partnership, but the wife does not have the rights a business partner would have. The property of both husband and wife is owned in common, but it is ruled by the husband. He may sell or mortgage it, or even give it away. His wife may do none of these things without his permission.

The assets of the community consist of everything that either couple owned at the time of marriage, plus everything that is earned by the husband, plus almost everything that is later willed to either of them. There are now a few instances where the wife may own property separately, however. She may own real estate that is left to her by parents or grandparents, and she may own other property or money left to her when a will has specified that it is left to her alone. But even though she may own prop-

erty left to her in this way, her husband has the right to run it. If she is left a house, only he can lease it. And all rent money falls into the community fund.

In most cases a wife cannot sue for a wrong done her: her husband must bring suit, and the money awarded goes into the community fund. One exception to this is a case in which a wife sues for money she has earned by her own work; this is now considered her own money.

For a woman, the greatest disadvantage of the community law is the danger of having her own savings or inheritance wiped out by her husband's creditors. If creditors have a claim on him they have a claim on the entire community fund.

The greatest advantage for a woman follows her husband's death. Half of the property goes to her, and she is not required to pay succession duties on it; it has been hers all along. Her husband can give her money away during his lifetime, but in his will he cannot dispose of her half. In the same way, a wife can make a will covering her half of the property; while she has no control of it while she is alive, she has absolute control when she dies.

"Separation as to property"

When a man and woman in Quebec are about to be married, they frequently draw up a Marriage Contract, which sets forth what each owns and permanently separates their property. The same end can sometimes be accomplished after marriage. If the wife begins to fear that her husband's affairs are so disordered that she may lose all that she owns, she can ask the court to divide their property and give her security—but by doing so she in effect declares her husband incompetent.

If the husband and wife are separate as to property, the wife has the right to handle her own affairs to the extent of, say, collecting rent on houses she owns or personally banking dividends from stocks or bonds. And she can spend these proceeds as she sees fit. But she cannot sell or mortgage her own property without her husband's

Continued on next page

Quebec law makes the husband virtual king over any property his wife may own.



written permission, and if her husband refuses to give it to her, the only course is to ask the court to overrule him. The law is carried even to this extent: if a woman who is of age marries a man who is not, she must still have his authorization to sell her own property.

At the time the Marriage Contract is made, the husband and wife can make gifts to each other, and even make gifts of property which they do not yet own but expect to own. But after marriage neither may give the other anything of substantial worth—for instance, the husband may not put his house in his wife's name. This is to keep the couple from defrauding the husband's creditors.

"Separation as to bed and board"

In Quebec a husband or wife may apply for a judicial separation "as to bed and board." In this case the wife becomes once again a separate legal entity and she may act without her husband's consent: she becomes "separate as to property." The causes of legal separation defined by the Civil Code are unusually interesting:

1. A husband may demand the separation on the ground of his wife's adultery.
2. A wife may demand the separation on the ground of her husband's adultery, if he keeps his mistress in their common habitation.
3. Either a husband or a wife may demand separation on the ground of outrage, ill-usage or grievous insult committed by the other party. The nature of such outrage, ill-usage or grievous insult is left to the discretion of the court: in appreciating it, the court must take into consideration the rank, condition and other circumstances of the parties.
4. A wife may demand separation if her husband refuses to keep her in accordance with the standards of his station in life.

What you should know about adopting a child

WOULD-BE ADOPTIVE PARENTS who have been unsuccessful in their attempts to have children placed with them by normal authorities (such as the Children's Aid Society) frequently turn to private adoption as a means

of obtaining a child. Similarly, an unmarried mother who fears the red tape that may be involved in an official adoption often seeks out a doctor or lawyer or clergyman who will help her to find a home for her baby very quickly. Although private adoption is not frowned on by the law, both parties place themselves in danger of becoming involved in complicated and heartbreaking legal wrangles.

The first danger that Children's Aid Society workers stress is that of a mother learning where her child is and suddenly appearing later in life either to claim the child legally or to make some claim on its emotions.

But an even more serious problem is that of making a private placement legal. When the baby is placed by the mother (or, more likely, an intermediary) in the home of the would-be adoptive parents, he must remain there for a stipulated time before he can be legally adopted. The time differs from province to province: in some places it is a year, in some six months.

At the end of that period either the Children's Aid Society or a welfare branch of the provincial government must report on the suitability of the would-be adoptive parents. If they are considered suitable, and if they wish to make the child legally theirs, the adoption may go through without difficulty. But if the Children's Aid Society or the government social workers choose not to give their approval, the judge may turn down the application, even in cases where the natural mother has approved of her baby's new parents.

Unless the government finds actual neglect of the child in his new home, the child will be left indefinitely with the would-be adoptive parents, and they may reapply later for legal adoption. But during the period before adoption finally is approved (and during the original legal waiting period) they have no real security. At any time the natural mother may change her mind and demand that her child be returned; no matter what agreements have been signed, she may still have a legal claim. At worst, this could mean costly litigation and eventual heartbreak. At best, it would mean serious emotional problems.

By contrast, a "public adoption" through an official agency is simplicity itself. Before the natural mother signs away her rights to her baby, social workers handling the adoption try to make her wait long enough to make a permanent and sensible decision.

Then, when the baby is finally taken to his new parents, the mother is kept ignorant of their names (though she often will be told something about them, so that she can be sure that her baby has a good home). In a public adoption the law requires the same waiting period before granting legality. But social workers who place children with adoptive parents are strongly disinclined to change their minds. They must have powerful reasons before they will take the child back. When they place a child they feel that he is placed for keeps.

How to avoid signing your way into trouble

ONE OF THE MOST troublesome of all the legal ideas that women must remember is also one of the simplest:

If you want to, you can sign an agreement to do almost anything.

This is the basis of contract law. It is as well established as anything in our laws. It means in effect that when a contract is signed the law recognizes it as supreme above everything else. No matter how unfair the wording, or how misguided the person who signs it, the written contract is superior to everything else in court. The law presumes that anyone who signs a contract has read it.

And yet this rule, simple as it is, is at the root of many women's troubles with the law. Any lawyer in any year runs across dozens of cases in which women have signed contracts in the false belief that they could withdraw from them if they changed their minds later.

Salesmen have been known to contribute to this belief. Many door-to-door salesmen have an unfortunate (and somewhat illegal) habit of dropping such phrases as, "If you change your mind, of course, this isn't binding"; or, "This is only an application—you can get out of it just by refusing to sign the final contract"; or, "If your husband doesn't want it, of course this will not be binding."

Practically no salesman who says this is telling the truth. It may be, of course, that his company is the sort that wishes to have no enemies and will gladly declare a contract void rather than make one. But it is more likely that the contract is perfectly



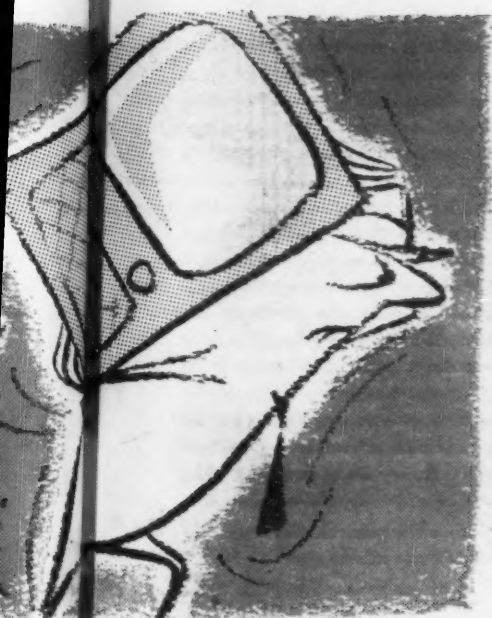
That contract you didn't read may allow

binding. In fact, many contracts include a fine-print clause which adds to the force of the law by stating that the contract is complete in itself and nothing else is binding: "no other warranty, no representation, is of any force and effect" is roughly the way it usually goes. What this means is that you are hooked, no matter what the salesman told you.

High-pressure door-to-door salesmen, whether they are selling aluminum storm windows or encyclopedias or cemetery plots, are backed by huge industrial machines that are far too clever for almost any housewife. Their aim is to get your money by any legal means; and, unlike you, they know just what the legal means are. They have brought salesmanship as close to a science as possible, and they have long since studied the best possible answers to anything you may say. A lawyer who has handled many cases involving door-to-door selling recently said, "If you think you are a match for them, you are a fool."

Of course, many salesmen are entirely legitimate and honest. There are two ways to find out whether you are dealing with one of these. Before signing any contract offered to you (and almost anything you sign may later be construed as a contract), say, "I want to think this over for a few days, and read it completely, and show it to my husband. Just leave it with me and call again."

No honest salesman will object to this. If he does—if he tries to indicate in some way that this is an act of foolishness on your part—then assume



firm to seize goods you've partly paid for.

immediately that he is dishonest and act on that premise. Salesmen often insist, "I can afford to make only one call. I'm sorry—you'll have to make up your mind now." This is always nonsense.

The other test is to listen to his statement that "this is not binding, of course," and then reply, "If this is not binding, why do you want me to sign anything at all?" There is no logical answer to this question.

Of course, these precautions will not cover all contract problems. For instance, there is the "on trial" gambit, which can get you involved with a difficult and conflicting set of laws. Once you take anything "on trial"—a piece of furniture, say—you may not have the "right" to return it.

No matter how many times the salesman says "no obligation whatsoever," it is hard to tell in the beginning just what your rights are. Once an object has been in your property for some time, it may become (under the law) "used." And you may simply be billed for it. There is a good chance that you will have no alternative but to pay for it. Lawyers think that it is sound practice never to take anything on trial, unless it is from a reputable store or company, which prizes its reputation.

In dealing with stores and services it is important to remember that this is a period when goods and services generally outnumber customers—you need never take anything less than really what you want. If a salesman makes a verbal promise (such as a guarantee of service for a TV set,

say) and then shows you a contract in which the promise is not mentioned, make him write it in. If you do not understand something in the contract, make him explain it simply; and if he can't explain it without confusing you, make him reword it. All of these things are nothing more than your rights. And today they are all the more possible for the fact that salesmen and companies operate in a highly competitive climate. If one salesman will not meet your demands for a fair contract, another one will.

In dealing with stores or salesmen who offer credit, it is equally important to know exactly how much you will pay, and to see that figure written in the contract. The "one-dollar-down-fifty-cents-a-week" system is an effective sales pitch, but it is not a proper basis for understanding between merchant and customer. You should know exactly how long it will take to clear the debt, how much you will pay, and how this will compare with what the item would cost you at cash prices. And you should know what the status of the item will be during the payment period: will the seller, or his collection agency, be able to seize it at will?

There is one extremely dangerous clause that frequently crops up in time-payment contracts. This clause says that the lender can pick up the object if he feels that his security is jeopardized. This means simply that a car you have bought may be yours only so long as the seller thinks he can trust you to complete the payments; if your husband loses his job, or if your house burns down, the

missing of one payment may mean that the car will be seized. To seize it, the lender will not have to get a court order. You will have little recourse, and you may find that all your earlier payments are lost.

The most vital fact of contract law is this: floating around our society, in the hands of unscrupulous salesmen, are hundreds of printed contracts containing briefly worded but consumer-crippling clauses. Before you sign a contract, you should read it carefully and look for these clauses. *The law will assume that you did.*

Lawyers have a saying about house-buying: there is only one contract more binding than the offer-to-purchase, and that is the marriage contract. The phrase "offer-to-purchase" is taken too literally by many people: they think it's like a job offer, or a marriage offer, which can be withdrawn at any time. It might be more plain if it were called "promise-to-purchase," because it is just that. Real-estate salesmen often do not make this plain enough to buyers; they sometimes leave a hint of indecision in the air—just the merest suggestion that the buyer can drop out if he cares to. This is never true. An offer-to-purchase, if accepted within the time set out on it, is final and binding and commits you to pay the full cost of the house. Before signing it, you should always show it to a lawyer, who will explain all its implications. The time to hire the lawyer who will handle your house-buying (searching the deed, etc.) is before, not after, you sign.

The relationship between husband and wife in contract law can be summed up in one sentence: what you owe, your husband owes. If you sign a contract which commits you to pay money, your husband (generally speaking) must pay that money.

Sometimes husbands place newspaper advertisements stating that they will not be responsible for their wives' debts. This absolves a husband from future responsibility only to the extent that a storekeeper who reads the advertisement but nevertheless extends credit to the wife, may be prevented from collecting from the husband because of the notice.

Because a husband is legally bound to provide his wife with the necessities of life, he is forced to pay for almost anything — household appliances, clothes, furniture — whether or not these were ordered with his permission. This extends to everything within the normal means of the husband, but not to things obviously beyond his means — a poorly paid laborer would not be forced to pay for a mink coat his wife bought, but a well-to-do businessman probably would.

There are two exceptions to this: the husband is not required to pay debts incurred by his wife before marriage (although in Quebec, under "community of property," he assumes these too) and he is not required to pay for debts incurred by his wife when she is obviously not acting as his agent (for instance, if she hired divorce detectives to spy on him).

Continued on next page

Here are some of the more commonly used legal terms you should understand

Conditional sale:	This is the form of time-payment under which the seller retains title to the goods sold until full payment is made; the buyer really owns nothing until he has completed payments.
Chattel mortgage:	This is a contract drawn up when one person or company borrows money from another person or company, and goods owned by the borrower are pledged as security for the loan. Such a mortgage provides that title of the goods offered as security passes to the lender when the mortgage is drawn up. If the borrower fails to repay the loan and the interest on it, the goods may be seized and sold by the lender.
Probate:	To probate a will is to "prove" it in Surrogate Court—to show that it is valid.
Tort:	A civil wrong that one citizen does to another.
Caveat emptor:	This is the Latin expression of the legal concept, "Let the buyer beware." This phrase refers chiefly to the purchase of real estate and not to goods. It means that the purchaser, having had an opportunity to inspect the real estate, agrees to accept it in the condition in which he finds it at the time of purchase, unless the seller has made an untrue claim about it.
Action:	Legally, an action is a procedure that invokes the law court to right a civil wrong.
Testator:	A man who makes a will.
Intestate:	To die intestate is to die without a will.
Indictable offense:	The more serious type of criminal offense—say, drunken driving or armed robbery.
Summary offense:	Correctly, "offense punishable on summary conviction," this covers most of the offenses that are heard in Magistrate's Court—common drunk, say, or vagrancy.
Mens rea:	The state of mind of an accused person at the time of the crime; used in connection with establishing an intention to commit a crime.



If he's hurt when you suggest "it's time" he made a will, make your wills together.

How to make a will—

what happens if you don't

THE LAW HAS little pity on the heirs of a citizen who fails to make a will. It has no regard for the peculiar needs of any individual family: all are treated alike. If a man fails to leave a will, his wife may become involved in elaborate legal proceedings that leave her without money for a long time and eventually rob her of much of the money that is rightfully hers. If a woman fails to leave a will, and if she owns property, her husband may be in an even worse position. These are some of the laws that generally apply to wills in Canada, outside Quebec.

If your husband dies without a will: An administrator of his estate will probably be appointed by the court (he will be bonded for about twice the apparent cost of the estate, and the estate will pay for the bond). Then, if there are children under twenty-one, the Official Guardian will be obliged to look after their interests, and he may tie up their share of the estate until the children reach twenty-one. (The Official Guardian is a government-appointed official who looks after the interest of "infants"—under law, anyone under twenty-one.) If there are no children, the widow (in Ontario) will receive five thousand dollars and two thirds of the residue, if there is any; the rest will go to the husband's family, and perhaps will end up in the hands of people to whom he otherwise would not have considered leaving money.

If you die without a will: If a

woman owns any property, two thirds of it will go to her children, one third to her husband, and the children's share will be tied up until they are twenty-one. If there are no children, one half will go to her husband, one half to her own family. But in no case (unless the deceased woman owns nothing) will the husband be spared legal expense and delay.

Compared to the problems the lack of a will can cause, the making of a will is simplicity itself. Generally, there are three kinds:

"Homemade will": This is almost certain to provide a good deal of work for the legal profession after the death of the person who makes it; otherwise, it has little to recommend it. However, a person in an isolated community, where she cannot reach a lawyer, will do better to make a will herself than not to make one at all. The will must be signed by the testator and by two other persons who do not benefit by the will and whose husbands or wives do not benefit. All three persons must see each other sign.

Lawyer's will: This is simply a will drafted with the help of a lawyer, in which a man usually names his wife and some reliable friend or associate as co-executors. Lawyers can handle an immense number of complicated legal problems which will-making involves and which laymen usually cannot comprehend. But it should cost you only five to seven dollars, and if husband and wife draw wills at the same time they should together cost only ten to fifteen dollars at the most, unless there are some really important complications.

Trust will: This is drawn up by a trust company. It costs nothing, but the trust company will normally expect to be named co-executor with the husband or wife and obtain its fees in administering the assets of the estate. This has several points in its favor: (a) unlike a friend-executor, a trust company cannot die; (b) if a trust company is in charge, pressure to make decisions will be taken off the wife after her husband's death. Not in its favor are: (a) the natural inclination of a trust company is to tie up the money for as long as possible—this is the company's means of profit; (b) a strong-minded woman may not feel as much in control of her own affairs with a trust company as she might feel with a family friend.

Whether you choose a will made with a lawyer, or a trust will, it is es-

sential to get your husband to provide for you carefully. This can cause considerable grief if it is not carefully handled, as many lawyers can testify. The sad fact is that a husband who is showing signs of physical weakness (and is conscious of it) sometimes bitterly resents his wife's suggestions that "it is time" he made a will: he gets that unloved, hurt feeling. There are several ways to eliminate this. The most obvious, of course, is to urge that the will be made when he is young and healthy—preferably at the time of marriage. This is not always possible, of course, and the second best way is to urge that both husband and wife make wills together.

These are some of the things you should know about wills:

- The estate should contain liquid assets—in other words, ready money—to pay funeral costs, final doctor's bills, and household expenses until the will is approved by the court and the widow is paid her money. If there is an insurance policy in the widow's name, this will probably take care of it: insurance companies can immediately pay her up to twenty-five hundred dollars. If there is a joint bank account, the widow can immediately withdraw from it half of the money deposited, or up to five hundred dollars.

- The estate should be reviewed every few years. Relatives named as beneficiaries may have died since the will was made, the estate may have shrunk in value or increased, and tax laws may have changed.

- A man is not obliged by law to change his insurance in favor of his new wife when he marries for the second time—that is, the wife has no "right" to insurance money (as she has a certain right to his other estate when there is no will) unless he has made over the insurance policy to her. However, the wife can go to court and obtain an order charging her husband's estate with adequate maintenance, though the judge cannot give her more than she would have received if her husband had died without making a will.

- In many provinces (Quebec is the main exception) a husband may will away from his wife all of his property except her "dower right," which in Ontario is only a one-third interest in improved real estate (land and buildings) he has owned. If the husband has no real estate he can (in some provinces) make a will that leaves no money at all to his wife.

Personal liability: when you can sue—or be sued

THE TENDENCY to take claims of personal liability into the courts is gaining momentum in Canada, a fact clearly demonstrated by the recent rise in the cost of premiums for comprehensive personal-liability insurance. In the United States the habit of suing for almost any grievance at all has increased enormously in the last ten years; now it has reached the point where liability insurance costs twice as much in some of the States as it does in Canada. (An American woman who only witnessed a fatal auto accident recently sued the driver for "mental anguish" and won a large claim.) You can expect that Canada, following the U.S. tendency, will see an increase in jury-awarded personal-liability judgments in the next decade.

Personal-liability suits arise from some negligence on the part of the person sued: a sin of omission must be proved by the plaintiff. For instance, if your dog bites a salesman and injures him, the salesman probably cannot successfully sue you if the dog has never bitten anyone before; obviously, you couldn't have known that the animal was dangerous. But if your dog bites someone, you do nothing to check it, and it bites someone again, the second person bitten can very likely bring a successful suit against you. In this case, you are guilty of negligence.

Many people think that any accident that happens on their property makes them liable, and some people (without legal advice) actually make an out-of-court settlement on this basis. Actually, if a salesman slips and breaks his leg on your staircase, he must prove that something was wrong with the staircase in order to claim against you.

In the same way, many people believe that a person who falls and harms himself on your sidewalk can sue you for damages if he can show that the walk was not cleaned of snow or ice. Actually, this is only true in some cases. In the first place, it must be the local custom to clean

sidewalks—that is, it must be a municipal bylaw (this is not true even in all cities) or it must be customary, up and down your street, for the sidewalks to be cleaned. In the second place, you must have had good opportunity to clean the sidewalk—if the snow fell only a few minutes before, the plaintiff would have a very weak case.

At this point, personal-liability suits in the U.S. are still far ahead of Canada. But suits are increasing in number in Canada, and judgments are increasing in size. At the same time, the causes of suits are increasing: for instance, private power boats are not only more numerous but also more powerful, and the possibilities for personal liability are many. The laws of liability and negligence apply to power boats much as they apply to automobiles.

One of the more frightening aspects of personal liability is the "crank suit," brought or threatened by someone who has no true case but nevertheless hopes to make trouble. He can make trouble, in many cases; he can cost you money in legal costs and then drop the suit before it goes to court, thereby robbing you of the chance to recover costs. This sort of thing—and most other aspects of personal liability, even small-powerboat accidents—can be covered in Canada by what the insurance companies call a "comprehensive personal liability" policy, which covers you for up to ten thousand dollars at the rate of about \$12.50 for three years.

The first time your dog bites, you may not be liable; the second time you are.

Can you sue a doctor— and hope to win?

THE FAIRLY COMMON opinion that "you can't sue a doctor" is regularly refuted by successful litigation brought against doctors and dentists all over Canada. At any given time there are half a dozen suits going through the courts. Some lawyers will refuse suits for malpractice (which simply means treatment in a manner contrary to accepted rules which results in injury) on the grounds that they are generally futile. But most will accept if they feel their client has a fair and substantial case. However, a conscientious lawyer will first inform his client of the peculiar difficulties such a suit will present.

The main one, of course, is the fact that you cannot effectively sue a doctor without getting at least one

other doctor as a witness against him: in a medical case, a doctor is the only useful expert witness. And doctors are not widely known for their willingness to criticize other doctors in public, particularly when they know that malpractice cases are often carefully covered by the newspapers.

However, when you have a fair case you can usually find medical witnesses who will at least go so far as to say that they would have handled things differently, and these witnesses will be able to make the facts of the case plain to the court. Contrary to general belief, most malpractice suits are simple enough so that they can be understood by an intelligent judge, who may well have the assistance of a special adviser. In Canada, juries are seldom used in malpractice suits; in some provinces, never.

A conscientious lawyer will also point out that your claim must be a fairly large one before it will justify the trouble and expense of taking it to court. A claim of, say, two hundred dollars, would be silly; the judgment would probably not meet your expenses. The lawyer will also point out that the medical mistake must have occurred within a certain length of time of the first legal claim based on it. For instance, in Ontario you must bring the case to court within a year after the operation or oversight on which it is based. And finally, he will ask your permission to seek an out-of-court settlement, which is vastly preferable to a malpractice case in court.

In many cases, even if the individual medical man refuses to settle, it may still not be necessary to go to court; in some parts of Canada you can receive relief by approaching the medical or dental association. There are, in a few instances, regular committees that sit to hear accusations of malpractice and make cash judgments; for instance, the dentists of Ontario have one, and by running it fairly they try to keep dental-malpractice suits from going to the courts and thereby causing publicity harmful to the profession.

But anyone who has a substantial malpractice claim and is told to drop it because "you can't sue a doctor," should remember this fact: the great majority of doctors and dentists are heavily insured against just such suits. If there were no possibility of a claim, they wouldn't bother to spend the money on this kind of insurance.

Continued on next page



Can a hospital hold you until the bill is paid?

MANY INDIVIDUAL citizens experience their greatest legal difficulties when they come in contact with large institutions, from department stores to government welfare offices. However well intentioned, however well run, institutions of every kind can become coldly impersonal toward helpless citizens and utterly oblivious of the citizen's rights. An institution sometimes develops an independent life of its own, and one aspect of its life is a tendency to assume that it knows the law and the individual man or woman with whom it is dealing does not. The individual who accepts this view without argument may let himself in for considerable hardship.

One of the best-known institutional gambits is used by certain hospitals and rest homes. Almost everyone knows someone who, at one time or another, has been told that a relative cannot be released from hospital until the bill is paid. Sometimes hospital employees make this point casually in conversation; sometimes they even go so far as to state it in a letter.

But no matter how forcefully this is stated, or how officially it seems to be worded, it is always an outright lie. There has never been a law

under which a human being can be held for payment of money, and detaining a citizen in such a way puts the person who does the detaining in a position to be charged with one of several offenses against the Criminal Code (assault might be one of the lesser ones) or sued for false arrest. Actually, hospitals never carry out this threat (unless their employees are incredibly foolish) because they know beyond doubt that such an action would be unlawful. Yet they sometimes manage, by this sort of threat, to force an individual to pay them before he is ready to do so comfortably.

Lawyers generally believe that individuals dealing with large institutions—whether they are private, publicly supported, or part of government—should remember that they are rarely, if ever, in a position where they have no appeal to higher authority. A letter to the president of a company that seems to be intimidating you will often accomplish more than half a dozen interviews with an employee. A phone call to your lawyer to check on your rights may often avoid hours of worry. An income-tax assessor's "final" ruling may be appealed at a cost of only about fifteen dollars.

An individual employee's statement of the law, whether he works for a hospital or a municipal government, should never be accepted at face value when it seems grossly unfair to the private citizen.

What you can do if it's senseless to sue

THE CITIZEN who feels that large illegal damage has been done to her may have plenty of troubles in the months ahead, but at least she has one easy first step: she should find the best lawyer available and ask him to sue. But the citizen who feels that only minor damage has been done is in a more difficult position. She has to find out the answer to this question: will the time lost and the costs of action be greater than the damages won? For very small claims, the answer usually is: probably.

Let's say that you feel a cleaning store has damaged a dress—to the extent of, say, thirty-five dollars. The cleaning-store owner disclaims responsibility and refuses to pay you. You tell him that you will sue, and he still refuses. You ask a lawyer to write him a letter setting forth your case and in effect implying that you will sue. And still he refuses. Should you sue?

Well, if you do so you will have to carry it off without the help of a lawyer. A lawyer cannot go into court for anything less than fifty to seventy-five dollars, in most parts of Canada. In Division Court (or small-claims court), where an action of this

size will be heard, you can claim legal fees up to four or five dollars only. The rest you must pay your lawyer yourself, even though you win.

However, you can yourself go to Division Court and make out your claim. You can arrange to bring down your witnesses (people who saw the dress before and after) and the court clerk will help you prepare your claim. When your case is scheduled, the clerk will inform you. But at that time the other side may ask for a postponement, and probably get it, when you are right there in court with your witnesses, waiting. A week or two later he may again ask for a postponement, and he may get it. He may even get a third, if his excuse is good enough.

Meanwhile, you and your witnesses will have lost at least half a day each per appearance, and if you are all working this can be extremely expensive to you or your employers. (The court cares little about this: it is interested only in justice, and granting postponements to people who ask for them is just one part of justice.)

By now you will be extremely annoyed about the whole thing. You will twitch slightly whenever anyone mentions "your case." Eventually—if the man in the cleaning store is lucky—you will drop the case. But even if you do not drop it, and you win, the thirty-five dollars (the court, of course, might reduce it to, say, twenty) will not be sufficient compensation for your time and annoyance.

But, you say, it was really all for the principle of the thing? Lawyers, who know all about principles of things, would call you foolish. They generally believe that it's silly to go into court unless you expect to come out of it with something tangible. "Principles of things" are for elderly, well-to-do lawyers who have nothing else to do with their time.

But should the man be allowed to get away with it? No. There are other ways our society has devised to punish him, without court costs.

First, you can tell everyone you know about what he did to you. This will not be slander, providing what you say is true and not exaggerated. Second, you can complain to the municipal authorities who license him—if enough complaints are received they will investigate and suspend his license. Third, you can report him to the Better Business Bureau.

But that is all that you can sensibly do. ♦



If a company wrongs you but your claim is too small for court, you can warn others—but tell the truth and don't exaggerate.



THE BIG CHANGE IN ELECTRIC KETTLES

by *GENERAL ELECTRIC*



Exclusive finger-tip
control gives you
fast or gentle boil.

NEW *Vapour Control* Kettle does more than just boil water fast

Now a kettle is more than a kettle—if it's by General Electric. It's still the fastest way to boil water. But there's a big bonus in performance. The exclusive Vapour Control gives you a choice of fast or gentle boil.

On *BOIL*—a pint of water bubbles furiously in 2½ minutes. On *VAP*—water is held at gentle boil ready for use without clouds of unwanted steam. Also in this position, the Kettle is a highly effective room humidifier or sick-room vapourizer supplying up to 8 hours of continuous steam. Now . . . start to enjoy the extra performance, extra convenience of the new General Electric Vapour-Control Kettle.



IT'S A SPEED KETTLE . . . boils 1 pint of water in just 2½ minutes.



IT'S A STAY-HOT KETTLE . . . water can be kept at slow boil—ready for use.



IT'S A TWO-ELEMENT KETTLE . . . for fast heat or controlled vapourizing.



IT'S A HUMIDIFIER . . . increases moisture content of home or office.



IT'S A VAPOURIZER
when moist air is
recommended for a sick-room.



GENERAL ELECTRIC
Vapour-Control
KETTLE

CANADIAN GENERAL ELECTRIC COMPANY LIMITED



a stunning new addition
to your home . . .

HONDERICH Red Seal CEDAR CHEST

This latest in fine cedar chest design by Honderich, Model F40, features exceptionally large storage capacity and is available in beautiful Walnut, Mahogany, Seamist Mahogany and Cork Mahogany. One of many period and modern designs now on display at furniture and department stores across Canada.



Send 10¢ for your copy of our new catalogue illustrating "Red Seal" cedar chests and "Honderich" dining and occasional furniture.

Interior has large main storage compartment and a smaller compartment above the three drawers. For quality of construction and style, look to "Red Seal" by Honderich.

THE HONDERICH FURNITURE CO. LIMITED, MILVERTON, ONTARIO

Imported
'Viyella' from England



"WASH AS WOOL . . .
IF IT SHRINKS, WE REPLACE"

"LAVEZ-LE COMME DE LA LAINE—S'IL RÉTRÉCIT NOUS LE REMPLAÇONS"

'Viyella' practically won't wear out—or fade or shrink. It's colourfast and holds its lovely soft feel throughout years of wear and washing. Just "wash as wool, if it shrinks, we replace."

You can buy 'Viyella' by the yard in authentic tartans, colourful checks, prints or plain shades at all good stores.

William Hollins & Company Ltd.
266 King St. W., Toronto

V45

Has your child met these . . .

CATS RATS MICE?

LET YOUR CHILD TRY THIS LIBRARY QUIZ

How well do you remember these whiskered friends from the stories of your childhood? Except for questions 4, 8 and 15, all appear in books that were published at least fifty years ago—yet all are as much fun to read to a child today as they were then.

If you or your youngsters have missed them why not take advantage of this month's Young Canada Book Week (November 15 to 22) and take a trip to the library to make their acquaintance? The whole family will enjoy a reading-aloud session.

During Young Canada Book Week, too, make a point to learn more about how your librarian can help you help your child to read. For example, here are eight things she's ready and trained to do for you both:

1. Select books that your child will enjoy and that are suited to his varied interests and to his age.

2. Suggest books that will follow up his reading interests.
3. Help your child to find books which will further his interest in hobbies such as art, music, nature, stamps, etc.
4. Introduce your child to traditional literature through story hours, puppet shows, and plays at the library—as well as through a well-selected collection of books.
5. Suggest books as presents for Christmas, birthdays, etc.
6. Help your child find books related to his schoolwork or special projects.
7. Guide you in building your child's own library.
8. Making book lists for all purposes—school essays, travel, learning about other countries, reference books.

HOW MANY DO YOU REMEMBER?

Answers on page 94

1. In the old rhyme, this cat visited royalty. What did he do on this occasion?
2. This physically handicapped trio suffered at the hands of a hard-hearted woman who removed their rear extremities. Who were they?
3. This adventurous cat climbed a chimney and almost ended his life in a roly-poly pudding. What was his name?
4. In what story does an old man set off to fetch his wife a cat and return with a million cats?
5. This amorous cat went to sea with his feathered friend with matrimonial intentions. Who were they?
6. In what story does a small mouse rescue the king of beasts?
7. A city, threatened by swarms of rats, is rescued by this strange fellow. Who is he?
8. This mouse was so lazy he couldn't keep up with the rest of the family. He was always late for his meals, and he was always late for school, till his mother forgot that he existed? Who was he?
9. What cat hero overcame an ogre and handed over a princess and a kingdom to his poor master?
10. This famous cat helped to rid a wealthy eastern potentate of a plague of rats and brought fame and prosperity to his poverty-stricken master. Who was his master?
11. An evil cat and his equally evil companion misled and cheated a poor puppet. Where would you find this story?
12. In what story would you find a cat with an enormous grin who could appear and disappear at will?
13. In what story does a cat make a bargain with a Man and his Wife that if three words were spoken in his praise he would "drink the white milk three times a day for always and always and always"?
14. In what story does a water rat delight in "messaging about in boats"?
15. His brother was human, but this small creature turned out to be a mouse. He proved an invaluable member of the household in such things as retrieving a ring from the drain, and finding ping-pong balls. Who was he?

**TOUCHDOWN
FASHIONS
AVAILABLE AT:**

See pages 32-33

Page 32:

Fairway checked coat, slacks — Paguet's, Quebec City; London, New York and Paris Fashions and Bowring's, St. John's; Wilkie and Cunningham, Antigonish; Ellen Marshall, Kitchener; and in Quebec — Lessard sur la Côte, Rimouski; Thiffault and Saintonge, Chicoutimi; Gaudet's, St. Hyacinthe; Jean Cournoyer, Sorel; Spain's, La Tuque.

Lansae turtle-neck sweater — Morgan's, Anjane Shop, Rose MacPherson, Toronto; Holt Renfrew, Quebec City; Beube's, Hamilton; Sweater Shop, Winnipeg; Hudson's Bay, Edmonton; Career Girl Fashions, Calgary; Heather Shop, Vancouver.

Irving Posluns beige poplin coat and matching slims — London, New York and Paris Fashions, St. John's; Pollack's, Quebec City; Morgan's, Montreal; Ogilvy's, Ottawa; Eames and Son, Hamilton; Eaton's, Toronto; Simpson's, London; Red Robin, Windsor, Ont.; Nesbitt's, Kingston.

Irving Posluns gold coat with Borg lining and matching slims — Mills Brothers, Halifax; C. H. Smith, Windsor, Ont.; Artistic Ladies Wear, London; Eaton's, Hamilton; Simpson's, Toronto and Montreal; Freiman's, Ottawa; Dayton's, Winnipeg; Hudson's Bay, Calgary; Woodward's, Vancouver; Hollingsworth's, across Canada.

Page 33:

Pedigree loden cloth-corduroy reversible — Mont Tremblant Lodge, Mont Tremblant, Que.; Wm. Marks, Ste-Agathe, Que.; Louis de Passille, Ste-Adele, Que.; Morgan's, Montreal; Eaton's, Toronto and Calgary; Hudson's Bay, Winnipeg and Vancouver.

Sturka duffel coat — Holt Renfrew, Montreal; Eaton's, Joan Rigby, Toronto; Simpson's, Regina; Johnstone Walker, Edmonton.

Saony plaid slims — Simpson's, Halifax; Ogilvy's, Montreal; Cotton Bros., Brampton, Ont.; Racheal's, Belleville, Ont.; Joan Rigby, Toronto; Simpson's, Regina; Johnstone Walker, Edmonton.

Sport Togs green corduroy and alpaca coat — Eaton's, Ogilvy's, Montreal; Mannequin Reg'd, Quebec City; Simpson's, Toronto; Freiman's, Ottawa; Hudson's Bay, Edmonton, Calgary, Victoria.

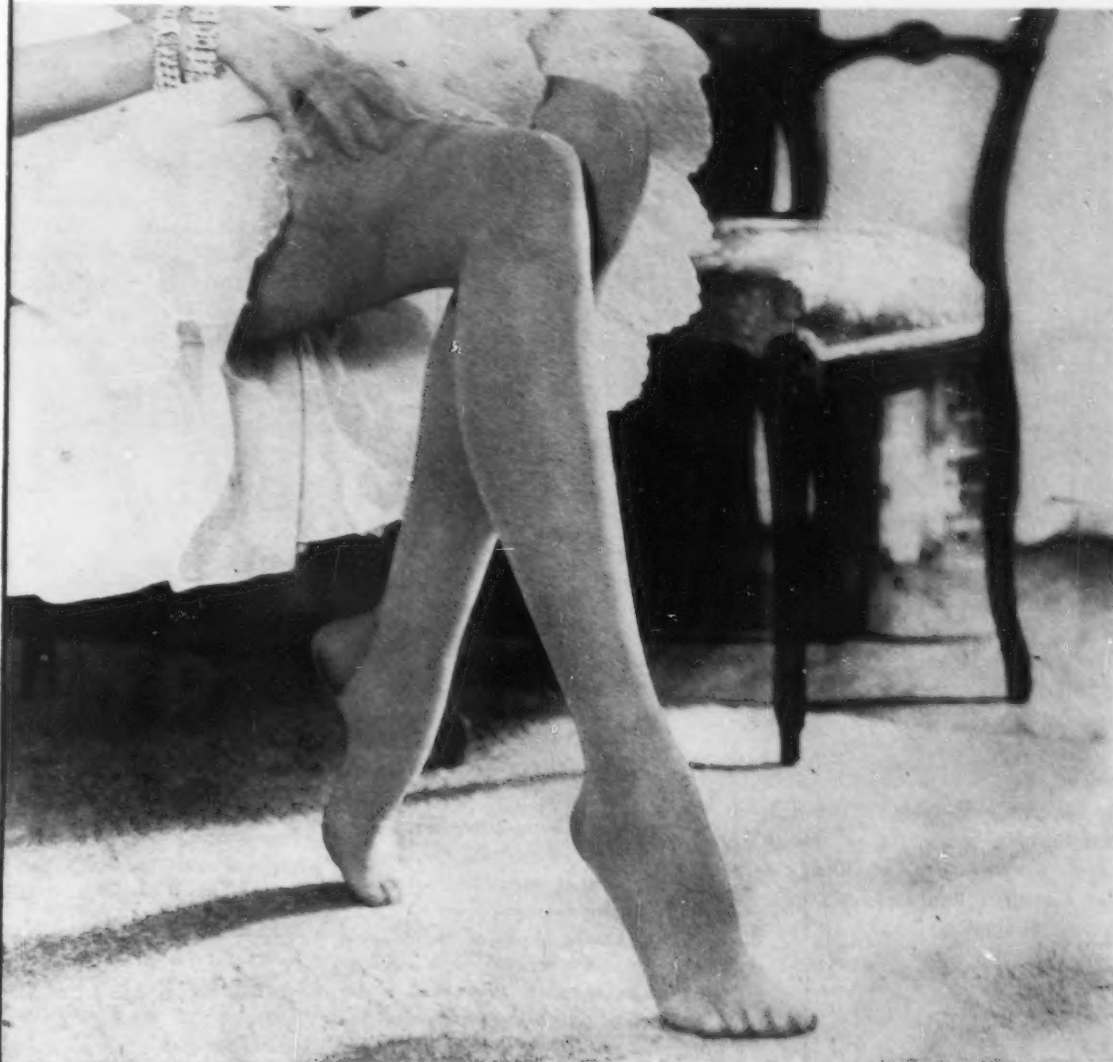
Sport Togs red poplin and alpaca wrap jacket — Lauzon's, Quebec City; Eaton's, Montreal; Steacy's, Kingston; Himmel's, North Bay; Simpson's, Toronto and London.

Fabrifur's Fabriceal jacket — Peter Nichols, Yarmouth; Woodhouse, Montreal and Quebec City; Murphy Gamble, Ottawa; Hoffman's, and Susan Mills, St. Catharines; Jackson Metivier, Kingston; Narrol's, Toronto.

Ideal Fur's Borg fabric coat — Eaton's, Simpsons-Sears, Hudson's Bay, Woodward's, Hollingsworth's across Canada; Calps, St. John's; Morgan's, Montreal; Wallace's, St. Catharines and London; Leed's, London; Freiman's, Ottawa; Bartlett, Macdonald and Gow, Windsor, Ont.; Gibson's, Victoria; Northway and Son, Toronto and Hamilton; Doreta's, Kingston.

ON THE COVER: Her mohair coat and white wool sweater, at Simpson's. His Donegal coat, at Ed Provan, Toronto.

Bauer & Black 51 Gauge All-Elastic Stockings



*As Smart as Your Nicest Nylons
with the Support your Doctor Recommends!*

No longer need varicose veins make you feel "different"—detract from your appearance or comfort! When you wear Bauer & Black 51-gauge all-elastic stockings, you'll face the busiest days unhampered by pain or unsightly hose! Bauer & Black 51-gauge elastic stockings are the only full-fashioned, full-foot hosiery with rubber in every supporting thread . . . the

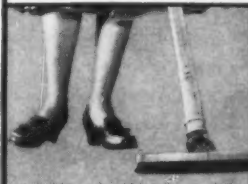
hose offering both the full, uniform support you need plus the glamorous sheerness you prefer! Naturally, because they provide *full support*, more doctors prescribe Bauer & Black all-elastic stockings than part-elastic brands. There's a style and price for every occasion . . . at drug, department and surgical supply stores.

6755

**CHANGING YOUR
ADDRESS?**

WRITE TO:

Manager, Subscription Dept.,
CHATELAINE
481 University Ave., Toronto 2,
Canada



FOR HOME WEAR—Cotton (L-1) open toe, above and below knee. Nylon (N-1) open toe, above and below knee.



FOR CASUAL WEAR—Nylon (K-1) full-foot, above knee. Sheer nylon (S-1) open toe, above knee.



FOR DRESS WEAR—51-gauge nylon (R-1) full-foot, above and below knee.

THE KENDALL COMPANY (Canada) Limited,
Curly Avenue, Toronto, Ontario.
Please send me information on Bauer & Black's complete line of elastic stockings.

Name _____
Address _____
City _____

Bauer & Black
DIVISION OF THE KENDALL COMPANY (CANADA) LIMITED
Leader in Elastic Stockings

Looking up to better things!

Happy you! You're the kind of girl who won't settle for sameness. You try whatever's new and wonderful—new lines, new shapes, new colors—smart new ways of living. Like so many of today's smart young moderns, you choose the nicest in sanitary protection, too . . . Tampax internal sanitary protection! Because it's invisible and unfelt when in place. Because it's so dainty to use, to change and dispose of. Because you never have odor worries or carrying problems. Because with Tampax, you can all but forget about differences in days of the month! Who *wouldn't* use Tampax, you say! It's the *modern* way! Regular, Super, Junior absorbencies, wherever drug products are sold. Canadian Tampax Corporation Limited, Brampton, Ontario.



CURLING IS JUST THE GAME FOR YOU

Continued from page 36

The rock nearest the button after each rink has delivered its eight stones scores a point. If two or more rocks of one rink lie nearer the button than any rock of the other rink, an additional point is scored for each rock. The maximum, obviously, would be eight rocks, which sets up an "eight-ender," curling's equivalent of golf's hole-in-one or baseball's no-hit, no-run game. An official game consists of twelve ends, but many clubs play eight- or ten-end games.

The rink's captain is called the skip, and is usually the most experienced and most skilled member of the foursome. Inexperienced players start off by delivering the first rocks for their rink, and are called leads. Their skips stand at one end of the sheet and lay their brooms on the ice to provide a target at which the lead aims her stones.

No special dress

The leads of the two rinks alternate their shots, then the "seconds" alternate theirs, then the "thirds" — or "vices" (for vice-skips) — alternate theirs. Finally, with three players on each side having delivered two stones each, the skips walk the length of the sheet to deliver the final rocks to complete the end.

Dressing for the game is no problem. All a beginner really needs is a warm sweater, slacks and rubber-soled boots. Later, when you're satisfied this is your game, you may want to expand your wardrobe by investing in a slacks-and-jacket set, running from forty to sixty dollars, a tartan tam (three to four dollars) and proper curling boots with corrugated rubber soles (about sixteen dollars).

Curling rocks are provided by curling clubs, whose annual dues run anywhere from ten dollars to seventy-five dollars per member.

On your first visit to the club you should get the feel of the slippery ice, acquiring balance and agility. Then you should go to an empty sheet and tentatively deliver a few stones, preferably with an experienced member who can supervise the delivery motion. It's not unlike the motion of bowling. You should try to acquire a relaxed, grooved swing of the arm as quickly as possible. This can be

done only through constant practice.

Most curlers say that a neophyte is ready to engage in her first game after as little as an hour of preliminary practice. As the delicacy of touch and direction is acquired, the newcomer advances from lead to second on her rink, and with added experience in the tactics of the game, she moves up to be vice-skip and, eventually, skip.

Sexes don't segregate

Curling is the most companionable of all games because it doesn't have golf's locker rooms to separate the sexes after a game. People go "behind the glass," meaning into the club lounge after a game, wearing their curling clothes, replaying all their shots vocally or watching other curlers through the huge plate-glass windows that divide the sheets of ice from the lounge.

Curling is not, primarily, a game for spectators because there is no spectacle and little action, and one must be acquainted with its finer points to get any measure of satisfaction out of a difficult shot well executed. Still, with an estimated quarter of a million Canadians now playing the game, greater numbers than ever are now watching club tournaments, called bonspiels, that spot the season. The annual "Brier" now attracts crowds numbering five thousand and more. The Brier is the only name by which the annual Canadian

championship for men is known—much to the elation of the Macdonald's Brier tobacco people who annually sponsor the biggest event in curling. It brings together the champion rinks of each province for a week-long round-robin bonspiel in which each province plays each of the other provinces once. The rink, with the best record at week's end "wins the Brier."

Manitoba was once Canada's superior curling province; indeed, Manitoba's representative won the Brier tankard nine times in its first fourteen years of competition following the inception of the event in 1927. In recent years, however, thirty-one-year-old Matt Baldwin, of Edmonton, has emerged as the country's top curler, winning the Brier in each of the last two years, and three times in the last five.

Ideal women's sport

There is no comparable event for women, no national championship, but annual provincial bonspiels are attracting increasing numbers of women's rinks, and a national event is inevitable.

In the meantime, curling appears to be the answer for women seeking a sport they can enjoy with their husbands and, possibly more pertinent, that husbands can enjoy with their wives. One thing about it, there appears to be little doubt that nowadays any girl can curl. ♦

CURLING TERMS YOU SHOULD KNOW

One of the game's best guide books is Ken Watson On Curling, published by Copp Clark. Watson was three times skip of the national-champion Manitoba rink. The terms below were gleaned from that book and are here printed with the permission of the publisher.

HACK: The foot support or brace at each end of the ice which gives support to the curler when he's delivering a shot.

WOBBLER: A fast stone that rocks from side to side as it moves down the ice.

WEIGHT: The amount of momentum of a moving stone. Thus, a stone arriving where the skip wants it is said to have "perfect weight."

SHOT ROCK: The stone closest to the centre of the house, or button.

SECOND SHOT OR SECOND STONE: The stone second nearest to the button.

RUB: The grazing of one stone on another in passing.

ROLL: The movement of one stone after it strikes another.

PORT: An opening between two stones large enough for another stone to pass through.

ON THE BROOM: A stone delivered exactly on line to the skip's broom.

GUARD: Any stone in front of another that protects or "guards" the second stone and prevents the opposing player from knocking it out of the house.

CLOSE A PORT: To block an opening between two stones.

BIG END: To score four or more points in one end.



Scallopette

FLIRTATIOUS AS MILADY'S FAN...

A rare new beauty, from Kayser's Fall Lingerie collection.
Point of greatest loveliness...exclusive "Scallopleats"

...an effervescence of chiffon nylon pleats, shaped to scalloped laces.

The ensemble, in Kayser's fashion-important shades for this season.

The Slip—in White, Jewelled Aqua, Morningstar Blue, Black, Pink, Ginger Peachy, Taffy Beige, Dreamy Blue, Love that Red, Brown Spice. Sizes 32-42. About 9.00.

The Gown—in Pink, Morningstar Blue, Ginger Peachy, Love that Red, Dreamy Blue. Sizes 32-42. About 13.00.

The Pettislip—in White, Jewelled Aqua, Morningstar Blue, Ginger Peachy, Black, Pink, Taffy Beige, Dreamy Blue, Love that Red, Brown Spice. S,M,L. About 6.00.

Also in the ensemble—Waltz Gown, Briefs, Panties, Bed Jacket, and for the Chemise—the "Teddy."



AT ALL THE NICER STORES

Fashions from Kayser Square—Luxite by Kayser Lingerie, Holeproof Hosiery for Men and Women, Kayser Gloves, Hosiery, and Scarves.

JULIUS KAYSER AND CO. LIMITED, LONDON, ONTARIO



Goddards make the world's
finest silver polishes



Goddard's
SILVER POLISHES

Sole Canadian Distributors:
John A. Huston Co. Ltd., 56 Caledonia Road, Toronto 10, Ont.

CATS, RATS AND MICE?

Answers to quiz on page 90

If you have ten or more answers correct, you're very good; six to nine and you're still well up on children's reading; five and under—why not take your child to the library? You'll both enjoy the trip.

1. He frightened a little mouse under the chair. Pussy Cat, Pussy Cat. Mother Goose. (For ages 1 to 5.)
2. Three Blind Mice. Mother Goose. (Ages 1 to 5.)
3. Tom Kitten in The Tale of Samuel Whiskers, by Beatrix Potter. **Published by Warne.** (Ages 4 to 6.)
4. Millions of Cats, by Wanda Gag. **Coward.** (Ages 4 to 6.)
5. The Owl and the Pussy Cat in the poem of the same name. This and other nonsense verses are found in The Jumblies by Edward Lear. **Warne.** (Ages 6 to 8.)
6. The Mouse and the Lion. Aesop. (Ages 6 to 8.)
7. The Pied Piper of Hamelin, narrative poem by Robert Browning. **Dent.** (Ages 6 to 66.)

8. Walter the Lazy Mouse, picture storybook by Marjorie Flack, available only at libraries or schools. (Ages 6 to 8.)
9. Puss in Boots. Translated from the French and illustrated by Marcia Brown. **Scribner.** (Ages 6 to 8.)
10. Dick Whittington, in the story Dick Whittington and His Cat. Illustrated by Marcia Brown. **Scribner.** (Ages 6 to 8.)
11. Pinocchio, by C. Collodi. **Macmillan.** (Ages 7 to 9.)
12. Alice's Adventures in Wonderland, by Lewis Carroll. **Macmillan.** The Cheshire cat is the cat in question. (Ages 7 to 77.)
13. The Cat That Walked By Himself, in the Just So Stories by Rudyard Kipling. **Macmillan.** (Ages 6 to 10.)
14. The Wind in the Willows, by Kenneth Grahame. **Scribner.** (Ages 6 to 66.)
15. Stuart Little was the mouse in the book called Stuart Little, by E. B. White. **Harper.** (Ages 8 to 10.)

This quiz was prepared by Toronto Public Libraries.

the new versatile Hi-Lo **LA-Z-BOY**®



No. 770

Combines all the comfort of the patented La-Z-Boy reclining action with modern low back styling. The Hi-Lo back raises easily from normal low* position to full comfort height and then reclines automatically to any level. Only a genuine La-Z-Boy has the low swept lines and separate stool to blend with modern living room furniture.

Patent No. 395678



No. 733

*Back is scarcely 32" high in all Hi-Lo styles. Available in a wide selection of colours and fabrics with matching stool.

For La-Z-Boy Style Folder write:

DELUXE UPHOLSTERING COMPANY LIMITED, WATERLOO, ONTARIO

PRINCESS ANNE

Continued from page 23

its prestige and value. The English are perfectly willing to support a queen in an ermine-trimmed cloak and a gilded coach but a queen on a bicycle doesn't interest them.

Queen Elizabeth, in the education of her children, is following the English class pattern. Wealthy children have tutors or governesses until they go to boarding school at ten or twelve; the middle class send their young children to day school before boarding school; and for the lower classes there are state-run grade or elementary schools and secondary grammar schools. Anne is being treated exactly as any other eight-year-old child would be in an English upper-crust family of today. She studies at home with her governess and in two or three years will probably attend a well-known but not too exclusive boarding school as her brother Prince Charles does.

But critics of Anne's upbringing point out that little girls from other wealthy families will never be expected to take on the burdens of royalty or to officiate as a symbol of a loosely bound Commonwealth. They claim that education for English girls of the more prosperous middle and upper classes, in any case, has never been adequate or particularly practical. Expensive schools turn out snobbish husband hunters and a few intellectuals or "blue stockings." In England, women are more or less relegated to church, children and kitchen and are still regarded as inferior to men.

But however justified or inapplicable these criticisms may be, changes in royal procedure are effected very slowly and Anne continues to be brought up like any wealthy British child whose parents hold important public posts. In London she sees her parents only two or three times a day. She never has breakfast or dinner with them but occasionally lunches with the family in the country. During weekends and holidays she is with the Queen and Prince Philip a good deal of the time, though the royal children are never allowed to make themselves a nuisance.

Her world centres around the nursery, a suite which in the palace is a place apart, under the management of a nurse. The royal children have a day nursery or playroom, one bedroom for Charles and another for

Anne, a bathroom and another small room with a hot plate where meals are brought. The suite is quite a distance from the rooms of the children's parents, who are one floor down, at the other end of the corridor.

With Charles away at school, life in the nursery is not as gay, but Anne doesn't spend as much time in the blue sitting room with its sturdy, apple-wood furniture and candy-striped chairs. When she is there, Mabel Anderson, favorite undernurse since the children were very young, is always with her. Mabel, the kindly daughter of a Scottish policeman, looks after Anne's clothes and baths and sees that she eats well.

Mabel always sleeps in a bed near Anne in her pink bedroom and stayed with her when she had her tonsils out this year at the Hospital for Sick Children, Great Ormond Street, London. For the operation, Anne had a private hospital room and some of the British papers raised a fuss because "the lonely little princess" wasn't allowed to meet other children in the wards.

Teacher and Companion

Mabel usually reads to Anne before she is tucked into bed, has breakfast with her and takes her down to see her father and mother as they start their day. The rest of the time the Princess is looked after by Miss Peebles, a Scottish governess, who supervised the education of the Duchess of Kent's younger children before they went to school.

"Mispy" (Miss Katherine Peebles) teaches Anne formally during school hours, but also instructs her at other times and in other ways. She answers questions, checks idiosyncrasies in table manners, suggests amusements and generally guides the energies of the mercurial eight-year-old.

The governess calls the princess simply "Anne" but all the servants must address her as Princess Anne. Although there is no thought of calling her "m'am" until she is sixteen, her official title is Princess Anne Elizabeth Alice Louise of Windsor. When she is at least twenty-one, and her great-aunt who now holds the title is dead, she may be called "the Princess Royal," a title reserved for the eldest daughter of a king or queen.

Anne has always been highly independent and resents interference. Before crowds, on occasions such as the Scottish games, or the Sunday polo

Learn The Truth About THE CATHOLIC CHURCH By Mail...At No Cost!

You can easily investigate Catholic faith and worship in the privacy of your home.

Just send us your name and address and advise that you want to know what the Catholic Church really teaches... what Catholics really believe. We will send you an interesting course of instruction which is short, yet complete.

We will send you a book explaining Catholic faith and worship... written in an easy-to-understand form. There are six test sheets which you can mark and we will check and return to you. This will enable you to determine how well you understand the book. It will give you quick and authentic answers on any point you do not understand.

There is no writing to do... and nobody calls on you unless you request it. Nobody knows, in fact, that you are inquiring into Catholic teaching. Thousands of people are taking the course, and learning for the first time wonderful truths about the Church established by Christ Himself.

We know that many people would like to learn all about the Catholic Church—but hesitate to make personal inquiries. This offer is made so they may get authentic Catholic information and study it in the privacy of their own homes.

You will find in this course answers to the questions which confuse non-Catholics. You will discover that Catholic belief and practice are not what they are so often misrepresented to be.

And if it is true that the Catholic Church is Christ's Church... as we main-



tain... you owe it to yourself to get the facts. This you can readily do through this short course of instruction.

As Catholic laymen, who treasure our Faith, we invite you to understand it and, we hope, to share it.

Write today, stating that you want the course of Catholic instruction by mail. The book and simple test sheets will be sent to you immediately in a plain wrapper. Nobody will call on you or urge you to join the Catholic Church. **WRITE FOR INSTRUCTION COURSE—CH.** But—please—apply only for yourself.



**SUPREME COUNCIL
KNIGHTS OF COLUMBUS
RELIGIOUS INFORMATION BUREAU
582 Sherbourne St., Toronto 5, Ont., Canada**
Please send me your Free INSTRUCTION COURSE CH

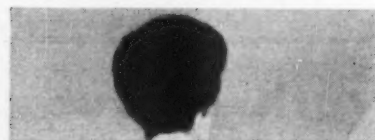
NAME _____
ADDRESS _____
CITY _____ PROV. _____

**SUPREME COUNCIL
KNIGHTS OF COLUMBUS
RELIGIOUS INFORMATION BUREAU**

582 SHERBOURNE ST.

TORONTO 5, ONT., CANADA





And now ...

the 'walk-away' look



Sit in a GOR-RAY ... lounge in a GOR-RAY, when you get up to walk away there's never a hint of seating and the pleats fall crisp and true. That's what's so special about GOR-RAY skirts. They're not only made in the most exquisite fabrics in a host of beautiful styles, but they're cut and tailored to give you the carefree 'walk-away' look. Coming and going ... you look perfect in skirts by GOR-RAY.

GOR-RAY
skirts one better!

GOR-RAY LIMITED,
71 NEW BOND STREET LONDON, W.1

Trade enquiries:
GORDON MACKAY LIMITED
P.O. BOX 530, TORONTO.



matches, when the Princess is with her parents, she's completely unconscious and goes on her way oblivious of onlookers and dignitaries. She is never allowed to mingle with spectators and doesn't play to the crowds. She has already learned not to jump into the car ahead of her parents and not to point in public, although she waves back when people notice her.

Anne learns elementary French from the governess and can sing French nursery rhymes. Later she will be taught to perfect her accent and increase her vocabulary. French is considered a necessity to those in state circles, a key to conversation in almost any country. The royal children may learn German since they have many German-speaking relatives. But it is not likely that Anne will study other tongues unless she shows a particular facility for languages. To the critics of royal education, this seems a strange situation. Perhaps it might be argued that in an era when half the world's people come under Communist domination, Princess Anne should be learning Russian.

Learning Together

Anne's lessons in the palace schoolroom are shared by two other little girls—Susan (Suky) Babington-Smith, daughter of a merchant banker, who is a director of the Bank of England, and might some day be Lord Mayor of London; and Caroline Hamilton whose businessman father is running for parliament. Both girls are eight years old and were invited to take lessons with Anne by the Queen who knew their parents as members of the circle that went to the same parties and balls she attended before her marriage. Suky, dark, determined, is a match for the high-spirited Anne. Caroline, ginger-haired, thoughtful granddaughter of the Dean of Windsor, has the forthright charm of her Canadian grandmother, Jessie, daughter of Judge (Sir Walter) Cassels of Toronto.

Suky and Caroline arrive at the side door of the palace a little before nine-thirty each morning. Inside the palace they are escorted by one of the footmen — in workaday navy-blue battledress with red shoulder tabs, crested brass buttons—a few steps to the old-fashioned gilt elevator. The schoolroom is just across the corridor from the elevator on the second floor.

Miss Peebles' sitting room, which doubles as the schoolroom, is airy and light, with tall windows looking

over gardens and comfortable chintz chairs. The children work at a round table, though there is one little desk at the side they occupy in turn. Other concessions to learning are a portable blackboard and pictures of birds on the soft green walls.

Lessons start with reading of scripture and recitation of verses the children have learnt. Emphasis is on reading, writing and arithmetic. Geography arouses most attention during royal tours which are followed with pins on maps. History and poetry are Anne's favorite subjects, but she finds arithmetic and writing difficult.

There is no system of grading for the three pupils, so Anne isn't forced into any kind of intellectual competition with her contemporaries. Many people cite the fact that there is no special emphasis on science in Anne's education as evidence that she's being prepared for a leisurely cultivated era that no longer exists. In a scientific age, the critics say, a potential ruler ought to get hard early training in the rudiments of the sciences.

At eleven o'clock there is a morning break in the schoolroom, with fruit juice and biscuits brought in by the nursery footman, who also fetches coal, meals and packages intended for the children's quarters.

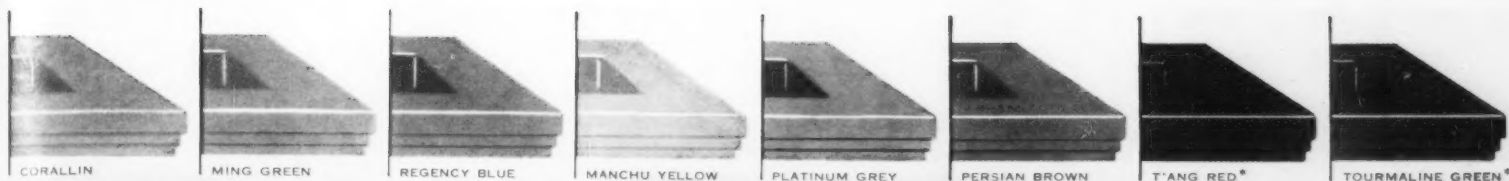
For an hour there are more lessons, then shortly after twelve the little girls go out to the garden to amuse themselves with balls, bicycles—Anne's is red—or just racing around. Sometimes they play house in the summerhouse, before the two guest students go home for the day.

Anne has lunch with Miss Peebles—her parents usually have engagements for that meal. Afternoon plans for the Princess and her schoolmates vary depending on the day of the week and the weather.

Occasional Trips Out

Once a week the same three girls meet again at a gym in a London mews for physical-training lessons from the commando instructor who taught calisthenics to Prince Charles and his friends. On Wednesday afternoon there is the palace dancing class, and one afternoon a week Anne has a music lesson. Piano practice has to be fitted in every day.

Occasionally Miss Peebles and her charges go out to see some famous place in London or perhaps museum collections of ancient costumes connected with a history lesson or prehistoric relics they've learned about in



Bathroom: The Chateau—by American-Standard • Negligee Set: A Claire Haddad Original from Bard's-Sartre

a bathroom to match your love for luxury...

... by American-Standard, of course!

So beautiful to look at... luxurious to be in... yet, so economical... and only American-Standard bathrooms offer you *all this—and more!*

The "Chateau" is only one of four stunning bathrooms and two powder room groups from which you can choose. Colours are the colours you want—eight of them—the largest selection in Canada. Quality is the highest—built into every single piece. And the result—your American-Standard bathroom or powder room becomes the *exact* bathroom

you've always wanted—but hardly dared believe you could own. For the bathroom that's individually yours in colour—in style—be sure the new home you buy has American-Standard plumbing fixtures—if remodelling, insist on American-Standard.

For your personal copy of American-Standard coloured bathroom folder showing floor plans and colour schemes, write to our head office—1201 Dupont St., Toronto 4, Ontario.

*Available in Basins and Toilets Only



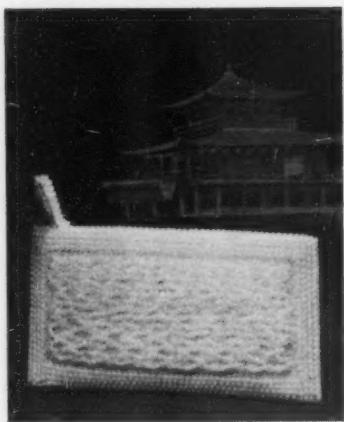
first and finest—the world over

AMERICAN-Standard

AMERICAN-STANDARD PRODUCTS (CANADA) LIMITED

71565—REV.

plumbing fixtures, Gurney furnaces, boilers, radiators, ventilating and air-conditioning products, and heat exchangers



from the Orient

Pearl-beaded evening bag. White satin interior. Zipper top. Suggested retail price \$5. Other styles \$2.95 and \$3.95.

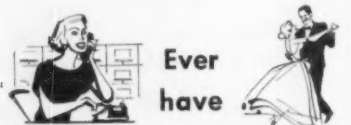
accessories
from the
fashion centres
of the world

Duval

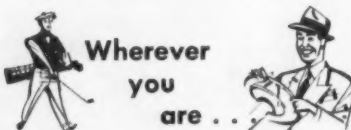
DISTRIBUTORS

500 King St. W., Toronto

Handbags Umbrellas Boutiques



INDIGESTION?



get fast relief with TUMS

- **Keep a handy roll** of Tums in your pocket or purse... in your desk and car. With Tums, you never need a glass, or water.
- **Almost everyone suffers** occasionally from heartburn, gas, or acid indigestion caused by hyperacidity. That's the time to take pleasant-tasting Tums.
- **Tums give** fast... ideal... relief from minor stomach upsets. Tums contain no soda.



for the tummy

Still only 10c a roll, 3-roll pack 29c

nature study. A palace detective escorts them on these excursions to ensure that they are not disturbed.

A detective from the Special Branch, Scotland Yard, always travels in the same car with the royal children and their governess or nurse. He rides ahead in a car when they are with their parents or when the older members of the royal family are traveling. He is ready to ward off cranks and well-meaning enthusiasts. But the detectives' main job is to facilitate travel—they keep in touch with policemen on duty through Scotland Yard so royal cars can travel easily without causing traffic jams.

On several occasions the presence of the Princess has caused crowds to gather. Once on a visit to the London Zoo, she had to be rushed out of a side exit shrilly protesting she had not seen half the things she wanted to see.

Dresses off the Rack

One of Anne's ambitions is to travel on London's subway as her mother and Aunt Margaret did when they were about her age. But even this is considered too risky now, because of the crowds. Transport for Anne's outings remains either a station wagon or small car from the royal garage, both of which pass unnoticed through London traffic.

After an afternoon's outing the Princess goes to the nursery, to put on a fresh frock before tea. Her wardrobe is not large or elaborate. When new things have to be purchased an assortment is sent on approval from one of the large department stores and the Queen and Mabel hold a Privy Council session of their own.

Like most little girls Anne loves pretty things—velvets, furs, jewelry and sparkling trimmings. When she was smaller one of her favorite games was dressing up in an assortment of discarded millinery and scarves the Queen kept for her in a particular drawer. Anne is still very fond of dainty dresses and interested in hats and hairdos. Her own hair is washed by Mabel and trimmed by a hairdresser who visits the Palace once a week.

If the Queen is at home her daughter may join her in her sitting room for tea. Otherwise the Princess stays with Miss Peebles, going on later to watch television, play or read in the nursery and have her supper with Mabel.

There's a television set in the nursery and another larger one in the Queen's sitting room. Anne's favorite

programs are westerns, although she isn't allowed to watch TV more than half an hour a day. The Queen sometimes comes up to kiss Anne good-night, and she tries to make short visits to the nursery when she is dressed in her most gorgeous evening gowns.

Timing and solemnity of the presentation of royal children to the public has varied from reign to reign. But it is likely that Princess Anne will follow the path of duties laid down for her aunt. Margaret made her first speech at fifteen and launched her first ship, the Edinburgh Castle, the same year.

In the meantime Anne may go to boarding school within the next three or four years though it is understood the Queen intends to keep Anne close to her under a governess' care, and with a few chosen friends as companions, for the present.

But even when she does go to school Anne won't meet any ordinary children. She will probably attend one of several exclusive schools in Scotland, which have the advantage of being remote from publicity, or Heathfield, a school near Ascot in Berkshire run by Miss Katharine Dodds. Anne's cousin Princess Alexandra went to Heathfield, and so did Queen Frederika of Greece, and a bevy of Near-Eastern princesses, including the fiancée of the murdered King Feisal of Iraq.

She Rarely Sees Money

Making small purchases is a great treat for Anne. The only chance she gets to buy things is during summer holidays. Then Anne and Charles are sometimes allowed to bicycle down to village shops to purchase such delights as false noses, detachable mustaches and sneezing powder. She has no regular allowance and rarely has money to spend.

There are no strict rules laid down for royal behavior except for ceremonial occasions. They map out their own courses, with consideration to precedent and to circumstance. By watching her mother the little Princess will learn about her future duties, the way they should be performed, the difference between public service and weekends at Windsor.

This distinct division between public and private lives of the royal family was thought out by the Queen Mother to retain some of the happy family life she and her children had enjoyed before her husband unexpected-

Chatelaine — November 1958

She's wearing
the hair net
BEAUTICIANS
recommend



Tidy-Locks

NYLON HAIR NET

For really effective hair control there is no substitute for a sheer Nylon Hair Net.

At beauty
Salons,
Department
and Chain
Stores.



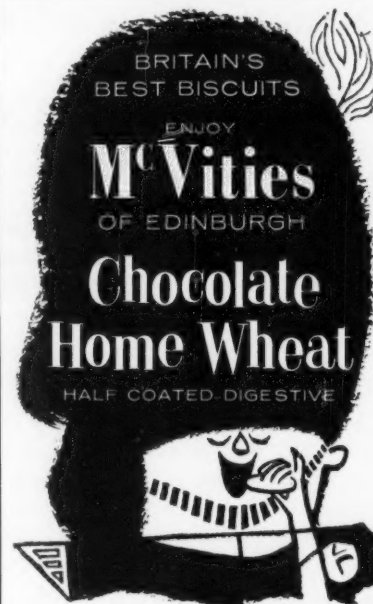
STOP! Don't risk tonight's meal in a smoky, smelly oven!

OVEN CLEANING IS A CINCH WITH WIZARD

Spread, let set, wipe stubborn grease away! Ovens sparkle! No scraping! No ammonia!



ONLY 59¢ WITH FREE BRUSH



MCVITIE & PRICE (CANADA) LTD.
50P 110 Jutland Road, Toronto 18, Ont.

edly became King. It has been followed, successfully, by the Queen who has also kept to her mother's system of having a governess for her daughter.

Queen Mary always insisted that royal children should have a wide knowledge of the world around them but she was equally insistent that they should keep that world at a distance. British royalists are sure she's been proven right. In several European countries, overly democratic moves by royalty have later become embarrassing.

No Nicknames for Anne

Princess Beatrix of Holland requested that she be called "Princess" by her professors and classmates at university, because of the casual manner in which former college acquaintances called her mother, Queen Juliana, "Jula." In Sweden, Princess Sibylla is fighting a losing battle trying to restore some of the dignity her bicycling in-laws have lost.

Certainly the young British royal children have more freedom and fun within the family circle than most of their ancestors had. There have been some innovations in their daily regime. Anne and Charles go out to the dentist. Anne went into hospital for her tonsil operation and both children were inoculated against polio. They wear the rough-and-tumble jeans and slacks other children wear.

At Balmoral they sometimes see children in their age group among families of estate managers and retainers. At Windsor they have friends among the children of local clerics and officials. During holidays, relatives with children come to stay.

Anne's upbringing seems sheltered and out-of-date by conventional Canadian standards and her contacts with

people outside her own country and outside the royal circle slight at the moment. But it must be remembered she is only eight and she is not being educated for the throne. That job belongs to Charles. When they are grown-up, he and his family will be in the public eye, his wife will be Queen, his son Prince of Wales.

Anne will probably marry young—a British peer seems a likely choice—and in her twenties will not be called upon to devote as much time to state duties as either her mother or her Aunt Margaret. There will be several young men in the royal family helping Charles; the Gloucesters—William and Richard—young David Harewood and his cousin Henry Lascelles and less will fall on the shoulders of the women of the house. The Kents—Eddie and Michael—have decided not to go into the family "business" but map out their own careers.

Forever in the Public Eye

Anne as an only Princess will always be a public figure, and her education for the role will go on. As she grows older she will be able to absorb more from cabinet ministers and Commonwealth statesmen who are her parents' house guests, from German and Greek relatives, from important foreign visitors.

She will widen her acquaintance with people and with their modes of life, she will travel, but she will also have to face the criticism and publicity focused on the throne, for she stands beside it. Many who have met her feel that her mother, in giving her a carefree childhood, is providing a firm foundation for a royal character that can cope with any eventuality, however difficult, and that she will be a person in her own right as well as a royal figure. ♦

IMPORTANT NOTICE TO SUBSCRIBERS

In merging the subscriber list of Canadian Home Journal with the subscriber list of Chatelaine it is possible that the name of a subscriber to both magazines appears differently on the two lists. Such a subscriber might thus receive two copies of each issue of the new Chatelaine.

If you receive two copies please write immediately to: Chatelaine Subscription Adjustment, 481 University Avenue, Toronto 2. Please give the reference number on your address labels or enclose the address labels from both copies of the magazine.

New! New! New!



**Hazel Bishop's.
Stunning New
"Ultra-Matic"
Metal Compact**

Fabulous NEW Golden Metal Compact With Easy-To-Change Click-In Refills!

NOW YOURS—The first and only metal compact with refills that are *easy-to-change*—that click-in and out with push-button ease. And Hazel Bishop's Click-In Make-up Refills are only 98¢!

So be smart! Be thrifty, too! Get Hazel Bishop's entirely new, and exciting Ultra-Matic Compact, today!
It's a breathtaking conversation piece everybody will admire!

Looks and Feels Like Solid Gold!



Hazel Bishop Make-up is unequalled for lightness, cling, and covering power! Lasts for hours and hours—yet never streaks, cakes or turns orangey!

Most glamorous new shades of Rose Beige, Natural Pink; Natural, Medium and Dark Rachel.

Only \$3.75 Including 98¢ Click-In Refill

PAT. PENDING

P A T T E R N S

It's fun to look alike in plaid

*Order from your Simplicity Pattern dealer, or from
the Pattern Department, Chatelaine, 481 University Avenue, Toronto.*

To make for yourself and your daughter:
look-alike outfits—wool plaid coats and
slim flannel slacks to wear in country
or suburbs, for work, for sports—
shopping at the supermarket, cheering the
home team. Mother's double-breasted coat:
2638, sizes 10-20; Slacks: 1818, waist
24-28. Daughter's coat—single-breasted,
with Peter Pan collar: 2713, sizes 1-6;
slacks: 2533, sizes 1-6. Each pattern, 50 cents.



coat 2638
slacks 1818

coat 2713
slacks 2533

Quality at your feet...

Naturalizer

Beautiful shoes that make your money
go further...cover all your wardrobe needs
...and fit like Naturalizers always do!

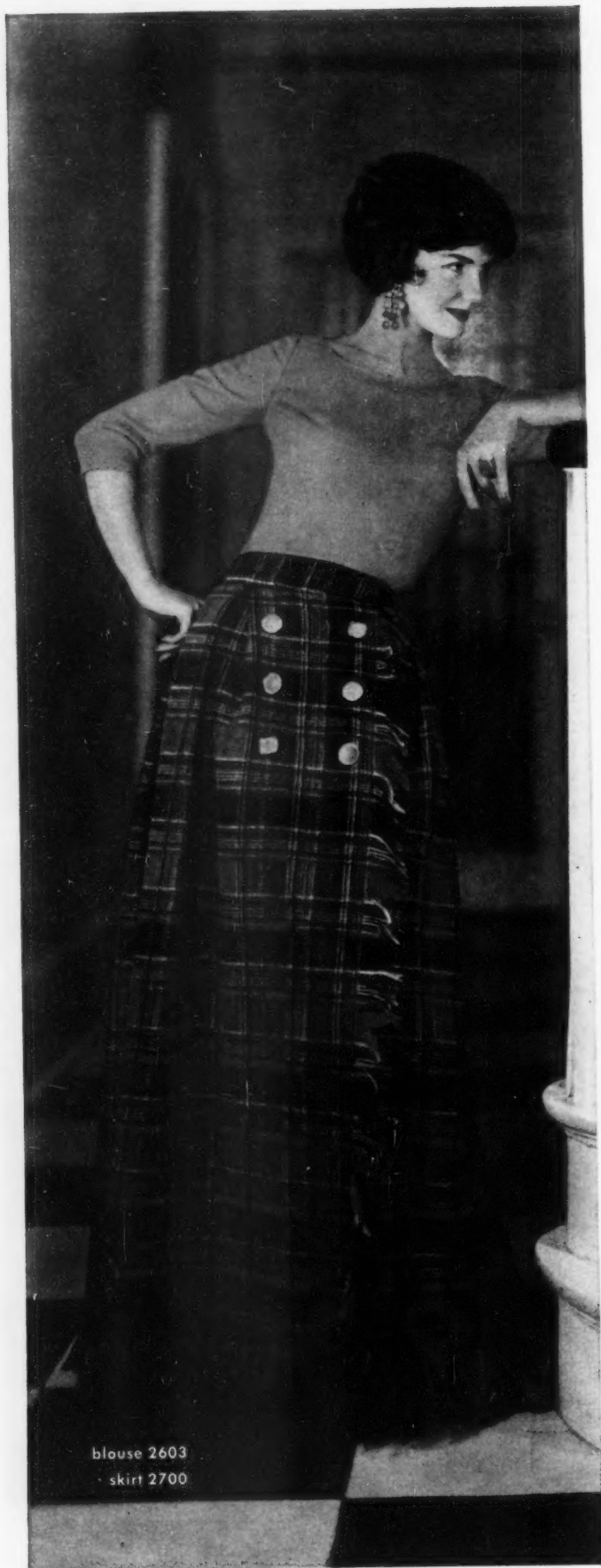
Naturalizer
THE SHOE WITH THE BEAUTIFUL FIT®



shoes illustrated
13.95 and 14.95

Other styles 12.95 to 14.95
Slightly higher west of the Rockies

FOR NEAREST DEALER WRITE NATURALIZER DIVISION, PERTH SHOE COMPANY, LTD., PERTH, ONTARIO. ALSO MANUFACTURED IN THE UNITED STATES BY BROWN SHOE COMPANY, ST. LOUIS



P A T T E R N S

*Make these
in a day — for a
festive
fireside at-home*

If you're at all handy with a needle you can make this simple scoop-neck blouse and buttoned wrap-around skirt in a day. They're sure to create a festive atmosphere when friends drop in for an evening of fireside conversation or TV — and they're ideal for entertaining during the holiday season. The newest fabric for at-home skirts is soft and fluffy mohair. Since it is not generally available by the yard, smart girls are using mohair blankets. They come in both solid colors and in plaids. Skirt pattern 2700, in waist sizes 24-30. Blouse pattern 2603, in sizes 11-18. Each 35 cents.

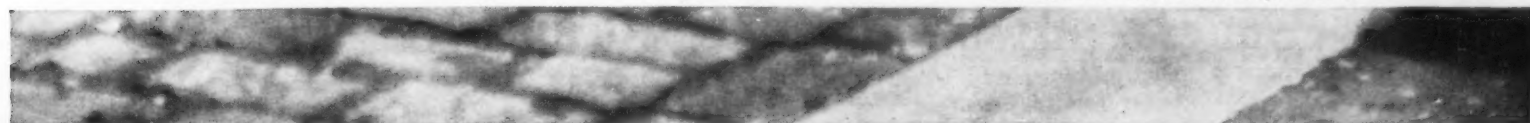
*Order from your
Simplicity Pattern dealer,
or from the Pattern Department,
Chatelaine,
481 University Avenue, Toronto.*



New Kotex napkins with the Kimlon centre protect better, protect longer. Now Kotex adds the Kimlon centre to increase absorbency, to keep stains from going through. With this inner fabric, the Kotex napkin stays even softer, holds its shape for perfect fit. Choose Kotex—the name you know best—in this smart new package. And for added convenience, new Kotex 24's package . . . in Regular and Super Kotex.



KOTEX and KIMLON are trademarks of Kimberly-Clark Canada Ltd.



GREY CUP SPECIAL

Continued from page 35

GREY CUP PUNCH

2 cups cranberry, raspberry or grape juice (unsweetened)

½ cup orange juice
½ cup sugar (or more)
2 sticks cinnamon
4 cloves
1 (26-ounce) bottle of good sherry
1 (26-ounce) bottle medium dry red wine
Lemon and orange slices

Bring the first four ingredients to a boil in a saucepan. When sugar is melted, add wine and reheat until a white foam appears on top. (Do not boil.) Pour into a warm punch bowl. Add lemon and orange slices. Serve in cups with cinnamon-stick muddlers. Makes 10 or 12 servings. Pass warm

Alouette Maple Turnovers or Rough-rider Mincemeat Swirl Loaf.

ALOUETTE MAPLE TURNOVERS

½ cup granulated sugar
1/3 cup chopped nuts
1½ cups grated apple
1 cup mashed sweet potatoes
½ cup brown sugar
2 eggs
½ cup melted margarine
½ teaspoon maple flavoring
3 cups sifted all-purpose flour
4 teaspoons baking powder
½ teaspoon salt
½ teaspoon nutmeg

Combine sugar, nuts and apple, and set aside.

Beat sweet potatoes, brown sugar, eggs, margarine and maple flavoring until smooth. Add sifted dry ingredients. Knead dough on lightly floured board until smooth. Roll out ¼ inch thick and cut into 3-inch rounds. Flatten centre of dough slightly and add a teaspoon of filling.

Moisten edge of dough and fold over into a semicircle. Seal edges with a fork. Fry turnovers in hot deep fat, 365 degrees F., until brown on both sides. Drain on absorbent paper and sprinkle with grated maple sugar while hot. Makes 5 dozen.

Note: If made day before, omit maple sugar. Reheat on cookie sheet at 400 degrees F., for 10 minutes. Sprinkle with maple sugar while hot.



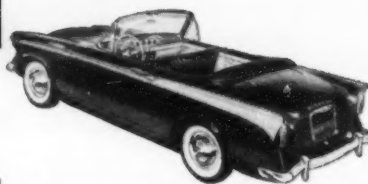
The 1959 HILLMAN

More powerful 1½ litre engine • tremendously improved performance without loss of economy • new rear-axle ratio, more refined running • increased top gear acceleration • new-look interior • deep, comfortable seating • new front-end design • wide choice of colours • distinctive moulding embellishment • re-designed fascia • larger battery • larger clutch • special body insulation for quieter running.



The 1959 SUNBEAM

Powered by 1½ litre twin carburetor "Rallymaster" engine • more brilliant sports car performance • perfect family car comfort • vivid acceleration and flexibility • new high-efficiency steering unit • rugged dependable brakes • improved suspension for greater stability • new exclusive styling • smart chrome-moulding flashes • elegant and spacious interior • handsome two-tone colour schemes • hydraulic clutch control with floor shift • all-steel unitary chassis construction for strength and safety.

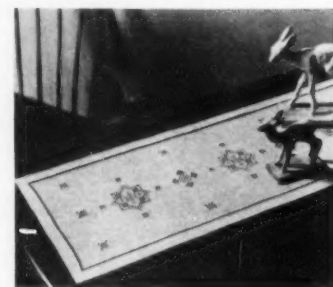


Test-drive both these performance champions at your Hillman/Sunbeam dealer's right away!

ROOTES PRODUCTS: HILLMAN • SUNBEAM • HUMBER

Rootes Motors (Canada) Ltd., 1921 Eglinton E., Toronto • 25 St. James, Montreal • 3135 W. Broadway, Vancouver
Rootes Motors Inc., New York, Los Angeles

Chatelaine Needlecraft



CROSS-STITCH FOR RUNNER

This Irish linen runner in oyster shade is stamped to work in four colors: red, blue, green and amber. Size is 18 by 45 inches. No. C374. Price, \$1 for stamped linen, color chart and instructions. Thread for working, 35 cents extra.

Please order from Mrs. Ivy Clark, Chatelaine Needlecraft Department, 481 University Avenue, Toronto

ROUGH RIDER SWIRL LOAF

- 1 package dehydrated yeast
- ¼ cup lukewarm water
- 1 teaspoon sugar
- ½ cup milk
- ¼ cup melted butter or margarine
- 2/3 cup sugar
- 2 egg yolks, beaten
- 1 teaspoon orange rind
- ½ teaspoon salt
- 3¼ cups sifted all-purpose flour
- 1½ cups mincemeat
- 2 stiffly beaten egg whites
- Cinnamon

Dissolve yeast in water and sugar. Let stand 10 minutes. Scald milk and butter together. Cool. Add sugar, egg yolks, orange rind, salt and yeast mixture. Beat in flour. Turn dough out onto a well-floured board. Knead

slightly until smooth. Cover and let rise till double. Roll dough into a large rectangle 18x24 inches. Spread with the mincemeat then with the stiffly beaten egg whites. Dust lightly with cinnamon. Roll up from one long side to the centre and then roll from opposite long side to the centre. Set in a 10-inch greased tube pan. Cover and let rise until doubled. Cover with foil halfway through baking to prevent excessive browning. Bake at 325 degrees F., for 1 hour. Cool slightly and unmold. Drizzle with melted red-currant jelly and sprinkle with finely chopped nuts. Slice warm or cold. Keeps well. Serve with additional jelly, fresh grapes and wine punch.

Continued on page 108

GLAMORIZE YOUR HAIR WITH COLOR

You can color your coiffure as easily and as often as you color your lips. If you want to try a pretty new temporary hair color — here are three quick ways:

1. Rinse new color into your hair —with brush or sponge (right). Color will last from shampoo to shampoo.
2. Streak color on with a color stick that's just lipstick size. Pull strands you want to color through holes in a cardboard. The color can be brushed out.
3. Spray your whole head a new color in seconds—black, brown or auburn. Shampoo it out—try another color.



Simple beauty tricks like these can help every woman be prettier. Send now for your personal beauty analysis from Chatelaine Beauty Clinic. Learn how to manage your own hair, how to choose becoming make-up from up-to-date color charts, how to care for your skin, and much more.

Fill in the coupon below and mail it to us. We will send you a detailed questionnaire. Then fill in your questionnaire and return it to us with \$1 for your complete beauty analysis.

CHATELAINE BEAUTY CLINIC
481 University Avenue, Toronto

Please send me a beauty questionnaire so that I may complete it and receive a personal beauty analysis.

Name

Address

New! Pizza-Burgers from yeast and Biscuit Mix!



Pizza-Burgers

Measure into bowl

¾ cup lukewarm water

Stir in

1 teaspoon granulated sugar

Sprinkle with

1 envelope Fleischmann's
Active Dry Yeast

Let stand ten minutes, then stir well.

Add

2½ cups variety baking mix
(biscuit mix)

Combine well.

Turn out dough onto a surface well-dusted with biscuit mix. Knead until smooth—about 20 times. Divide dough into 8 pieces; roll each piece into a 4-inch circle. Place on ungreased cookie sheet. Press to make edge of circles slightly thick. Let stand while making filling.

Brown

¾ pound minced lean beef

Mix in

½ cup chopped onion

1 small clove garlic, chopped

1½ cups tomato sauce

½ cup chopped green pepper

salt and pepper to taste

Spread on dough.

Sprinkle pizzas with

1 teaspoon oregano

Cut into strips

½ pound sliced cheese—
Mozzarella, Ingersoll or
old Canadian cheddar

Arrange cheese over pizza fillings.

Bake in a hot oven (425°F.) until crust is brown, filling hot and bubbly—15 to 20 minutes. Serve at once.

Try this delicious pizza crust!

It's easy too! Your favourite hamburger meat gets a delicious Italian accent with real Italian pizza crust. And it's as easy to make as adding yeast to biscuit mix.

Your family is sure to appreciate the wonderful flavour only yeast can give.

Just remember to use Fleischmann's Active Dry Yeast! The kind you can depend on for perfect results, every time.





Now there's a full series of elegant Impalas, including the new Sport Sedan shown here.

ALL NEW

It's shaped to the modern Canadian taste with a lean, clean silhouette, crisp new contours, beautifully restrained accents. It brings you more spaciousness and comfort with a new Body by Fisher. It has a bright new sheen — a new kind of finish that keeps its lustre without waxing for up to three years. New bigger brakes. Vast new areas of visibility. Choose the proven V8's or the new Hi-Thrift 6. New handling ease and road steadiness. It's new right down to the tires!

Never before has an automobile manufacturer made such sweeping changes two years in a row. And never before has any car been new like this one.

The 1959 Chevrolet is your kind of car. Shaped to reward your taste in style. Designed to anticipate your desire for greater roominess and comfort. Engineered to bring you greater safety, economy, ease of handling and smoothness of ride.

Chevrolet's new Slimline design brings entirely new poise and proportion to automobile styling. Inside the new and roomier Body by Fisher you'll find truly tasteful elegance. And you'll see more, through the new Vista-Panoramic windshield that curves overhead. It's more than 50 per cent larger.

There's much, much more. A new steering ratio makes handling easier.

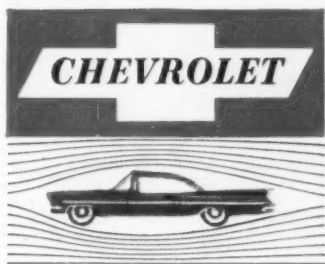
'59 CHEVROLET



ALL OVER AGAIN !

New suspension engineering gives you a more stable ride. (Level Air suspension* is now even softer!) There's a sweet new edition of Turboglide*. A new Hi-Thrift 6 that goes and goes on a gallon. New Safety-Master brakes. And with all that's new, you'll find those fine old Chevrolet virtues of economy and practicality. See this fresh new Chevy at your Chevrolet dealer's.

*Optional at extra cost.



What Canada wants,
Canada gets in a Chevy!



Rear view of the new Bel Air 2-Door Sedan—
like all '59 Chevis—new from bumper to bumper.



EXPORT "A"
FILTER TIP
CIGARETTES

Elegante
 Metallic Leaf
 decorated heirlooms for
 new kitchen elegance

Be in style, dress up your kitchen with the flattering glamour of "Elegante" Lustru-Ware. You'll love how its fashionable elegance boosts kitchen morale. "Elegante" keeps the fresh band-box look, for plastic can't ever dent, rust nor tarnish.

Guaranteed UNBREAKABLE*
 along with 200 colorful Lustru-Ware household necessities. Shop for "Elegante" soon... wonderful too for gifts.

4 piece Conister Set
\$4.25 to \$4.75

Gold decorations on satin white, yellow, pink and turquoise... Chrome on apple red.

Guaranteed by Good Housekeeping

Metallic embossed "Elegante" shaker set sent postpaid with catalog for 25c (no stamps). Specify color. Write Columbus Plastic Products Home Service Dept. 414, Columbus, Ohio.

WASHING MACHINES
PURR LIKE KITTENS
 with 3-IN-ONE



3-IN-ONE OIL

Continued from page 105
BLUE BOMBER GINGER SPARERIBS

- 2 pounds back spareribs
- 2 teaspoons dry mustard
- ½ clove garlic
- 1 teaspoon salt
- 1 cup ginger wine or sherry
- ¼ teaspoon ginger
- 1 tablespoon lemon juice or vinegar
- 1½ cups chicken broth or 1 chicken bouillon cube dissolved in 1 cup boiling water
- 2 oranges, peeled and sliced

Have spareribs split in half lengthwise. Rub both sides with dry mustard. Cut in serving pieces. Set in a lightly greased pan with the garlic. Bake at 400 degrees F., for 30 minutes or until nicely browned. Drain off the fat. Sprinkle with salt. Add ginger wine, ginger and lemon juice. Bake and baste at 350 deg. F., for 20 min. Cool and refrigerate ribs in a casserole. Chill pan juices separately. Next day add the juice to the chicken broth and bring to a boil. Thicken with 1 tablespoon cornstarch dissolved in 2 tablespoons water. Add the oranges and pour over the ribs. Reheat casserole at 350 degrees F., for 30 minutes. Serve with fried or fluffy rice, a tossed salad and hot rolls. Makes 6 servings.

CANDLE WARMER TRAY BITES

At party time bake all bites on two greased cookie sheets at 425 degrees F., for 10 minutes. Makes enough for 8 to 12 guests. Serve on a heated tray with steaming mugs of soup. Pass crisp celery and carrot sticks.

LIONS MOCK EGG ROLLS

- 1 tablespoon bacon fat
- 2 tablespoons chopped onion
- ¼ cup chopped green pepper or celery
- ½ teaspoon dry mustard
- ½ teaspoon soy sauce
- ½ pound liverwurst or bacon-and-liver roll
- 2 cups biscuit mix
- ½ teaspoon ginger
- Milk
- ¼ cup chopped nuts

Sauté the onion and green pepper in the bacon fat until tender. Add the mustard, soy sauce and liverwurst. Mix well and chill. Form into 12 fingers 3 inches long. Make a soft dough of the biscuit mix, ginger and milk. Roll out into a rectangle 9x12 inches on a floured board. Cut into 12 squares. Dampen the edges and

roll up around liverwurst. Dip in melted butter and nuts and refrigerate on a cookie sheet. Makes 12.

ROUGH RIDER ROLLUPS

Remove the tail ends of 1 (10-ounce) package frozen breaded shrimp. Cut rindless side bacon slices lengthwise (about ½ pound). Wrap each shrimp with bacon in a spiral fashion. Secure with toothpicks and refrigerate. Makes about 1½ dozen.

ESKIMO HAM ROUNDS

Mix 1½ cups minced ham or pressed pork with 3 tablespoons chopped dill

pickle, ¼ teaspoon curry powder and enough salad dressing to moisten. Pile on 12 2-inch toast rounds. Top with a ring of fresh onion and a small sweet pickled onion. Refrigerate. Makes 1 dozen.

SESAME STICKS

Cream ½ pound soft pimento-flavored process cheese with 2 tablespoons flour, ½ teaspoon prepared mustard. Frost top and sides of dark rye bread fingers 3 inches long by ¾ inch thick. Roll each in sesame seeds. Refrigerate. Makes about 2 dozen.

ARGONAUT SWEET POTATO SALAD

- 4 slices side bacon, diced
- 1 egg, beaten
- 1 cup milk
- 2 tablespoons flour
- ¾ teaspoon salt
- 1 teaspoon dry mustard
- ½ teaspoon cayenne
- 3 tablespoons cider vinegar or lemon juice
- 2½ cups diced cooked sweet potatoes
- ½ cup sliced celery
- ¼ cup chopped onion
- ¼ cup chopped green pepper
- 2 tablespoons mayonnaise

Fry bacon slowly until crisp. Pour off fat as it collects and set aside. Combine egg and milk. Mix flour, salt, mustard, and cayenne together in a saucepan. Add the egg and milk. Cook slowly until thick and smooth. Add vinegar, 2 tablespoons bacon dripping and remaining ingredients. Refrigerate. Reheat in a casserole or spoon into flaky-pastry tart shells. Bake at 350 degrees F. for 15 to 20 minutes. Top with strips of cheese and return to oven until cheese is melted. Garnish with sliced stuffed olives. Makes 8 servings. Serve with sliced hot or cold Glazed Peameal Bacon and spiced corned beef or pastrami. Add a basket of warm rolls or fresh rye bread.

GLAZED PEAMEAL BACON

Score the top of a 3- or 4-pound piece of peameal bacon in diamonds as you would ham. Set in a greased shallow pan and sprinkle with lemon juice. Stud with cloves and spread top with a paste of 3 tablespoons pineapple jam, 1 teaspoon mustard and 2 tablespoons dry bread crumbs or flour. Add ½ cup fruit juice to the pan and bake at 350 degrees F. for 1½ hours. Baste now and then.

DECORATING PROBLEM?

Let Chatelaine's
 Decorator Service help

All you have to do is clip and mail the coupon below for your free questionnaire. When you fill this in, outlining your problem, and return it with the usual fee of \$2 for each room scheme, your own decorating kit, based on your personal color preference, will be assembled and mailed to you. This kit will contain selected samples of paint colors, fabrics, wallpaper, furniture illustrations and a proposed furniture arrangement. All items recommended are identified and available in Canada.

CLIP THIS COUPON AND MAIL TO

Chatelaine's
 Decorator Service,
 Chatelaine,
 481 University Avenue,
 Toronto 2.

Name

Street

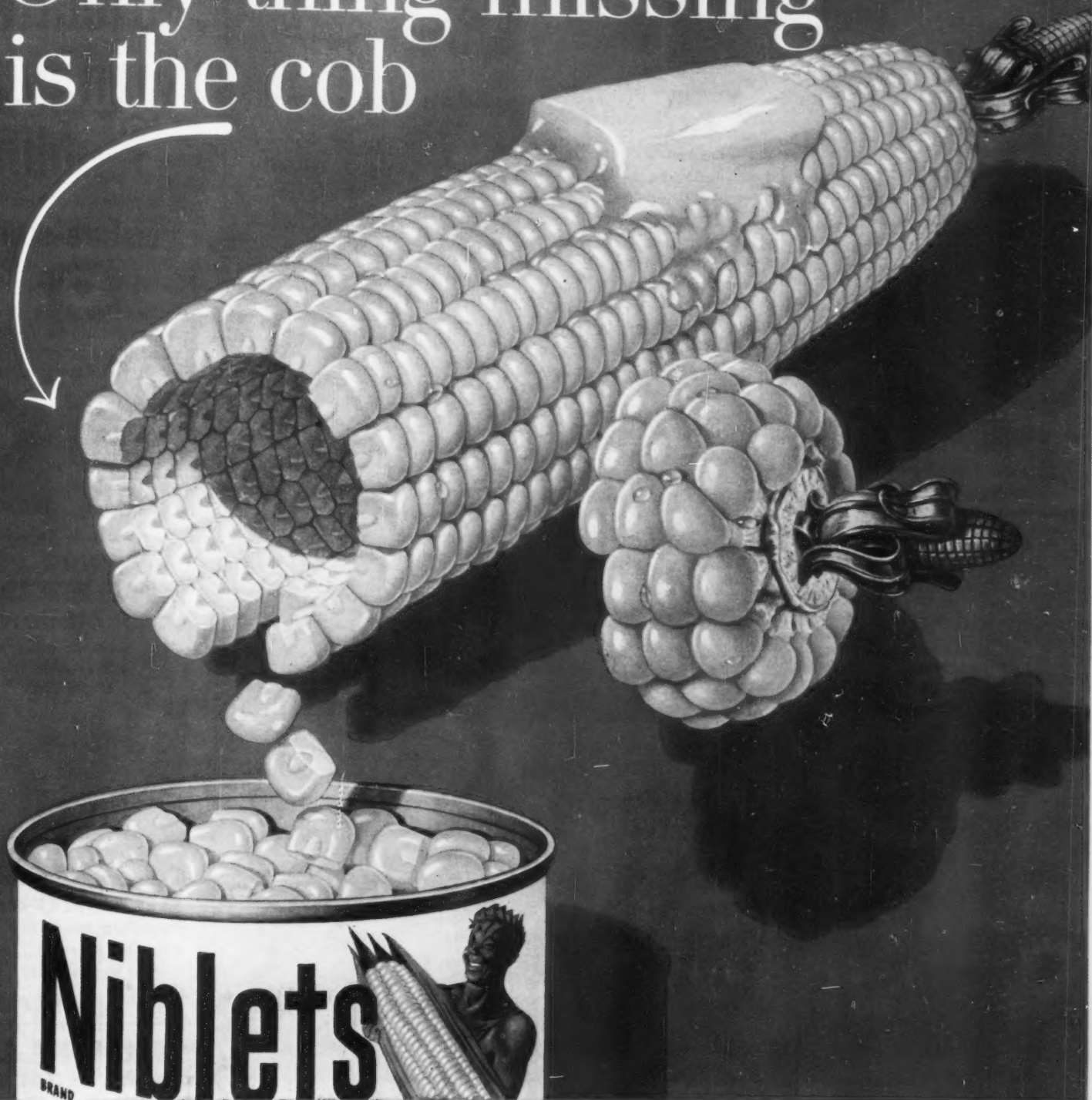
City

Province

Please send me
 questionnaires.

Please Print in Block Letters

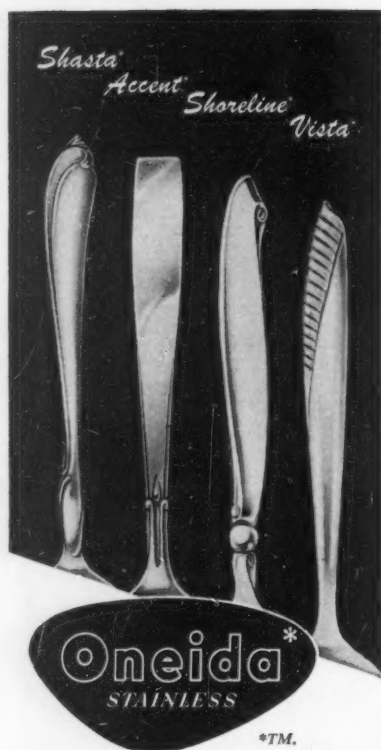
Only thing missing
is the cob



All the eating fun of fresh-cooked roasting ears is now yours in Niblets Brand corn. Quick-cooked for color, flavor and good nutrition. Vacuum packed for crisp freshness.



Green Giant of Canada Limited, Tecumseh, Ontario. Also packers of the following brands:
Green Giant Peas; Niblets Mexicorn; Green Giant Wax Beans and Green Giant Green Beans.



...exquisitely crafted for carefree living

TRADITIONAL OR MODERN setting . . . guests for dinner or just you alone for breakfast . . . Oneida Stainless needs no cleaning . . . and this solid stainless is unconditionally guaranteed. Starter sets from \$14.95.

Nature makes it carefree . . . Oneida makes it beautiful

ONEIDA LTD., NIAGARA FALLS, CANADA

NEW HEARING AID!

Twin Optic Ear

by **DAHLBERG**

HEAR WITH BOTH EARS!



FREE INFORMATION . . .
NO OBLIGATION



USE THIS COUPON

The Dahlberg Company Dept. K-32
P.O. Box 5070, London, Ontario

Please send free literature on your
new eyeglass hearing aid.

NAME _____

ADDRESS _____

CITY _____

PROV. _____

Makers of "Miracle-Ear"
World's First Cordless Hearing Aid

Chatelaine — November 1958

REMEMBER WHEN WE LIVED GRACEFULLY?

Continued from page 31

THREE FRUIT LOAF

- ½ cup seedless raisins
- 1 cup dates
- ½ orange
- ¼ cup hot apple juice or cider
- 1 teaspoon baking soda
- ¼ cup soft shortening
- ½ cup brown sugar
- 2 eggs
- 2 cups sifted all-purpose flour
- 1 teaspoon baking powder
- ½ teaspoon salt
- ½ cup milk

Mince raisins, dates and orange with a food chopper. Add the hot apple juice and soda. Let cool. Beat the shortening, sugar and eggs together until fluffy. Add sifted dry ingredients alternately with the milk. Stir in the fruit-and-juice mixture. Spread in a greased 8x4-inch loaf pan. Bake at 350 deg. F., for about 1 hour or until centre tests baked. Cool and store for a day or two.

THREE FRUIT TRIANGLES

Slice the loaf thinly and spread every other slice generously with soft mild process or pineapple cream cheese. Put together sandwich fashion and cut diagonally into triangles.

SOUR CREAM BUCKWHEAT WAFFLES

- 2 cups buckwheat pancake mix
- ¼ teaspoon salt
- 2 egg yolks
- 1 cup sour cream

- 1½ cups milk
- 2 egg whites

Measure mix into a bowl. Add salt. Beat egg yolks until thick. Add sour cream and milk. Pour into the dry mixture and beat until just smooth. Fold in stiffly beaten egg whites. Spoon or pour from a pitcher on preheated waffle iron. Spread quickly and close cover. Bake without raising cover. Serve with butter and maple syrup. Makes approximately 8 waffles.

MOCHA PEACH TORTE

- 1 8-in. round, yellow layer cake, baked (½ package mix)
- ¾ cup crushed Nothings or vanilla wafers
- 2 tablespoons melted butter
- 1 package plain gelatine
- ¼ cup cold milk
- 1¼ cups scalded milk
- 1/3 cup sugar
- 2 egg yolks
- ¼ teaspoon salt
- ½ teaspoon vanilla
- 2 teaspoons instant coffee
- 2 egg whites
- ½ pint whipping cream
- 1 tablespoon cocoa
- ½ teaspoon instant coffee
- 2 tablespoons sugar
- peach halves
- ½ cup peach jam

Grease an 8-inch round layer-cake pan. Fit bottom with a circle of wax paper. Spread evenly with a mixture of the crushed cookies and melted butter. Soften gelatine in cold milk. Scald milk in the top of a double boiler. Stir in the sugar mixed with the egg yolks. Cook until mixture thickens slightly. Remove from over

HAVE YOU A STORY TO TELL?

You, like most women, probably can remember a particularly dramatic, inspiring, or revealing event in your life. "What a story I could tell!" you sigh.

Well, here's your chance to tell it.

Consider what period in your life provides the best story material. Perhaps it was something that changed the whole course of your life. Perhaps several years elapsed before the situation was resolved. Perhaps your story touched on some great public event.

Type it out and send it to us. For satisfactory pieces we will pay you at our regular rates. Send your stories (with self-addressed envelope if you want your story back) to:

Personal Experience Stories,
Chatelaine Magazine,
481 University Avenue,
Toronto, Ontario.

Clinically proved

More effective than pure lanolin

in treatment and prevention of moisture-starved skin

Just one drop of this "fluid" skin softener gives instant, soothing relief to rough, chapped hands or face. At toilet goods counters.

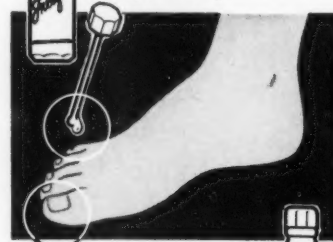
Campana

Italian Balm®



Drop on FREEZONE lift off corns

- No more bulky Pads
- Stop pain the New Liquid Way



OUTGRO for ingrown toenails

- Relieves tormenting pain
- Stops ingrown nails

Available at all drug counters

SANI-FLUSH cleans toilet bowls BETTER...FASTER!

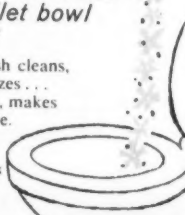


Use it twice a week to keep your toilet bowl immaculate!

Fragrant Sani-Flush cleans, disinfects, deodorizes . . . removes rust stains, makes toilet bowls sparkle. Powder or liquid.



Disinfects as it cleans



the hot water and add salt, vanilla, 2 teaspoons instant coffee and softened gelatine. Chill until almost set. Fold in stiffly beaten egg whites and pour over the crumb mixture. Chill until firm. Beat cream, cocoa, coffee and sugar together until stiff. Spread a layer of cream mixture on top of the cake. Loosen sides of gelatine mixture and invert on top. Add a layer of peach halves. Press peach jam through a sieve and heat until bubbly. Drizzle over peaches. Frost sides of Torte with more mocha cream. Pipe remainder around top edge with a decorator tube. Sprinkle sides and top with coconut. Chill until serving time.

CINNAMON CHOCOLATE

Heat 2 cups milk and $\frac{1}{8}$ teaspoon salt in the top of a double boiler until bubbles appear. Combine $\frac{1}{4}$ cup instant cocoa mix and $\frac{1}{8}$ teaspoon cinnamon. Add milk and stir well. Serve in cups topped with a spoonful of chocolate ice cream. Serves 2 or 3.

DATE BRAN SQUARES

$\frac{3}{4}$ cup sliced dates
 $\frac{1}{4}$ cup brown sugar
 $\frac{1}{2}$ cup water
2 teaspoons lemon juice
 $\frac{1}{2}$ cup soft shortening
1 package instant butterscotch pudding
1 egg
1 cup bran
 $\frac{1}{2}$ cup all-purpose flour
 $\frac{1}{2}$ teaspoon baking soda
 $\frac{1}{2}$ teaspoon cinnamon
 $\frac{1}{2}$ teaspoon salt
 $\frac{1}{2}$ cup chopped nuts

Cook first four ingredients together slowly until thick. Cool. Beat the shortening, pudding and egg together till fluffy. Add bran, sifted dry ingredients and the nuts. Spread half the mixture in a greased 8x8-inch pan. Cover with the date filling. Drop remaining batter on top with a teaspoon. Run a fork through the batter to spread slightly. Bake at 375 deg. F., for 30 minutes. Cut in large squares.

SPICED BEEF PASTIES

1 package pastry mix
1 teaspoon ground dill seed
 $\frac{1}{2}$ (8-oz.) can spiced beef, minced
 $\frac{1}{4}$ teaspoon dry mustard
3-4 drops Tabasco sauce
1 tablespoon leftover gravy or barbecue sauce
1 tablespoon chopped sweet pickle


Continued on page 112

Dreams come true...

in *L'Anice* sweaters
of **tycora** yarn

The feeling is great in Tycora*, the truly *magical* yarn. So soft to the touch -- it resists pilling and fuzzing and *won't* shrink, stretch or sag even after hundreds of washings. In the most enchanting colours, L'Anice† sweaters of Tycora* yarn are fashioned to perfection and *never, never* need blocking. A sweater dream come true.

Left: Cardigan Bulky, beautiful in White, Bristol Blue and Black \$12.95 Center: Full-Fashioned Long Sleeve Cardigan in enchanting Gold Dust, White, Black, Crystal Blue, Coral, Perriblue, Buttercup Yellow, Flame Red, Honey Beige, Sea Aqua, Olive Green, Chestnut Brown, Spiced Apricot, Cinnamon, Navy, Leaf Green. \$9.95 Its companion full-fashioned pullover. \$7.95 Right: "Relaxed Look" Dressmaker Pullover in stunning White, Olive Green, Cinnamon, Spiced Apricot, and Bristol Blue. \$10.95

 **Riverside** SILK MILLS, LTD., GALT, ONTARIO

Available in the finest stores throughout Canada.

*Trademark. †Trademark -- Knitted Outerwear Mills, Ltd. Montreal.



Your love brings a beauty to the world

... the fresh, eager beauty of your baby... as he responds, radiantly, to the tenderness of your love. Your love gives so much, so well. It gives happiness to his growing young spirit. It gives strength and health to his growing young body... and your loving care is so evident in the foods you choose for your baby. You know that the good they do your baby now will remain with him all the days of his life.

That is why, like most mothers, you turn to Heinz Baby Foods. These are the nutritious foods... the naturally delicious foods... and the widest choice of all baby foods. These are the foods that tempt and delight and broaden your baby's growing tastes.

Inevitably, these have become the most popular of all baby foods, and they're available everywhere.

HEINZ



Baby Foods

MORE THAN 140 KINDS



Continued from page 111

Stir dill seed into pastry mix. Add water or milk to form dough. Roll into a 10x15-in. rectangle and cut into 3½-in. squares. Mix beef with remaining ingredients. Place spoonful of meat on each pastry square. Moisten edges and fold over to form a triangle. Press down with tines of a fork. Prick and place on ungreased cookie sheet. Bake in 425-deg.-F. oven for 15 to 20 minutes. Makes 12.

SPICE PUFFS

- 2 tablespoons soft butter or margarine
- 1/3 cup brown sugar
- ¼ cup table molasses
- 1 egg yolk
- ¼ teaspoon soda
- 1½ teaspoons water
- 1/3 cup currants
- ¾ cup sifted all-purpose flour
- ½ teaspoon salt
- 1 teaspoon pumpkin pie spice
- ¾ cup stale cake crumbs (any flavor)
- 1 egg white, slightly beaten
- ½ cup finely chopped nuts

Combine first four ingredients thoroughly. Add soda dissolved in water and currants. Stir in sifted dry ingredients, then cake crumbs. Shape dough into 1-inch balls. Dip each in egg white then in nuts. Set on a well-greased cookie sheet and flatten slightly. Decorate top with a small square of candied pineapple. Bake at 375 deg. F., for 8 to 10 minutes. Dust with icing sugar. Makes 2 dozen.

BUFFET SCRAMBLE

- 1 chicken bouillon cube
- 3 tablespoons boiling water
- ½ cup evaporated milk
- 1 teaspoon onion juice
- dash Tabasco
- 12 eggs, slightly beaten
- ¼ cup butter or margarine
- chopped fresh parsley or celery leaves

Dissolve bouillon cube in the water. Stir in the milk, onion juice, Tabasco and eggs. Melt the butter in a chafing dish or over low heat. Add the egg mixture and lift and stir with a metal spoon until softly scrambled. Serve in the centre of a hot platter. Sprinkle with parsley. Surround with broiled back bacon and fried mushrooms.

Variation—Add 1 (7-oz.) can boneless chicken and reduce the milk to ¼ cup. Scramble lightly and pile on hot buttered toast. Criss-cross top with crisp side bacon. Add a broiled pineapple slice filled with cranberry jelly to each plate.

YOUNG PARENTS

by Elizabeth Chant Robertson, MD



COLIC—

some practical answers to a baffling problem

Why young babies develop colic is still a baffling problem. The colic itself is not dangerous and baby always gets over it within a few months without any permanent harm. However during his first attack consult your physician to make sure his crying and discomfort are not caused by something serious.

What are colic's symptoms?

Its main symptom is crying, which can range all the way from mild fussing to loud prolonged screaming. It usually begins between two and four weeks of age and ends by three months or less. Sometimes the prolonged spells of crying occur only occasionally; more often they recur every day for a week or ten days; much more rarely they bedevil the baby for weeks on end.

They are most apt to come on after the 6-p.m. feeding, and they may last almost continuously for the next four hours. After his ten-o'clock feeding he is miraculously relieved and he goes off to sleep like a lamb.

One of my babies had a ten-day spell of this and I can still remember it vividly. You naturally think there must be something dreadfully wrong when you see your baby in

such distress — with his face very red, his fists tightly clenched, his legs drawn up and his little abdomen distended with gas. Usually, too, he belches up and passes more gas than normal and this may relieve his discomfort temporarily. You can often hear it rumbling around inside, too. All of these signs would indicate that he is suffering from pain in his abdomen.

Because the attacks so often come on in the evening, one would suspect fatigue to be a factor. Other babies are regularly smitten in the afternoon—a few are attacked at irregular times during the day or, much worse, during the night. Babies with colic are usually growing better than the average and apart from these painful spells are in bouncing good health. Don't think he will wear himself out by the crying—he won't, he's very resilient. Often you are more exhausted than he is.

How common is it?

It's hard to get reliable figures, because some families can take crying much more casually than others, but some pediatricians claim that about forty percent of babies have spells of colic. In babies' hospitals it is rare,



Gaining!

More and more Farmer's Wife Infant Formula Milks are being prescribed by doctors—approved by mothers!

Doctors prescribe Farmer's Wife Milks because infants have fewer feeding upsets, and steadier weight gains on these specialized infant formula milks. Mothers approve of Farmer's Wife Milks, because they make it easier to

prepare a feeding that is accurate, just what the doctor ordered every time!

Now there are four Farmer's Wife Infant Formula Milks—Whole Milk, Partly Skimmed and Skimmed Milk . . . and the convenient new PREPARED FORMULA, with the special baby sugar already added.

Ask your doctor to prescribe the Farmer's Wife Infant Formula Milk best suited to your baby. Available at all grocery and drug stores in easy-opening tins. Buy the best and be sure!

Farmer's Wife

PRESCRIBED BY DOCTORS—APPROVED BY MOTHERS

Canada's finest
infant formula
milks



For so many reasons:



"daintiness . . ."
Millions of women douche with "Lysol" . . . because a "Lysol" douche gives a sense of complete daintiness, of internal cleanliness.



"all-over cleanliness" . . . because a "Lysol" douche spreads into folds and crevices . . . kills odor-producing bacteria, rapidly on contact; thus the thorough, desirable action lasts!



"socially secure"
A "Lysol" douche leaves you sure of yourself, sure of your daintiness. With the primary cause of "embarrassing odor" gone (odor-producing bacteria), you just can't offend.



"that fresh feeling" that a "Lysol" douche gives is important to your poise! You feel more radiant and look better when you're so completely clean and nice. Make a "Lysol" douche part of your regular routine.

For free booklet (plain envelope) on scientifically approved way of douching, send name and address to "Lysol" Dept. C-102, 37 Hanna Ave., Toronto 3.

"Lysol"
Brand Disinfectant



CONSTIPATED BABY...

Give Baby's Own Tablets. Sweet, mild little tablets. Nothing better to help clear out bowels quickly — yet gently. No "sleepy" stuff — no dulling effect. Used for more than 50 years.

Equally good for the restlessness and feverishness resulting from digestive upsets at teething time and other minor baby ills. Taste good and are easy to take! Get a package today at drugstores.

BABY'S OWN TABLETS



partly because colicky babies aren't admitted unless they have something else the matter, too, and partly because crying isn't so noticeable there.

Why does colic occur?

Here again we're not sure, but probably the cause varies in different babies. As it always disappears as babies get older and as nearly all of them are doing so well otherwise, very few scientific tests have been carried out on them.

Professor Illingworth of Birmingham, Alabama, did have abdominal X-rays taken on seven babies with severe colic, but to his surprise he found no evidence of excessive gas in the intestinal tract. He suspected that the pain was due to a spasm or temporary kink in the large intestine which prevented the passage of gas along it.

Because it only occurs early in life, it is no doubt partly due to immaturity of the digestive tract and the nervous system. It is unusually common in so-called hypertonic babies—the tense, active, keyed-up, easily awakened babies who also react rather violently to extreme stimuli, such as noise. They do better if they are handled gently and kept quiet.

Colic is less common in relaxed, placid infants. Young hypertonic babies are often fussy and unhappy unless they are either eating or sleeping. After three months of age, all babies, hypertonic included, begin to amuse themselves when they are awake and so fuss less.

Boys and girls are equally affected by colic, but most doctors think it is commoner in first babies, especially if their mothers are unduly worried and tense about them. This seemed to be an important factor in one fifth of a large series of colicky babies studied and reported in the Journal of Pediatrics last year.

Naturally mothers feel less at ease with their first babies. Once the trouble has been diagnosed by your physician, you and your husband need not both stay home in the evenings and endure it — some time off will help you to cope with it and won't do your baby any harm.

Faulty feeding techniques are oc-

asionally the cause — such as nipples with too large or too small holes, so that baby takes his feeding in less than ten minutes or more than twenty. Insufficient burping after eating, the use of bottle holders or of too chilly feedings are other errors to avoid.

As the colic usually comes on within half an hour after a feeding, it is natural to suspect that the formula is not right for your baby — and a new formula may be prescribed. Occasionally a baby cannot tolerate the usual feedings or vitamin supplements and unusual ones may need to be substituted.

Colic occurs in breast-fed babies, too, but weaning is not likely to relieve it and therefore is not advised. In fact many experienced pediatricians believe that the feedings are rarely to blame for the colic, which seems reasonable enough as only one feeding in the day causes trouble.

Treating your colicky baby

A check-over by your doctor to rule out other causes is the first essential. He will also give you some tips on how to handle the next attack. No one treatment is regularly successful — so don't worry if several have to be tried.

Sometimes picking him up, rocking him or walking him is effective. You don't need to be afraid of spoiling him; comforting him when he is in distress doesn't mean that he will demand it unnecessarily later on. If none of these attentions seem to make any difference don't feel that you must provide them, especially if your lack of success annoys you.

You can offer him two ounces of warm boiled water with a pinch of baking soda (sodium bicarbonate) in it. However there's a good chance that he won't take it.

Often laying him on his abdomen across your knees and gently rubbing his back helps. Another alternative is to place baby's hot-water bottle (the water should only be about 120 deg. F.) on your knees and to lay his tummy down on that. Be sure there are two layers of cloth between the rubber bottle and his skin.

"My diapers are killin' me—why don't you use Softie?"



- Softie Diaper Rinse makes diapers and all baby's things fluffy soft, sweet and fresh.
- Softie prevents and actually clears up diaper rash.
- Softie is recommended and used by many leading Canadian hospitals and pediatricians.



Ask your Druggists for **SOFTIE** in the new 32 ounce family bottle



"They're cuddly soft—like me!"

Curity
TRADE MARK
DIAPERS

Exclusive foldlines for easy folding • Longer wearing • Highly absorbent • Dry faster • Extremely soft • Wash easier. At your favorite infants' wear, department or drug store. While you're there, ask to see **CURITY DISPOSABLE DIAPERS**, and **CURITY DIAPER LINERS**, too. For a sample Curity Diaper send 25c, name and address to Box 123J, Toronto 16.



A CURITY PRODUCT

NEED MONEY

for Your Church or Other Organization?

FULL-COLOR HASTI-NOTES
of Your Own Church or Local Scene

Add substantially to your funds by selling these delightful notes. For samples, information, Alex. Wilson Publications Ltd. Dryden, Ont. Dpt. C

Best for Baby's Coughs



Specially formulated for babies!
Breaks up phlegm—eases wheezing.

If none of these efforts have helped and his attack is severe you can try gently inserting a glycerine suppository into his rectum. Then put a diaper on him rather tightly for about fifteen minutes. When you take the diaper off after this time, it will probably contain a stool.

Instead of a suppository you may give your baby a small enema of two ounces of warm water. Use a rubber syringe with a rubber catheter attached to it and rub vaseline generously around the tip of the catheter. Don't give your baby either a suppository or an enema often, but in a severe attack of colic, which you haven't been able to relieve in any other way, one or other of them is worth trying.

Many physicians recommend pacifiers (dummy nipples) for colic but I would check with your doctor first before using one. They must be kept clean and boiled for one to two minutes after they fall on the floor. Other physicians prescribe suitable, very small doses of sedatives or tranquilizers in the treatment of colic.

PYLORIC STENOSIS

Pyloric stenosis is far less common than colic and oddly enough it occurs about five times as frequently in boys as in girls. There is also a definite family tendency to it. The main symptom is vomiting which usually begins at two to four weeks of age. Within a few days the vomiting becomes very forceful or projectile and frequent. The baby takes his feedings eagerly and normally shows no signs of a cold or other infection. Of course the vomiting should be reported to your doctor at once.

The pylorus is the muscular valve at the far end of the stomach which controls the passage of food from the stomach into the first part of the small intestine. In these babies, the muscular band in the pylorus is so overdeveloped or hypertrophied that it allows practically no food to pass out of the stomach. Instead it is vomited back and in addition stomach juice is lost in the vomitus.

As a result the baby is virtually starved and soon becomes dehydrated (dried out). He also suffers damage due to the loss of minerals and other elements in the vomited stomach juice. He naturally loses weight and is constipated.

In a typical case, the physician can feel the lumpy enlargement of the pylorus and can see, through the baby's thin abdominal wall, the strong contractions of his stomach. When there is no doubt about the diagnosis, the baby is prepared for operation as soon as possible by being given suitable nutrient fluids in his veins.

The operation which is highly successful in skilled hands consists in splitting, just to the right depth, the overly thick pyloric muscle. After a suitable time, the baby is given small feedings which are gradually increased. Usually in a few weeks he has recovered completely and there is no indication that he will have any further trouble with his stomach.

In babies who do not show all the typical signs, thick feedings and drugs to reduce muscle spasm and to quiet the baby are sometimes used, provided the results are satisfactory. However you don't need to fear this operation—it has saved the lives of thousands of babies. ♦

PHOTOGRAPHS IN THIS ISSUE—Paul Rockett (cover, 32, 33), David Harris (1), Ray Webber (2, 12), Alex Dellow (3), Ronald Ragsdale (4), Gilbert A. Milne (4), John Sebert (10, 28, 38), Eve Arnold (21), Wheeler Newspaper Syndicate (18, 22, 23, 36), Horst Ehrlich (27), Peter Croydon (31, 34, 35, 40), Miller Services (18, 23, 113), Harold Town (50). ARTWORK—Anne Buckley (2, 105), William Winter (10, 37), Huntley Brown (24, 25), John Thorne (81-88).

CHATELAINE

Printed and published by MACLEAN-HUNTER PUBLISHING COMPANY LTD., 481 University Avenue, Toronto 2, Canada. HORACE T. HUNTER, Chairman of the Board, FLOYD S. CHALMERS, President, DONALD F. HUNTER, Vice-President and Managing Director, MONTREAL, P.Q.: 1242 Peel St., Montreal 2; VANCOUVER, B.C.: 1630 West Georgia St., Vancouver 5; GREAT BRITAIN: Maclean-Hunter Limited, Wellington House, 125 Strand, London, W.C.2. Telephone Temple Bar 1616; Telegraph, Atabek, London; U.S.A.: Maclean-Hunter Publishing Corporation, 341 Madison Avenue, New York 17. SUBSCRIPTION PRICES: In Canada, 1 year \$1.50; 2 years \$2.50; 3 years \$3.00; 75 issues for \$5.00. Price for all other countries: \$2.50 per year. Copyright 1958, by Maclean-Hunter Publishing Company Limited. The characters and names in fiction stories in Chatelaine are imaginary and have no reference to living persons. Manuscripts submitted to Chatelaine must be accompanied by addressed envelopes and return postage. The publishers will exercise every care in handling material submitted but will not be responsible for loss. Chatelaine is fully protected by copyright and its contents may not be reprinted without permission. Authorized as Second-Class Mail, P.O. Department, Ottawa.

FOR THOSE WHO PREFER THE FINEST!

NEW *Beacon* BOILPROOF MARLEX® PLASTIC HOUSEWARES



OK FOR AUTOMATIC DISHWASHERS



MIXING BOWLS

Fit standard mixers. Easy to clean, chip-proof, can't break.



SINK STRAINER

Self draining no-drip feature for tidy refuse disposal.



COLANDER

Perfect for washing fruits and vegetables and use with hot foods.



BABY BATHS

Babies splash with joy in these safe, comfy, extra large baby baths.



TODDY POTTY

For car and home use.

HOUSEWARES

by **BEACON** your best buy in plastics



AT LEADING STORES EVERYWHERE

Beacon Plastics
St. Hyacinthe, Quebec
U. S. Plant — Newton 61, Mass.

WHY DOESN'T MOM KNIT ME A BEAUTIFUL DRESS LIKE MARY'S?

Every mother can produce lovely hand knits for all the family . . . in minutes instead of months and without any previous skill.

The amazing KnitKing Automatic Hand Knitter makes you an expert . . . automatically! Exclusive stitch sizer, equivalent to hand needles from 0 to 16, permits perfect knitting of any yarn . . . cashmere, cotton, worsteds, metallics, straw, synthetics, even organza ribbon.



FREE

Write now for complete KnitKing Portfolio worth more than \$1.

KnitKing Corporation of Canada Limited, Port Hope, Ontario.

KNIT KING
U. S. and made with pride

*Tested and approved by: CHATELAINE INSTITUTE



Please mail me FREE all the facts on KnitKing and the KnitKing Knitting book.

NAME

ADDRESS

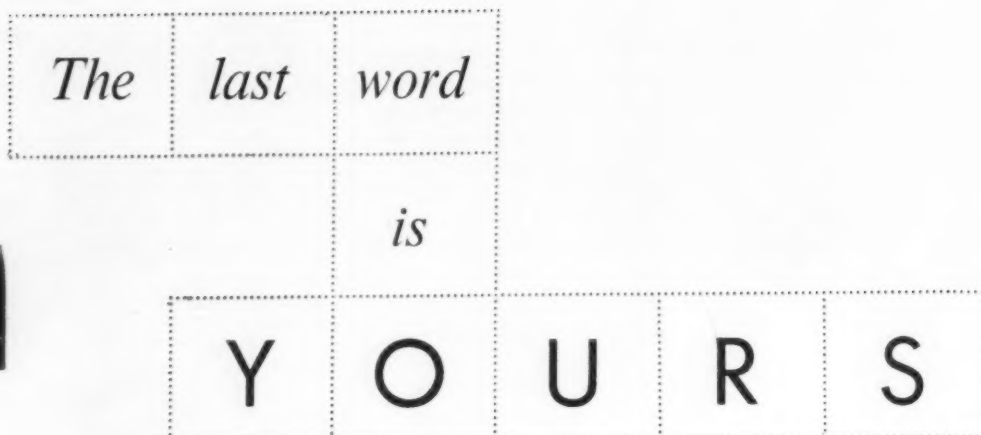
CITY

CHECK ONE: CH 582

I Knit () I want to learn to Knit ()

I own a Knitting Machine

Start giving yourself and your family the pride and pleasure of hand knits. Now KnitKing takes the toil—you take the praise. Pennies-Per-Day Ownership Plan lets you save as you knit.



How our New Look looks to you

The new Chatelaine was read with interest and pleasure. The exception was *How to Talk to a Man about Football*. The frequent references to the alcoholic consumption at the Grey Cup game, apparently intended to be sly humor, were both pointless and in poor taste.

Mrs. E. L. Salsman, Port Hawkesbury, N.S.

Congratulations. Marion Hilliard's piece is the clever informative kind of article we'd come to expect from her. How sad it is that her pen has gone dry forever. Your editorial says all the right things in the right way.

I also liked *What's New in the Arts*, *Here's Health*, *It's Your World*, *The Child Who Adopted Me*.

Mrs. Helen Ball, Toronto.

Most of the new Chatelaine is attractive and interesting . . . But for a magazine purporting to be a Canadian women's magazine to print such a story [*Alive Again*]. Liquor, obsession with sex and laxness in morals are now undermining our national life. Leave that type of story for across the border. Its only redeeming feature was the ending.

M.M., Toronto.

You say you'd like nothing better than to hear what people think of the new Chatelaine. Well, you asked for it. **I DON'T LIKE IT!** . . . The whole thing seems to be patterned after American magazines which use a great deal of paper to print miles of uninteresting material.

Mrs. F. H. Ada, Sylvan Lake, Alta.

The only criticism I could ever make of Chatelaine was that there was not enough of it. Now that has been remedied.

Olive A. Clark, Hantsport, N.S.

Your Chatelaine and Canadian Home Journal combination is very good except that there were two stories in the Journal and one in Chatelaine, that should make three I think to be fair. If not it is a cheat.

Mrs. E. J. Cross, Kentville, N.S.

Chatelaine was always good but now it is better than ever.

Corry Timmer, St. Catharines, Ont.

I am somewhat disappointed. Although I recognize the value of advertisements to housewives and homemakers like myself, as well as their value to publishers in terms of dollars and cents, is it really necessary to have so many?

Mrs. L. G. Henders, Elm Creek, Man.

In a word, yes — or we'd have no money to pay our authors, editors, photographers, printers and papermakers.—The Editor.

I like the new look . . . the larger print, the homemaking features, fashions and recipes. Particularly like the caption for the Mailbag . . . "The Last Word is Yours."

Mrs. Muriel D. Wilson, Victoria.

Keep up the good work.

Mrs. Marshall Sawchuk, Edgerton, Alta.

Chatelaine is getting to be a fine magazine—all the more reason that criticism should be published. In the September issue, pages 40-41, there is only one dress, the Leslie Fay, that is possible. The general style trend is so silly and so ugly and so crippling to movement of legs and feet that I think it is time for a responsible magazine to open up some amateur competition in dress designing.

Mrs. Editha Johnston McLennan, Kamloops, B.C.

The article by Robert Fulford on *How Pure is the Food Your Family Eats?* is bait for a challenge. Conditions in Canada are not as bad as he indicates . . . I would like to know why there was no reference to Alberta, the province up there near first place in production, consumption and perfection in administration.

Mrs. J. L. Pawley, Edmonton.

Chatelaine has broadened in its scope, is informative, entertaining, enlightening, arousing and inspiring. It compares favorably with the better class of magazines—even the American slicks.

Rev. A. A. McGahey, Ponoka, Alta.

next month

The 25 women who control the most money in Canada
What your Christmas card reveals about you
A minister's wife says: Canadians are coldhearted

Party Pinwheel



most unusual
dessert of the year!

Serve it to your family — serve it to your guests — this Party Pinwheel is a special occasion in itself! It's a whole galaxy of goodness. Tropic-ripened pineapple . . . tasty jelly roll slices . . . all set off with wholesome, creamy-smooth **Jell-O Pudding and Pie Filling**. **Jell-O Pudding** cooks in just 5 minutes, gives you flavor and smoothness that are possible only with pudding you cook. Enjoy the whole-hearted goodness of **Jell-O Pudding** in this spectacular new dessert!



PARTY PINWHEEL

(Makes 8 to 10 servings)

Canned pineapple and its juice replace the milk ordinarily used in cooking the pudding.

- 1 pkg. **Jell-O Vanilla Pudding and Pie Filling**
- 1 cup pineapple juice
- ½ cup water
- 1 can (20-oz.) crushed pineapple, well drained
- 1 cup cream, whipped
- 1 raspberry jelly roll, cut in slices
- Maraschino cherries

Place pudding powder in saucepan. Add pineapple juice and water gradually, blending well. Cook and stir over medium heat until mixture comes to a boil and is thickened. Remove from heat and add pineapple. Cool. Fold in whipped cream. Line a serving bowl with the sliced jelly roll. Fill with pudding mixture. Chill. Garnish if desired, with maraschino cherries.

Get your Party Pinwheel Recipe Leaflet at your food store.

REFLECTED GOODNESS—for stunning reflected effect (as shown), place glass bowl on a mirror when serving.

JELL-O IS A REGISTERED TRADE MARK OWNED IN CANADA BY GENERAL FOODS, LIMITED



PHOTOGRAPH BY ARNOTT & ROGERS

WABASSO^{*} SHEETS...

**SO FRESH, SO WHITE,
SO LONG-WEARING!**

That's why they are the *best* sheets and pillow slips for every bed in your home! You'll find their look and feel of fine cotton, together with their overall long-wearing qualities, fully warrant the Seal of Approval granted by the Chatelaine Institute. There's a Wabasso quality sheet or slip for every Canadian family budget! Look for the White Rabbit trademark on

- Hostess Percale, luxury combed quality • Anniversary, superior quality • Family, standard quality • Muslin, economy quality. All standard sizes available in each quality, and the true size *after* hemming is printed on each package.



**Makers of the famous
Anniversary Sheet
with the 7-year guarantee*

MADE IN CANADA BY **THE WABASSO
COTTON COMPANY
LIMITED**

Three Rivers, Quebec



nous
sheet
ntee
SSO
ANY
TED
uebec



1958

December

1958

sun

mon

tues

wed

thurs

fri

sat

1

2

3



4

5

6

7

8

9

10



11

12

13

CONCEPTION DAY—QUEBEC

14

15

16

17



18

19

20

21

22

23

24

25



CHRISTMAS DAY—DOMINION

26

27

28

29

30

31